Windsor Locks Senior Center

Bloom Where You Are Planted
519 Spring Street, Windsor Locks CT 06096
Front Desk Phone: 860-627-1425
Transportation 860-627-1426

NOV and DEC
Hours of Operation
Monday-Thursday 8am-4pm
Friday 8am-1pm
Phone: 860-627-1425

Veterans Day Luncheon Tuesday, November 10, at 11:00am Join us as we honor and celebrate our veterans with a special luncheon! Enjoy appetizers followed by a delicious traditional turkey dinner with all the trimmings, prepared and provided by the talented chefs of the Windsor Locks Historical Society. This is a wonderful opportunity to come together, enjoy a great meal, and show our appreciation for the men and women who have served our country. Pricing: Windsor Locks Veterans**: FREE Resident guests: $12 non-resident guests: $14.** Please sign up at the reception desk. We look forward to celebrating this special afternoon together!

Annual Veterans Day Caravan Friday November 13th We're proud to once again host our Annual Quilt of Valor Caravan on Friday November 13th. During the caravan, we'll travel to personally present Quilts of Valor to local veterans. The caravan departs from the Senior Center parking lot at 10:30am sharp. Please RSVP if you plan to join us. You can ride the bus or follow along in your vehicle. Book your bus transportation with Sherry. Join us for a special day of patriotism and community!

Medicare Open Enrollment Workshops with Stateline Senior Services. Join us for informative Medicare workshops presented by State Line Senior Services on Mondays in November. These workshops are a great opportunity to learn more about Medicare and understand your coverage options Call 860-749-0482 to schedule your appointment.

Gobble up the Winnings at Crazy Bingo

Get ready for a gobble of fun at our Thanksgiving Crazy Bingo! **Tuesday, Nov. 17th 1pm.** Join us for a lively afternoon of bingo, laughs, and chances to win. Bring **3 nickels, 3 dimes, 3 quarters, and 3 $1 bills**. There will be an optional **$5 game** for those who want to join in the extra fun! Sign up as a table of **4 or 8** to guarantee seating with your group. Fewer than four? No worries! We'll be happy to seat you with other players. Gather friends and get ready to gobble up the winnings! Sign up starts **Nov.2nd. Fee: $1**

A Silver & Gold Christmas

Get ready to sparkle! Join us on **Dec. 10th** for a special Christmas celebration filled with holiday magic, shimmering silver and gold, and plenty of festive cheer! Bring out your glitter, sequins, silver, and gold, be ready to shine! Enjoy a delicious **Holiday Ham dinner prepared by the Community Dinner Chefs! Dance the night away to the music provided by fan favorite - Full Crew Band.** Plan on a wonderful evening of dancing, laughter, and Christmas fun. Party begins at 4:00pm, Dinner at 5:00pm. Gather your friends, embrace the holiday spirit, and join us for a memorable Christmas party filled with great food, fantastic music, and festive fun. **Let's make this Christmas shine!** Registration begins on November 9th, Fee: $20 residents, $25 non-residents. Menu TBA

Jammie Jam Christmas Craft Day

Wednesday, Dec. 2 | 9:00am – 3:30pm
Get into the holiday spirit and join us for a fun-filled day of Christmas crafting, creativity, and friendship. Wear your Christmas Jammies or comfy clothes and plan on spending the day creating three festive craft projects while enjoying delicious refreshments and great company. Your day includes: 3 Christmas craft projects, Breakfast treats to start the morning, soup and sandwich lunch, a day filled with fun, creativity, and friendship! **Cost: $25 per person, limited to just 25 participants!** Registration begins November 5th. Sign up at the reception desk to reserve your spot.



Jingle Bell Bingo!

Jingle all the way to a fun-filled afternoon of **Jingle Bell Ugly Sweater Bingo. Thursday, December 17th 12:30pm.** Gather friends, enjoy the holiday spirit, wear your ugly sweater or Christmas themed outfit and get ready to jingle, mingle, and shout **BINGO!** No sign up required!

