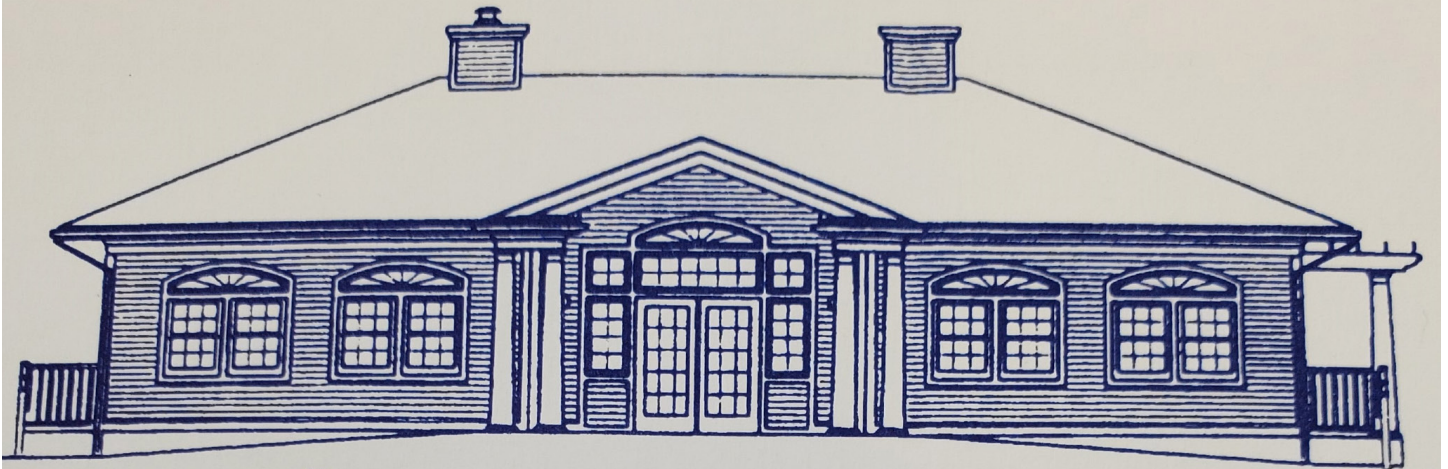


# Prospect Senior Center



(203)758-5300

6 Center Street  
Prospect, CT 06712

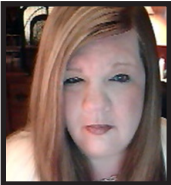

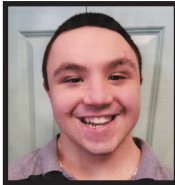

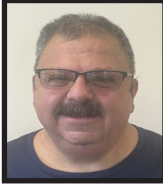


(203)758-3837 Fax

*May  
2026  
Issue*

**DIRECTOR**



**Susan DaSilva**

<b>Lori Anderson</b>	<b>Lirene Lorensen</b>	<b>Matt Kalitta</b>	<b>Tara Meglio</b>	<b>Neil Desena</b>	<b>France Collins</b>	<b>Gabriela Elderkin</b>
						
<b>STAFF</b>	<b>STAFF</b>	<b>STAFF</b>	<b>STAFF</b>	<b>STAFF</b>	<b>STAFF</b>	<b>STAFF</b>



## Day-by-Day Schedule

## May 2026

### MAY 1 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Cindy & Edwina  
 11:30am – Meatball Grinder, Chips and Salad Lunch - \$10  
 1:00pm – Birthday Bingo - \$2  
 1:30pm – Chair Yoga Class # with Shari Galvin

### MAY 2 (SATURDAY)

9:00am – Spring Crafts Fair @ Lyndhurst

### MAY 3 (SUNDAY)

10:45am – Ct. Gay Men's Chorus – Lights, Camera, Action  
 12:45pm – Pretty Women @ Landmark Community Center

### MAY 4 (MONDAY)

9:15am – Senior Exercise (free)  
 9:30am – Texas Hold'em  
 9:30am – Bridge with Linda Favale @ Chapel Hall  
 9:30am – Songbirds practice @ Senior Center  
 10:00am – Stained Glass Class with Sarah Segovia @ Community Center  
 10:00am – Balance Class #4 with Brenda Martin  
 10:00am – Wii Bowling League with Mary Henao  
 11:00am – Motown Monday Class #5 with Cookie  
 12:00pm – Mat Yoga Class #1 with Shari Galvin-\$24/6 wks  
 12:30pm – Stained Glass Class with Sarah Segovia @ Community Center

1:15pm – Cribbage with Don Ensero (upstairs)  
 1:30pm – Chair Yoga Class #1 with Shari Galvin-\$24/6 wks

### MAY 5 (TUESDAY)

9:15am – Exercise Class #5 with Susan  
 9:30am – Poker Club with Allan Thibodeau  
 9:30am – Grocery Shopping @ Labonne's, Stop & Shop, Big Y  
 10:00am – Bocce  
 10:00am – Art Class #5 with Dory  
 10:30am – Ukulele Class with Julie Stepanek  
 12:30pm – Setback (downstairs)  
 1:00pm – Jukebox Bingo with Liverpool Productions  
 1:00pm – Setback @ Community Center  
 1:00pm – Quilting Group with Darlene Bachand

### MAY 6 (WEDNESDAY)

8:00am – High Stake Bingo @ Foxwoods  
 9:30am – Fundamental Piano Class #2 with Joe Guarino  
 9:30am – Wicked Tulips in Preston Ct.  
 10:00am – Wii Bowling League with Mary Henao  
 10:30am – Intermediate Piano Class #2 with Joe Guarino  
 10:30am – Wonders of Whales with Tom Kosturko  
 11:30am – Knitting & Crocheting Group @ Community Center  
 11:30am – Elementary Piano Class #2 with Joe Guarino  
 12:30 – 1:30pm – Blood Pressure Screening with Chesprocott Health Department  
 1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes  
 1:00pm – Canasta with Bonnie Veillette  
 1:30pm – Line Dancing Group

### MAY 7 (THURSDAY)

9:15am – Senior Exercise (free)  
 9:30am – Intermediate Italian Class # 4 with Joe Guarino  
 9:30am – The Hempstead Museum/ Captain Scott's  
 9:45am – Tai Chi Class #3 with Matt Dempsey (Upstairs)  
 10:00am – Book Club with Mary Damulis  
 10:30am – Advanced Italian Class #4 with Joe Guarino  
 11:00am – Zumba Class #1 with Cookie-\$24/6 wks  
 11:00am – Pilates Class # with Matt Dempsey (Downstairs)  
 12:30pm – Advanced Piano Class #1 with Joe Guarino-\$24/6 wks  
 1:00pm – Mahjong with Barb Duigan  
 1:30pm – Beginner's II Piano Class # with Joe Guarino

### MAY 8 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Cindy & Edwina  
 11:30am – Mother's Day Lunch with Boogie Boys  
 1:00pm – NO Friday Bingo  
 1:30pm – Chair Yoga Class # with Shari Galvin

### MAY 9 (SATURDAY)

8:30am – New England Crafts Fair @ Mohegan Sun  
 6:45pm – Dancing Dream – ABBA Tribute @ Landmark Community Center

### MAY 10 (SUNDAY)

9:00am – Fairfield Dogwood Festival

### MAY 11 (MONDAY)

9:00am – Reflexology with Kim Stewart - \$35/30 mins, \$20/15 mins  
 9:15am – Senior Exercise (free)  
 9:30am – Texas Hold'em  
 9:30am – Bridge with Linda Favale @ Chapel Hall  
 10:00am – Motown Monday Class #6 with Cookie  
 10:00am – Songbirds @ Glendale /Naugatuck  
 10:00am – Balance Class #5 with Brenda Martin  
 10:00am – Wii Bowling League with Mary Henao  
 12:00pm – Mat Yoga Class #2 with Shari Galvin  
 1:15pm – Cribbage with Don Ensero (Upstairs)  
 1:30pm – Chair Yoga Class #2 with Shari Galvin

### MAY 12 (TUESDAY)

9:15am – Exercise Class #6 with Susan  
 9:30am – Poker Club with Allan Thibodeau  
 9:30am – Grocery Shopping @ Labonne's, Stop & Shop, Big Y  
 10:00am – Bocce  
 10:00am – Art Class #6 with Dory  
 12:30pm – Setback (Downstairs)  
 1:00pm – Setback @ Community Center  
 1:00pm – Facials with Maria - \$25/20 mins  
 1:00pm – Craft Class with Kim Palmerie  
 1:00pm – Quilting Group with Darlene Bachand

### MAY 13 (WEDNESDAY)

7:30am – Argia Cruise  
 9:30am – Fundamental Piano Class #3 with Joe Guarino  
 10:00am – Wii Bowling League with Mary Henao  
 10:30am – Intermediate Piano Class #3 with Joe Guarino  
 11:30am – Elementary Piano Class #3 with Joe Guarino  
 11:30am – Knitting & Crocheting Group @ Community Center  
 1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes  
 1:00pm – Canasta with Bonnie Veillette  
 1:30pm – Line Dancing Group

### MAY 14 (THURSDAY)

9:15am – Senior Exercise (free)  
 9:30am – Intermediate Italian Class #5 with Joe Guarino  
 9:45am – Tai Chi Class #4 with Matt Dempsey (Upstairs)  
 10:30am – Advanced Italian Class #5 with Joe Guarino  
 11:00am – Zumba Class #2 with Cookie  
 11:00am – Pilates Class # 4 with Matt Dempsey (Downstairs)  
 12:30pm – Advanced Piano Class #2 with Joe Guarino  
 12:30pm – Dime Bingo with Lorraine Thibodeau  
 12:30pm – Origami with Ah Moi Yip  
 1:00pm – Mexican Dominoes with Gary Battel  
 1:00pm – Mahjong with Barb Duigan  
 1:30pm – Beginner's II Piano Class #2 with Joe Guarino  
 6:00pm – Travelers Chorale @ Bushnell Theater

### MAY 15 (FRIDAY)

9:15am – Bible Study with Georgia Smolkis @ Community Center  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Cindy & Edwina  
 11:30am – Meat Sauce/Pasta, Garlic Bread & Salad Lunch - \$10  
 1:00pm – Friday Bingo - \$2  
 1:30pm – Chair Yoga Class #3 with Shari Galvin  
 5:00pm – Red Hatters to Piedmont Players @ Hopeville Church

### MAY 16 (SATURDAY)

5:00pm – Bingomania  
 7:00pm – Almost Queen @ Palace Theater

### MAY 17 (SUNDAY)

9:00am – Antique Car Show @ Booth Memorial Park Stratford  
 12:30pm – Nonsense @ Legacy Theater

### MAY 18 (MONDAY)

9:15am – Senior Exercise (free)  
 9:30am – Texas Hold'em  
 9:30am – Bridge with Linda Favale @ Chapel Hall  
 10:00am – Songbirds @ Lutheran Home/Southbury  
 10:00am – Balance Class #6 with Brenda Martin  
 12:00pm – Mat Yoga Class #3 with Shari Galvin  
 1:15pm – Cribbage with Don Ensero (Upstairs)  
 1:00m – CRL with Leslie Kingston  
 1:30pm – Chair Yoga Class #3 with Shari Galvin

## Day-by-Day Schedule

## May 2026

### MAY 19(TUESDAY)

9:15am – Senior Exercise Class #1 with Susan-\$24/6 wks  
 9:30am – Poker Club with Allen Thibodeau  
 9:30am – Grocery Shopping @ Labonne's, Stop & Shop, Big Y  
 9:30am – Lessard Lanes  
 10:00am – Art Class #7 with Dory  
 12:30pm – Setback (Downstairs)  
 1:00pm – Setback @ Community Center  
 1:00pm – Quilting Group with Darlene Bachand  
 1:00pm – Card Bingo with Shirley Beale and Barbara Derouin

### MAY 20 (WEDNESDAY)

9:30am – Fundamental Piano Class #4 with Joe Guarino  
 10:00am – Wii Bowling League with Mary Henao  
 10:15am – Lady Day @ Emerson's Bar & Grill @ Ivoryton Playhouse  
 10:30am – Intermediate Piano Class #4 with Joe Guarino  
 11:30am – Elementary Piano Class #4 with Joe Guarino  
 11:30am – Knitting & Crocheting Group @ Community Center  
 1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes  
 1:00pm – Canasta with Bonnie Veillette  
 1:30pm – Line Dancing Class  
 2:00pm – Reflexology with Kim Stewart - \$35/30 mins, \$20/15 mins  
 4:30pm – Wine, Women & Wednesdays @ Griswold Inn

### MAY 21 (THURSDAY)

9:15am – Senior Exercise (free)  
 9:30am – Shopping @ Boscov's & Lasse's Restaurant  
 9:30am – Intermediate Italian Class #6 with Joe Guarino  
 9:45am – Tai Chi Class # 5 with Matt Dempsey (Upstairs)  
 10:00am – Motown Cardio & Strength Class #1 with Cookie  
 10:30am – Advanced Italian Class #6 with Joe Guarino  
 11:00am – Zumba Class #3 with Cookie  
 11:00am – Pilates Class #5 with Matt Dempsey (Downstairs)  
 12:30pm – Advanced Piano Class #3 with Joe Guarino  
 12:30pm- Janine Mangiamiele – Psychic Readings  
 1:00pm – Mahjong with Barb Duigan  
 1:30pm – Beginner's II Piano Class #3 with Joe Guarino

### MAY 22 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Cindy & Edwina  
 11:30am – Memorial Day Lunch with Liverpool Productions  
 1:00pm – NO Friday Bingo  
 1:30pm – Chair Yoga Class #4 with Shari Galvin  
 5:45pm – Andy Gross @ Danbury Palace Theater

### MAY 23 (SATURDAY)

7:30am – Stormville Flea Market  
 9:15am – Stratford Antiques

### MAY 24 (SUNDAY)

9:30am – Blu Pointe Restaurant Brunch  
 2:30pm – Summer Kick off @ Madison Beach Hotel

### MAY 25 (MONDAY)

**Senior Center Will Be Closed  
 For Memorial Day**

9:00am – Paradise City Arts Festival

### MAY 26 (TUESDAY)

9:15am – Senior Exercise Class # 1 with Susan-\$24/6 wks  
 9:30am – Poker Club with Allen Thibodeau  
 9:30am – Grocery Shopping @ Labonne's, Stop & Shop, Big Y  
 10:00am – Art Class #8 with Dory  
 12:30pm – Setback (Downstairs)  
 1:00pm – Facials with Maria - \$25/20 mins  
 1:00pm – Fire Dept. Presentation – Steps to Safety  
 1:00pm – Setback @ Community Center  
 1:00pm – Quilting Group with Darlene Bachand

### MAY 27 (WEDNESDAY)

9:30am – Fundamental Piano Class #5 with Joe Guarino  
 9:30am – Free Chair Massage with Gabriela  
 9:30am – Harney Tea & Sons tour  
 10:00am – Wii Bowling League with Mary Henao  
 10:30am – Intermediate Piano Class #5 with Joe Guarino  
 11:30am – Elementary Piano Class #5 with Joe Guarino  
 11:30am – Knitting & Crocheting Group @ Community Center  
 1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes  
 1:00pm – Canasta with Bonnie Veillette  
 1:30pm – Line Dancing Class  
 5:00pm – Ladies Night @ Mirabelle's Restaurant

### MAY 28 (THURSDAY)

8:30am – Mohegan Sun Casino  
 9:00am – Breakfast @ Senior Center  
 9:15am - Senior Exercise (free)  
 9:30am – Intermediate Italian Class #1 with Joe Guarino-\$24/6 wks  
 9:45am – Tai Chi Class #6 with Matt Dempsey (Upstairs)  
 10:00am – Motown Cardio & Strength Class #2 with Cookie  
 10:30am – Advanced Italian Class #1 with Joe Guarino-\$24/6 wks  
 11:00am – Zumba Class #4 with Cookie  
 11:00am – Pilates Class #6 with Matt Dempsey (Downstairs)  
 11:00am – Cooking Class with Lori  
 12:30pm – Advanced Piano Class # 4 with Joe Guarino  
 12:30pm – Origami with Ah Moi Yip  
 1:00pm – Mexican Dominoes with Gary Battel  
 1:00pm – Mahjong with Barb Duigan  
 1:30pm – Beginner's II Piano Class #4 with Joe Guarino

### MAY 29 (FRIDAY)

9:30am – Elizabeth Rose Garden /Pond House Restaurant  
 9:30am – Bible Study with Georgia Smolkis @ Community Center  
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center  
 10:00am – Scrapbooking & Card Making with Cindy & Edwina  
 11:30am – Hot Dogs, Beans & Macaroni Salad Lunch - \$10  
 1:00pm – Pizza Bingo - \$2  
 1:30pm – Chair Yoga Class #5 with Shari Galvin

### MAY 30 (SATURDAY)

10:30am – Chocolate Expo @ Mohegan Sun  
 3:45pm – Story Songs @ Danbury Palace Theater

### MAY 31 (SUNDAY)

9:00am – Clinton Outlet Shopping / Log Cabin Restaurant

## Special Activities Index

## May 2026

DATE	EVENT	PAGE	DATE	EVENT	PAGE
May 2	Spring Crafts at Lyndhurst	29	Jun 17	"Slipaway" Cruise - "River"	38
May 3	PRETTY WOMAN, THE MUSICAL	53	Jun 19	ANNUAL FATHER'S DAY LUNCHEON @ PSC	35
May 3	CT GAY MENS CHORUS PRESENTS @ THE KATE	49	Jun 20	CT Gay Men's Chorus Presents..."Bingomania"	26
May 4	STAINED GLASS CLASSES WITH SARAH SEGOVIA	26	Jun 20	United Congregational Church Strawberry Festival	40
May 5	JUKEBOX BINGO	27	Jun 20	STRAWBERRY FESTIVAL- MONROE CONGREGATIONAL	48
May 6	THE WONDERS OF WHALES	29	Jun 23	Zuppardi's Apizza	43
May 6	High Stakes Bingo @ Foxwoods Resort Casino	28	Jun 24	After Shock	44
May 6	WICKED TULIPS	30	Jun 25	Golden Girls The Tribute Show!	49
May 7	The Hempstead Houses & Captain Scott's Lobster Dock	30	Jun 27	GEM & MINERAL SHOW	35
May 8	ANNUAL MOTHER'S DAY LUNCHEON	26	Jun 27	"A Summer's Palette" Westford Hill Distillers	43
May 9	DANCING DREAM A TRIBUTE TO ABBA	53	Jun 28	SCULPTUREDALE IN KENT, CT.	41
May 9	NEW ENGLAND SPRING CRAFTS FAIR	27	Jun 30	Free Medicare Educational Workshop	33
May 10	Fairfield Dogwood Festival	29	Jul 1	Southern Voice	44
May 12	MINI FACIAL WITH MARIA SCOTT	45	Jul 1	Lockwood-Mathews Mansion Museum	48
May 12	CRAFT PROJECT WITH KIM PALMERIE	32	Jul 2	"Americana Cookout" Madison Beach Hotel	47
May 13	The "Argia" Mystic, Connecticut	28	Jul 3	Celebrate America!	42
May 14	ANNUAL TRAVELERS CHORALE SPRING CONCERT	52	Jul 4	STORMVILLE AIRPORT FLEA MARKET	27
May 15	"The Butler Did It" Piedmont Players Dinner Theater	43	Jul 5	Niantic Lions Club Outdoor Arts and Crafts Festival	44
May 16	CT Gay Men's Chorus Presents..."Bingomania"	46	Jul 7	JUKEBOX BINGO	27
May 16	Almost Queen @ Palace	49	Jul 8	1776 @ IVORYTON PLAYHOUSE	55
May 17	"Legacy, Laughs and Lobster"	29	Jul 8	Mischief	44
May 17	ANTIQUÉ & CLASSIC CAR SHOW 2026	31	Jul 9	Thursdays on the Dock - Eight to the Bar	37
May 19	LESSARD LANES	28	Jul 9	"More Inishmor" Quality Consignment	48
May 20	LADY DAY AT EMERSON'S BAR AND GRILL	55	Jul 10	Infinity Rising -The Music of Journey	42
May 20	WINE, WOMEN AND WEDNESDAYS	31	Jul 14	NORTH COUNTY BAND!	52
May 21	JANINE MANGIAMELLI PSYCHIC MEDIUM	31	Jul 15	The Stevie Experience	44
May 22	MEMORIAL DAY PARTY@ PSC	31	Jul 16	2026 TWIN LOBSTERS @ THE LOG CABIN	47
May 22	ANDY GROSS @ DANBURY PALACE	54	Jul 16	Thursdays on the Dock - Central City Stompers	37
May 23	STORMVILLE AIRPORT FLEA MARKET	27	Jul 17	Brass Transit- The Music Legacy of Chicago	42
May 23	Stratford Antique Center Copps Island Oyster Shack	46	Jul 18	THE MUSIC OF THE BEACH BOYS @ PALACE DANBURY	54
May 24	Summer Kick-off Party w/ Caribbean Vibe Steel Drum Band	30	Jul 18	CT Gay Men's Chorus Presents..."Bingomania"	26
May 24	BLU POINTE RESTAURANT	28	Jul 20	Sugar Ray & the Bluetones"	46
May 24	Memorial Day Weekend Summer Kick-off Lawn Party	32	Jul 21	LESSARD LANES	28
May 25	Paradise City Arts Festival	31	Jul 22	Heavy Hitters	44
May 26	MINI FACIAL WITH MARIA SCOTT	45	Jul 24	7 Bridges - The Ultimate Eagles Experience	42
May 26	STEPS TO SAFETY	25	Jul 29	Bernadette's	44
May 27	LADIES NIGHT @ MIRABELLE'S RESTAURANT	32	Jul 30	Thursdays on the Dock - Not Sorry	37
May 27	FREE CHAIR MASSAGES WITH GABRIELA	38	Jul 31	Electric Avenue - 80's MTV Experience	42
May 28	BREAKFAST AT THE SENIOR CENTER	13	Aug 1	The Stonington Village Fair	43
May 29	Elizabeth Park "The Pond House"	32	Aug 4	STAINED GLASS CLASSES WITH SARAH SEGOVIA	26
May 30	STORY SONGS MUSIC OF THE 70'S	54	Aug 5	Shaded Soul	44
May 30	CHOCOLATE EXPO @ MOHEGAN SUN	27	Aug 6	AARP DRIVER'S SAFETY COURSE	25
May 31	CLINTON PREMIUM OUTLETS	30	Aug 6	Ct. River Museum - Thursdays on the Dock	37
Jun 2	STAINED GLASS CLASSES WITH SARAH SEGOVIA	26	Aug 8	LESSARD LANES	28
Jun 3	HOLLANDIA NURSERIES & FARM	36	Aug 12	Raise Your Hands	44
Jun 4	AARP DRIVER'S SAFETY COURSE	25	Aug 19	Moran Skelly	44
Jun 4	SHOPPING AT STONE BRIDGE	40	Aug 11	YOUNG AT HEART - FEET SO SMART	54
Jun 5	FRIDAY BUFFET @ WILCOX TECH	25	Aug 15	MAMMA MANIA @ DANBURY PALACE	54
Jun 6	ALL ABOUT JOEL @ DANBURY PALACE	54	Aug 15	CT Gay Men's Chorus Presents..."Bingomania"	26
Jun 6	"Fair on the Green" in Milford	39	Aug 19	COME FROM AWAY @ IVORYTON PLAYHOUSE	55
Jun 7	"Rhinebeck Crafts Festival 2026"	36	Aug 20	Thursdays on the Dock - The Italics	38
Jun 7	CONNECTICUT-ASIA CULTURAL CENTER	36	Aug 21	Annual Plainville Hot Air Balloon Festival	44
Jun 8	CRAFT PROJECT WITH TARA	33	Aug 30	OPEN AIR MARKET & FESTIVAL	44
Jun 10	CULTURALLY CURIOUS ART TALK	39	Sep 1	STAINED GLASS CLASSES WITH SARAH SEGOVIA	26
Jun 10	Captain's Cove Seaport	39	Sep 5	STORMVILLE AIRPORT FLEA MARKET	27
Jun 11	THIMBLE ISLAND CRUISE & LUNCH	33	Sep 8	JUKEBOX 45 SHOW BAND: DOO WOP SHOW	52
Jun 11	HOLLISTER HOUSE GARDEN	35	Sep 13	HUDSON VALLEY WINE & FOOD FEST	45
Jun 12	THE BEATLES CANDLELIGHT EXPERIENCE	41	Sep 15	JUKEBOX BINGO	27
Jun 12	"Block Island on Your Own"	41	Sep 17	THE TEXAS TENORS @ NELSON HALL	50
Jun 13	"Olde Mistick Village Strawberry Festival"	40	Sep 19	The American Ride	53
Jun 13	"The Litchfield Marketplace"	38	Sep 19	THE AMERICAN RIDE TOBY KEITH TRIBUTE	53
Jun 14	"Gardens by the Sea" Stonington Village	40	Sep 19	CT Gay Men's Chorus Presents..."Bingomania"	26
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May 2026

## IMPORTANT NOTICES

### PERSONAL BELONGINGS

Please do not leave any personal belongings at the Senior Center. We are not responsible for any items left behind or left unattended. We advise you to take your belongings with you after every activity.

