

## Day-by-Day Schedule

## January 2024

### JANUARY 1 (MONDAY)

**Senior Center will be closed  
for New Year's Day**

### JANUARY 2 (TUESDAY)

9:15am – Senior Exercise Program with Susan - \$4  
9:30am – Poker Club with Allen Thibodeau  
10:00am – NO Art Class with Judy Jaworski  
12:30pm – Setback (downstairs)  
1:00pm – Setback @ Community Center  
1:00pm – NO Quilting Group with Darlene Bachand

### JANUARY 3 (WEDNESDAY)

9:30am – Elementary Class #1 with Joe Guarino - \$25/8 wks  
9:30am – Grocery Shopping – Labonne's, Stop & Shop, Big Y  
10:00am – Art Class # 6 with Dory  
10:00am – Wii Bowling League with Mary Henao  
10:30am – Fundamental Piano Class #1 with Joe Guarino - \$25/8 wks  
11:30am – Absolute Beginner's Piano Class #1 with Joe Guarino - \$25/8 wks

11:30am – 1:30pm – Blood Pressure Screening with VNA nurse  
1:00pm – Rummikub with Allen & Bill Thibodeau  
1:00pm – Canasta with Bonnie Veillette  
1:00pm – Knitting & Crocheting Group @ Community Center  
1:30pm – Line Dancing Class

### JANUARY 4 (THURSDAY)

9:15am – Senior Exercise Class  
10:00am – NO Watercolor Class with Carla Koc  
10:00am – Book Club  
10:30am – Italian Class #3 with Lucy Minichino  
11:00am – Zumba with Cookie - \$4  
11:00am – Ballroom Dancing Lessons with George Maderski @ Community Center  
12:30pm – Intermediate Piano Class #1 with Joe Guarino - \$25/8 wks  
1:00pm – Mahjong with Barb Duigan  
2:00pm – Advanced Piano Class #1 with Joe Guarino - \$25/wks

### JANUARY 5 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center  
9:30am – Weight Strengthening with the Enseros  
9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
10:00am – Scrapbooking & Card Making with Edwina & Cindy - \$2  
11:30am – Chicken Parm Lunch- \$10  
1:00pm – Bingo - \$2  
1:30pm – Chair Yoga Class #1 with Shari Galvin - \$15/6wks

### JANUARY 6 (SATURDAY)

### JANUARY 7 (SUNDAY)

9:45am - Red Hatters to Mark Twain/Brunch @ West Hartford  
1:45pm – Elvis Birthday Celebration @ Danbury Palace Theater

### JANUARY 8 (MONDAY)

9:15am – Senior Exercise  
9:30am – Texas Hold'em 2 Community Center  
9:30am – Photo Club with Allen Thibodeau  
9:30am – Bridge with Linda Favale @ Chapel Hall  
10:00am – Songbirds at Cheshire House  
10:00am – Balance Class with Brenda Martin - \$3  
10:00am – Wii Bowling League with Mary Henao  
12:15pm- Mat Yoga Class #4 with Shari Galvin  
12:30pm – Pound Class with Cookie - \$4  
1:00pm – Cribbage with Don Ensero  
1:30pm – Chair Yoga Class #4 with Shari Galvin

### JANUARY 9 (TUESDAY)

9:15am – Senior Exercise Program with Susan - \$4  
9:30am – Poker Club with Allen Thibodeau  
10:00am – NO Art Class with Judy Jaworski  
12:30pm – Setback (downstairs)  
1:00pm – Setback @ Community Center  
1:00pm- Quilting Group with Darlene Bachand

### JANUARY 10 (WEDNESDAY)

9:30am – Elementary Piano Class #2 with Joe Guarino  
10:00am – Art Class #1 with Dory - \$50/10 wks  
10:00am – Wii Bowling League with Mary Henao

10:30am – Fundamental Piano Class #2 with Joe Guarino  
11:30am – Absolute Beginner's Piano Class #2 with Joe Guarino  
11:30am – 1:30pm-Blood Pressure Screening with VNA nurse  
1:00pm – Reflexology with Kim Stewart - \$35/30 mins, \$20/15 mins  
1:00pm – Rummikub with Allen & Bill Thibodeau  
1:00pm – Canasta with Bonnie Veillette  
1:00pm – Knitting & Crocheting Group @ Community Center  
1:30pm – Line Dancing Class  
4:30pm – UCONN vs. Providence @ XL Center

### JANUARY 11 (THURSDAY)

9:15am – Senior Exercise Class  
9:30am – Grocery Shopping – Labonne's, Stop & Shop, Big Y  
10:00am – NO Watercolor Class with Carla Koch  
10:30am – Italian Class #4 with Lucy Minichino  
11:00am – Zumba with Cookie - \$4  
11:00am – Ballroom Dancing Lessons with George Maderski @ Community Center