Senior Center Staff: Director: Ann Marie Claffey **Assistant Director**: Lori Lapointe **Nutrition Manager**: Karen Colone **Transportation Manager**: Sherry Townsend **Facilities Maintenance**: Kevin Clynch **Bus Drivers**: Nick DeCarlo, Jim Roche, Kevin Connor, Jane Van Allen, Kevin Cosker, Bill Nikitas, Brian Blais **CONA~ Commission on Needs of Aging: Chairman**: Rosemary Cunningham **Vice Chair-man**: Susan Rossetti **Members**: Roger Nelson, Connie Nelson, Doug Glazier, Cindy Cooper, Judy Chapman, Ashley Pease **Municipal Agent:** Michael Rosadini

TRANSPORTATION SERVICES

DAILY TRANSPORTATION SCHEDULE

Please call 24 hours in advance

MONDAY: Enfield, Suffield Medical Appointments. Main Street Monday: Ocean State, Vinnie's (15% Senior Discount) CVS, Walgreens, Library & Aldis

TUESDAY: Hartford, Bloomfield, Windsor, Medical Appointments. Windsor Shopping, Enfield Shopping (weekly rotation)

WEDNESDAY: Geissler's Shopping

THURSDAY: Walmart Shopping / Big Y

FRIDAY: Enfield/Suffield Appointments

Trips & Tours

Aqua Turf Sarah the Fiddler 11/10 $67/pp

Jimmy Mazz Merry Christmas Holiday Show 12/8 $53/pp

SENIOR CENTER BUS TRIPS

Monday, November 4th Boscovs

Monday, November 16th MGM

Magic of Lights East Hartford date TBD

LEARN & CONNECT

Lunch & Learn: Vascular Health November 30th 10:30 Join us for an informative 'Lunch & Learn' with Dr. Maria Litzendorf, MD, of Vascular Experts. Learn more about vascular health and the importance of taking care of your circulation. Attendees can participate in mini ultrasound sessions. Refreshments served. Lunch available following the program for $5. Sign up at the reception desk.

GriefShare: Support During the Holidays Monday, November 9, at 1:00 pm. The holiday season can be especially difficult when you're grieving the loss of someone you love. GriefShare offers a supportive environment where you'll meet people who listen without judgment and share helpful insights and advice**.** You don't have to face the holidays alone. Sign up at the reception desk.

Smart Phone & iPad Basics …Learn & Connect: Wed., Nov. 18th 10:30 am. Get more comfortable using your Android phone, iPhone or iPad. Join us for an informative presentation with guest speaker **Raymond Rose!** Learn helpful tips and tricks, explore artificial intelligence, understand online security and passwords, and discover how to use iCloud, YouTube, and the App Store. Whether you're looking to build your confidence or learn something new, this session is a great way to get more familiar with your device. **Bring your iPhone or iPad—and a friend!** Let's learn together and make technology a little less intimidating.

EXERCISE & WELLNESS

TAI CHI – MONDAY & WEDNESDAY 9am Instructor Shar Christman will guide you through healing martial art that combines soft, flowing movement with Qi circulation, breathing, and stretching techniques.

STIX - MONDAY & WEDNESDAY 10:15am Join fitness instructor Sue Barsanti via video. Enjoy a full body workout that combines basic low-impact movements with synchronized hand movement using drumsticks and an exercise ball.

ACTIVE EXERCISE-TUESDAY & THURSDAY 8:45am Move to the music as Dee Abrams guides you through an aerobic workout geared for active adults.

CHAIR YOGA - THURSDAY 10:00am Excellent way to loosen, stretch, reduce stress and improve circulation, strength and balance. Instructor Dee Abrams.

Not sure if a class is right for you? Your first class is FREE!

*****CLASS FEES*****

WITH INSURANCE COVERAGE: **$10 monthly fee payable 1st of the month.** If you have insurance coverage (Silver Sneakers, Renew Active or Silver and Fit) there is a $10 monthly fee. This covers ***all*** fitness classes for the month. You can purchase 1-month, 3-month 6-month or 1 year plans.