### REMINDER CALLS

We do our best to make reminder call for all trips and activities, if time allows. If you think you signed up for a trip or activity, but did not get a phone call, please call the Senior Center to confirm.

## NOTICE!

24 HOUR SURVEILLANCE IS BEING  
RECORDED ON VIDEO BY

**STERLING**

CLOSED CIRCUIT TELEVISION

## EMERGENCY CONTACT INFORMATION

PLEASE STOP BY THE FRONT DESK TO FILL OUT AN EMERGENCY CONTACT FORM. WE ARE UPDATING OUR DIRECTORY AND WANT TO ADD AN EMERGENCY CONTACT PERSON AND PHONE NUMBER FOR EACH MEMBER.

**PLEASE DO NOT DRIVE OUT  
THE ENTRANCE OF THE  
SENIOR CENTER.**

**THAT IS A ONE WAY ROAD.**

**PLEASE FOLLOW THE SIGNS  
AND EXIT OUT THE POLICE  
DEPT. DRIVEWAY.**

### PLEASE TAKE NOTE: Per Chesprocott Health District Codes....

We are not allowed to have **anyone** in the kitchen, other than employees and volunteer kitchen help. PLEASE, refrain from going in to the kitchen when you are here. We love your company and we enjoy talking to everyone, but just **not in the kitchen.**

We appreciate your cooperation. We do not want to have our kitchen shut down because of any violations to this health code.

**Thank you!**

## IMPORTANT POLICY CHANGE:

Effective June 1, 2023 there will be no refunds given to anyone who cancels a trip/activity unless we can find a replacement for you.

Also, we can no longer put your name on the sign-up sheet without payment. We have had to cancel numerous trips because people have not paid on time or cancelled with little or no notice.

### PROSPECT SENIOR CENTER GIFT CERTIFICATES AVAILABLE!

Looking for the perfect gift for a friend or loved one who is a member of our Senior Center? Why not give a gift certificate to the Prospect Senior Center for that special occasion or just to surprise them? Gift certificates starting at \$10.00 are now available at the Senior Center. Give us a call with the amount that you would like and it will be ready for you when you come in.

This is a quick, easy and perfect gift to share with your friends or loved ones who are members here. No shopping at crowded malls to deal with. The gift certificate can be used by the recipient towards any of our activities, trips or classes here at the Senior Center.

We are providing these as a courtesy to our members who have been inquiring to see if something like this could be made available.

Please remember that the recipient **DOES HAVE TO BE A MEMBER** of the Prospect Senior Center in order to use the gift certificate.

May 2026

# IMPORTANT NOTICES

**A FRIENDLY REMINDER.....  
YOUR YEARLY DUES FOR 2026 ARE DUE  
IN JANUARY. PLEASE PAY THEM AS SOON  
AS POSSIBLE TO PREVENT YOUR NAME  
FROM BEING REMOVED FROM THE PSC MEM-  
BERSHIP LIST AND THE RESULTING LOSS OF  
BENEFITS OF BEING A DUES PAYING MEM-  
BER.**

**THE DUES ARE \$10  
FOR PROSPECT RESIDENTS AND \$20  
FOR OUT-OF-TOWN RESIDENTS**

**DUES MUST BE PAID BY SEPARATE  
CHECK - do not combine with other  
payments.**

**IF YOU CANNOT COME DOWN IN PERSON TO  
PAY, PLEASE PUT A CHECK IN THE MAIL.**

**SENIORS WANTED  
55 YEARS OR OLDER  
BASKETBALL LEAGUE OR OPEN GYM  
11:00AM – 1:00PM  
OR 4:00PM  
LET US KNOW IF YOU'RE INTERESTED  
PROSPECT PARK & REC  
12 CENTER STREET  
PLEASE CONTACT PARK & REC OFFICE  
203-758-0036  
OR [recreation@townofprospect.org](mailto:recreation@townofprospect.org)**

THE OFFICE FOR VICTIMS OF CRIME, PART OF THE U.S. DEPARTMENT OF JUSTICE, AS A SECTION ON ELDER FRAUD AND ABUSE. AMONG THE RESOURCES IS THE NATIONAL ELDER FRAUD HOT-LINE (833-372-8311), WHICH IS AVAILABLE MONDAY THROUGH FRIDAY.

THE FBI'S ELDER FRAUD SECTION LISTS COMMON ELDER FRAUD SCHEMES AND PROVIDES A LINK FOR FILING REPORTS ABOUT ELDER FRAUD TO THE INTERNET CRIME COMPLAINT CENTER AT [ic3.gov](http://ic3.gov).

IN THE END, IT'S ALL ABOUT AWARENESS OF POTENTIAL TRAPS.

FOR LINKS TO ALL RESOURCES REFERENCED IN THIS COLUMN, GO TO [JULIEJASON.COM/COLUMN-RESOURCES](http://JULIEJASON.COM/COLUMN-RESOURCES).

.....  
**SUGGESTION BOX**

**We have a suggestion box located in the lobby of the Senior Center for anyone that has positive ideas to make the Senior Center even better. If you have any suggestions, please fill out the card and drop it in the box.**  
.....

**PSC "HIGHLITES"  
NOW AVAILABLE ON-LINE**

The latest issue of our newsletter is now available on-line at the town of Prospect's website.

To access it on your computer or smartphone, go to the town's website: [www.townofprospect.org](http://www.townofprospect.org)

Once you are there: click on "Department"; then click on "Senior Center"; scroll down and finally, click on "**NEWS-LETTER**". The newsletter is readable using any Adobe Acrobat reader and can be printed out at home if you have a printer.

**Each new "Highlites" will be available on this website within a few days of being printed out at the Senior Center.** If you have computer access, you can get your copy without making a special trip to the Center saving you time and reducing the need for the Center to run off as many copies as it now does.

**IMPORTANT POLICY  
CHANGE,...**

**We ask that any future trips, activities, classes, presentations, etc. that are over \$5 be paid for with a check.**

**Sorry, but we do not have the capability to accept credit cards.**

**Cash for anything over \$5 will no longer be accepted. We thank you in advance for your anticipated cooperation.**

**WE HAVE TWO DEFIBRILLATORS AT THE PROSPECT SENIOR CENTER.**


**ONE IS LOCATED NEAR THE ELEVATOR (UPSTAIRS)**

**ONE IS LOCATED IN THE POOL ROOM (DOWNSTAIRS)**


May 2026

**IMPORTANT NOTICES**

**IMPORTANT: REMOVE BEFORE DRIVING**  
ACCESSIBILITY PARKING PERMIT



**P1**



SIGNATURE OF PERMIT HOLDER

LAST FIVE DIGITS OF ID

STATE OF CONNECTICUT  
DEPARTMENT OF MOTOR VEHICLES

2030 2031 2032 2033 2034

EXPIRES

2025 2026 2027 2028 2029

DEC NOV OCT SEPT AUG JULY JUNE MAY APR MAR FEB JAN

NEW APPLICATION REQUIRED UPON EXPIRATION

The AARP Senior Driving Class teaches that it is illegal to drive with this hanging from your mirror. Police officers say that anything hanging from your mirror obstructing your vision is illegal. They won't stop you but if you are involved in an accident you might be ticketed.

If you have one of these it **MUST BE DISPLAYED** while parking in a handicap space **EVEN IF THE BUSINESS IS CLOSED.**

When you join the Prospect Senior Center you agree to abide by ALL OF THEIR RULES. This includes obeying ALL signage re: parking, etc..

DO NOT EXIT THROUGH THE DRIVEWAY THAT IS THE MAIN ENTRANCE TO PSC. THE RULES APPLY EVEN WHEN THE SENIOR CENTER IS CLOSED.

**IF YOU PARK IN ANY OF THE HANDICAP PARKING SPACES AT THE SENIOR CENTER, PLEASE MAKE SURE YOU HAVE YOUR HANDICAP TAG HANGING ON YOUR REARVIEW MIRROR.**

**IF YOU DO NOT, YOU WILL BE FINED A MINIMUM OF \$150 BY THE POLICE DEPARTMENT.**

**NOTICE**

Effective January 1, 2026 refund checks will be issued the first week of each month. If more than one is owed back to you, it will be compiled into one refund check. Refund checks will be mailed to your home from Town Hall.

Thank you for your understanding.

**WINTER WEATHER CLOSING POLICY**

For this upcoming winter season, if the Prospect Schools are closed, the Prospect Senior Center will also be closed (no activities, no transportation).

If Prospect Schools have a late delay, the Prospect Senior Center will be open normal hours @ 9:00am – 4:00pm.

Please follow the school closings on TV or your local radio station.

**(Prospect schools are Region #16)**

**ATTENTION:**

**PLEASE PARK IN THE BACK PARKING LOT FOR ANY TRIPS DURING THE WEEK, BETWEEN 9:00AM – 4:00PM. COME INSIDE TO THE FRONT DESK AND CHECK IN. THE BUS WILL BE OUTSIDE IN THE FRONT.**

**IF THE TRIP IS BEFORE 9:00AM PLEASE PARK IN THE BACK PARKING LOT AND STAY THERE. THE BUS WILL PICK YOU UP IN THE BACK LOT.**

**FOR TRIPS ON WEEKNIGHTS AND WEEKENDS, YOU CAN PARK IN THE UPPER PARKING LOT.**

**SENIOR CENTER TRANSPORTATION**

There are a variety of transportation options available to Seniors in Prospect.

**PROSPECT MINI BUS**

The Prospect Mini Bus is available to pick up and drop off residents of Prospect and bring them to doctors appointments, hair appointments, shopping on certain days and other appointments that may arise. Please contact the Senior Center for scheduling information and other inquiries on daily scheduled pick up and stops.

**GREATER WATERBURY TRANSIT DISTRICT**

Free Dial-A-Ride Transportation is also available to Seniors in Prospect. This program allows disabled residents and senior citizens age 60 and over the opportunity to go shopping, make medical appointments, and visit other locations within the region's coverage area in Cheshire, Middlebury, Naugatuck, Prospect, Waterbury, Watertown and Wolcott.

The program is on a first come first serve basis. For more information, please contact the Senior Center at 203-758-5300.

**May 2026**

**NEW MEMBERS**

**Barry Welton  
James Angus  
Carol Angus  
Joseph Heron**

**Kevin Gillen  
Michael Schumacher  
Marie M. Sciorti  
Maritza Velez**

**Octavio DeLeon  
Liz Untiet  
Debra Wilby  
Chris Danicz**

**Carl Zimmerman  
Cheryl Beland  
Frank Turchik  
Suzanne Grella**

**WELCOME TO THE PROSPECT SENIOR CENTER**

**FOLLOW US ON FACEBOOK: PROSPECT CT. SENIOR CENTER**



**SUNSHINE LIST**



**Patti Moreno  
141 Butternut Ridge Road  
Waterbury, Ct. 06706**

**Fran Dupre  
187 East Johnson Avenue  
Cheshire, Ct. 06410**

**Joellen Monahan  
Monarch Southbury  
655 Main St S. Apt 258  
Southbury, Ct. 06488**

**Jean O'Brian  
@ Autum Lake Healthcare  
at the Willows Room 120  
225 Amity Rd.  
Woodbridge, CT 06525**

**Margaret Lenkowski  
109-1 Bucks Hill Road  
Waterbury, Ct. 06704**

**Mark Colina  
261 Hortin Hill Road  
Naugatuck CT 06770**

**Martha Turiano  
Apple Rehabilitation Ctr.  
35 Bunker Hill Road  
Watertown, Ct. 06795**

**Susan Armbruster  
The Village at East Farms  
120 Scott Rd  
Waterbury, CT 06705**

**Marie Delage  
16 Nancy Mae Ave.  
Prospect, CT 06712**

**Elaine Broderick  
19 Birch Lane  
Naugatuck, Ct. 06770**

**John Raven,  
Room 212 Beacon Brook  
89 Weid Drive  
Naugatuck, CT. 06770**

**Ann Wooding  
333 Evening Star Drive  
Naugatuck, Ct. 06770**

**Marcia Rogers  
51 Delhurst Drive  
Waterbury , CT 06708**

**Jan Pilat  
12 Kluge Rd.  
Prospect, CT 06712**

**Barbara Porter  
Rockridge Rd.  
Waterbury, CT 06705**

**Debbie Levasseur  
30 Seth Drive  
Naugatuck, CT. 06770**

**GET WELL SOON!!!**

May 2026

### MAY BIRTHDAYS

Tony Barzydlo	1	Richard Ludecke	9	Diane Parrillo	15	Gary Jordan	24
Liz Tobin Falzone	1	Maria Gomes	9	Lisa Munko	15	Lauretta Swuderski	24
Gail Jankovsky	1	Paul Kubicza	9	Sandra Merrill	15	Donald Holley	24
Kathleen Graveline	2	Linda Demkar	9	Gracie Baldevi	15	Mary Lawrence	24
Dorothea Palladino	2	Alan Walker	9	Tony Marciano	16	Carol Minicucci	25
Rosemary Spigarolo	2	John Garvin	10	Blondine Morgon	16	Amy Rashba	25
Barbara Howard	3	Anne Schulze	10	William Pan	16	Ray Lecours	25
Norman Boisseau	3	Dennis Quill	10	Carol DiCorpo	16	Michael Schumacher	25
Robert Monroe	3	Joann Guillet	10	Linda Sharkey	16	CrystaLynn	25
Karen McGrath	3	Donna Murawski	10	Antionietta Landino	16	Mary Mucciacciaro	26
Virginia Swensson	3	Sue Richardson	10	Rose Forte	17	Gail Ahrlich	26
Maureen Rogalis	3	Deborah Diogostine	10	Peter Holt	17	Carol Diana	26
Elizabeth Lapinski	3	Robert Nobitz	10	Sandy Somma	17	Fran Clark	26
Ron Hluska	3	Karen Czarnecke	10	Nani Bourassa	17	Anita Dunn	26
Lucy Smegielski	3	Eddie Salisbury	10	Paula Guarino	17	Linda Santa Maria	26
Frederick Centrella	3	Elaine Hoff	10	Judith Diamond	17	Pat McCarthy	26
Susan Sirica	3	Lynn Cavanaugh`	11	Nancy Goyette	17	Susan Pappas	26
Barbara Rowe	4	Jim Farina	11	Joseph DeSomma	18	Sandra Aquavia	27
Dorothy Olsen	4	Linda Blanc	11	Susan Grom	18	Frank Shurretto	27
Donald Goudreau	4	Barbara Porter	11	Barbara Simard	19	Jim Scampolino	27
Cheryl Carroll	4	Frank Condo	11	Nancy Letalien	20	Judy Zhitomi	28
Peggy Taylor	5	Christine Nelson	11	Alberto Mimo	20	Carol Delagrange	28
Elizabeth Lubin	5	Nancy Weidemeir	12	James Rosa	20	Sandra Natale	28
Kevin Gillen	5	William Paznokas	12	Lee Maccoux	20	MaryEllen Lauria	28
Edward Wilcox	5	Kimberly Palmerie	12	Helen Colucci	21	Gail Gunnoud	28
Eugenia Luzio	5	Lynn Graveline	12	Robert Roguz	21	Cecilia Baranowski	28
Frank Longo	5	Ted Lichaj	12	David Carcaus	21	Katherine Grussi	28
Angela Roberge	6	Janice San Angelo	13	Catherine Shambor	21	Linda Tortorelli	29
Susan Wiedl	6	Delores Rado	13	Barbara Planker	21	Donna Bisailon	29
Ilene Waxman	6	Clarice Bassett	13	Laurie Rogers	21	Sophie Koczynski	29
Virgina Millo	6	Gloria Gallo Jr.	13	Kathy Sokolnicki	22	John Riley	29
Liberta D'Antonio	7	Jo Capobianco	14	Joy Peragallo	22	Sandra Dery	29
William Hardwicke	7	Lee Ruey	14	Deborah Andreucci	22	Christine Spak	29
Angela Sandore	7	Randy Herdman	14	Diane Gorman	22	Diane Rajkowski	29
William Hardwicke	7	Laurel Rek	14	Mary Connolly	22	Peggy Martin	30
Alice Caro	7	Denise Conlon	14	James Wooding	22	Pat Spino	30
Anita Gregorski	8	Sharon Bailey	14	Richard Palladino	22	Judith Taylor	30
Bill Lund	8	Ralph DiMasso	14	Maryellen Hujdic	22	Gloria Clarke	30
Frank J. Esposito	8	Theodore Arotsky	15	Mary Jackman	23	Don DeCarlo	30
Judy Granfield	9	Nan Arotsky	15	Paul Demaida	23	Terri Evangeliste	30
Gerri Celone	9	Gail Gray	15	Robert Farm	23	Denyse Palinkas	31
Carol Cole	9	Carolyn Rivard	15	Diane Walsh	23	Marie Anctil	31
Adrienne Johnson	9	Lori Pleines	15	Margaret Kawecki	23		



**REGULAR**

**May 2026**

**ACTIVITIES**



**SETBACK CARD  
PLAYER'S GROUPS**

Setback  
downstairs  
on Tuesdays  
at 12:30pm

Setback  
at the **Community Center**  
on Tuesdays  
at 1:00pm

**COME JOIN IN THE FUN**  
For info call  
Gloria Guerrero  
at  
203-758-6707

**Texas Hold'em**

*Mondays at 9:30am*



**Canasta  
With  
Bonnie Veillette**

*Wednesdays 1pm*

**Cooking with Lori**

**Wednesday May 27th @  
11:00am**

**CARD  
BINGO**



with Shirley  
Beale  
and Barbara  
Derouin

*Tuesday 1pm  
May 19th  
Cost \$2*

**"DIME BINGO"**  
Lorraine Thibodeau

*May 14th*

You get two Bingo cards for ten cents. You can play as many cards as you would like.

For each two cards that you are playing, you have to contribute ten cents for each Bingo game that is played. The prizes for each game will be the dimes that are collected.

There will be a \$1 charge to help in covering the cost of a coffee and dessert break at 2pm.

If you are interested in joining in on the fun, please call the Senior Center to register.

**Cost \$1**

**LORI'S  
CRAFT PROJECT**

**No Craft Class in May**



**Chinese & American  
Mah Jong**

with Barbara Duigan

**Every skill level welcome!  
Thursdays 1pm**

**PINOCHLE GROUP**

*Fridays*

*9:30am - 11:30am*

@ **Community Center**

Call **Bonnie Jones**

for details

**203-758-0886**



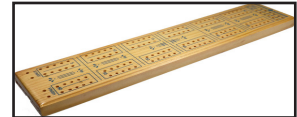
**Cribbage Card Game**

*Mondays 1:15pm*

*in big room*

Call

**Don Ensero**



**203-575-1511**

**BLOOD PRESSURE  
SCREENING**

**WEDNESDAYS**

*12:30am - 1:30pm*

*1st, 2nd and 4th Wednesday  
with Chesprocott Health Disrt-  
ict*



**Poker Club**

with

**Allen Thibodeau**

**Tuesdays**

**9:30am - 12:15pm**



**REGULAR**

**May 2026**

**ACTIVITIES**



**Senior Balance Class**  
with  
**Brenda Martin**  
10am - 11am

**Every Monday**  
No Sign-up necessary  
Just drop in

Cost \$18 for 6 weeks



**Senior Weight Strengthening Class**

**Fridays 9:30am**



**Line Dancing Classes**  
with Teachers:  
**Barbara & Rita**

**Wednesdays 1:30pm**

The classes are geared specifically toward seniors.

The classes are fun and great exercise too!

Cost \$20 for 10 weeks



**RUMMIKUB**  
WITH **BILL THIBODEAU & LYNN NOAKES**  
**WEDNESDAYS AT 1:00PM**



**Senior Exercise Class**  
Free  
**Mondays & Thursdays**  
9:15am



**CHAIR YOGA**  
6 Week Sessions

**Monday June 22nd @ 1:30pm**

**Friday June 12th @ 1:30pm**

Cost \$20 for 6 weeks

No class on April 10th



**Gold**

**taught by Cookie**

**Thursdays 11:00am**

Cost \$24 for 6 weeks



**Billiards**

**Monday thru Friday**  
9am - 4pm

Ladies are welcome and encouraged to join in the fun!



