

COMMUNITY RENEWAL TEAM **SEPTEMBER** 2026 CONGREGATE MENU Menu is subject to change

		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	National Yogurt Day 1/2c Juice / 3 oz (1) Brd Veal Patty w/ Lemon Butter Herb Sce/ 1/2c Gnocchi w/ Lemon Butter Herb Sce / 1/2c Capri Veggies / (1) sl Wh Brd / (1) Yogurt Cup	2	BLT's	3	3 oz BBQ Beef Brisket 1/2c Rosemary Rsted Potatoes 1/2c Chuckwagon Vegetables (1) Dinner Roll (1) Fresh Fruit	4	NO BREAKFAST
7	CRT Closed In Observance of Labor Day Holiday	8	3 oz (1) Ground Beef Stuffed Pepper / 1/2c 4- Way Veggies / (1) Wheat Dinner Roll / (1) Fresh Fruit	9	Grilled ham & cheese w/ Cream of Broccoli Soup	10	3 oz (1) Beef Hot Dog w/ (1) Hot Dog Bun / (1) Must, Rel, Ketchup / 1/2c Potato Salad / 1/2c Coleslaw / (1) Fresh Fruit	11	BREAKFAST
14		15	3 oz (1 sl) Pesto Chicken Pizza / 1/2c Garden Salad w/ Lett/ Ch Toms/ Carrots / Onions / (1) pkg Ranch Drg / (1) Fresh Fruit	16	Fall Salad w/Sweet Potatoes & Grilled Chicken	17	3 oz Baked Tilapia w/ Garlic Butter Sce / 1/2c Garlic Smashed Potatoes / 1/2c Vegetable Medley / (1) sl 100 % Wh Wheat Bread / (1) Fresh Fruit	18	NO BREAKFAST Continental
21		22	3 oz MILD BBQ Chicken Breast w/ (1) Wheat Hamburger Bun / 1/2 Sweet Pot Fries / 1/2c Caribbean Veggies / (1) Fresh Fruit	23	Sloppy Joe's & Fries	24	8 oz Chicken Vegetable Soup 3 oz Rsted Turkey, Bacon w/ Lett, Tom w/ (1) Plain Wrap / (1) pkt Must, Mayo / 1/2c Macaroni Salad / (1) Cookie	25	BREAKFAST
28		29	1/2c Juice 8 oz American Chop Suey w/ Corkscrew Pasta 1/2c Brussel Sprouts (1) Dinner Roll / (1) Cookie	30	Karen's Cornbeef Sandwich & Chips				Be advised that our food may come in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, sesame or fish. Please advise staff of allergies prior to meal !

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford. Menu is subject to change.