NO INSURANCE COVERAGE: **$60 prepaid fitness card.** If you don't have insurance coverage, purchase a 10-class prepaid fitness card for $60 resident / $80 non-resident

Walk-in Fee: $8 class resident / $10 non-resident

L.O.C.K.S. FITNESS CENTER

The NEW state of the art *L.O.C.K.S. Fitness Center* is available to Seniors 55 & older. We're Silver Sneakers, Silver & Fit and Renew Active approved.

FITNESS CENTER FEES

Your membership may be FREE!! Stop in to sign up and we can verify insurance or contact your insurance carrier for your membership number.

NO INSURANCE COVERAGE: $35 3-months $65 6-months $125-year *non-resident $50/$80/$150

All new members are required to attend a gym orientation prior to participation. There is a one-time $20 fee payable on orientation day. Be sure to wear comfortable sneakers and bring a water bottle.

L.O.C.K.S.

Let Our Center Keep Seniors ...Fit

LOST AND FOUND

Misplaced something during your visit to the Senior Center? We have a **Lost & Found located at the reception desk!** If you've lost a personal item, stop by and check.

NOVEMBER 2026 MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3	8 oz Turkey Stew w/ 1/2c Boiled Potatoes & 1/2c Root Vegetables / (1) Cornbread Loaf / (1) Fresh Fruit	4	Senior Center Lunch Soup & Sandwich $5	5	National Doughnut Day_ 1/2c Juice 3 oz Chicken w/ Alfredo Sauce 1/2c Penne Pasta w/ Alfredo Sce 1/2c Broccoli Florets / (1) Wheat Dinner Roll / (1) Apple Fritter Doughnut	6	Breakfast 9-10am $5
9		10	Veterans Day Luncheon Turkey Dinner $12 resident $15 non-resident WL Veterans Free Sign up at the reception desk	11	CRT Closed In Observance of Veteran's Day Holiday	12	3 oz (1) Battered Fish (1) Tartar Sauce / 1/2c Mashed Potatoes / 1/2c Gr & Yellow Wax Beans / (1) sl 100 % Wh Wheat Brd / (1) Fresh Fruit	13	CONTINENTAL BREAKFAST
16		17		18	Senior Center Lunch Harvest Salad $5	19	CRT Celebrates the Holiday 1/2c Juice 3 oz Roast Turkey w/ Brown Gravy / 1/2c Cornbread Stuffing 1/2c Peas & Carrots / (1) pkt Cranberry Sce / (1) Wheat Dinner Roll / (1) sl Pumpkin Pie w/ Topping	20	Breakfast 9-10am $5
23		24	1/2c Juice 8 oz Baked Ziti w/ Ground Beef / 1/2c Broccoli Florets / (1) Dinner Roll / (1) Cookie	25		26	CRT Closed In Observance Of the Holiday	27	CRT Closed In Observance Of the Holiday
30									

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: $3.00 or what you can afford. Menu is subject to change.

NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 AM: Tai Chi 10:00 AM: Farning Yarning with Friends 10:00 AM: Cribbage **10:00 AM: Medicare Workshop** 10:15 AM: Stix 11:30 AM: Shuffleboard 1:00 PM: Mahjong 1:30 PM: OPEN GYM	**3** 8:45 AM: Aerobics Class 9:00 AM: Sign Language 10:00 AM: Sew Fun Stitchers 11:00 AM: Discovery Bible Study 11:45 AM: Pickle Ball Open Play 12:00 PM: CRT Lunch	**4** 9:00 AM: Tai Chi 10:00 AM: Mexican Train 10:15 AM: Stix **10:30 AM: Vascular Health Program** 11:30 AM: Cornhole 12:00 PM: Senior Center Lunch 12:30 PM: Setback 1:30 PM: OPEN GYM	**5** 8:45 AM: Aerobics Class 10:00 AM: Chair Yoga 11:15 AM: Chair Volleyball 12:00 PM: CRT Lunch 12:00 PM: Open Craft Time 12:30 PM: Bingo 1:00 PM: Pickle Ball Open Play	**6** 9:00 AM: Breakfast 9:30 AM: Poker 10:00 AM: Mahjong II 10:30 AM: Cornhole
9 9:00 AM: Tai Chi 10:00 AM: Farning Yarning with Friends 10:00 AM: Cribbage **10:00 AM: Medicare Workshop** 10:15 AM: Stix 11:30 AM: Shuffleboard **1:00 PM: Grief Support Program** 1:00 PM: Mahjong 1:30 PM: OPEN GYM	**10** 8:45 AM: Aerobics Class 9:00 AM: Sign Language 10:00 AM: Sew Fun Stitchers **10:30 AM: Sarah the Fiddler Aqua Turf** 11:00 AM: Discovery Bible Study **11:00 AM: Veterans Luncheon** 11:45 AM: Pickle Ball Open Play 12:00 PM: CRT Lunch	**11** CENTER CLOSED VETERANS DAY !	**12** 8:45 AM: Aerobics Class 10:00 AM: Chair Yoga 11:15 AM: Chair Volleyball 12:00 PM: CRT Lunch 12:00 PM: Open Craft Time 12:30 PM: Bingo 1:00 PM: Pickle Ball Open Play	**13** 9:00 AM: Breakfast 9:30 AM: Poker 10:00 AM: Mahjong II 10:30 AM: Cornhole **10:30 AM: Quilt of Valor Program** **CONTINENTAL BREAKFAST**
16 9:00 AM: Tai Chi **9:30 AM: MGM Springfield** 10:00 AM: Farning Yarning with Friends 10:00 AM: Cribbage **10:00 AM: Medicare Workshop** 10:15 AM: Stix 11:30 AM: Shuffleboard 1:00 PM: Mahjong 1:30 PM: OPEN GYM	**17** 8:45 AM: Aerobics Class 9:00 AM: Sign Language 9:00 AM: Manicures 30 RES 35 NonRES 10:00 AM: Sew Fun Stitchers 11:00 AM: Discovery Bible Study 11:45 AM: Pickle Ball Open Play 12:00 PM: CRT Lunch **1:00 PM: Crazy Bingo**	**18** 8:30 AM: Dancing Feet Footcare 9:00 AM: Tai Chi 10:00 AM: Legal Assistsance 10:00 AM: Mexican Train 10:15 AM: Stix **10:30 AM: Smart Phones & I pad Program** 11:30 AM: Cornhole 12:00 PM: Senior Center Lunch 12:30 PM: Setback 1:30 PM: OPEN GYM	**19** 8:45 AM: Aerobics Class 10:00 AM: Chair Yoga **10:00 AM: Craft Time** 11:15 AM: Chair Volleyball 11:30 AM: Coffeew/the Selectman 12:00 PM: CRT Lunch 12:00 PM: Open Craft Time 12:30 PM: Bingo 1:00 PM: Pickle Ball Open Play	**20** 9:00 AM: Breakfast **9:00 AM: Coffee with a Cop** 9:30 AM: Poker 10:00 AM: Mahjong II 10:30 AM: Cornhole
23 9:00 AM: Tai Chi 10:00 AM: Farning Yarning with Friends 10:00 AM: Cribbage **10:00 AM: Medicare Workshop** 10:15 AM: Stix 11:30 AM: Shuffleboard 1:00 PM: Mahjong 1:30 PM: OPEN GYM	**24** 8:45 AM: Aerobics Class 9:00 AM: Sign Language 10:00 AM: Garden Club 10:00 AM: Sew Fun Stitchers 10:00 AM: Reiki with Gen 11:00 AM: Discovery Bible Study 11:45 AM: Pickle Ball Open Play 12:00 PM: CRT Lunch **12:30 PM: Trivia**	**25** 9:00 AM: Tai Chi 10:00 AM: Mexican Train 10:15 AM: Stix 11:30 AM: Cornhole 12:30 PM: Setback 1:30 PM: OPEN GYM	CENTER CLOSED HAPPY THANKSGIVING	
30 9:00 AM: Tai Chi 10:00 AM: Farning Yarning with Friends 10:00 AM: Cribbage **10:00 AM: Medicare Workshop** 10:15 AM: Stix 11:30 AM: Shuffleboard 1:00 PM: Mahjong 1:30 PM: OPEN GYM				