**Senior Fitness Program**  
with **Susan**

**Tuesdays 9:15am**

Bring weights, small ball & exercise band

Cost \$24 for 6 weeks



**MAT YOGA**  
6 Week Sessions

**Monday June 22nd**  
**@ 12:00pm**

Upstairs in big room

Cost \$20 for 6 weeks



**Wii Bowling**

**Mondays & Wednesdays @10am**

**More bowlers needed!**

Call **Mary Henao**  
203-757-9190

**CRL Dice Game**



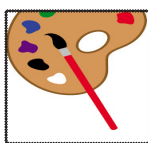
Hosted by  
**Leslie Kingston**

**Monday**  
**May 18th**  
**@ 1:15pm**

Cost \$2  
Please bring dimes...

**REGULAR**

May 2026

**ACTIVITIES****Card Making  
101**WITH  
Cindy, & EdwinaFRIDAYS 10am-3pm  
(CLASS FULL)  
COST \$2**Art Classes  
with Dory**Tuesdays  
10:00am to noonNext 8 week session starts  
June 2nd (experience required)

Cost \$40 for 8 weeks

NEW CLASS.....

INTERMEDIATE ITALIAN CLASS

CLASS BEGINS  
May 28, 2026 @ 9:30am

\$20/6 WEEKS

INSTRUCTOR: JOE GUARINO

**ANYONE LOOKING TO  
LEARN TO PLAY PINOCHLE  
OR REFRESH YOUR SKILLS****PINOCHLE MEETS EVERY  
FRIDAY @ 9:00AM  
AT THE COMMUNITY CENTER.****THEY PLAY SINGLE DECK &  
DOUBLE DECK.****PLEASE STOP BY  
THE COMMUNITY CENTER  
ON FRIDAY AT 9:00AM AND  
SEE BONNIE & MIKE JONES.**

.....

**TAI CHI CLASS  
WITH MATT DEMPSEY  
THURSDAYS @ 10:30AM  
COST: \$24  
FOR 6 WEEKS**

.....

**Piano Lessons**

Taught by Joe Guarino



These classes are for students who have previously taken lessons with Joe. Once you sign up and PAY, Joe will let you know the class for which you are best suited.

**Elementary Class**

(need some basic knowledge of playing the piano - this is not an absolute beginners piano class)

Wednesdays

June 10th

11:30am to 12:30pm

Cost \$25 for 6 weeks

**Fundamental Class**

(need 1 year of previous piano instructions)

Wednesdays

June 10th

9:30am - 10:30am

Cost \$25 for 6 weeks

**Intermediate Class**

(need 2 years of previous piano instructions)

Wednesdays

June 10th

10:30am to 11:30pm

Cost \$25 for 6 weeks

**Advanced Class**

Thursdays

June 18th

12:30pm-1:30pm

Cost \$25 for 6 weeks

**Beginner's II  
Piano Class**

(No previous experience necessary)

Last chance to take an  
Absolute Beginner's  
Piano Class.

Thursdays starting

June 18th

1:30pm to 2:30pm

Cost \$25 for 6 weeks

**Bible Study**with  
Georgia Smolkis

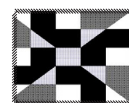
Fridays 9:30am

At the Community Center  
No sign ups necessary  
Just drop in**Speaking Italian  
with Friends**with  
Joe Guarino

Thursdays at 10:30am

Class starts  
May 28th

Cost \$20 for 6 weeks

**The Happy  
Hookers**A knitting &  
Crocheting  
GroupWednesdays  
11:30am to 3:00pm  
Everyone is WelcomeMEET AT  
Community CenterPlease bring all yarn  
donations to the  
Recreation Center
**Quilter's Group**  
Tuesdays  
1pm - 3pm  
Please Join US!

**REGULAR**

**May 2026**

**ACTIVITIES**

**Private Reflexology Sessions with**

**Kim Stewart, NSCR**  
Mondays Start at 9am

Monday May 11th @ 9:00am  
Monday May 20th @ 2:00pm

\$20 .... 15 minute session  
\$35.....30 minute session

(Appointments are necessary)

Kim Stewart will be at the Senior Center to give private reflexology therapy sessions to our seniors.



**REFLEXOLOGY**

A scientific art based on the principle that there are reflex areas in the feet and the hands which correspond to all parts of the body including organs and glands. The physical act of applying pressure to these

areas can result in stress reduction which causes a physiological change in the body.

**CONDITIONS WHERE IT**

**MIGHT BE HELPFUL:** High blood pressure - Diabetes - Migraine headaches - Arthritis - Backache - Sciatica - Constipation - Insomnia

Please call the senior center to schedule an appointment.

Only one appointment per person per month

**MOTOWN MONDAYS @ 11:00am**

**\$24 for 6 weeks**

**Mohegan Sun Casino**

**May 28th**



**Canasta**

with Bonnie  
on Wednesdays  
at 1:00pm

**Bridge Hall**

with Linda Favale  
Monday  
at 9:30am



**Weekly Bingo on Fridays \$2 at 1:00pm**



**Mexican Train Dominos**

**May 14th @ May 28th**



**Origami Class with Ah Omi Yip**

**April 9th and April 23rd \$5 per class**

**BREAKFAST AT THE SENIOR CENTER THURSDAY, May 28, 2026 \$4.00**

**We will have breakfast at the Senior Center on Thursday, May 28, 2026 at 9:00am.**

**The cost of the breakfast is \$4.00.**

**Our menu will consist of meat & vegetable egg bake, home fries, fruit, juice, coffee or tea.**

**If you are interested in joining us, please sign up and PAY as soon as possible.**

**REGULAR****May 2026****ACTIVITIES**

**PLEASE NOTE:  
PROPER FOOTWEAR IS REQUIRED FOR ALL  
EXERCISE CLASSES THAT REQUIRE FOOT-  
WEAR. NO SANDALS/FLIP FLOPS OR OPEN  
TOED SHOES ARE ALLOWED.  
THANK YOU.**

**NEXT 6 WEEK SESSION  
OF EXERCISE PROGRAMS:**

- BALANCE - (UPSTAIRS)**  
MONDAYS: 4/13, 4/20, 4/27,  
5/4, 5/11, 5/18,  
6/1, 6/8, 6/15,  
6/22, 6/29, 7/6
- MOTOWN MONDAY - (UPSTAIRS)**  
MONDAYS: 4/6, 4/13, 4/20,  
4/27, 5/4, 5/11
- MOTOWN CARDIO & STRENGTH  
(DOWNSTAIRS)**  
THURSDAYS: 5/21, 5/28, 6/4,  
6/11, 6/18, 6/25
- SENIOR EXERCISE - (UPSTAIRS)**  
TUESDAYS: 4/7, 4/14, 4/21,  
4/28, 5/5, 5/12,  
5/19, 5/26, 6/2,  
6/9, 6/16, 6/23
- ZUMBA - (UPSTAIRS)**  
THURSDAYS: 5/7, 5/14, 5/21,  
5/28, 6/4, 6/11
- CHAIR YOGA - (DOWNSTAIRS)**  
MONDAYS: 5/4, 5/11, 5/18,  
6/1, 6/8, 6/15  
FRIDAYS: 5/1, 5/8, 5/15,  
5/22, 5/29, 6/5
- MAT YOGA - (UPSTAIRS)**  
MONDAYS: 5/4, 5/11, 5/18,  
6/1, 6/8, 6/15
- TAI - CHI - (UPSTAIRS)**  
THURSDAY: 4/23, 4/30, 5/7,  
5/14, 5/21, 5/28
- PILATES - (DOWNSTAIRS)**  
THURSDAYS: 4/23, 4/30, 5/7,  
5/14, 5/21, 5/28

**INTERMEDIATE ITALIAN CLASS**  
4/16, 4/23, 4/30, 5/7, 5/14, 5/21

**ADVANCED ITALIAN CLASS**  
4/16, 4/23, 4/30, 5/7, 5/14, 5/21

**FUNDAMENTAL PIANO CLASS**  
4/29, 5/6, 5/13, 5/20, 5/27, 6/3

**INTERMEDIATE PIANO CLASS**  
4/29, 5/6, 5/13, 5/20, 5/27, 6/3

**ELEMENTARY PIANO CLASS**  
4/29, 5/6, 5/13, 5/20, 5/27, 6/3

**BEGINNER PIANO CLASS**  
5/7, 5/14, 5/21, 5/28, 6/4, 6/11

**ADVANCED PIANO CLASS**  
5/7, 5/14, 5/21, 5/28, 6/4, 6/11

**DORY'S ART CLASS**  
4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 5/26



**News From  
The Bocce  
Court**



As of this writing, there has been 3 weeks of "Spring" bocce. Yes, Spring is in quotes because there was one week with freezing cold Winter weather with a little rain and a little sleet causing players to wear winter jackets, scarves, gloves, hats; then there was one week with Summer weather with players needing sun hats, sunglasses, sunscreen; the third week it felt like late Fall with players wearing sweaters, jackets, or long sleeves. Maybe Spring will come on a Tuesday soon.

In spite of the weather everyone played. Nothing keeps seniors off the courts!

It is still \$15.00 for the season, payable by check only. New players are always welcome. If teams are full, subs are needed.

Games are played on Tuesdays at 10 a.m., 11 a.m., and 12 p.m. Bocce = fun, laughs, friends!

If you have any questions, feel free to contact us.

Barb Beloin (203) 528-3144  
Mary Damulis (203) 723-8643

**CHESS GROUP**  
**Intermediate players needed  
to start a Chess Group  
at the Prospect Senior Center.  
Bring your own board. Planning to  
start in 2026  
on Wednesdays @ 9:30am.  
If interested, please sign up.**

## LADIES IN RED



"We are family,  
I've got all my sisters with me..."

On the afternoon of April 4th, "Ladies in Red" Joan Murphy, Ellen Freeman and Leslie Chudoba attended "Fling into Spring," a Red Hat gala put on by the Royal Scarlet Gadabouts and held at the Hilton Garden Inn in South Windsor. At the event, our ladies had the pleasure of meeting Ambassador Grand Queen Maelène Williams and her entourage and had the opportunity to socialize with Red Hatters from other chapters. It was truly an afternoon of Red Hat sisterhood!

Sadly, our April 19th trip to the annual Cherry Blossom Festival in Wooster Square had to be cancelled due to both lack of response and inhospitable weather conditions. This was our second attempt to visit the Cherry Blossom Festival. Hopefully, there will be red hats in attendance at next year's event!

As of this writing, Prospect's "Ladies in Red" look forward to what will be our fourth progressive dinner in Wooster Square, New Haven's "Little Italy" on Thursday, April 30th. This time, by popular demand, we will be enjoying our appetizers at Pasta Eataliana Trattoria Napoletana, a modern, upscale Italian bistro. Next, we'll stroll over to Gioia, an Italian market, for a quick bit of shopping. We'll then head down the street for entrees at Tre Scalini, an award-winning, old school ristorante that has been serving exceptional cuisine on Wooster Street since 1999. Our final stop of the evening will be at Libby's Italian Pastry, a neighborhood bakery that has been owned and operated for four generations by the same family.

Friday, May 8th is the date for "A North Shore Ramble," a "Neil at the Wheel" trip on which we'll visit several towns on Boston's North Shore. Our first stop will be at Russell Orchards in Ipswich, a working farm and orchard with a bakery and farmer's market, a winery and a cider mill and farm animals. We'll then travel through Essex and the seaside town of Gloucester. We'll spend the rest of the day at Bearskin Neck in the picturesque oceanfront town of Rockport. Bearskin Neck is famous for its spectacular ocean views, quaint shops, the Rockport Art Museum, numerous galleries and the often-painted "Motif Number One." Located at the tip of Cape Ann, it is home to many seafood eateries, one of best of which is Ray Moore's Lobster Pound, a tiny fish market with a spattering of picnic tables on a back deck overlooking the ocean. This eatery has chowder, shrimp cocktail, oysters and lobsters right off the boat, all at very reasonable prices. In Rockport, we'll have ample free time to shop, eat and visit the galleries and the Museum. The cost of this trip is \$79 and, as of this writing, there are still seats available. Contact me or Neil if you are interested in joining us on this fun adventure.

Wednesday, May 13th will be a very special day for the "Ladies in Red" when we charter the magnificent schooner "Argia" for a private, two-hour cruise on the waters of Long Island Sound. Aboard the two-masted, gaff topsail vessel, we'll be sailing along scenic coastlines and past historic lighthouses and storied islands. To add to the fun, we are encouraged to bring along snacks and beer or wine but hard liquor is prohibited.

After the cruise, we'll stop for an al fresco lunch at the nearby Sea View Snack Bar which serves a variety of favorite summertime food – chowders, hot and cold lobster rolls, deep-fried seafood, hamburgers, hot dogs and more. For dessert, there is an ice cream stand on the premises. Members of the Prospect Senior Center have visited the Sea View on many previous occasions and have enjoyed the delicious food, quick service, casual atmosphere and picturesque, waterfront views.

All members of the Senior Center are invited to join us for this extraordinary day of sunshine, sailing and summertime fun. Non-members are also welcome but must provide their own transportation to and from Mystic. The cost of this memorable excursion is \$59, discounted to \$54 for Red Hatters. May 7th is the deadline for signing up for this trip.

On Friday, May 15th, the "Ladies in Red" will have the privilege of attending yet another performance by the always entertaining Piedmont Players at the Hopeville Church in nearby Waterbury. The evening's presentation will "The Butler Did It," a murder mystery by Todd Wallinger in which the butler is wrongly suspected of killing a dinner guest and must discover the real culprit to prove his innocence. The evening's menu will include appetizers, salad, chicken and/or Salisbury steak and dessert. As always, the food will be homemade and delicious! For this trip, we will be departing the Senior Center at 5:00 PM. The cost is \$30.

Two days later, On Sunday, May 17th, the "Ladies in Red" will have the opportunity to attend yet another theatrical production when we travel to Branford for a matinee performance of "Nunsense" at the Legacy Theatre. Waterbury's own Semina DeLaurentis will be performing as Sister Mary Annesia in this hilarious musical, in which the Little Sisters of Hoboken stage a fundraiser to raise money to bury sisters accidentally poisoned by the convent cook, Sister Julia, Child of God.

After the performance, we will be enjoying dinner at Guilford's "The Place," an unusual outdoor dining venue at which patrons sit on tree stumps and all food is prepared over a crackling wood fire. As the restaurant is BYOB and also BYO salads and desserts, prior to dinner we'll be making a brief stop at Bishop Farms to purchase salads, pastries and wine to accompany our meal.

For this delightful Sunday afternoon excursion, we'll be departing the Senior Center at 12:30 PM. Unfortunately, the deadline for signing up for "Nunsense" has already passed but, if you are interested in going, please let the Senior Center know so that you can be notified in the event of a cancellation.

On Wednesday, June 17th, "Ladies in Red" will begin the first official month of summer with a 1 ½ hour long, chartered, sunset cruise along the Connecticut River aboard the "Slipaway." The "Slipaway" is a 30 foot, Coast Guard inspected, pontoon boat powered by twin outboard engines. The ADA compliant vessel has a ramp for easy boarding and is wheelchair accessible. The ride is typically smooth and stable. Water and snacks will be available for purchase onboard but we are welcome to bring along, our own refreshments, including wine and beer, on our private cruise.

Prior to the cruise, we'll be appropriately stopping at "River," in Wethersfield for Happy Hour. "River" is a gorgeous, upscale waterfront restaurant and bar which overlooks the Connecticut River and provides spectacular scenic views. With both indoor seating and al fresco dining on their infrared-heated deck, it has been the recipient of numerous awards including the Best of Hartford "Best Outdoor Dining" award. During Happy Hour, it offers \$8 special drinks, \$7 wine, \$5-\$6 beer and a \$23 "Adult Happy Meal" that includes an entrée, an alcoholic beverage and a "River" scratch off ticket offering restaurant prizes. The regular dinner menu is also available.

For this enjoyable evening excursion, we'll be leaving the Senior Center at 3:30 PM and will be arriving at "River" by 4:15 PM, in time to order from the Happy Hour menu. Our cruise is tentatively scheduled for 6:45 PM but Captain Bill may be altering the departure time to coincide with sunset. The cost is \$27, which covers the cruise only. Please sign-up as soon as possible as my deadline for paying for the cruise is May 17th.

Continued on next page

## LADIES IN RED (continued)

Friday, June 19th is the day of the "Neil at the Wheel" trip to the annual Newport Flower Show at Rosecliff Mansion. After enjoying the Flower Show, we'll have time at Bowen's Wharf for a late lunch and shopping before heading back to Connecticut. The cost of the trip is \$115, which includes transportation and admission to the Flower Show. This trip is currently wait-listed.

The evening of Tuesday, June 30th will be a night of "Sea Shanties and Sails" when the "Ladies in Red" return to the Connecticut River Museum in the village of Essex for an outdoor concert by "My Druthers," a New England musical duo well-known for their spirited renditions of rebel songs of Ireland and maritime music. After the concert on the Museum's expansive waterfront lawn, we'll have the opportunity to continue the fun when, with "My Druthers" onboard, we set sail aboard the "Onrust," the Museum's historical replica of the vessel built by Adriaen Block of Block Island fame in 1614. You are welcome grab a snack at the tavern at "the Gris" before the concert of to bring a picnic basket. For this trip, we'll be departing the Senior Center at 3:30 PM. The cost is \$25. Please sign-up and pay for this trip as soon as possible as seating on "The Onrust" is limited and tickets are selling fast due to the popularity of the band. I cannot guarantee seating for late sign-ups.

On the weekend of July 11-12, Neil and I are tentatively planning "Neil at the Wheel" trips to the annual Our Lady of Mount Carmel Feast in the Williamsburg section of Brooklyn, New York and to the Wickford Arts Festival in Rhode Island. The OLMC trip will include a pastry and espresso stop before the feast and a pizza stop afterwards. The Wickford trip will include, in addition to the Arts Festival, will include a lunch stop at the Famous "Aunt Carrie's" in Narragansett and free time for shopping in Wickford. Look for more details in the June newsletter.

On Sunday, July 26th, the "Ladies in Red" will once again be attending the "International Sea Glass Festival" at the Mystic Seaport Museum. The festival, organized by the International Sea Glass Association which was founded in 2005, is the premier sea and beach glass event in the country; it celebrates the history and beauty of genuine sea and beach glass and features the creations of more than fifty talented artists and artisans from all over the country. The festival is a wonderful shopping opportunity! Look for more details on this trip in my June newsletter article.

Although the "Ladies in Red" are part of the Prospect Senior Center, we, at times, "march to a different beat." "With a little help from our friends," we Red Hatters offer a myriad of activities that are specifically toward fun-loving women "of a certain age." To the past and current "Ladies in Red," I say "Thank you for being a friend" and, when planning your summer calendars "Don't forget about me." To all of the women of PSC who might be experiencing difficulty planning their summer fun, I say "Lean on me" and join the "Ladies in Red" for a year of fun, friendship and fantastic activities. Our yearly dues are \$25 and updated sign-up sheets are now available at the Senior Center front desk. As always, for more information, I can be contacted by telephone at 203-503-7427 or my email at lchesinas2013@yahoo.com.

With apologies to Sister Sledge, the Beatles, Joe Cocker, Simple Minds and Bill Withers and warm wishes for a wonderful spring and summer to all,

Lynn



### The "Bookwormers" Prospect Senior Center Book Club

The Book Club meets the first Thursday of every month at 10:00 a.m. This club is open to all who love to read. New members are always welcome. There is always something new to learn even if a member didn't read the current book.

On May 7th we will discuss "The Borrowed Life of Frederick Fife" by Anna Johnston. This is a heartwarming debut novel about a lonely, impoverished elderly man who is mistaken for a missing resident at a nursing home and decides to "borrow" the man's life, leading to unexpected connections, forgiveness, and second chances for himself and others. The story follows Fred as he navigates life as Bernard Greer, bringing joy to the facility while trying to mend Bernard's broken relationships, particularly with his estranged daughter, and finding a new sense of purpose and family.

This book explores themes of aging, loneliness, grief, forgiveness, redemption, found family, and the power of kindness. It is described as a funny, clever, and heartwarming story with a bittersweet and hopeful tone, often compared to books by Fredrick Backman and Shelby Van Pelt.

Anna Johnston is an Australian author who previously worked in aged care, which inspired her writing.

The book chosen for June 4th is "The Frozen River" by Ariel Lawhon. Clever, layered, and subversive, Ariel Lawhon's newest offering introduces an unsung heroine who refused to accept anything less than justice at a time when women were considered best seen and not heard. The Frozen River is a thrilling, tense, and tender story about a remarkable woman who left an unparalleled legacy yet remains nearly forgotten to this day. This historical fiction novel was inspired by the life of Martha Ballard, a renowned 18th-century midwife who defied the legal system and wrote herself into history.

"I cannot live without books." -  
Thomas Jefferson

If you have any questions,  
please contact me at (203) 723-8643

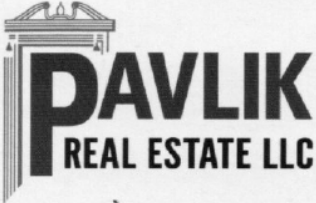
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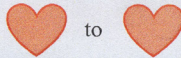
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The mission of the HOPE ministry is to carry out our gospel call to enhance the quality of life and self-sufficiency of those in our community in need of financial and social services. It will provide monetary assistance for basic living expenses, referrals, education, practical assistance and spiritual guidance to strengthen and support individuals in need of assistance by fostering independence and personal responsibility with respect, com and accountability.

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### **BLOOD PRESSURE SCREENINGS**

Chesprocott Health District will be at the Prospect Senior Center on the First, Second and Fourth Wednesdays of each month (starting in July) to do Blood Pressure Screenings from 11:30am – 1:30pm. The nurse will be located in the office near the elevator. Appointments are not necessary.

We would like to thank Diane Morotto of Hartford Healthcare for her many years (14+) of service doing Blood Pressure Screenings at the Senior Center. She will be missed by all.

### **St. Anthony's Church Offers Communion Services to the Homebound**

If you would like to receive the sacrament of Communion and are unable to attend Mass due to illness or being homebound, Communion can be brought to you by a Eucharistic Minister from St. Anthony's Church in Prospect.

Please contact the Parish Center at 203-758-4056 and visitation can be arranged.

### **New Haven**

#### **Legal Assistance Association, Inc.**

New Haven Legal Assistance Association, Inc. (LAA) is a nonprofit organization that was incorporated on April 7, 1964 to "secure justice for and to protect the rights of those residents of New Haven County unable to engage legal counsel." LAA was one of the first legal services programs established and the federal government used it as a model for similar programs throughout the country.

They provide high-quality legal services to individuals and groups unable to obtain legal services because of limited income, age, disability, discrimination and other barriers.

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### **New Opportunities, Inc. Meals on Wheels Program**

Please be advised that Western Connecticut Area Agency on Aging will no longer handle Meals on Wheels registrations. If you live in Central Naugatuck Valley (Bethlehem, Thomaston, Woodbury, Southbury, Middlebury, Beacon Falls, Naugatuck, Prospect, Cheshire, Wolcott, Watertown or Waterbury), New Opportunities, Inc. will register you directly.