12:30pm – Intermediate Piano Class #2 with Joe Guarino  
12:30pm – Origami with Ah Moi Yip  
1:00pm – Mahjong with Barb Duigan  
2:00pm – Advanced Piano Class #2 with Joe Guarino

### JANUARY 12 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center  
9:30am – Weight Strengthening with the Enseros  
9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
10:00am – Scrapbooking & Card Making with Edwina & Cindy - \$2  
11:30am – Meatloaf and Mashed Potatoes - \$10  
1:00pm – Bingo - \$2  
1:30pm – Chair Yoga Class #2 with Shari Galvin

### JANUARY 13 (SATURDAY)

### JANUARY 14 (SUNDAY)

### JANUARY 15 (MONDAY)

**The Senior Center will be closed for  
Martin Luther King's Holiday**

### JANUARY 16 (TUESDAY)

9:15am – Senior Exercise Program with Susan - \$4  
9:30am – Poker Club with Allen Thibodeau  
10:00am – NO Art class with Judy Jaworski  
12:30pm – Setback (downstairs)  
1:00pm – Setback @ Community Center  
1:00pm – Quilting Group with Darlene Bachand

### JANUARY 17 (WEDNESDAY)

9:30am – Elementary Piano Class #3 with Joe Guarino  
10:00am – Art Class #2 with Dory  
10:00am – Wii Bowling League with Mary Henao  
10:30am – Fundamental Piano Class #3 with Joe Guarino  
10:30am – Cooking with Lori  
11:00am – Litchfield Community Center – Hoopskirts to Flappers  
11:30am – Absolute Beginner's Piano Class #3 with Joe Guarino  
11:30am – 1:30pm – Blood Pressure Screening with VNA nurse  
1:00pm – Rummikub with Allen & Bill Thibodeau  
1:00pm – Canasta with Bonnie Veillette  
1:00pm – Knitting & Crocheting Group @ Community Center  
1:30pm – Line Dancing Class

### JANUARY 18 (THURSDAY)

9:15am – Senior Exercise Class  
9:30am – Grocery Shopping – Labonne's, Stop & Shop, Big Y  
10:00am – NO Watercolor Class with Carla Koch  
10:30am- Italian Class #5 with Lucy Minichino  
11:00am – Zumba with Cookie - \$4  
11:00am – Ballroom Dancing Lessons with George Maderski @ Community Center

12:30pm – Intermediate Piano Class #3 with Joe Guarino  
12:30pm – Dime Bingo  
1:00pm – Mahjong with Barb Duigan  
2:00pm – Advanced Piano Class #3 with Joe Guarino

### JANUARY 19 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center

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9:30am – Weight Strengthening with the Enseros  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Edwina & Cindy - \$2  
 11:30am – Pasta with Meat Sauce - \$10  
 1:00pm – Bingo - \$2  
 1:30pm – Chair Yoga Class #3 with Shari Galvin  
 6:45pm – Mozarts Greatest Hits @ Nelson Hall

### **JANUARY 20( SATURDAY)**

10:30am – UCONN vs. DePaul @ Gampel  
 5:00pm – Bingomania

### **JANUARY 21 (SUNDAY)**

### **JANUARY 22 (MONDAY)**

9:00am – Reflexology with Kim Stewart - \$20/15 mins, \$35/30 mins  
 9:15am –Senior Exercise  
 9:30am – Texas Hold'em  
 9:30am – Bridge with Linda Favale @ Chapel Hall  
 10:00am – Songbirds at Village at East Farms Harbour  
 10:00am – Balance Class with Brenda Martin - \$3  
 10:00am – Wii Bowling League with Mary Henao  
 12:15pm – Mat Yoga Class #5 with Shari Galvin  
 12:30pm – Pound Class with Cookie - \$4  
 1:00pm – Cribbage with Don Ensero  
 1:30pm – Chair Yoga Class #5 with Shari Galvin  
 6:15pm – AHEPA Dinner @ Greek Church in Waterbury

### **JANUARY 23 (TUESDAY)**

9:15am – Senior Exercise Program with Susan - \$4  
 9:30am – Poker Club with Allen Thibodeau  
 10:00am – NO Art Class with Judy Jaworski  
 10:00am –Crafts with Lori  
 11:00am – Stew Leonards & Joey Garlics Restaurant  
 12:30pm – Setback (downstairs)  
 1:00pm – Setback @ Community Center  
 1:00pm – Quilting Group with Darlene Bachand  
 1:00pm – Card Bingo