FUN GAMES

CRIBBAGE MONDAY 10am Looking for a fun and engaging way to sharpen your mind and enjoy good company? Come play Cribbage at the Senior Center! All skill levels welcome

BINGO THURSDAY 12:30pm
Join us after lunch every Thursday for Bingo! $1 per card. Come for the fun, stay for the winnings!

TRIVIA LAST TUESDAY 12:30pm Trivia is a headliner at the Senior Center led by master Joe Marinone. Players compete in teams, making the game even more fun. It's a great way to exercise the mind, connect with friends, and enjoy a lively time

MEXICAN TRAIN DOMINOS WEDNESDAY 10am Whether you're a seasoned player or a newcomer, it's the perfect time to join the fun.

SETBACK WEDNESDAY 12:30pm Whether you're a seasoned player or brand new to the game, all are welcome. It's a great way to meet others, keep your mind sharp, and share some laughs.

POKER FRIDAY 9:30am Join for friendly competition and plenty of laughter as players start the day with fun, friendship, and cards. Anyone interested is encouraged to stop by, pull up a chair, and join in.

MAHJONG MONDAY 1pm FRIDAY 10am
Mahjong is a traditional tile-based game that originated in China. Mahjong is a fun and competitive game and a great way to improve cognitive skills, memory, and strategic thinking.

BREAKFAST FRIDAY 9:00am-10am
Start your morning off right with a delicious and hearty breakfast at the Senior Center. Gather with friends for great food, warm conversation, and a perfect start to the day.

MONTHLY BIRTHDAY PARTY Proudly sponsored by Windsor Locks Women's Club! The last Tuesday of the month, *Join us for a delicious cake!*



"FARNING" Yarning with Friends
Mondays from 10am-12pm. Expert, Irene will help with your finger knitting. Bring your yarn and plan on having great fun while learning how to make a beautiful handmade blanket. If you need to know about supplies stop in and see Irene or call us! If you are a traditional knitter or crocheter, feel free to join our group for a relaxing and enjoyable time with fellow crafters. Whether you're working on a gift or a project just for yourself, join us!

CREATIVE ARTS

QUILT CLASS TUESDAY 10:00am
Whether you're a beginner or experienced quilter, this class is for you. Learn the different quilt techniques and designs from your fellow quilter while enjoying time with friends. Supplies available for first-time quilters.

BAKING WITH MARY MONDAY 12/14 9:30am
Celebrate the magic of the holiday season with a special **Holiday Tea with Mary!** Join us for a warm and festive gathering filled with delicious holiday treats, delightful conversation, and plenty of seasonal cheer. It's the perfect way to welcome the holiday season and celebrate the joy of friendship and togetherness! Registration required.

CRAFT TIME THURSDAY 11/16 10am
Guest crafter Deneen Dulka will help us to create a beautiful holiday fur tree. Sign up any time, $8 resident, $10 non-resident. Registration & prepayment required.
12/5 CRAFT DAY ! (see front page)

OPEN CRAFT TIME THURSDAYS 12:30pm
Bring your project and craft with friends. Tools and supplies available for scrapbooking. Any craft is welcome. Enjoy the spacious room for creative fun!

GYMNASIUM ACTIVITIES

SHUFFLEBOARD: JOIN THE SHUFFLEBOARD
The Gym is open for shuffleboard **Mondays 11:30am-1:30pm** Equipment provided.