You must be 60 years of age and considered home bound to qualify. Prioritization of meals are given to clients with greatest economic and social needs. To register please call 203-757-4280 Monday - Friday between 9:00 AM and 1:00PM

## May 2026

### BOOKS IN OUR LIBRARY

There are book shelves downstairs. You can leave **ONLY** books, newer magazines, calendars, puzzles, and greeting cards. These are available for anyone to take. If you cannot walk downstairs, talk to someone in the office about leaving the above items.

Please do not leave children's books, DVD's, CD's, old yellowed or mildewed books, old magazines, boxes or bags of books, or any other miscellaneous items. Thank you for cooperating and keeping these shelves neat.

**IF THE CABINETS ARE FULL WITH PUZZLES OR THE SHELVES ARE FULL WITH BOOKS, PLEASE DO NOT PUT ON THE VERY TOP OF THE BOOKCASES. TOO HIGH FOR MANY TO REACH.**

The book shelves are organized by members of the Book Club.

If you have children's books or more than a few books, the Community Center book store will accept up to 2 bags of books (no more at one time). They are open on Tuesdays 10:30 until 1:30 and on Thursdays 1:00 p.m. to 4:00 p.m.

You can call the Prospect library at 203-758-3001 to check if there are any changes to the hours.

### Connecticut Home Care Program for Elders

The State of Connecticut wants to give you an opportunity to stay home instead of going to a nursing home. That is the purpose of a home care program for persons 65-years of age and older. The program is called the Connecticut Home Care Program for Elders. To see if you qualify for any of the services from this program, please call the Western Connecticut Area Agency on Aging at 203-757-5449 for further information.

### Get Your Medicare Questions Answered!

The Western Connecticut Area Agency on Aging provides FREE UNBIASED information on Medicare, and the options that supplement Medicare.

The WCAAA can answer questions that you may have on Medicare, Medicare the Prescription Drug Benefit, Medicaid, Preventative Benefits, Care giving issues and more. The WCAAA can assist in filling out applications for different programs you may be eligible.

For more information please call the Western Connecticut Area agency on Aging at 1-800-994-9422 or 203-757-5449.

### RUMMIKUB

If you are interested in joining the Rummikub group, please sign up at the Senior Center. We are hoping to have a group play on Wednesdays @ 1:00pm. If you have never played, we will teach you.

This is the fascinating story of the Rummikub game, whose conception is obscured in the past, over 70 years ago.

Mr. Ephraim Hertzano originally made his living selling toothbrushes and other plastic accessories as well as cosmetics. The game started as a brilliant idea that had occurred to Mr. Hertzano, living in Romania, when card-playing was outlawed under the Communist regime. Mr. Hertzano envisioned playing a game that would use small tiles instead of cards to play, a game that could be played by young and old alike, and that had no ties to any language or religion. He wanted to create a game that would bring people together and one day change the world's leisure time. He called it Rummikub. Accompanied with a vision just as bright and as grand as the initial idea, it became an overnight hit. The Hertzano family moved to Israel in the 1940's after World War II, continuing the development on Rummikub in the backyard of his house in Bat Yam, and eventually became a professional game developer after publishing it to the market

### FRAUDS, SCAMS, DECEITS!

Beware of any calls where the word "Medicare" is spoken. Medicare, Social Security and the Internal Revenue Service (IRS) NEVER call you to get your personal information without first informing you by letter. Please do not become a victim of an "Imposter Scam". If someone calls and attempts to collect your personal information claiming they are from a state or federal agency ... **JUST HANG UP!**



St. Anthony Church is offering a 9-week program where individuals can share their grief stories and learn about the grieving process and its tasks for healing.

Sessions are conducted by trained facilitators, who have experienced grief in their own lives, and are able to help you move through the tasks of grief. It will not be a therapy session, but an opportunity to share with others who have experienced losses themselves. All denominations are welcome.

The sessions begin Wednesday, March 25, 2026 from 6:30 to 8:30 pm. There is no cost for the program.

Books in the group are generously donated by Prospect Memorial/The Palmerie Family Funeral Home.

Registration is needed, as space is limited. For information, call Charlotte Scaviola 203-758-5711, Jill Blewitt 203-758-5599, or Carrie Sturdevant 203-768-5334.

### What does Medicare cover?

#### Find out with the new Medicare app!

Do you ever wonder if something is covered by Medicare? There's now an app for that! The "What's Covered" app is designed to help Medicare beneficiaries directly access some of the most-used content on Medicare.gov.

The free app lets traditional Medicare beneficiaries quickly see if Medicare covers a specific medical item or service. Download it from Apple's App Store or Google Play for Android devices.

## May 2026

### Scrap Material Wanted...

Our quilting ladies are looking for any leftover scrap material that you may have hanging around from any past sewing projects. If the material is in good condition and you would like to see it go to good use, please consider donating it to the Senior Center.

Our quilters make several quilting projects each time we have a holiday party. They would use any of your donations for these projects which benefit the Senior Center and its members. The material would also be used for other projects that our quilting group works on.

If you have any material you would like to get rid of, please bring it to the Senior Center. We would certainly appreciate it!

### TABS FOR TOTS...

Shriners Hospitals for Children in Springfield and Boston have been collecting pull-tabs or "pop-tops" from beverage cans since 1989, recycling them, and putting the money toward programs that directly benefit children.

Since its inception, about a half-million pounds of aluminum tabs have been collected and recycled. The tabs are the only pure aluminum part of the can, and the cans may still be returned for deposit even after the tabs are removed.

Here are just some of the items that the Shriners Hospital has purchased over the years:

- A Baxter Infusion Pump used to dispense pain medication.
- Arthrometer used to measure the degree of instability in the knee.
- Bullard Laryngoscope used by an anesthesiologist to place a breathing tube in a patient who has a complex airway.
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### About Shriners Hospitals...

The Shriners Hospitals for Children operates 18-hospitals throughout the United States, Montreal, Canada, Mexico City and Mexico, for children with orthopedic problems and burns. Shriners Hospitals for Children are open to all children up to their 18th. birthday. **All medical treatment is administered without cost to the patient, their family or any third party.**

Collect and bring in your aluminum beverage can tabs to the Prospect Senior Center and help a child at the Shriners Hospitals for Children receive the services that they require. We will see to it that the tabs get to the proper people in charge of this worthy cause.

### HOW TO GET AN ARRAYRX CARD

>> To receive a prescription drug discount card, state residents must apply at [ArrayRxcad.com](http://ArrayRxcad.com). A valid physical Connecticut address and email address are required to enroll. The card is provided to consumers digitally via email and can be downloaded to smartphone wallets.

>> There is no cost to receive a card, and no age or income restrictions. Residents can learn more about the program, see the estimated cost for their prescriptions and find a pharmacy near them at [ArrayRxcad.com](http://ArrayRxcad.com).

**Handmade Fleece Dog Coats  
and Rain Coats.  
Keep your dog(s) warm and dry all year.  
I can make any size.  
You can also send pictures.**



### Recovering from Identity Theft

If someone stole your identity, act fast. Acting fast can help reduce the damage identity theft can cause.

#### What should I do if someone steals my identity?

First, call the companies where you know fraud happened.

- Explain that someone stole your identity.
- Ask them to close or freeze your accounts.
- Then change your password or personal identification number (PIN).

Then visit [IdentityTheft.gov](http://IdentityTheft.gov) or call 1-877-438-4338.

- Answer questions about what happened to you.
- Get a recovery plan that's just for you.
- You can create an account on the website.
  - > The account helps you with recovery steps.
  - > The account also helps you tracks your progress.

#### What happens when I get my recovery plan?

You will want to call one of the credit bureaus. Ask the credit bureau for an initial fraud alert. It is free and lasts for 90 days. The fraud alert makes it harder for thieves to open accounts in your name. That credit bureau has to tell the other two.

Then you can ask all three credit bureaus for a credit report. If someone stole your identity, your credit report is free. Look at your credit report for things you do not recognize.

#### Then am I done?

Everybody's identity theft is different. But your recovery plan from [IdentityTheft.gov](http://IdentityTheft.gov) will:

- Tell you the steps to take next.
- Tell you where to call, and give you the phone numbers.
- Give you letters to send with your information filled in.
- Give you reminders and help you track your progress.

May 2026



**PROSPECT HISTORICAL SOCIETY**

Let's celebrate the Town of Prospect's history.  
Please purchase a commemorative ornament  
showing the Town Seal.

- 80 Years Prospect Historical Society – 2025
- 80 Years Prospect Fire Dept – 2025
- 250 Years United States of America – 2026
- 200 Years Town of Prospect - 2027

**AVAILABLE NOW!**  
\$15.00 PER ORNAMENT  
CALL 203 758 5503 OR 203 758 5746



American Heart Association.

**STROKE WARNING SIGNS**

Stroke is the No. 5 cause of death and a leading cause of disability in the U.S. Stroke can happen to anyone — any age, any time — and everyone needs to know the warning signs. Calling 911 lets first responders start treatment on someone experiencing stroke symptoms before arriving at the hospital.

Use the letters in **F.A.S.T** to spot a Stroke:

- F** = Face Drooping
- A** = Arm Weakness
- S** = Speech Difficulty
- T** = Time to call 911

**Beyond F.A.S.T. – other symptoms you should know:**

- Sudden **NUMBNESS** or weakness of face, arm, or leg, especially on one side of the body
- Sudden **CONFUSION**, trouble speaking or understanding speech
- Sudden **TROUBLE SEEING** in one or both eyes
- Sudden **TROUBLE WALKING**, dizziness, loss of balance or coordination
- Sudden **SEVERE HEADACHE** with no known cause

© 2024 American Heart Association - Also known as Heart Fund.  
RECYCLABLE R-25-I-EDU

**CASH FOR CHARITIES AT**



**HELP OUR SCHOOL EARN .5 % WHILE YOU SHOP**

**IT'S PRETTY SIMPLE!**

- 1.) SHOP AT ANY LABONNE'S LOCATION
- 2.) SAVE YOUR RECEIPTS
- 3.) SEND THEM IN WITH YOUR CHILD OR MAIL TO THE ADDRESS BELOW

PES PTO  
Atten: Karina  
75 New Haven Rd  
Prospect, CT 06712

- 4.) SPREAD THE WORD! ANYONE CAN CONTRIBUTE (GRANDPARANTS, AUNTS, UNCLES, COUSINS)

**We appreciate your support!**



American Heart Association.

**HEART ATTACK WARNING SIGNS**

Some heart attacks are sudden and intense, but most of them start slowly, with mild pain or discomfort. Here are signs that can mean a heart attack is happening:

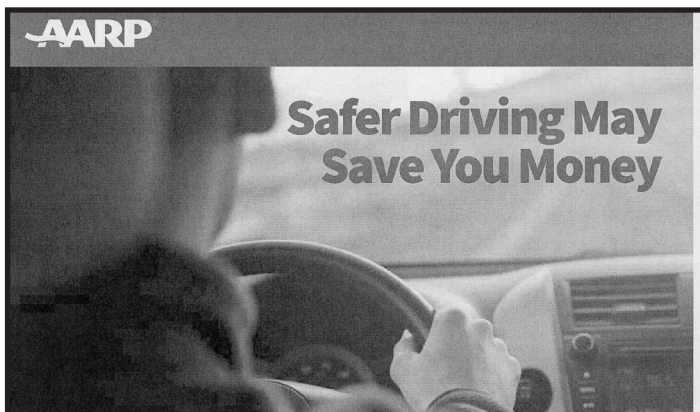
- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** This feeling often comes along with chest discomfort. But it can also occur without chest discomfort.
- **Other signs** may include breaking out in a cold sweat, nausea or lightheadedness.

**If you or someone you're with has one or more of these signs, call 9-1-1 immediately. Get to the hospital right away.**

If you're the one having symptoms, and you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. Don't drive yourself, unless you have absolutely no other option.

Contact your nearest  
American Heart Association office  
by calling **1-800-AHA-USA1 (1-800-242-8721)**  
or visiting [www.heart.org/hope](http://www.heart.org/hope) for more information.

# May 2026



**AARP**

**Safer Driving May Save You Money**

Take the AARP Smart Driver™ classroom course and you could save money on your auto insurance!\*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

**AARP DRIVER'S SAFETY COURSE**  
**THURSDAY, JUNE 4, 2026**  
**THURSDAY, AUGUST 6, 2026**  
**THURSDAY, OCTOBER 1, 2026**  
**THURSDAY, DECEMBER 10, 2026**  
**12:00PM – 4:00PM**

Learn ways for adjusting for aging and health related driving issues. The course teaches proven driving techniques to help keep you and your loved ones safe on the road. CT state specific included.

**\$20 for AARP members**  
**\$25 for non – AARP members**  
**Checks payable to AARP**

Class will be held from 12:00pm – 4:00pm. Please arrive 10 minutes early to complete paperwork.

To register, call the Prospect Senior Center at (203)758-5300 to hold your seat.

**FRIDAY BUFFET**  
**@ WILCOX TECH HIGH SCHOOL**  
**at Silver City Bistro!**  
**FRIDAY, JUNE 5, 2026**  
**DEPARTING @ 10:15AM \$15 (PAY AT SCHOOL)**

Bistro Chef Ryan Barnes is pleased to announce, on behalf of Wilcox Tech and his students at the Award Winning Silver City Bistro, a Friday Buffet each week to start your weekend off right! The menu will be available online: <https://wilcox.cttech.org/programs/career-technical-education/culinary-arts/>. NOTE that we will not have the buffet if there is a school-wide special event(s) on those days, I.E. Club Day, Pep Rally, ☐ day or early dismissal.

This is open to staff and the public, so reservations are recommended. As usual, we will open at 10:45 - 12:20. We need to have the dining room clear of guests by 12:30 at the latest. The buffet will cost \$15 all-inclusive\*. We will run the same format each week, changing the offerings weekly. \*All-inclusive means lunch, bread, water, coffee and 1 dessert. **Please do not ask for to-go containers to take extra food home from the buffet.**

We will be leaving at 10:15 am from the Senior Center. We should be back in Prospect by about 1:00pm.

If you are interested in joining us, please sign up as soon as possible.

**Chesprocott Health District**  
**will be at the Prospect Senior**  
**Center every Wednesday of each**  
**month (starting in January 2026)**  
**to do Blood Pressure Screenings**  
**from 12:30am – 1:30pm.**

**The nurse will be located in**  
**the office near the elevator. Ap-**  
**pointments are not necessary .**

*Join us!*

**Tuesday, May 26th**  
**1:00PM – Upstairs Hall**  
**Prospect Senior Center**



**STEPS TO SAFETY™**  
 PREVENT FIRE & FALLS AT HOME



## PRESENTATION

NFPA Steps to Safety educates older adults about home fire and fall safety through group presentations, home visits and the creating of a local resource network.

The Prospect Fire Marshal's office, Chesprocott and the American Red Cross have partnered together to present an hour long Steps to Safety presentation to assist our town's seniors with the knowledge of fire safety and the prevention of falls.

Topics such as: fire is fast, need for smoke alarms in every room, plan your escape from fire, preventing a fall and reducing the risk of injuries related to falls are just some of the topics that will be discussed.

Parking in front or back of the Senior Center, 6 Center Street, Prospect. For more information, please call the Prospect Fire Marshal's office at (203) 758-3370.



**American Red Cross**

### ATTENTION MUSICIANS

The Naugatuck Community Band is looking for new members. We are a local brass ensemble of approximately 25 members.

We practice on Thursday evenings at City Hill Middle School in Naugatuck from 7-9pm. Any musical ability is appreciated.

If interested or further information required, please contact Suzann @ 203-558-9771 or Gil

## May 2026



**Owning a pet is costly...  
BUT NOT IF YOU PARTICIPATE IN  
WHISKERS SENIOR-TO-SENIOR  
"Forever Foster Program"**

If you are a senior willing to permanently foster a senior cat (over 10) all expenses will be paid: food, veterinary care, and litter.

**ASK US FOR AN APPLICATION TODAY!**

Contact: Whiskers Pet Rescue @ (203) 586-1666  
or WhiskersPetRescue.org

**STAINED GLASS CLASSES  
WITH SARAH SEGOVIA**

**@ COMMUNITY CENTER (ART ROOM)  
10:00AM and 12:30PM \$20**

Thursday, May 4, 2026  
June 2, 2026  
August 4, 2026  
September 1, 2026  
October 5, 2026  
November 2, 2026  
December 1, 2026

**ANNUAL MOTHER'S DAY LUNCHEON  
@PROSPECT SENIOR CENTER  
FRIDAY, MAY 8, 2026  
11:30AM \$25**

Join us at the Senior Center as we celebrate Mother's Day and all our very special moms at our annual holiday luncheon. The menu for the day will be a ½ Roasted Chicken, Mashed Potatoes, Corn on the Cob, Salad and Strawberry Shortcake. After lunch we will be entertained by Boogie Boys.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Please remember that our holiday celebrations fill up quickly. Sign up early!

**The Connecticut Gay Men's Chorus  
Presents...  
"Bingomania"**

**Saturday, May 16, 2026**

**Saturday, June 20, 2026**

**Saturday, July 18, 2026**

**Saturday, August 15, 2026**

**Saturday, September 19, 2026**

**Saturday, October 17, 2026**

**Departing @ 5:00pm \$25**

The Connecticut's Gay Men Chorus hosts monthly BINGOMANIA! at the Annex Club at 554 Woodward Avenue in New Haven, just off 1-95. Doors open at 6:00pm and games begin at 7:00pm. Cash prizes are now up to \$2,500! Admission is \$25 and includes all of your game cards for the twelve regular games of BINGO. Each regular game has a cash prize of \$100 and the final regular game of the night has a cash prize of \$200. They also offer three optional Special Games. You can play a Special Game for just \$1 per sheet and each Special Game pays a 50/50 cash prize of up to \$400. You have a chance to win up to \$2,500 in Bingo prizes at these Bingomania games.

Soft drinks, cocktails, wine and beer are available beginning at 6:00pm. **Per Connecticut State Law, no beverages of any kind are to be brought into the Annex Club for Bingomania!** You can bring whatever food with you that you would like but you cannot bring in any beverages of any kind. So bring whatever "munchies" you would like to enjoy during the games and plan on buying your beverages there.

We will be meeting and leaving from the Senior Center at 5:00pm. Upon arriving at the venue, our Bingo packages will be waiting for us. We have made arrangements so that we do not have to wait in line for them. At 6:00pm the doors open and our group can go right in.

This event is a hilariously unique evening of entertainment and fun. Please come with an open mind and attitude. If you are interested in joining us for this event, please sign up and PAY your \$25 as soon as possible. We are limited to the number of people we can bring with us. Sign up and PAY early to ensure your spot on the bus.

**VETERANS COFFEE HOUSE  
WITH EDWARD PORTO  
3RD TUESDAY EACH MONTH  
APPTS STARTING @ 10:00AM**

Ed wants to establish this outreach station that would create opportunity for veterans to come in and discuss their individual claims or concerns and even assist them with filing claims or other assistance that they're seeking.

Ed will be here every 3rd Tuesday starting at 10:00am. He will be able to meet with each individual one on one. Any questions you may have, please bring them with you.

If you are interested in meeting with Ed, please sign up and specify which time slot you would like.

## May 2026

### STORMVILLE AIRPORT FLEA MARKET & ANTIQUE SHOW IN STORMVILLE, NY

**SATURDAY, MAY 23, 2026**

**SATURDAY, JULY 4, 2026**

**SATURDAY, SEPTEMBER 5, 2026**

**SATURDAY, OCTOBER 10, 2026**

**SATURDAY, NOVEMBER 7, 2026**

**DEPARTING @ 7:30AM**

**NO CHARGE**

The Stormville Airport Flea Market & Antique Show is located in the historical and scenic Hudson Valley, on a private airport. The flea market was started in 1970 with two dozen vendors. Today it is known as one of the Northeast's largest flea markets and antique shows. The success of the flea market is due to the quality merchandise, reliability and trust built between the buyers and vendors.

The flea market attracts over 600-vendors from more than eight states. Because of its great success, shoppers travel well over 100-miles, often by busload, to pursue the hunt for bargains. With an extraordinary variety of antiques and collectables, as well as a large selection of new merchandise and arts and crafts, there is sure to be something for everyone. One trip to this event and you will agree that its worth the trip from anywhere!

We will be meeting and leaving from the Senior Center at 7:30am. We should be in Stormville by 9:00am. Once there you will be on your own to hunt for bargains until 1:00pm. There are also many food vendors there where you can eat to your heart's content. At 1:00pm we will head for home. We should be back in Prospect by 2:30pm.

One piece of advice, wear comfortable shoes! There is a great deal of walking involved going from one vendor to another. Also, bring something to put all your purchases and treasures in such as a fold-up cart. A water bottle is a good idea also. We are limited to the number of people that we can bring with us. If you are interested in attending sign up as soon as possible.

### JUKEBOX BINGO WITH CHARLES OF LIVERPOOL PRODUCTIONS

**TUESDAY, MAY 5, 2026**

**TUESDAY, JULY 7, 2026**

**TUESDAY, SEPTEMBER 15, 2026**

**TUESDAY, NOVEMBER 3, 2026**

**1:00PM – 3:00PM \$5**

The Prospect Senior Center will be hosting "Jukebox Bingo" on the dates listed above. The games will run from 1:00pm – 3:00pm. We will have a short break between for coffee and dessert. Cost for this event is \$5.00.

The concept is easy. We will be playing music which is geared to the age of our Seniors. You listen to the music, find the song on your Bingo cards that are provided for you and if the song is on your card, mark it off. Hopefully, you will get enough songs marked off on your card to call BINGO! With the \$5.00 cover charge you will get two Bingo cards to play with. Additional cards may be purchased, if you would like. Coffee, dessert and BINGO prizes will be provided by the Senior Center.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Join us so you don't miss out on all the fun!

### NEW ENGLAND SPRING CRAFTS FAIR @ MOHEGAN SUN

**SATURDAY, MAY 9, 2026**

**DEPARTING @ 8:30AM**

**\$15**

Celebrate Mother's Day weekend and the beauty of springtime at the spectacular New England Spring Craft Festival at Mohegan Sun! Dive into a world where artistry meets gourmet delights at this unique fusion of a craft festival and food showcase.

Stroll through vibrant aisles featuring over 275 artisans, each showcasing their handmade wonders from stunning crystal home accessories to beautifully designed floral centerpieces. As you explore these artistic treasures indulge your taste buds with an array of specialty foods, perfectly curated to enhance the artisanal experience. From handcrafted salsas to luscious pastries, every bite is a tribute to flavor and craftsmanship.

Discover the perfect gift for every mom in your life. Treat mom, grand-mom, and all your mom friends to a weekend of boutique-style shopping, delectable food sampling, and unforgettable memories as we embrace the vibrant spirit of spring in style.

