AT-HOME COVID-19 TESTS

WHAT TO DO IF YOU TEST POSITIVE

- **Isolate right away, even if you are vaccinated.** A positive test requires a minimum of 10 days quarantine per CDC guidance. Visit DutchessNY.gov/COVIDpositive for instructions.

- **Take a picture of the positive at-home test result within 24 hours.**

- **Report your positive result to the health department online at DutchessNY.gov/COVIDpositive.**

- **If symptoms worsen or you have trouble breathing,** consult your doctor or go to the Emergency Department/call 9-1-1.

- **Answer the phone.** A contact tracer will reach out to you. It may take several days, please be patient and continue isolating.

WHAT TO DO IF YOU TEST NEGATIVE

- **Retest.** While at-home tests are reliable, it is possible to receive a **FALSE NEGATIVE**. If you have symptoms and test negative, take another test within 24-48 hours.

- **Please Note:** At-home COVID-19 test results may not be sufficient to return to work or school and CANNOT be used to end quarantine.

- **Negative Test Results DO NOT need to be reported.**

DutchessNY.gov/Coronavirus