PICKLEBALL: All seniors welcome, all levels of play. Call or stop in to sign up.

CHAIR VOLLEYBALL Join in for fun and a safe way to enjoy the excitement of volleyball while staying seated. This is a super fun game, the more players the more fun. Join us!!! **Thursdays at 11:15am–12:30pm**

CORNHOLE WEDNESDAY 11:30am and FRIDAY 10:30am Join us for some friendly competition. Whether you're a seasoned player or a first-time tosser, all are welcome.

OPEN GYM: Available: **Monday 1:30-3:30pm and Wednesday 1:30-3:30pm.** Call to reserve your time.

🎲 Winter Fun Starts Here!

Winter is on its way, and we're looking for new ways to bring everyone together! The Senior Center is a great place to get out of the house, stay social, and enjoy some friendly competition with friends. We'd love to add more game groups, including Mexican Train, Canasta, and Rummikub! If you're interested in joining one of these groups, let us know. Whether you're a seasoned player or just looking to have fun and meet new people, we'd love to hear from you. Let's make this winter a little warmer with friendship, laughter, and games!

RESOURCES CLASSES & MORE

LEGAL ASSISTANCE: WEDNESDAY 11/18, 12/16, 10am Attorneys Kraner & Hess offer legal advice at the Center every 3rd Wed. of the month ~by appointment

NOTARY SERVICE: By appointment on Monday and Thursdays, provided by our dedicated volunteer, Sandy Sylvester. Please call to schedule.

FOOD SHARE ~ ST ROBERT'S CHURCH

11/12, 11/25, 12/10, 12/24 52 South Elm Street Fridays 9 - 9:30am Transportation available. Call for reservation.

SIGN LANGUAGE CLASS: TUESDAYS

9-10am With volunteer instructor Dan Morneau. A unique and wonderful way to communicate! No fee. Join any time!

DISCOVERY BIBLE STUDY: TUESDAYS

11am-12pm. A non-denominational study group. Discover what the bible says, and how to apply what it teaches in everyday life. Feel free to drop in and join us. Registration or weekly commitment is not necessary. For more information email Ray@wlcconline.org

COFFEE WITH THE SELECTMAN THURSDAY

11:30am 11/19, 12/24 Join Jon on the last Thursday of the month for a Q & A, town news & updates.

MEDICAL SERVICES

FOOTCARE CLINIC **11/18, 12/9** April Jacques with Dancing Feet - the 2nd Wednesday of every month by appt only. Basic foot care: trimming, filing, cleaning of nails. Cash or check accepted (payable to nurse). Call to schedule. **Fee: $45**

MASSAGE THERAPY **11/4, 11/18, 12/1, 12/16**
Certified Massage Therapist, Melissa Almquist is available on the 1st and 3rd Wednesday of the month by appointment. **Fee $45** (payable to Melissa) call the Center to schedule.

MANICURES 11/17,12/8, Standard mani with or without polish provided by Cathy of Bradley Nail Spa. Residents $30 non-residents $35. Call the center to book your appt. Looking for a pedicure? Cathy is available at the Spa. Call and book with her for a special senior discount.

REIKI WITH GEN SYLVESTER
A gentle, hands-on energy healing practice that promotes relaxation, reduces stress, and helps restore balance to the body, mind, and spirit. Reiki can help you unwind, recharge, and find balance. Book your appointment for the last Tuesday of the month, $30 per 1/2hr.

BLOOD PRESSURE CLINIC IS BACK! **January 7th 11am** Our Blood Pressure Clinic is back! Join us on the **first Thursday every month from 11:00am to 12:00pm** for a blood pressure check with RN Robin Zenczak**,** who will be here monthly to help you stay on top of your heart health. Stop by, say hello, and take a few minutes to check in on your health. Your well-being matters!

NEW PROGRAMS COMING IN JANUARY!