The fun at the New England Spring Craft Festival isn't just for moms or women—everyone is invited to enjoy this extraordinary event! Bring along friends, family, and anyone who would relish a day of shopping, entertainment, and supporting local artisans. Join us for a memorable Mother's Day weekend out at Mohegan Sun!

We will be leaving from the Senior Center at 8:30am. We should be at the Mohegan Sun by about 10:00am. You will have until 2:30pm to enjoy the crafts fair. At 2:30pm we will board our bus for our return trip back to Prospect. We should be back in Prospect at about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

### CHOCOLATE EXPO

**@ MOHEGAN SUN**

**SATURDAY, MAY 30, 2026**

**DEPARTING @ 9:00AM**

**\$20**

The Chocolate Expo will feature tastings and sales of chocolates, baked goods, specialty foods, cheeses, teas, coffees and much more, plus entertainment, demonstrations and celebrity appearances throughout the day. The cast of the original Willy Wonka & the Chocolate Factory movie will be our special guests in honor of the 55th Anniversary of that classic and will participate in a Panel Discussion with audience Q&A at 11:00am each day (included with admission). Cast members will be available at other times throughout the day to sign autographs and take photos with guests for an additional fee set by the actors.

There will be a SPECTACULAR Wonka-themed balloon display by internationally-known balloon artist Robbie Furman, and at 5:00pm on Sunday *only... guests (particularly children) will be able to take part in our "balloon popping party."* For children, our famous Kidz Zone provides incredible face painting & balloon twisting activities (included with admission).

We will be leaving from the Senior Center at 9:00am. Once there, you will have until 3:00pm. At 3:00pm we will head back to Prospect. We should be in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

## May 2026

### High Stakes Bingo Foxwoods Resort Casino Wednesday, May 6, 2026 Departing @ 8:00 AM

Do you love playing bingo at the Senior Center on Friday afternoons? 'Can't wait for the next trip to Bingomania in New Haven? Get out your daubers and good luck charms. The Prospect Senior Center is pleased to offer yet another opportunity to play your favorite game and to perhaps win a bit of money when we travel to the fabulous Foxwoods Resort Casino for their high stakes bingo.

Admission to the 30,000 square foot, 2,200 seat bingo hall is \$15 and seating is first-come, first-served. The admission fee does NOT include any playing cards. Video tablets are available for a rental fee of \$20 with a minimum purchase of two packets of cards. Food and beverages, alcoholic and non-alcoholic, are available for purchase. Bringing cash is highly recommended as using a credit card for gaming may incur additional changes from your financial institution.

For this trip, we will be departing the Senior Center the extremely early hour of 7:30 AM so that, after our naps on the bus, we will have ample time at the Casino to purchase cards and video tablets before the start of the games at 10:30 AM. The games last for 3 to 3 ½ hours, with an intermission at the halfway point. We expect to be departing Foxwoods by 2:45 PM and be arriving back in Prospect at about 4:00 PM.

'Not a bingo fan? Come with us anyway and spend the day enjoying the gaming, the restaurants and the shops at Foxwoods!

If you are interested in joining us, please sign up as soon as possible.

### The "Argia" Mystic, Connecticut May 13, 2026 Departing @ 7:30 AM \$59 (\$54 Red Hatters)



Wednesday, May 13th will be a very special day for the Prospect Senior Center's "Ladies in Red" when we charter the magnificent schooner "Argia" for a private, two-hour cruise on the waters of Long Island Sound. The "Argia" is a Coast Guard inspected two-masted, gaff topsail vessel built in 1986 as a replica of a 19th century ship. Aboard the "Argia," we'll be sailing along scenic coastlines and past historic lighthouses and storied islands. To add to the fun, we are encouraged to bring along snacks and beer or wine.

After the cruise, we'll stop for an al fresco lunch at the waterfront Sea View Snack Bar, which serves all of our favorite summertime foods – chowders, lobster rolls, deep fried seafood and shellfish, hamburgers, hot dogs and more. For dessert, there is an ice cream stand on the premises.

All members of the Prospect Senior Center are invited to join us for this extraordinary day of sunshine, sailing and summertime fun. Non-members are also welcome but must provide their own transportation to and from Mystic. The cost of this memorable adventure is \$59, discounted to \$54 for Red Hatters. Please sign-up as soon as possible to avoid disappointment as seating on the buses is limited.

### BLU POINTE RESTAURANT IN NEWBURGH, NY SUNDAY, MAY 24, 2026 DEPARTING @ 9:30AM \$60.15 (PAY AT RESTAURANT) INCLUDES TAX & TIP

#### AN INCREDIBLE FINE DINING EXPERIENCE IN THE HUDSON VALLEY

Blu Pointe, on the Newburgh waterfront, proudly showcases locally-influenced, seasonal dishes for your dining pleasure. Each ingredient is hand selected by our executive chef and prepared fresh to capture every mouthwatering flavor. Combined with our extensive wine list of local and imported bottles, Blu Pointe is the premier fine dining experience in the Hudson Valley.

We will be enjoying Sunday Brunch at the Blu Pointe Restaurant on May 24, 2026. Their extensive brunch menu consists of Breakfast, Made to Order, Cold Salads & Appetizers, Carvery, Hot Entrees, Italian Station and Desserts. The all-inclusive price includes coffee, tea and soft drinks. All other enhancements are an additional price.

We will be leaving from the Senior Center at 9:30am. We should arrive at the Blu Pointe Restaurant by 11:00am, just in time for them to open. The Sunday Brunch is from 11:00am – 2:00pm. Once brunch is over, we will head back to Prospect. We should be in Prospect by about 3:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### LESSARD LANES IN PLAINVILLE, CT. TUESDAY, MAY 19, 2026 TUESDAY, JUNE 16, 2026 TUESDAY, JULY 21, 2026 TUESDAY, AUGUST 8, 2026 DEPARTING @ 9:30AM \$13 (PAY AT LESSARD LANES)

Established in 2016, owners Marcel & Alison Lessard have created a unique family, entertainment center for Central Connecticut. Whether it's a day out with your family and friends, a corporate event, or a birthday party, Lessard Lanes will keep you entertained.

Enjoy our newly remodeled center complete with 10 pin bowling, indoor miniature golf, arcade, Keno, snack bar, lounge, & pro shop. More exciting updates are still on the way!

We will be leaving from the Senior Center at 9:30am. We should be there by 10:00am. You will have until 1:00pm to enjoy bowling, mini-golf and lunch. **The price includes: 1 game of bowling, 1 game of mini-golf, and a pizza lunch.**

If you are interested in joining us, please sign up as soon as possible.



## May 2026

### The Hempstead Houses Captain Scott's Lobster Dock New London, Connecticut Thursday, May 7, 2026

**Departing @ 9:30 AM \$10**

The 1678 Joshua Hempstead House in New London is one of New England's oldest and best documented dwellings. Home to the Hempstead family until 1937, the wood frame house was extensively restored by Connecticut Landmarks. Adjacent to the Joshua Hempstead House is the stone house built in 1759 for Nathaniel Hempstead by Acadian exiles. Both structures survived the 1781 burning of New London by Benedict Arnold and stand today as testaments to 17th and 18th-century daily life.

Born in the house that bears his name in 1678, Joshua Hempstead, the 2nd, kept a diary from 1711 until his death in 1758. His diary reveals that, in September of 1727, Joshua Hempstead purchased Adam Jackson, a farmer who had been born into slavery for the sum of 85 pounds. Adam Jackson would live and work at the property for more than three decades.

Today, the Hempstead Houses stand not only as a chronicle of colonial life but also, like the Whitfield House in Guilford, as a testament to the existence of northern slavery. An exploration of Colonial history through the Hempstead Houses, while establishing while establishing our country's foundation of "liberty and justice for all," does, unfortunately, also reveal the roots of the inequities and injustices that still exist in our society today.

For this trip, we'll be departing the Senior Center at 9:30 AM. Our guided tour of the Hempstead House is scheduled for 11:00 AM. We'll have until 12:30 PM to explore the museum grounds. We'll then head to Captain Scott's Lobster Dock for lunch.

Captain Scott's is an al fresco, waterfront eatery that offers up delicious, New England seafood at reasonable prices. Famous for their lobster rolls and hot boiled lobster dinners, they also serve a variety of fried seafood items and landlubber selections. The restaurant is BYOB and **they do accept credit cards**. Members of the Senior Center have dined at Captain Scott's on many previous occasions and Captain Scott's become a favorite seasonal destination of ours. Departing New London immediately after lunch, we expect to be back in Prospect by 3:00 PM.

If you are interested in joining us, please sign up and PAY as soon as possible.

### WICKED TULIPS IN PRESTON, CT. WEDNESDAY, MAY 6, 2026

**DEPARTING @ 9:30AM \$20**

#### FROM ECOTULIPS TO WICKED TULIPS

Their first blooming business was called EcoTulips. It began in 2009 when Keriann, a self-described "green girl", met Jeroen Koeman, who hailed from a Dutch family of tulip growers. They fell in love, got married, and started Eco Tulips LLC.

In September 2015, they moved from Central Virginia to Rhode Island and started their new endeavor,

Wicked Tulips LLC. In 2018, they combined everything under the Wicked Tulips Flower Farm name. Keriann is a native New Englander – Rhode Island's proximity to family and cold climate made it perfect for a tulip farm, a long-time dream of Jeroen's.

They host the largest u-pick events in New England at two locations! You can tiptoe through the acres of tulips and experience the sights, sounds, and smells of spring. Bring home a fresh-picked bouquet of the most amazing tulips you've ever seen.

We will be leaving from the Senior Center at 9:30am. We will have 2 hours at the farm to pick your tulips. The price includes 10 tulips. Additional tulips are \$1.50 per stem. Please bring garden tools and your own basket to hold your flowers. At 1:00pm we will board our bus for a lunch stop at La Stella Pizzeria in Norwich, Ct. We have dined there in the past and enjoyed the food. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

#### Summer Kick-off Party with Caribbean Vibe Steel Drum Band At Madison Beach Hotel Sunday, May 24, 2026

**Departing @ 2:30pm No Charge**

Summer kickoff party! 4pm on our Lawn.  
Featuring Caribbean Vibe Steel Drum Band  
"on our lawn"

Live Music 4:30 - 6:30 p.m.

Parking available on-site.

Food & beverage available for sale.

We kindly request that you **refrain from  
bringing outside food and beverage.**

Please bring a lawn chair.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### CLINTON PREMIUM OUTLETS IN CLINTON, CT.

**SUNDAY, MAY 31, 2026**

**DEPARTING @ 9:00AM NO CHARGE**

Enjoy savings of 25% to 65% off every day prices  
featuring more than 70 designers and name brand  
outlet stores.

Clinton Crossing Premium Outlets, located along the Connecticut Shoreline, is a charming outdoor village center conveniently located on I-95 en route to Boston or New York.

Featured Stores: Aeropostale, American Eagle Outfitters, Bath & Body Works White Barn, Coach, Dooney & Bourke, Michael Kors, Nike Factory Store, Polo Ralph Lauren Factory Store, Saks Fifth Avenue OFF 5TH, Tommy Hilfiger, Tumi, Under Armour, Zumiez.

We will be visiting the Clinton Premium Outlets on Sunday, May 31, 2026. We will be leaving from the Senior Center at 9:00am. We should be arriving at about 10:00am. You will have until 1:00pm to shop. At 1:00pm we will board our bus for a lunch stop at the Log Cabin Restaurant in Clinton. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up as soon as possible.

## May 2026

### MEMORIAL DAY PARTY @ THE SENIOR CENTER FRIDAY, MAY 22, 2026

**11:30AM** **\$25**

Join us as we celebrate the Memorial Day holiday with a wonderful picnic fare lunch at the Senior Center. We will be feasting on Pulled Pork, Cole Slaw, Potato Salad, Strawberry Salad, Watermelon and Ice Cream. This lunch is prepared by the Senior Center staff that you won't want to miss! Entertainment with Charles of Liverpool Productions will follow the lunch.

If you would like to attend, please sign up and PAY as soon as possible. Our holiday parties fill to capacity very quickly. Sign up early!

### NEW ITEM

#### "WINE, WOMEN AND WEDNESDAYS" @ THE GRISWOLD INN, ESSEX WEDNESDAY, MAY 20, 2026 DEPARTING @ 4:30PM

A consummate wine and food tasting and the ultimate "Girls Night Out", "Wine, Women and Wednesday" is an opportunity to unwind on a spring evening in the ambiance of the historic Griswold Inn's new wine bar. We will have the pleasure of sampling stunningly sophisticated cuisine with some menu items served in "micro plates" to facilitate sampling or sharing. Much of the menu is eclectic and exotic; the desserts are exquisite!

On Wednesday evenings only, wine by the glass from the wine bar's extensive selection of "next level" wines are half-priced.

The departure time for this trip is 4:30pm. We should be back in Prospect at approximately 9:00pm. There is no charge for this trip but food and drink at the Inn are at your own expense.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### JANINE MANGIAMELLI - PSYCHIC MEDIUM @ PROSPECT SENIOR CENTER THURSDAY, MAY 21, 2026

**12:30PM** **\$30**

Join Janine for an uplifting afternoon connecting to your loved ones who have passed. As a psychic medium, Janine receives information in various ways: Clairvoyance or clear seeing – seeing words, a person, or a scene, etc.; Clairaudience or clear hearing – hearing a voice, music or sounds; and Clairsentience or clear feeling – a deep knowing or a sudden insight. This will be a group medium reading from 12:30pm – 2:00pm. We need to have a minimum of 6 people in order to make this reading possible.

If you are interested in joining this reading, please sign up and PAY as soon as possible.

Her website is: [www.intuitivereadingsbyjm.com](http://www.intuitivereadingsbyjm.com)

### NEW ITEM

#### Paradise City Arts Festival Tri-County Fairgrounds Northampton, Massachusetts Monday, May 25, 2026

**Departing @ 9:00 AM** **\$18**

Spend a day in paradise when members of the Prospect Senior Center attend the Paradise City Arts Festival at the Tri-County Fairgrounds in Northampton, Massachusetts. Founded in 1995, the Paradise City Arts Festival is one of the most celebrated exhibitions of contemporary crafts and fine art in the country. This juried show, features the works of over 200 of America's finest artists and artisans. This year's show will also include a Sculpture Promenade, a special exhibit entitled "Back to Basics," interactive workshops and a Silent Auction to benefit the festival's charity partner, the International Language Institute.

Not to be missed is the Festival's iconic 12,000 square foot food tent where you can sip and sample the day away with a beverage from the Craft Cocktail bar and offerings from a variety of restaurants that span the globe from Northampton's vibrant restaurant and food truck scene. On stage under the tent will be live musical presentations of original music, jazz, Blues and Rock.

In addition to Food Tent, Journey's Lemonade will be serving artisan handcrafted beverages in Building 1; you can stroll with a Bellini or a glass of prosecco from the Bubble Bar in Building 2 or get your caffeine from Monsoon Roastery in Building 3.

Arriving at the Paradise City Arts Festival at approximately 10:30 AM and departing at 2:00 PM, we'll have about 3 1/2 hours to shop and enjoy the show. We should be back in Prospect before 3:30 PM.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

#### ANTIQU & CLASSIC CAR SHOW 2026 @ BOOTHE MEMORIAL PARK & MUSEUM IN STRATFORD, CT. SUNDAY, MAY 17, 2026

**DEPARTING @9:00AM** **NO CHARGE**

The Boothe Memorial Park Antique & Classic Car Show 2026 promises to be a celebration of automotive history with a beautiful park setting.

The event will also include a bake sale and a selection of raffle baskets with fabulous prizes. Food will be available, including egg sandwiches, hot dogs, hamburgers and other hot sandwiches.

The show is free to the public, and the park hosts many free events from 10:00am – 3:00pm, featuring blacksmithing, model trains, art shows, rose gardens, live music, demonstrations, and tours of historic buildings.

We will be leaving from the Senior Center at 9:00am. You will have until 2:00pm to enjoy the festivities. At 2:00pm we will board our bus for our return trip back to Prospect. We should be in Prospect by about 3:00pm.

If you are interested in joining us, please sign up as soon as possible.

## May 2026

### NEW ITEM

**Elizabeth Park  
"The Pond House"  
Friday, May 29, 2026**

**Departing @ 9:30 AM                      No Charge**

Elizabeth Park, located in West Hartford, opened to the public in the spring of 1897; it is home to America's oldest public rose garden. In 1894, Charles Pond donated his estate to the City of Hartford with the stipulation that it would become a public park named in honor of his wife Elizabeth.

In the 1970's, the estate's once glorious rose garden was suffering from severe neglect due to a lack of city funds. In 1977, a group of dedicated neighbors formed the Friends of Elizabeth Park to save the historic rose garden from demolition. After 35 years of preserving, maintaining, restoring and protecting the park's gardens, grounds and buildings, the organization changed its name to the Elizabeth Park Conservancy to better reflect their mission of stewardship to the historic park. Under the auspices of the Conservancy, the park has expanded to include not only the original rose garden, now named the Helen S. Kaman Rose Garden, but also the Charles Ortiz Hosta Garden, the Julian and Edith Eddy Rock Garden, The Sue B. Hart Perennial Garden, the Heritage Rose Garden, the Robert A. Prill Annual Garden and the Robert A. Prill Tulip Garden. At the time of our visit, the Robert A. Prill Annual Garden, the Sue B. Hart Perennial Garden the Charles Ortiz Hosta Garden, the Eddy Rock Garden and the rose gardens are all expected to be in bloom. In addition to the various gardens, Elizabeth Park's landscape features a lily pond, two picturesque stone bridges, gazebos, decorative entryways and walkways, greenhouses and cottages from the original Charles Pond Farmstead.

Tucked away in a corner of the park is "The Pond House Cafe," where we'll be enjoying lunch. The Pond House proudly serves eclectic, creative cuisine with a focus on local, fresh ingredients as evidenced by the vegetable and herb gardens just outside their door. Their lunch menu includes soups, salads, sandwiches, pasta dishes, entrees, desserts and libations. Our reservation at the Pond House is for 11:30 AM and the cost of your meal is, of course, at your own expense. Departing Elizabeth Park immediately after lunch, we should be returning to Prospect in the two o'clock hour.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**CRAFT PROJECT WITH KIM PALMERIE  
OF PALMERIE FAMILY FUNERAL HOME  
TUESDAY, MAY 12, 2026**

**1:00PM    NO CHARGE**

Kim will be at the Senior Center making bird feeders, bee and butterfly baths with cup and saucers and hot glue guns. She will provide all supplies.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**"Memorial Day Weekend  
Summer Kick-off Lawn Party"  
Madison Beach Hotel  
Sunday, May 24, 2026**

**Departing @ 2:00 PM                      No Charge**

Start off the summer season with a splash at the Memorial Day Weekend Summer Kick-off Lawn Party at the stunning, seaside Madison Beach Hotel.

In 2024, members of the Prospect Senior Center "discovered" the hotel when we attended the "Americana Cookout" there and the hotel instantaneously became one of our favorite summertime destinations. Last summer at the hotel, we watched Fourth of July fireworks over Long Island Sound, attended the "Grassy Strip" concert series and danced barefooted on the lawn to the songs of Christine Ohlman and Rebel Montez.

Now, as Memorial Day approaches and yet another summer season begins, it's time to once again slip into sundresses and sandals, stick our toes in the waters of Long Island Sound and slurp summer cocktails to the sounds of the Caribbean Vibes Steel Drum Band at the Madison Beach Hotel. Entrance to the party is free. The hotel will be setting up a beachfront bar and summertime food will be available for purchase. It is recommended that you bring a folding chair as seating on the lawn is limited.

For this trip, we'll be leaving the Senior Center at 2:00 PM, arriving shortly before the party begins at 4:00 PM and hopefully, in time to secure a parking space and lawn seating. We'll stay at the hotel until the party concludes at 7:00 PM, at which time we'll board the bus for the trip back to Prospect. We should be back in Prospect by about 8:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**LADIES NIGHT  
@ MIRABELLE'S RESTAURANT  
WEDNESDAY, MAY 27, 2026  
STARTING @ 5:00PM  
\$24 (PAID AT RESTAURANT)**

**Served with salad, choice of Entrée & Dessert  
and served with a glass of House Wine Red or  
White**

**No Substitutions**

**Chicken Parmesan alla Vodka  
Side of penne**

**Tortellini Norcina  
With sausage, garlic, mushrooms & spinach in  
a scampi sauce**

**Baked Scrod  
With lemon, butter, white wine, garlic & ritz  
crackers.  
Side of penne**

**Veal Milanese  
Over spaghetti**

**Dessert  
Black Raspberry Sherbet or Chocolate Mousse  
Cheesecake**

## May 2026

### NEW ITEM

**FREE MEDICARE EDUCATIONAL WORKSHOP  
FOR SENIORS CONFUSED ABOUT MEDICARE  
WITH DOREEN DISTASIO AND TOM ARISCO  
TUESDAY, JUNE 30, 2026  
1:00PM NO CHARGE**

Topics that will be covered:

- When and how to enroll
- What Medicare covers (and what it doesn't)
- Medicare Advantage vs. Medicare Supplement plans
- Tips to help reduce out-of-pocket costs

This event is perfect for:

- Individuals turning 65
- Anyone already on Medicare who wants to review their options
- Caregivers helping a loved one

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**THIMBLE ISLAND CRUISE &  
LUNCH @ DOCKSIDE SEAFOOD GRILL  
IN BRANFORD**

**THURSDAY, JUNE 11, 2026**

**DEPARTING @ 9:30AM \$17 (cruise only)**

Join us for a fun day at the Branford shoreline as we take a narrated cruise of the Thimble Islands. These are a group of small islands in Long Island Sound. They are located in and around the harbor of Stony Creek in the southeast corner of Branford, Connecticut. The islands are all privately owned. About 85 homes, mostly from the Victorian era, complete with gingerbread trimmings, widow walks and tasteful gazebos decorate the tiny inlets. On the 45-minute boat ride you will hear many stories, legends and history about the islands.

Our cruise will be on the 44-foot, Sea Mist. The vessel was designed for sightseeing and private cruises with large removable windows and comfortable seating. The Sea Mist can carry 49-passengers. There are two decks. We will be on the lower deck. It is equipped with speakers for listening to the live narrated tour. There is a cash bar on board where you can purchase refreshments both alcoholic and non-alcoholic.

We will be leaving from the Senior Center at 9:30am. We should be at our destination by 10:30am. We will begin boarding for the cruise at 11:00am. Our 45-minute cruise departs at 11:15am and returns by 12:00pm.

After the cruise we will continue on to Dockside Seafood and Grill in Branford for lunch. We should be back in Prospect by about 3:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

**DEMENTIA – CAREGIVING 101  
KALEIDOSCOPE SERIES  
WITH MARIA CIANCIOLO  
MONDAY, JUNE 15, 2026  
1:00PM NO CHARGE**

Caring for a loved one with dementia can be one of the most emotional and challenging journeys a family will face. Dementia Caregiving 101 is a compassionate and practical guide designed to help family members, caregivers, and healthcare professionals better understand dementia and navigate the complex realities of Caregiving.