### **JANUARY 24 (WEDNESDAY)**

9:30am – Elementary Piano Class #4 with Joe Guarino  
 9:30am – Grocery Shopping – Labonne's, Stop & Shop, Big Y  
 10:00am – Art Class #3 with Dory  
 10:00am – Wii Bowling League with Mary Henao  
 10:30am – Fundamental Piano Class #4 with Joe Guarino  
 11:30am – Absolute Beginner's Piano Class #4 with Joe Guarino  
 11:30am – Blood Pressure Screening with VNA nurse  
 1:00pm – Rummikub with Allen & Bill Thibodeau  
 1:00pm – Canasta with Bonnie Veillette  
 1:00pm – Knitting & Crocheting Group @ Community Center  
 1:30pm- Line Dancing Class

### **JANUARY 25 (THURSDAY)**

8:30am – Mohegun Sun Casino  
 9:15am –Senior Exercise Class  
 10:00am – NO Watercolor with Carla Koch  
 10:30am – Italian Class #6 with Lucy Minichino  
 11:00am – Zumba with Cookie \$4  
 11:00am – Ballroom Dancing Lessons with George Maderski @ Community Center  
 12:30pm – Intermediate Piano Class # 4 with Joe Guarino  
 12:30pm – Origami with Ah Moi Yip  
 1:00pm- Mahjong with Barb Duigan  
 1:00pm – Mexican Train Dominoes with Gary Battel  
 2:00pm –Advanced Piano Class # 4 with Joe Guarino

### **JANUARY 26 (FRIDAY)**

9:30am – Bible Study with Georgia Smolkis @ Community Center  
 9:30am – Weight Strengthening with the Enseros  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Edwina & Cindy - \$2  
 11:30am – Tuna Sandwich & Soup - \$10  
 1:00pm – Bingo - \$2  
 1:30pm –Chair Yoga Class #4 with Shari Galvin

### **JANUARY 27 (SATURDAY)**

4:30pm –UCONN vs. Notre Dame @ Gampel

7:15pm – Close to you: The Music of the Carpenters @ Seven Angels

### **JANUARY 28 (SUNDAY)**

11:00am - Red Hatters to Mystic for Brunch @ SIFT

### **JANUARY 29 (MONDAY)**

9:00am – Reflexology with Kim Stewart - \$20/15 mins, \$35/30 mins  
 9:15am – Senior Exercise  
 9:30am – Texas Hold'em  
 9:30am – Bridge with Linda Favale @ Chapel Hall  
 10:00am – Songbirds at Cheshire Regional Rehab  
 10:00am – Balance Class with Brenda Martin - \$3  
 10:00am – Wii Bowling League with Mary Henao  
 12:15pm – Mat Yoga Class #6 with Shari Galvin  
 12:30pm- Pound Class with Cookie - \$4  
 1:00pm – Cribbage with Don Ensero  
 1:00pm – CRL with Leslie Kingston  
 1:30pm – Chair Yoga Class #6 with Shari Galvin  
 3:00pm – Free Movie Matinee @ Prospect Library –“ Pat and Mike”

### **JANUARY 30 (TUESDAY)**

9:15am – Senior Exercise Program with Susan - \$4  
 9:30am – Poker Club with Allen Thibodeau  
 9:30am – Quilting Group @ American Fabric/Waterford  
 10:00am – NO Art Class with Judy Jaworski  
 12:30pm- Setback (downstairs)  
 1:00pm – Setback @ Community Center  
 1:00pm – Quilting Group with Darlene Bachand  
 1:00pm – Lions Club/Cheshire with Rosanna Arpaia

### **JANUARY 31 (WEDNESDAY)**

9:30am – Elementary Piano Class # 5 with Joe Guarino  
 9:30am – Grocery Shopping – Labonne's , Stop & Shop, Big Y  
 10:00am – Art Class #4 with Dory  
 10:00am –Wii Bowling League with Mary Henao  
 10:30am – Fundamental Piano Class #5 with Joe Guarino  
 11:30am – Absolute Beginner's Piano Class #5 with Joe Guarino  
 11:30am –Blood Pressure Screening with VNA nurse  
 11:30am – Tea with Tracy in Oxford  
 1:00pm – Rummikub with Allen & Bill Thibodeau  
 1:00pm –Canasta with Bonnie Veillette  
 1:00pm –Knitting & Crocheting Group @ Community Center  
 1:00pm – Rx Wound presentation with Cole Maluszewski  
 1:30pm – Line Dancing Class  
 2:00pm – FCP Live-In with Ron Jones

### **PERSONAL BELONGINGS**

**Please do not leave any personal belongings at the Senior Center. We are not responsible for any items left behind or left unattended. We advise you to take your belongings with you after every activity.**

### **WINTER WEATHER CLOSING POLICY**

**For this upcoming winter season, if the Prospect Schools are closed, the Prospect Senior Center will also be closed.**

**If Prospect Schools have a late delay, the Prospect Senior Center will be open normal hours @ 9:00am.**

**Please follow the school closings on TV or your local radio station.**