DIABETES EDUCATION This program offers a supportive and informative opportunity for individuals to better manage their diabetes and improve their overall health. **Program Structure:** Nine weekly, one-hour group classes, along with two individual sessions with a Diabetes Educator. **Proven Results:** The program has demonstrated a 34% reduction in hospitalizations, 96% participant satisfaction, and significant improvements in A1c levels and blood pressure **Program starts Monday, January 11th at 10am.** Sign up at the reception desk, no fee but space is limited

RIVERBANK FEDERAL CREDIT UNION - Want to feel more confident managing your money online? Join us for an informative presentation with **Riverbank Federal Credit Union** to learn about online banking, protecting your personal information, recognizing scams, and keeping your accounts and passwords secure. Whether you're new to online banking or simply want to stay up to date on the latest security tips, this is a great opportunity to ask questions and learn practical ways to protect yourself while banking online. Come learn how to bank smarter and safer! **Wednesday, January 13th at 10:30am.** Refreshments are served. Sign up at the front desk.



POP UP SHOP

Stop by our **Senior Center Pop-Up Shop** and check out our collection of custom-embroidered merchandise! We have T-shirts, sweatshirts, full-zip sweatshirts, tote bags, keychains, and more. These items are a great way to show your Senior Center pride or pick up a special gift for family and friends. Samples are available, and we're happy to take your orders. Stop by, take a look, and find your new favorite Senior Center gear! More items are coming soon!

🌻 **Garden Club News** – The Senior Center motto is **"Bloom Where You Are Planted,"** and we're certainly doing just that! Have you noticed the improvements to our grounds, the beautiful flowers on the back patio, and the garden beds around the Senior Center? The most recent addition are the raised garden beds behind the center, donated and constructed by our local Boy Scout Troop 263. We're excited to continue growing, planting, and making our outdoor spaces even more beautiful for everyone to enjoy. Whether you love gardening, sharing ideas, or simply enjoying the beauty of nature, join us. Come share your ideas, lend a hand, and help our gardens flourish. Together, we can keep our Senior Center blooming! 🌷🌱 **Garden club meets the last Tues. of the month at 9:30am.**

🧸 Make a Difference with Memory Bears!

Do you sew? Have some free time to give back to others? VITAS Healthcare is looking for volunteers to help create **Memory Bears**—special keepsakes made from meaningful clothing or fabric that families can hold close to their hearts. Turn a piece of clothing into a comforting memory bear and give grieving families something special to hold onto during a difficult time. Your sewing skills can make a heartfelt difference in someone's life.

❤️ **Interested in volunteering?** Please ask at the Senior Center reception desk for more information!

From the Desk of 1st Selectman Jon Savino

Town Hall Hours

Beginning November 8, Windsor Locks Town Hall will transition to a four-day work week. Town Hall will be open Monday through Thursday with expanded hours and closed on Fridays. The hours will be Monday-Wednesday: 8am – 5pm and Thursday: 8am-6pm.

Social Services Update

The Social Services Department will remain active and operational at Town Hall. At this time, the Food Pantry will continue to operate from Town Hall and will be open Thursdays from 2:00 p.m. to 5:00 p.m. It will be managed by our Social Services Director with the assistance of dedicated volunteers.

Historic Train Station and New Train Station

On October 12, we dedicated the historic train station and the new train station on Main Street, marking a major milestone for Windsor Locks. The historic station will showcase local memorabilia and town history, with the potential for a future coffee shop. On October 18, the first passenger train arrived at the new station, launching a new era of rail service. This investment strengthens our community and supports future economic growth.

Thank you! Jon

THANK YOU! BOY SCOUT TROOP 263



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New Program !

COFFEE WITH A COP

WINDSOR LOCKS SENIOR CENTER

Friday
November 20th and December 18th

Join us the 3rd Friday of every month!

Enjoy a cup of coffee, conversation and the opportunity to connect with the officers of Windsor Locks. Share a concern or just stop by to say hello !



No registration required just stop in at 9
Breakfast available from 9-10am