Using the powerful metaphor of a kaleidoscope, this guide explores how dementia constantly changes the way individuals experience the world and how caregivers can adapt with empathy, patience, and understanding. This book provides clear explanations of dementia, including common types such as Alzheimer's disease, Lewy body dementia, vascular dementia and frontotemporal dementia, while also discussing reversible causes that may mimic dementia symptoms.

Inside the guide, caregivers will learn:

- What dementia is and the most common types
- Reversible conditions that can mimic dementia
- Effective communication strategies for dementia patients
- Behavioral Management techniques
- Ways to maintain meaningful relationships with loved ones
- Emotional coping strategies and caregiver self-care
- The role of family and individual counseling in caregiving

Written by Maria Cianciolo, is a lifelong Connecticut resident and currently lives in Prospect. She has been an experienced dementia care practitioner for 30 years. The book serves as a practical handbook and quick reference resource for anyone supporting someone living with dementia.

Compassionate, informative, and empowering, Dementia Caregiving 101 helps caregivers approach the journey with knowledge, confidence and hope.

Maria will be selling her book after the presentation.

If you are interested in attending this presentation, please sign up as soon as possible.

### NEW ITEM

**CRAFT PROJECT WITH TARA  
MONDAY, JUNE 8, 2026  
1:00PM \$6**

Tara will be showing you how to paint canvas tote bags. She will provide the stencil, paints, and tote bag. This should be a fun craft class.

If you are interested in joining us, please sign up and PAY as soon as possible.

May 2026

## NEW ITEM

# Dementia Caregiving 101 Kaleidoscope Series

Written by Maria Cianciolo, is a lifelong Connecticut resident and currently lives in Prospect. She has been an experienced dementia care practitioner for 30 years.

Caring for a loved one with dementia can be one of the most emotional and challenging journeys a family will face. Dementia Caregiving 101 is a compassionate and practical guide designed to help family members, caregivers, and healthcare professionals better understand dementia and navigate the complex realities of Caregiving.

Inside the Guide, Caregivers will learn:

- What is dementia is and the most common types
- Reversible conditions that can mimic dementia
- Effective communication strategies for dementia patients
- Behavioral management techniques
- Ways to maintain a meaningful relationships with loved ones
- Emotional coping strategies and caregiver self-care
- The role of family and individual counseling in caregiving

**Monday, June 15th at 1:00pm**

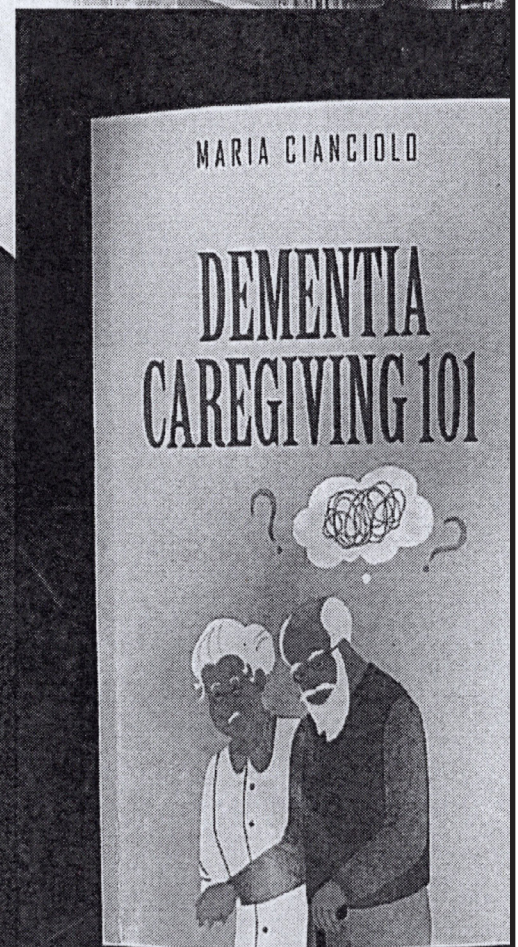
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**May 2026**

**NEW ITEM**

**ANNUAL FATHER'S DAY LUNCHEON  
@ PROSPECT SENIOR CENTER  
FRIDAY, JUNE 19, 2026  
11:30AM\$25**

Join us as we celebrate Father's Day with all our great dads here at the Senior Center. On the menu will be Eye of the Round, Roasted Potatoes, Roasted Carrots, Roll/Butter, Soup and Cheesecake.

Liverpool Productions with Charles will be our entertainment, following our lunch from 1:00pm – 3:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment. Please remember that our holiday parties fill up quickly!

**NEW ITEM**

**"Summer Sounds" Concert Series  
Mystic River Park  
Tuesday, June 16, 2026  
Departing at 5:00 PM No Charge**

Do you like Jazz? On Tuesday evening, June 16th, members of the Prospect Senior Center will have the opportunity to enjoy a fabulous live, al fresco performance by the "Times and Changes" Jazz Orchestra as part of the "Summer Sounds" Concert Series in Mystic. The stage will be set at Mystic River Park at the foot of the iconic bascule bridge overlooking the Thames River. The show starts at 7:00 PM; we'll be arriving at 6:00 PM with time to set up our lawn chairs and enjoy a picnic supper before the show.

For this trip, we'll be departing the Senior Center at 5:00 pm; we expect to be back in Prospect at approximately 10:00pm. The concert is free and you are advised to bring along a chair or blanket. Picnic baskets are recommended but alcohol is not allowed in the park.

If you are interested in joining us, please sign up as soon as possible.

**NEW ITEM**

**HOLLISTER HOUSE GARDEN  
IN WASHINGTON, CT.  
THURSDAY, JUNE 18 , 2026**

**DEPARTING @ 9:30AM \$15**

Beautifully situated on a sloping, terraced site in the rolling hills of Litchfield County in northwestern Connecticut, Hollister House Garden is an American interpretation of such classic English gardens as Sissinghurst, Great Dixter and Hidcote, formal in its structure but informal and rather wild in its style of planting. Begun in 1979 by George Schoellkopf, the garden since that time has evolved under George's direction into a unique synthesis of the formal and the natural, the right angles of paths, walls and hedges melting seamlessly into the lush surrounding landscape, which forms a magnificent backdrop to the garden's exuberant plantings. Since 1993 Gerald Incandela has contributed greatly to the garden's development with his artist's eye trained on redefining the surrounding landscape. The garden is sited on

the southeastern side of a rambling but serenely dignified eighteenth century house on 25 acres of mostly wooded countryside. Although the garden is in no way a recreation of an eighteenth century garden, it was nevertheless planned to complement the old house, and antique or hand made materials have been used wherever possible in its construction. Various eighteenth century barns and outbuildings are visible from the garden and further help to root it in the history of the place. The garden unfolds in successive layers of space and color with delightful informal vistas from one section to the next. Eight-to-ten-foot walls and hedges with dramatic changes in level define the progression of garden spaces – "rooms" as the English like to say – and create a firm architectural framework for the romantic abundance of the plantings. A winding brook and a large pond at the bottom of the lawn add to the variety of the garden scene.

We will be leaving the Senior Center at 9:30am. We should arrive at the Hollister House by about 10:30am. You will have 2 hours to tour the grounds. At 12:30pm we will board our bus for a lunch stop at the 202 Tavern in New Preston, CT. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**NEW ITEM**

**GEM & MINERAL SHOW  
@ OLD NEW-GATE PRISON & COPPER MINE  
IN EAST GRANBY  
SATURDAY, JUNE 27, 2026  
DEPARTING @ 9:00AM NO CHARGE**

The Gem & Mineral Show at the Old New-Gate Prison & Copper Mine in East Granby, CT, is scheduled for Saturday, June 27, 2026, from 10 AM to 4:00 PM. The event features dealers from New England, with free admission and parking, allowing visitors to explore both the show and the historic 1700s copper mine.

**Key Details for the Event:**

- Location: 115 Newgate Rd, East Granby, CT.
- Date & Time: Saturday, June 27, 2026, 10:00am – 4:00pm.
- Admission: Free, with free parking.
- Features: Gem and mineral specimens for sale along with access to the museum grounds and guided tours of the 75-ft-deep underground copper mine.
- What to Expect: Gem dealers from across New England, featuring items from the historic site that was once a copper mine and later a Revolutionary War prison.

We will be leaving from the Senior Center at 9:00am. We should be at the Old New-Gate Prison by 10:00am. You will have until 1:00pm to browse. At 1:00pm we will board our bus for a lunch stop at the Barn Restaurant in Granby. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up as soon as possible.

## May 2026

### "Rhinebeck Crafts Festival 2026" Sunday, June 7, 2026

**Departing @ 8:30 AM      \$10**

On Sunday, June 7th, the Prospect Senior Center will be returning to the beautiful and bucolic Dutchess County Fairgrounds in Rhinebeck, New York for yet another wonderful show. This weekend, the Fairgrounds will be hosting "Rhinebeck Crafts Festival 2026" produced by Artrider. This show is considered one of the most unique shopping opportunities in the area. Each year, it draws visitors from all over the state and beyond.

The "Rhinebeck Crafts Festival 2026" will showcase homemade and uncommon items from 200+ artists and artisans. Original fashions, jewelry, home décor, furniture, photography and fine art as well as functional and sculptural works in ceramics, glass, metal, wood and mixed media will be on display. There will also be craft demonstrations, gourmet specialty food sampling and tastings from local distilleries. Food trucks will be offering lunch.

For this trip, we will be leaving the Senior Center at 8:30 AM. We will have until 1:00 PM to shop and have lunch. After the show, we'll be making a brief stop at Rhinebeck's iconic Del's Roadside for a taste of their amazing ice cream. Made from the milk of their own cows and using locally sourced ingredients, they offer unique flavors like lemon poppyseed, lavender honey blueberry and maple snickerdoodle. We will be departing Rhinebeck at 1:45 PM and should be back in Prospect by 4:00 PM.

If you are interested in joining us, please sign up and PAY as soon as possible.

The earth is the home we all share. By reducing conflicts and living in harmony and mutual prosperity, we are fulfilling our responsibility of protecting the earth. Achieving this goal will rely on people being able to awaken and to manifest universal love, tolerance and mutual assistance. In this way we can honor the possibility of peaceful coexistence among people and create a bright and happy future.

We will be leaving from the Senior Center at 9:00am. Our tour is scheduled for 10:00am. You will have 2 hours to enjoy the museum. At 12:00pm we will board our bus for a lunch stop at Rowley's Tap and Grill in Winstead. We should be back in Prospect by about 3:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**HOLLANDIA NURSERIES & FARM  
103 OLD HAWLEYVILLE ROAD, BETHEL, CT.  
WEDNESDAY, JUNE 3, 2026  
DEPARTING @ 9:30AM NO CHARGE**

Over the years, Hollandia Nursery has gained a reputation as Connecticut's premier garden center, with hundreds of thousands of plants, first-class display gardens, and annual community events. Today the nursery is proud to have over 20-acres dedicated to growing and selling Connecticut's finest plants. They have 3-acres of breathtaking gardens that serve not only as proving grounds for the plants that they grow and recommend but also as a terrific inspirational venue where you can get ideas for your own garden, or see exactly how a particular shrub or tree will mature.

Hollandia's team of experienced experts is always on hand to help their customers. Just bring your questions, ideas, or problems in and find any one of the helpful staff. As longtime veterans of the soil – real garden "gurus" – they will gladly assist you with your needs. Everyone at Hollandia loves to see things grow. This enthusiasm means that they offer only the best: superior plants, lawn care products, weed and pest control products, tools, mulch, fertilizers, and gift shop items.

We will be leaving from the Senior Center at 9:30am. We will give you 1 ½ hours there. At 12:00 we will board our bus and continue on to their Gift, Garden & Home Store. It is just down the street from the Nursery. We will give you 45 minutes to browse. At 1:00pm we board our bus for a lunch stop at Blue Colony Diner. It is only a few minutes away.

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center from this trip by about 4:00pm.

### NEW ITEM

**CONNECTICUT-ASIA CULTURAL CENTER  
IN NORFOLK, CT.**

**SUNDAY, JUNE 7, 2026**

**DEPARTING @ 9:00AM      NO CHARGE  
OUR MISSION & VISION**

Cultures are expressions of accumulated human life experiences from ancient times to the present. Among these cultures, because of differences in regions, we have formed many different cultural ideologies in the world. Nowadays, with the advancement of science and technology, not only the opportunities for interaction among people have increased, but the opportunities for international interdependence in terms of economy, politics, and quality of life have also increased. In the midst of this mutual interaction and interdependence, how to understand, love and help each other in different cultures is what we must work on together now.

In response to the needs of this era, this center is committed to promote the exchange of cultures to enhance mutual understanding and trust. Among various cultural elements, religious culture has the most profound influence on the spirit, thought and morality. Therefore, our focus is on the exchange of religions and cultures as a starting point to fulfill such a mission. As such, we created Taoist, Confucian, Buddhist, Christian and Inca cultural exhibits for mutual learning and interaction. In the future, we plan to gradually include additional cultures, arts and crafts, and activities to promote the integration of body, mind, and spirit, in order to bring peace and happiness to the world.

## May 2026

### NEW ITEM

**Ct. River Museum  
Thursdays on the Dock  
Eight to the Bar  
Thursday, July 9, 2026**

**Departing @ 4:00pm                      No Charge**

Thursdays on the Dock has been a shoreline staple for 17 years and remains the premier destination for waterfront music. Swing by each Thursday evening in July and August, bring a chair or blanket, listen to a free concert, and watch the sun go down over the river.

Drawing its musical influences from American roots music — swing, boogie-woogie, and Motown, Eight to the Bar is known for its outstanding instrumentalists and sophisticated musical and vocal arrangements, highlighted by female vocals.

With the support of independently produced CDs and videos, Eight to the Bar has cultivated a large, enthusiastic following that has put them in clubs from Maine to Miami as well as Europe and the Caribbean. Their rigorous touring schedule has included opening spots for Big Bad Voodoo Daddy, Manhattan Transfer, Robert Cray, the late Roy Orbison and Ray Charles, several European tours, and a tour of the Republic of Georgia at the invitation of the U.S. Embassy located there.

We will be leaving from the Senior Center at 4:00pm. The concert is from 5:30pm-7:30pm. The bus will leave right after the concert. We should be back in Prospect by about 8:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**Ct. River Museum  
Thursdays on the Dock  
Not Sorry  
Thursday, July 30, 2026**

**Departing @ 4:00pm                      No Charge**

Thursdays on the Dock has been a shoreline staple for 17 years and remains the premier destination for waterfront music. Swing by each Thursday evening in July and August, bring a chair or blanket, listen to a free concert, and watch the sun go down over the river.

Classic rock tribute band Not Sorry plays the best of the best from legendary bands of the 60's through the 90's including Led Zeppelin, Journey, Gun N' Roses, Heart, Bon Jovi, Van Halen, Blondie, Aerosmith and so much more! Their extensive set list gets everyone singing along.

With Lorianne on lead vocals, CJ Morini on guitar, Andrew Perfetto on bass and Kato Peragine on drums, their power packed set of the classics will have you rockin' on the dock! To quote a fan, "Amazing soaring vocals and a nonstop song after song barrage with no break in between. The band smokes!"

Don't miss out on the ultimate tribute to classic rock – get ready to sing along, rock out, and experience the magic of Not Sorry!

We will be leaving from the Senior Center at 4:00pm. The concert is from 5:30pm – 7:30pm. We should be back in Prospect by about 8:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**Ct. River Museum  
Thursdays on the Dock  
Central City Stompers  
Thursday, July 16, 2026**

**Departing @ 4:00pm                      No Charge**

Thursdays on the Dock has been a shoreline staple for 17 years and remains the premier destination for waterfront music. Swing by each Thursday evening in July and August, bring a chair or blanket, listen to a free concert, and watch the sun go down over the river.

Join us for a performance by the 10-piece classic jazz band, Central City Stompers. The music that they play is often called "Classic Jazz"; mostly popular tunes from the first half of the 20th century with liberal doses of blues and ragtime. Some call it "Dixieland", or "Hot Jazz", or "New Orleans Style". Their inspirations include King Oliver's Creole Jazz Band, Turk Murphy's Jazz band, the South Frisco Jazz Band, the Yerba Buena Stompers, and many other bands that can still be heard today at traditional jazz festivals all over the world.

We will be leaving from the Senior Center at 4:00pm. The concert is from 5:30pm – 7:30pm. We should be back in Prospect by about 8:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**Ct. River Museum  
Thursdays on the Dock  
102D Army Band and Jazz Combo  
Thursday, August 6, 2026**

**Departing @ 4:00pm                      No Charge**

Thursdays on the Dock has been a shoreline staple for 17 years and remains the premier destination for waterfront music. Swing by each Thursday evening in July and August, bring a chair or blanket, listen to a free concert, and watch the sun go down over the river.

The 102D Army Band is "Connecticut's Own" Army National Guard Band. Stationed in Rockville, Connecticut, the 102d Army Band is composed of 37 Soldier-Musicians and 7 musical elements. The 102D Army Band performs at venues all over the state of Connecticut. Enjoy a performance on the Museum's front lawn by the 102D Army Band and Jazz Combo group.

We will be leaving from the Senior Center at 4:00pm. The concert is from 5:30pm – 7:30pm. We should be back in Prospect by about 8:30am.

If you are interested in joining us, please sign up as soon as possible.

## May 2026

### NEW ITEM

#### Thursdays on the Dock The Italics

**Thursday, August 20, 2026  
Departing @ 4:00pm No Charge**

Thursdays on the Dock has been a shoreline staple for 17 years and remains the premier destination for waterfront music. Swing by each Thursday evening in July and August, bring a chair or blanket, listen to a free concert, and watch the sun go down over the river.

The Italics play rock 'n' roll music inspired by the Beatles and the British Invasion. Formed in 1965 by 2 brothers and 2 friends who shared a love of music, they continue to spread their love of music through performances across Connecticut and Rhode Island.

We will be leaving from the Senior Center at 4:00pm. The concert is from 5:30pm – 7:30pm. We should be back in Prospect by about 8:30pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### “Slipaway” Cruise “River”

**Wednesday, June 17, 2025  
Departing @ 3:30 PM \$27**

Just a few days before the official start of the summer of '26, Prospect's Ladies in Red" will be welcoming in the season of sunshine with a 1 1/2 hour long sunset chartered cruise along the scenic Connecticut River aboard the "Slipaway." We invite all members of the Senior Center to join us on this enjoyable evening adventure.

The "Slipaway" is a 30 foot, 16 passenger, Coast Guard inspected pontoon boat that is powered by twin outboard engines. The ADA compliant vessel has a ramp for easy boarding and is wheelchair accessible. The ride is typically smooth and stable. Water and snacks will be available for purchase on the boat but we are welcome to bring along our own refreshments, including wine and beer, on our cruise.

Prior to the cruise, we'll be appropriately stopping at "River," for Happy Hour. "River" is a gorgeous, upscale waterfront restaurant and bar which overlooks the Connecticut River and provides spectacular scenic views. With both indoor seating and al fresco dining on their infrared heated deck, it has and is the recipient of numerous awards including the Best of Hartford's "Best Outdoor Dining" award. During Happy Hour, it offers \$8 special cocktails, \$7 wine, \$5-\$6 beer and a \$23 "Adult Happy Meal" that includes an entrée, an alcoholic beverage and a "River" scratch off ticket offering restaurant prizes. The regular dinner menu is also available. Members of the Senior Center have dined at "River" on previous occasions and have been very favorably impressed!

For this enjoyable evening excursion, we'll be departing the Senior Center at 3:30 PM. We'll be arriving at "River" by 4:30 PM. Our cruise is tentatively scheduled for 6:45 PM but Captain Bill may be altering the departure time to coincide with the sunset. The cost is \$27, which covers the cruise only and does not include food or drink at the restaurant. Departing Wethersfield immediately after the cruise, we expect to be back in Prospect at 9:00 PM.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

#### “The Litchfield Marketplace” Bantam Bread Nodine's

**Saturday, June 13, 2026  
Departing @ 9:00 AM No Charge**

Every year on the second weekend of June, on the eve of the Litchfield Hills Road Race, the Town of Litchfield hosts a juried arts and crafts festival that showcases the wares of local artists and crafters and spotlights the work of local non-profit organizations. All proceeds from the event are distributed to charities.

On Saturday, June 13th, members of the Prospect Senior Center will have the opportunity to attend the Litchfield Marketplace and visit a few Litchfield Hills businesses of interest. Our first stop of the morning will be at Bantam Bread, a small, hole-in-the-wall bakery that, for almost 30 years, has been "dedicated to producing the best artisan bread and rustic pastry made with the finest ingredients..." At the time of our visit, many of the day's loaves will be just coming out of the oven, creating a warm and comforting aroma on a chilly morning. We will have until 10:30 AM to make our purchases at Bantam Bread.

We'll then head to the historic Litchfield Green to browse and shop the crafts fair and enjoy the festival. You will have until 1:00pm to enjoy the Marketplace.

At 1:00pm we will head to our final stop of the afternoon, which is in nearby Goshen for an al fresco, deli-style lunch at Nodine's Smokehouse, a family-owned business that has been producing artisan smoked meats and cheeses since 1969. Departing the Litchfield Hills immediately after lunch, we expect to be back in Prospect by 3:00PM.

### NEW ITEM

**FREE CHAIR MESSAGES  
WITH GABRIELA  
WEDNESDAY, MAY 27, 2026  
APPTS STARTING @ 9:30AM**

A chair massage is a quick, seated upper-body massage that focuses on the neck, shoulders, back and arms. It typically involves techniques like kneading and compression, is performed over clothing with oils (neck & hands), and lasts 15 minutes. The goal is to relieve muscle tension and stress in a short amount of time. Gabriela will be doing chair massages on Wednesday, May 27, 2026 starting at 9:30am.

If you are interested in relaxing, book your appointment.

## May 2026

### Captain's Cove Seaport Wednesday, June 10, 2026

**Departing @ 10:00 AM                      No Charge**

Captain's Cove Seaport is a family-owned and operated marina, restaurant, bar and boardwalk located in Southwestern Connecticut along historic Black Rock Harbor. The Cove began as the dream of former commercial lobsterman and fisherman Kaye Williams. In 1982, Kaye, his wife Vivian, family and friends began the transformation of a vacant, weed-choked lot into one of the State's premier tourist attractions and marina complexes. Today, Captain's Cove is home to a two-story, summertime food restaurant, a lively bar, and a dozen quaint, boardwalk shops and host to a myriad of live concerts.

On our trip to The Cove, we'll be leaving the Senior Center at 10:00 AM and arriving in time to enjoy a \$10.99 Senior Lunch or the \$8.99 Fish Fry at the restaurant. We'll then have time browse the boardwalk shops or just enjoy the seaside view until it is time to leave at 2:00 PM. We will be back in Prospect by 3:00 PM. There is no charge for this trip but the cost of food and drink is, of course, at your own expense.

If you are interested in joining us, please sign up as soon as possible.

### "Fair on the Green" Milford, Connecticut Saturday, June 6, 2026

**Departing @ 9:30 AM                      No Charge**

In its 53rd year, "Fair on the Green," hosted by the Mary Taylor United Methodist Church, is Milford's longest running arts and crafts fair. The event showcases the wares of over 100 of the finest arts and crafts people from the East Coast.

But wait, there's more... Each year, the ladies of the church set up a garden-themed booth that sells, at reasonable prices, plants and perennials, many of which are from their own gardens. Next to the garden booth, is a church bake sale with home-baked cakes, cookies and pies, also at reasonable prices. Across the street, in the church basement, is "Laura's Treasure Trove," a thrift shop offering a variety of new and used articles, not the least of which are a collection of costume and fine jewelry and a selection of vintage china and glassware. Live musical entertainment is provided throughout the day in the gazebo. The highlight of the day is the food – grilled hot dogs and hamburgers, homemade funnel cakes and fresh strawberry shortcake and more...

For this trip, we'll be leaving the Senior Center at 9:30 AM. We'll have until 1:30 PM to shop and eat. We will be back in Prospect by 2:30 PM.

### CULTURALLY CURIOUS ART TALK @ LITCHFIELD COMMUNITY CENTER THE LANDSCAPE AS CANVAS: EARTH ART WEDNESDAY, JUNE 10, 2026

**DEPARTING @ 2:00PM                      NO CHARGE**

The 1960s and 70s witnessed a radical shift as artists like Robert Smithson, Nancy Holt, and Ana Mendieta moved beyond gallery walls to create powerful works directly in nature, using the earth as both canvas and material. Delve into the social and artistic currents that sparked this environmental art revolution and examine the distinctive approaches of influential artists, from the movement's pioneers to contemporary innovators like Andy Goldsworthy.

#### About the presenter:

Jane O'Neil is a sought-after speaker, educator, and independent art historian. Jane curates and delivers engaging art appreciation programs through her company Culturally Curious, founded in 2017. Jane holds a master's in Art History from Boston University and a master's in Education from Harvard University. Born and raised in NH, she has worked at some of the state's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director, and the Currier Museum of Art, where she held the role of Senior Educator. Jane has also taught at the college level for more than a decade, most recently at Southern New Hampshire University.

We will be leaving from the Senior Center at 2:00pm. The presentation is from 3:00pm – 4:00pm. Once the talk is over, we will board our bus for our return trip back to Prospect. We should be back in Prospect at about 5:00pm.

If you are interested in joining us, please sign up as soon as possible.

### "Pathways and Blooms"- Garden Tour & Plant Sale In South Windsor, Ct. Sunday, June 14, 2026

**Departing @9:00am                      \$20**

Pathways and Blooms—A South Windsor Garden Tour & Plant Sale" will be held on Sunday June 14, 2026, from 9:30 am to 4:00 pm. Presented by the Down to Earth Garden Club and Wood Memorial Library & Museum, the tour will feature 8 beautiful gardens, including one on historic Main Street. Each garden features its own unique design and character reflecting the natural terrain of the landscape as well as the interests and creativity of the garden owners. Plants from Club members' own gardens will be on sale at the Wood Memorial Library located at 783 Main Street, South Windsor.

We will be leaving from the Senior Center at 9:00am. We should arrive at the Wood Memorial Library by 10:00am to shop for plants. They have a large selection to choose from and they do sell out quickly. Once we are done at the plant sale we will head over to the Garden Tour. Our mini bus will take you around to all the sights. After the last stop we will continue on to the Union Tavern in Windsor. We have dined here before and have been very happy with their food and service. The cost of your meal is your responsibility.

Bring your cameras, there will be plenty of beautiful flowers to take pictures of during the day.

If you are interested in joining us, please sign up and PAY as soon as possible.

## May 2026

### “Gardens by the Sea” Stonington Village Sunday, June 14, 2025

**Departing @ 9:00 AM                      \$50**

Every three to four years, the Stonington Garden Club presents an outstanding horticultural event entitled “Gardens by the Sea.” “Gardens by the Sea” is a self-guided walking tour through the historic Borough of Stonington during which participants visit ten privately owned gardens, all within one mile of each other. On the tour, we will have the rare opportunity to experience the beauty hidden behind Stonington’s picturesque garden gates and to explore waterfront vistas, terraced landscapes and enchanted pocket gardens, ranging from eclectic to formal in design.

Stonington Garden Club tours are distinguished by the botanical plant labels in every garden. Additionally, this year, many gardens will feature an on-site educator, such as a Master Gardener, horticulturalist or landscape designer who will share insights and answer questions. “Plein Air” artists will be painting in selected gardens. Finally, there will be a tented “Marketplace on Wadawanuck Square” featuring a wide variety of vendors offering garden-inspired items, clothing, jewelry, home décor and the Garden Club’s new cookbook “Nature’s Bounty.”

For this delightful trip, we will be departing the Senior Center at 9:00 AM. We will have until 3:00 PM to stroll “Gardens by the Sea.” **If you are planning to enjoy a meal in Stonington, a restaurant reservation well in advance is advised as the Borough gets very congested during this event.** Tickets for “Gardens by the Sea” at the discounted price of \$50 must be purchased by June 7th so early sign-up and payment is required for the trip.

### United Congregational Church Strawberry Festival Monroe

**Saturday, June 20, 2026  
Departing 9:30 AM No Charge**

In Connecticut, the month of June is strawberry season. For over half a century, The Monroe United Congregational Church has celebrated the arrival of the red, ripe rapturously delicious native strawberries with its annual festival on the green. In past years, over two tons of strawberries have been used for the festival with most of the strawberries being hand-picked at the nearby Jones Farm. This year’s festival will feature the crafts of over 100 juried artisans, live music, games and children’s activities and, of course, strawberries in the form of pies, jams, chocolate covered strawberries and the church’s famously delicious strawberry shortcake. Additionally, hamburgers and hot dogs will be sizzling on the grill. The church’s Mustard Seed resale shop will also be open for business during the festival.

For this trip, we will be departing the Senior Center at 9:30 AM and should be at the festival when it opens at 10:00 AM. We’ll enjoy three hours at the festival and should be back in Prospect by 1:00 PM.

### “Olde Mistick Village Strawberry Festival” Saturday, June 13, 2026 Departing @ 11:00 AM

**No Charge**

On the weekend of June 13th, Old Mistick Village will be celebrating all things STRAWBERRY. The pathways of the quaint New England shopping village will be lined with over 60 vendors offering, among other things, strawberry jams and pies, strawberry wine, strawberry blondie shortcakes and chocolate covered strawberries. Some of the vendors who will be at the festival are Dondero Farms, Oronoque Farms, Yankee Cider Company and the Colossal Kielbasa food truck. Additionally, all the permanent Olde Mistick Village shops will be open for business.

At 2:45 PM, we will board the bus and head to Chef Adam Young’s fabulous “Mix” Restaurant and Rooftop Bar for an afternoon meal. At the time of our visit, “Mix” will be serving Happy Hour fare including \$10 menu selections and discounted beverages. Members of the Senior Center have visited “Mix” on several previous occasions and everyone enjoyed the restaurant’s eclectic, upscale cuisine and fireside, rooftop ambience.

For this trip, we’ll be departing the Senior Center at 11:00 AM. At 5:00pm we will board our bus for our trip back to Prospect. We should be returning to Prospect by 6:30 PM at the latest. There is no charge for this trip but **the cost of food and beverages is your responsibility.**

### SHOPPING AT STONE BRIDGE IN CHESHIRE, CT.

**YHURSDAY JUNE 4, 2026**

**DEPARTING @ 9:45AM                      NO CHARGE**

#### What you’ll find at Stone Bridge

These are the stores, restaurants and businesses:

**Barnes & Noble, Birdcode, Blender Bar,  
Chase Bank, Chipotle ,  
Choice Pet, Club Pilates,  
Hartford Health Care GoHealth Urgent Care,  
Harvey Lewis Opticians, J. Crew,  
Market Place Kitchen & Bar,  
Mercato Italian Kitchen & Bar,  
Paris Baguette, Saybrook Home, Shake Shack,  
T.J. Maxx, Verizon, Whole Foods.**

We will be leaving from the Senior Center at 9:45am. You will have time to browse, shop and eat at any of these locations mentioned above. At 2:00pm we will meet at a designated spot for our return trip back to Prospect. The bus driver will let everyone know where to meet the bus.

If you are interested in joining us, please sign up as soon as possible.

**May 2026**

**NEW ITEM**

**SCULPTUREDALE  
IN KENT, CT.**

**SUNDAY, JUNE 28, 2026**

**DEPARTING @ 9:45AM NO CHARGE**

In the Jungle, the mighty jungle, the lion sleeps tonight...yet that is not the case at Sculpturedale in Kent, Ct.

There are lots of animals roaming and none are sleeping. As you wander about the beautiful landscaped property of creator Denis Curtis, it takes little imagination to find yourself in the wilds of Africa, with sounds of elephants trumpeting and lions roaring in the distance.

You will see giraffes, elephants and deer cavorting with smaller critters such as frogs, bunnies and turtles, while remaining tolerant of domestic dogs, cats, goats, pigs and roosters.

When you experience his kingdom, it is easy to see Denis has more than an artistic eye.

His sculptures were formed from his real life experiences traveling and living amongst many exotic creatures.

We will be leaving from the Senior Center at 9:45am. Our first stop will be at the White Horse Pub in New Preston for Sunday Brunch. When we are done with brunch, we will head over to the Sculpturedale in Kent. We should be back in Prospect at about 3:30pm.

If you are interested in joining us, please sign up as soon as possible.

**NEW ITEM**

**“Block Island on Your Own”**

**Friday, June 12, 2025**

**Departing @ 6:45 AM**

**\$66.50**

**“A Last Great Place”**

**“So Close to Home but a World Away”**

These are the unofficial slogans of the very special place called “Block Island.” Named after the Dutch explorer Adriaen Block who discovered and charted the island in 1614, Block Island is 9.73 square miles of largely unspoiled land located 9 miles south of the Rhode Island shore and 14 miles east of Long Island’s Montauk Point. It is called “A Last Great Place” because of its abundance of unspoiled land and because, throughout its long history, it has remained relatively untouched by mass tourism. “So Close to Home but a World Away” references the Island’s distinct, quaint island character despite its accessibility to the mainland.

On Friday, June 12th, members of the Prospect Senior Center will have the opportunity to welcome the summer of '26 when we travel to Block Island aboard the Cross Sound Ferry’s “Cecelia Ann.” Enjoy a Bloody Mary on the open deck of the ferry, an early season dip in the Atlantic Ocean or a springtime lunch on the porch of the National Hotel or the Spring House while the kids are still in school and before the tourists descend upon the Island.

We will be departing from New London on the 8:30 AM ferry and will be arriving on Block Island at approximately 10:00 AM. Once on Block Island, you are free to enjoy the island as you like. You can browse the shops, spend the day at the beach, take a tour or visit any of the Island’s many attractions. Tourist information is available at the Chamber of Commerce office located in the ferry company’s parking lot at Old Harbor. For your dining pleasure, Block Island has an abundance of eateries and restaurants, some of which are the National Hotel, the Spring House Hotel, Ballard’s Resort, Aldo’s and the Block Island Beach House, all within walking distance of the ferry.

We’ll be departing Block Island aboard the Cecelia Ann at 4:55 PM sharp. Boarding begins approximately one half hour before departure time. You are responsible for retaining your return ticket and getting yourself to the ferry on time. The Senior Center is neither responsible for the cost of replacing lost tickets nor for your transportation from New London to Prospect, should you miss the ferry and have to take the later boat.

At 6:00 PM, the Prospect Senior Center minibus will be waiting for us for the return trip to Prospect. We expect to be back in Prospect by 7:30 PM. **Please note the charge for the trip covers only the ferry transportation. All other expenses are your own responsibility.**

If you are interested in joining us, please sign up

**NEW ITEM**

**THE BEATLES CANDLELIGHT EXPERIENCE  
AT CHURCH OF GOOD SHEPARD EPISCOPAL  
IN SHELTON, CT.**

**FRIDAY, JUNE 12, 2026**

**DEPARTING @ 5:45PM \$28**

Lumos Live candlelight concerts are widely praised for creating intimate, magical atmospheres in historic venues, often featuring talented string ensembles playing popular music (e.g. Coldplay, Fleetwood Mac, Beatles, ABBA). Attendees generally describe the experience as romantic and worth the money, though some mention that experiences vary by venue and seating.

Lumos offers enchanting concert experiences that pay tribute to world-renowned artists. They have teamed up with extraordinary venues and iconic locations globally to create performances that are truly magical.

The performance at this event will be a string trio.

We will be leaving from the Senior Center at 5:45pm. Doors open at 6:15pm. Seating is based on first come first serve in your designated area. The concert starts at 7:00pm and will last for one hour. We should be back in Prospect by about 9:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

## May 2026

### NEW ITEM

#### **TALCOTT MUSIC FESTIVAL @ SIMSBURY MEADOWS**

**22 IRON HORSE BLVD, SIMSBURY, CT.**

Celebrate all summer long at the Hartford Symphony Orchestra's annual Talcott Mountain Music Festival. Pack your picnic, attend with your friends from the Senior Center, relax under the stars, and enjoy the Hartford Symphony Orchestra. It all happens at the beautiful Performing Arts Center at Simsbury Meadows in the town of Simsbury in the heart of the Farmington valley.

**Friday, July 3, 2026 – Celebrate America!**

**Departing @ 5:00pm \$50 (Rain date July 5)**

The HSO presents its annual "Celebrate America!" concert, led by the esteemed Hartford Symphony Orchestra Music Director Carolyn Kuan. Joining the orchestra for this special occasion are members from the Hartford Chorale. The concert will feature beloved patriotic classics such as Battle Hymn of the Republic, God Bless America, Stars and Stripes Forever, and the Armed Forces Salute. The night wouldn't be complete without an exhilarating display of fireworks!

**Friday, July 10, 2026 – Infinity Rising –**

**The Music of Journey**

**Departing @ 5:00pm \$50**

Audiences will be transported through decades of rock anthems and heartfelt ballads as the show captures the spirit of Journey's signature sound. With stunning orchestral arrangements of chart-topping classics like Don't Stop Believin, Open Arms and of course Faithfully, this electrifying concert is a must-see event for fans of all ages.

"Infinity Rising- The Music of Journey" combines the power of a live rock band with the lush sound of the Hartford Symphony Orchestra. This show promises a high-energy, one-of-a-kind experience that highlights the band's legendary influence on music history while creating an entirely new way to enjoy their greatest hits.

**Friday, July 17, 2026 – Brass Transit- The Music Legacy of Chicago**

**Departing @ 5:00pm \$50**

Brass Transit was formed in 2008, its accomplished, award-winning roster intent on paying tribute to the decades-long, multiplatinum songbook of Chicago.

Since 2008, Brass Transit has toured North America steadily, dazzling audiences with flawless performances and spectacular attention to detail. Hits like, Saturday In The Park, 25 or 6 To 4, If You Leave Me Now, Feelin' Stronger Every Day, and You're The Inspiration have left crowds in awe, inspiring multiple standing ovations and comments like: "Spine-Tingling!" "Brought me back to my youth!" and "Perfect in every detail!"

Brass Transit goes far beyond just replicating the songs; they embody the music. They recently produced their first (self-titled) album, taking songs by other top rock artists from the seventies and recording them with horns in the Chicago style. The result is a fresh approach to some of the greatest hits of the era. They also recently scored their show for full symphony orchestra with original arrangements that are truly spellbinding.

Brass Transit will bring you back to the most memorable times of your life. Get ready to sing along!

**Friday, July 24, 2026 – 7 Bridges – The Ultimate Eagles Experience**

**Departing @ 5:00pm \$50 (Rain date July 25)**

Fasten your seat belts and get ready for an unforgettable rock and roll journey with 7 Bridges: The Ultimate EAGLES Experience!

Coming from Nashville, Tennessee, this tribute to the music of the Eagles includes stunningly accurate renditions of timeless classics and fan favorites such as Hotel California, Take It Easy, Desperado, One of These Nights, Life In The Fast Lane, and New Kid in Town.

7 Bridges' incredible concert experience transports the audience back to the country rock era in Southern California and features impeccable harmonies, masterful musicianship, and authentic 1970's stage presence – with the HSO providing beautiful orchestral arrangements.

The band's dedication to recreating the iconic sound of The Eagles is evident in every note they play and sing. This makes their show a must-see event for any fan of classic rock.

**Friday, July 31, 2026 – Electric Avenue – 80's MTV Experience**

**Departing @ 5:00pm \$50 (Rain date August 1)**

Electric Avenue is a high energy American music ensemble that celebrates and recreates the unforgettable sound and youthful spirit of 1980s New Wave and FM radio pop. Born from a one-time party gig that quickly evolved into a decade-long musical journey, Electric Avenue has become known for delivering performances that transport audiences back to the heart of the 1980s, capturing every sound, nuance, and feeling of the era's biggest musical moments.

With more than 1,100 concerts across the United States, Electric Avenue has built a reputation as one of the most authentic and dynamic tributes to the music that defined a generation. Their meticulous attention to detail — from vintage synthesizers to rare signal processors — brings iconic 80s hits back to life in a way that resonates powerfully with audiences of all ages, always accompanied by video from the era. Get ready to sing along to your favorite 80's hits with Electric Avenue and the Hartford Symphony!

For the ultimate picnic experience - and an up close view – we have reserved a table in front of the stage offering seating for up to eight people, for each of the concerts. Gates open at 6:00pm for picnicking. The concerts begin at 7:30pm. Bring your own picnic fare to share with everyone. It will be a smorgasbord of wonderful food if everyone brings something to share! Alcohol is allowed, but no hard liquor allowed on premise.

If you are interested in attending any of these concerts, please sign up and PAY as soon as possible. When signing up, please specify which concert you would like to attend.

We will be leaving from the Senior Center at 5:00pm. Doors open at 6:00pm. We should be back in Prospect by about 10:00pm.

## May 2026

### NEW ITEM

#### The Stonington Village Fair Saturday, August 1, 2026

**Departing @ 9:00 AM                      No Charge**

Join us on Saturday, August 1st when we attend the 74th edition of the annual Stonington Village Fair in the borough's Wadwanuck Square. Now a time-honored tradition, the first village fair was held on August 14, 1952 to commemorate the 1814 Battle of Stonington. With the assistance of over 100 volunteers, this popular community event brings together local and tourists alike, for a fun-filled day of live music, food and crafts. Exhibits at this year's event will include oil paintings, jewelry, henna, housewares, clothing and one-of-a-kind gift items. Featured at the show will be live music, a pie tasting booth, a Portuguese bread sale, a book sale, the COMO STEAM tent where you can purchase local pottery and the Stonington Garden Club booth where you can buy a gorgeous bouquet created with local flowers by members of the Garden Club.

We will be leaving the Senior Center at 9:00 AM. You will have until 4:00 PM to enjoy the fair and explore the quaint village of Stonington. If you prefer eating at restaurant instead of at one of the fair's food trucks, it is recommended that you make a reservation in advance as the village's restaurants are likely to be crowded on the day of the fair.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### "A Summer's Palette" Westford Hill Distillers Saturday, June 27, 2026

**Departing @ 9:00 AM                      No Charge**

On Saturday, June 27th, the Ashford Area Arts Council, along with Westford Hill Distillers, will be presenting the 5th annual "A Summer's Palette," a juried arts and crafts show at the idyllic and wonderfully bucolic Westford Hills Distillers. The distillery is located on a beautiful New England family farm that has remained basically unchanged throughout its 200+ year history. The farm features rolling hills, 100 year old gardens and the distillery, which produces eau-de-vie as well as niche brandies and other distilled liquors.

On our picture perfect day on the grounds of Westford Hills Distillers, we'll be able to bask in the beauty of a spring day in the hills, stroll through the gardens, shop the wares of the area's talented artists and artisans, dine from the food trucks and/or enjoy a craft cocktail in the Distillery's 1919 Room. We'll have until 2:30 PM to enjoy the festival, at which time we'll board our minibus for the return trip to Prospect. **There is no charge for this trip but all food and beverages are at your own expense.**

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### Zuppardi's Apizza West Haven, Connecticut Tuesday, June 23, 2026

**Departing @ 4:15 PM                      No Charge**

Join us for an evening of comradery and a slice or two of pie when we travel to the legendary Zuppardi's Apizza on Tuesday, June 23rd.

In 1932, Domenic Zuppardi, having learned the trade of bread-making on the southern coast of his native Italy, opened a bakery in New Haven, making artisan breads as well "abeetz," now known to all as "pizza." In 1934, he moved his expanding business to Union Avenue in West Haven. In 1946, after Dominic became too ill to run the business, his son Anthony, having served as a cook in the Navy, took over the bakery and decided to focus on making "apizza." In 1947, he changed the name of the business to "Zuppardi's Apizza." For decades, Anthony and his family worked passionately to build the business and the restaurant became a cornerstone among the acclaimed New Haven pizzerias. Anthony passed away in 1988 but his legacy lives on through his children and grandchildren who continue to operate Zuppardi's as family business to this day.

Zuppardi's serves up many varieties of very good, traditional, New Haven style thin-crust pizza as well as clams, salads and desserts. They also serve beer and wine. For this trip, we will be departing the Senior Center at 4:15 PM. Zuppardi's does not take reservations, so be prepared for a short wait. As we will be visiting on a weekday evening, the restaurant, despite its popularity, should not be too crowded. Bringing cash is highly recommended as many of you will be choosing to share pizza pies! It is expected that we will be arriving back in Prospect within the 7 o'clock hour.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

#### "The Butler Did It" Piedmont Players Dinner Theater Friday, May 15, 2026

**Departing @ 5:00 PM                      \$30**

On Friday, May 15th, "The Ladies in Red" will have the privilege of attending yet another performance of the always entertaining Piedmont Players at the Hopeville Church in Waterbury. We invite all members of the Prospect Senior Center to join us for this enjoyable evening of theater and good food. The Piedmont Players is a not-for-profit community theater troupe who, over the past 20 years, has presented over 30 dinner theater performances at the Waterbury Hopeville Church, donating all proceeds to the church. The "Ladies in Red" have, for many years, been semi-annually attending performances by the Piedmont Players and have always enjoyed the always entertaining and sometimes hilarious performances and the tasty, home-style dinner.

The evening's presentation will be "The Butler Did It," a murder mystery in which the butler is wrongly suspected of killing a dinner guest and must discover the real culprit to prove his innocence. As of this writing, the details of the menu, which will include appetizers, salad, beef and chicken entrees and dessert, are yet to be finalized but the three course dinner, as always, is sure to be homemade and delicious.

For this trip, we will be departing the Senior Center at 5:00 PM. The cost, inclusive of the performance and dinner, is \$30.

If you are interested in joining us, please sign up as soon as possible.

## May 2026

### NEW ITEM

**OPEN AIR MARKET & FESTIVAL  
@ WADSWORTH MANSION  
IN MIDDLETOWN, CT.  
SUNDAY, AUGUST 30, 2026**

**DEPARTING @ 9:00AM                      NO CHARGE**

The historic Mansion will transform its 700 foot vista into a marketplace and festival where a variety of vendors will gather to sell their Connecticut grown or made products. One can stroll from tent to tent purchasing fresh produce, fruit, cheese, breads, and prepared foods. Local artisans such as potters, painters and jewelers have been invited to sell their work. Visitors will be encouraged to lounge on the lawn with lunch and listen to live music performed on the patio. Families can bring their children and spend the day. It will be a day to discover the Wadsworth Mansion, enjoy music and art, and experience the tradition of shopping at an open-air market.

We will be leaving from the Senior Center at 9:00am. You will have until 2:00pm to enjoy the festival. At 2:00pm we will board the bus for our return trip back to Prospect. We should be in Prospect by about 3:00pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**The Niantic Lions Club  
Outdoor Arts and Crafts Festival  
Sunday, July 5, 2026**

**Departing @ 9:00 AM                      No Charge**

On one weekend each summer, artists, crafter and food vendors from all over New England gather at the East Lyme Town Hall Green for the Niantic Lions Club Outdoor Arts and Crafts Show. The proceeds from this very popular, juried show are used to support the Lions Club's various charities, community projects and other worthy causes. On Sunday, July 5th, members of the Prospect Senior Center will have the opportunity to browse the show and explore the seaside village of Niantic.

The village of Niantic has much to see and do. The village's top attraction is the 1.1 mile long boardwalk that stretches along Long Island Sound from Cini Beach to the Hole-in-the-Wall Beach, both of which are suitable for swimming and sunbathing. Niantic is home to several quaint and interesting shops, one of which is the famous Niantic Book Barn, and to a variety of restaurants and eateries, including Adam Young's 'Sift' bakery.

For this trip, we'll be departing the Senior Center at 9:00 AM and arriving in Niantic in time for the show's opening at 10:00 AM. We'll have until 2:00 PM to enjoy the show, explore the village and grab a bite to eat at your own expense. There is no charge for this trip and admission to the show is free. We expect to be back in Prospect by 3:00 PM.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**Annual Plainville Hot Air Balloon Festival  
Norton Park – South Washington Street  
Rte 177 – Plainville, Ct.  
Friday, August 21, 2026**

**Departing @ 5:00pm                      No Charge**

The Plainville Fire Company will be hosting its Annual Hot Air Balloon Festival at Norton park in Plainville, Ct. beginning on Friday, August 21, 2026. The activities begin on Friday evening and continue all day Saturday and wrap up on Sunday morning. The festival attracts thousands of spectators to what organizers consider one of the biggest and last remaining hot air balloon festivals in the Northeast.

The free festival begins at 5:00pm on Friday. Balloons will launch at 6:00am on Saturday and Sunday. About 25 – 30 hot air balloons will be at the festival. Some may offer rides to spectators. Some balloonists will also offer tethered rides on Friday night for a nominal fee. You get in the basket of the balloon and rise about 100 to 150 feet in the air. You don't go anywhere but you get a nice birds-eye-view of the grounds.

A huge craft fair will be held all three days, with live music from area bands, Friday night and all day Saturday. Fireworks are scheduled for Friday night at 9:30pm. Lots of vendors are available for shopping and there will be food for your enjoyment, served by the Fire Department. This festival is a fund raiser for the Plainville Fire Department.

We will be meeting and leaving from the Senior Center at 5:00pm. Once at the fairgrounds you will be free to wander on your own through the festival. We will stay until the fireworks show is over. We will be leaving directly after the fireworks. We suggest that you bring a folding chair with you for the fireworks show. Also, you can bring your own food with you if you would prefer since concession food at most venues such as this, tend to be a little pricey.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**FOR 2026 THE TOWN OF PROSPECT  
WILL BE BRINGING MANY NEW BANDS  
FOR YOUR ENJOYMENT.  
WEDNESDAYS 7:00-8:30PM**

- JUNE 24 – AFTER SHOCK – ROCK/DANCE BAND/SOUL/BLUES**
- JULY 1 – SOUTHERN VOICE – COUNTRY**
- JULY 8 – MISCHIEF – 80'S ROCK**
- JULY 15 – THE STEVIE EXPERIENCE (TRIBUTE TO STEVIE NICKS)**
- JULY 22 – HEAVY HITTERS – GREATEST HITS, 60'S THRU TODAY**
- JULY 29 – BERNADETTE'S – CLASSIC ROCK, SOULFUL BALLADS, OLDIES**
- AUG 5 – SHADED SOUL – MOTOWN – R&B, ROCK & SOUL**
- AUG 12 – RAISE YOUR HANDS (BON JOVI TRIBUTE BAND)**
- AUG 19 – MORGAN SKELLY & THE OLD CROWS**

**May 2026**

**NEW ITEM**

**HUDSON VALLEY WINE & FOOD FEST  
@ DUTCHESS COUNTY FAIRGROUNDS  
Rhinebeck, NY**

**Sunday, September 13, 2026**

**Departing @ 9:00am \$35**

The Hudson Valley Wine and Food Fest is a celebration of the bounty of New York. The food and wine festival features hundreds of wines from Hudson Valley wineries and beyond, New York distilled spirits, craft beers and gourmet specialty foods from all over the country.

Learn more about wine at their educational seminars and brush up on your culinary skills with cooking workshops from regional celebrity chefs throughout the day. You can satisfy your hunger with delectable treats from the Gourmet Food Truck Corral. They host some of the region's best food trucks and food concessions.

At the fest you can find everything from farm fresh cheeses & eats, salsas, BBQ sauce, mixes, baked goods, maple syrup, candy, nuts, granola, olive oils and more. It hosts some of the region's best festival vendors including over 150-wineries, gourmet specialty food vendors, fine art, and craft vendors.

Your ticket includes admission to the Hudson Valley Wine and Food Fest, souvenir tasting glass and all the wine, beer & spirits you care to taste. Food is not included.

We will be meeting and leaving from the Senior Center at 9:00am. We should be at our destination by about 10:45am. Once there you will be free to explore the festival on your own until 3:00pm. At this time we will leave the festival and start heading back to Prospect. We expect to be back at the Senior Center by about 5:00pm.

If you are interested in attending, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the amount of people we can bring with us.

**NEW ITEM**

**THE "BIG E"  
THE EASTERN STATES EXPOSITION  
TUESDAY, SEPTEMBER 22, 2026  
TUESDAY, SEPTEMBER 29, 2026**

**DEPARTING @8:00AM \$20**

The "Big E" also known as The Eastern States Exposition, is billed as "New England's Great State Fair". The "Big E" serves as the state fair for all six of the New England states.: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont. Each of the New England states is prominently represented at the fair. The "Big E" is the sixth largest agricultural fair in the country and the largest in New England.

There are huge number of attractions at the fair including livestock, animals, food, exhibits, vendors, crafts, concerts, entertainment, amusement park rides, demonstrations, Avenue of the States, hobby shows, camping & outdoor shows, sportsman shows, horse shows, and much, much more.

We will be going to the Big E this year on Tuesday, September 22, 2026 and Tuesday, September 29, 2026. We will be meeting and leaving from the Senior Center at 8:00am. In order to keep prices down, we are using our mini bus for transportation. We should be at the fair by about 9:30am. Once there, you will be free to explore the fair until 4:00pm. At this time, we will meet at a designated area, board our bus and head back to Prospect. We should be back in Prospect by about 5:30pm. (depending on traffic, of course).

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Be warned, this trip usually fills up quickly. **Don't wait too long to sign up or you may be disappointed.**

**NEW ITEM**

**MINI FACIAL WITH MARIA SCOTT  
TUESDAY, MAY 12, 2026  
TUESDAY, MAY 26, 2026  
APPT STARTING @ 1:00PM  
\$25/20 MINUTES**

Maria will be doing mini facials on Tuesday, May 12, 2026 and May 26, 2026. She will be cleansing, steaming and massaging your face, doing a face mask, massaging your neck, shoulders, arms and hands. This mini facial will take about 20 minutes.

If you are interested in relaxing for 20 minutes, please make an appointment.

If you have any allergies, please let Maria know.

## May 2026

### NEW ITEM

**“Blue Monday” Concert Series  
“Sugar Ray & the Bluetones”  
Mystic, Connecticut  
Monday, July 20, 2026**

**Departing @ 4:00 PM                      No Charge**

This July, the “Blue Monday” Concert Series returns to the Mystic River Park for its 20th season. The concert series is a fundraiser for the Stonington Educational Fund and the Pawtucket Neighborhood Center. Concert goers are asked to please bring along a canned food item for the Neighborhood Center food bank.

The evening’s performance is by “Sugar Ray & the Bluetones.” Sugar Ray has been playing his unique style of blues the world over for almost forty years. Not limited to one style, he and his band play Chicago Blues in the style of Muddy Waters, Little Walter and Billy Boy Bob, Kansas City Swing in the style of Big Joe Turner, Texas Blues like T Bone Walter and Freddie King and the swampy Louisiana sounds of Lazy Lester.

The stage will be set at the Mystic River Park on Cottrell Street at the foot of the Mystic’s bascule bridge, convenient to the downtown business district, should you want to grab an ice cream or a snack.

For this trip, we’ll be leaving the Senior Center at 4:00 PM, allowing for rush hour traffic and giving us time to set up our lawn chairs prior to the start of the concert at 6:00 PM. In addition to your chair and food bank donation, you may want to bring along a picnic basket. We’ll depart Mystic when the concert ends at 8:00 PM and should be back in Prospect around 9:00 PM.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**Stratford Antique Center  
Copps Island Oyster Shack  
Saturday, May 23, 2026**

**Departing @ 9:15 AM                      No Charge**

On Saturday, May 23rd, the Prospect Senior Center will be making an encore visit to the massive Stratford Antique Center, a 16,500 square foot, multi-dealer shop that showcases a vast and varied selection of antiques and collectibles from over 200 dealers. Within the antique center, buyers will find furniture, art, jewelry, vintage clothing, china, glassware, pottery, toys, ephemera and much more. Among the featured brands are Royal Doulton, Roseville, Weller, McCoy, Nippon and, for toys, Tonka. There is something for everybody! We will have approximately two hours, from 10:00 AM until noon, to browse the many treasures within the Stratford Antique Center.

At noon, we’ll head to Brown’s Marina for a delicious alfresco lunch from the fabulous Copp’s Island Oyster Shack food truck. The extensive menu includes all of the best of New England summertime seafood along with menu items for landlubbers – hot and cold lobster rolls, fried oysters and clams, raw bar selections, burgers, dogs and chicken, roasted corn-on –the-cob, fries and onion rings. This eatery is BYOB so bring the beer, bubbly or vino!

Although there is no charge for the trip, all food is at your own expense. We’ll have until 2:00 PM to enjoy our seaside feast, at which time we’ll head back to Prospect with an expected arrival time of 3:00 PM.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**Yale University Walking Tour  
Stowe’s Seafood  
Wednesday, June 17, 2026**

**Departing @ 9:45 AM                      \$5**

On the morning of Wednesday, June 17th, members of the Prospect Senior Center will have the opportunity to enjoy a guided, walking tour of the venerable Yale University campus in New Haven. The tree-lined Yale campus has been described as “the most beautiful urban campus in America.” On our one hour long, student-led tour, we’ll see the famous Nathan Hale statue, the Old Campus, the residential colleges, the Beinecke Library and more.

After our tour, we’ll have the pleasure of dining at Stowe’s Seafood across from Long Island Sound and the beach in West Haven. Stowe’s is a funky, but much acclaimed, seafood shack with an extensive, reasonably priced menu that includes both seafood and selections for landlubbers. The seafood market is so enticing that you may want to bring a cooler! Stowe’s is cash only but they do have an ATM. It’s also BYOB.

For this trip, we’ll be leaving the Senior Center at 9:45 AM and will be arriving at Elm Street in New Haven in time for our 10:45 AM tour. We’ll be arriving at Stowe’s by 12:30 AM and will have until 2:00 PM to enjoy our meal. We expect to be back in Prospect on or before 3:00 PM.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

**“Blue Monday” Concert Series  
“Sugar Ray & the Bluetones”  
Mystic, Connecticut  
Monday, July 20, 2026**

**Departing @ 4:00 PM                      No Charge**

This July, the “Blue Monday” Concert Series returns to the Mystic River Park for its 20th season. The concert series is a fundraiser for the Stonington Educational Fund and the Pawtucket Neighborhood Center. Concert goers are asked to please bring along a canned food item for the Neighborhood Center food bank.

The evening’s performance is by “Sugar Ray & the Bluetones.” Sugar Ray has been playing his unique style of blues the world over for almost forty years. Not limited to one style, he and his band play Chicago Blues in the style of Muddy Waters, Little Walter and Billy Boy Bob, Kansas City Swing in the style of Big Joe Turner, Texas Blues like T Bone Walter and Freddie King and the swampy Louisiana sounds of Lazy Lester.

The stage will be set at the Mystic River Park on Cottrell Street at the foot of the Mystic’s bascule bridge, convenient to the downtown business district, should you want to grab an ice cream or a snack.

For this trip, we’ll be leaving the Senior Center at 4:00 PM, allowing for rush hour traffic and giving us time to set up our lawn chairs prior to the start of the concert at 6:00 PM. In addition to your chair and food bank donation, you may want to bring along a picnic basket. We’ll depart Mystic when the concert ends at 8:00 PM and should be back in Prospect around 9:00 PM. If you are interested in joining us, please sign up as soon as possible.

## May 2026

**2026 TWIN LOBSTERS**  
**@ THE LOG CABIN, HOLYOKE, MA.**  
**FEATURING THE CORVETTES**  
**"50's AND 60's DOO WOP"**  
**THURSDAY, JULY 16, 2026**  
**DEPARTING @ 10:00AM \$97**  
**(PRIME RIB OR TWO LOBSTERS)**

Back by Popular Demand, this High Energy Doo Wop Show is the best in New England!

Join us for a sox hoppin' good time with this fun filled afternoon that will transport you back to the 50's & 60's!

The Corvettes Doo Wop show will perform all the classics we love such as, Whole Lotta Shakin Goin On - At the Hop - The Twist - Earth Angel - Rock Around The Clock - Runaround Sue - Splish Splash - Shake Rattle & Roll And many more!

You are sure to enjoy this extremely talented group. Wear your dancing shoes!

The food choice will be Twin Lobsters, freshly steamed with Drawn Butter OR Prime Rib of Beef. Please make your selection when you sign up. Also included with the Luncheon will be Hors D' Oeuvre's, Signature Bread, Clam Chowder, Baked Potato, Corn, Dessert, Coffee and Tea.

We will be leaving from the Senior Center at 10:00am. Lunch will be served at 12:00pm. The Corvettes will perform at 1:45pm. We will be departing the Log Cabin at 3:15pm. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**"SONGS ACROSS AMERICA"**  
**IN HONOR OF VETERANS DAY**  
**FEATURING JIMM MAZZ**  
**AT THE CARRIAGE HOUSE**  
**(STORROWTON TAVERN)**  
**ON THE BIG E GROUNDS**  
**THURSDAY, NOVEMBER 12, 2026**

**DEPARTING @ 10:00AM \$79**

The talented, entertaining and handsome Jimmy Mazz will perform "Songs Across America". He starts off with the beautiful Neil Diamond hit "Sweet Caroline" and works his way west to Detroit with some classic Motown and then on to Chicago. He then "stops in San Francisco" for some Tony Bennett and then makes his way to Las Vegas before arriving in Texas and Nashville for some Country favorites! A little Jazz in New Orleans will be on hand before the show makes its way back East to NYC for some "Old Blue Eyes" Frank Sinatra and of course, those well known and loved patriotic songs in celebration of the U.S.A!!

The meal will consist of: Fresh Garden Salad, Entrée Choices: Yankee Pot Roast, Baked Scrod (topped with herb cracker crumbs), Chicken Pot Pie (potato & vegetable), Dessert, Coffee and Tea. Please make your meal choice when you are signing up.

We will be leaving from the Senior Center at 10:00am. We should be back in Prospect at about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

**"Americana Cookout"**  
**Madison Beach Hotel**  
**Thursday, July 2, 2026**

**Departing @ 4:00 PM No Charge**

The Prospect Senior Center loves the Madison Beach Hotel! The sand, the sea, the swank and sumptuous hotel -we love it all!

On Thursday, July 2nd, we'll have the opportunity to enjoy a classic American 4th of July celebration when the oceanside Madison Beach Hotel hosts its annual 4th of July Americana Cookout. From 6:00-9:00 PM, the hotel will be serving classic summertime fare on the lawn and the Beach Bar will be open. There will be live musical entertainment on the hotel's expansive lawn from 7:30 to 9:30 PM. Then the Town of Madison's over-the-top fireworks display, visible over the water from the beach, begins.

For this holiday celebration, we will be leaving the Senior Center at 4:00 PM and will hopefully be arriving in Madison in time to beat the crowds as this is an extremely well-attended event. The celebration is free of charge but the hotel does not allow outside food or beverages to be brought onto the grounds. Bringing a chair is strongly advised as seating on the lawn is extremely limited. We'll be leaving Madison immediately after the conclusion of the fireworks.

If you are interested in joining us, please sign up as soon as possible.

### OKTOBERFEST

**@ THE LOG CABIN, HOLYOKE, MA.**  
**THURSDAY, OCTOBER 15, 2026**

**DEPARTING @ 10:00AM \$87**

Laugh and enjoy the interactive German-influenced entertainment as our award winning band takes you through an afternoon of music and song! Participate in dances and German and Polka Music. Delight in a delicious German buffet!

The German meal will consist of: Beer & Potato Soup, Mixed Green Salad, German Potato Salad, Sauerkraut, Bratwurst, Knockwurst, Braised Cabbage, Buns & Fixings, Apple Strudel, Coffee or Tea.

We will be leaving from the Senior Center at 10:15am. Lunch starts at 12:00pm. The show starts at 1:45pm. We should be leaving at 3:00pm. We will be back in Prospect at about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

## May 2026

### Lockwood-Mathews Mansion Museum Wednesday, July 1, 2026

**Departing @ 9:30 AM \$8**

A National Historic Landmark since 1971, Norwalk's Lockwood-Mathews Mansion is now re-opened for public tours after closure for restoration. The Mansion, built between 1864 and 1868, was designed by architect Detlef Lienau for renowned financier and railroad baron LeGrand Lockwood and his wife Ann Louisa. The ornate house features interiors and furnishings by such notable designers as the Herter Brothers, Leon Marcotte and George Platt.

Following Lockwood's untimely death in 1872, Charles Drelincourt Mathews, a wealthy merchant from New York, purchased the Mansion in 1876 as a summer home for his wife Rebecca and their four children. Their eldest son, Charles T. Mathews, designed the famous Lady Chapel in St. Patrick's Cathedral in New York City.

The City of Norwalk purchased the property in 1941. After using the mansion for various municipal purposes until 1956, then Mayor Cook announced plans to raze the historic structure. Amid public outcry, demolition was scheduled in 1961. The battle to "Save Norwalk Mansion" began, leading to the Mansion's designation as a National Historic Landmark in 1971.

On our visit to the historic Lockwood-Mathews Mansion, we'll be enjoying a 45 minute, guided tour of the Mansion's majestic 1st floor Period Rooms, the 2nd floor bedrooms and the Servant's Quarters. At the conclusion of our tour, we'll head to the beautiful, seaside Galley restaurant at Cove Marina for an al fresco lunch from the Copps Island Oyster Shack. Copps Island Oysters is a fourth-generation, family-owned-and-operated shellfish farm. Their Oyster Shack menu features high quality seafood brought directly from their boats to the eatery's tables and includes hot and cold lobster rolls, clam and oyster rolls, raw bar selections and baked specialty oysters, burgers, hot dogs, chicken and caviar! Cocktails are available and the food is absolutely delicious!

For this trip, we will be leaving the Senior Center at 9:30 AM. Our tour of the mansion is scheduled for 11:00 AM. We will be having lunch at noon. The \$8 cost for the trip covers only the tour. The cost of all food and drink is at your own expense. We'll be departing Norwalk at 1:30 PM and should be back in Prospect by 3:00 PM.

If you are interested in joining us, please sign up and PAY as soon as possible.

### NEW ITEM

**STRAWBERRY FESTIVAL  
@ MONROE CONGREGATIONAL CHURCH  
SATURDAY, JUNE 20, 2026  
DEPARTING @ 9:30AM NO CHARGE**

**Join us for the 54th Annual  
Strawberry Festival,  
a beloved Father's Day Weekend tradition!**

Browse over 100 crafters offering beautiful handmade goods, enjoy great festival food like burgers and homemade JAM, strawberry pies and dipped berries, and treat yourself to our famous strawberry shortcake. Play some games and visit the bounce house with the kids. Plus, soak in the fun with live music throughout the weekend, because shopping and shortcake are even better with a soundtrack.

**But most of all, enjoy the Festival!**

We will be leaving the Senior Center at 9:30am. You will have until 2:00pm to browse the festival. At 2:00pm we will board our bus for our return trip back to Prospect. We should be in Prospect by 2:45pm.

If you are interested in joining us, please sign up as soon as possible.

### NEW ITEM

**"More Inishmor"  
Quality Consignment  
Thursday, July 9, 2026**

**Departing @ 9:30 AM No Charge**

On St. Patrick's Day, Prospect's "Ladies in Red" celebrated "the wearing of the green" at the Inishmor Pub in Colchester and, despite the crowds of boisterous merrymakers, we all had a great time and vowed to return to the Inishmor on another day. On Thursday, July 9th, members of the Senior Center will have the opportunity to visit this celebrated, family-owned Irish Pub which, for several consecutive years, has earned the distinction of "Best Irish Pub in Connecticut." Inishmor serves farm-to-table cuisine and prides itself on using locally sourced ingredients whenever possible. In addition to the ubiquitous Corned Beef & Cabbage, their menu features Shepherd's Pie, Bangers and Mash, Curry, Burgers and Sandwiches. The Corned Beef & Cabbage has been proclaimed by one Senior Center member as "the best [she] ever had!

After our lunch at Inishmor, we be stopping at "Quality Consignments," which is just down the street. "Quality Consignments" is a multi-dealer shop with a seemingly endless assortment of collectible, vintage and antique merchandise. It's a fun place to shop and a great place to find bargains. There is something for everybody! We'll have until 2:00 PM to explore "Quality Consignments."

For this trip, we'll be departing the Senior Center at 9:30 AM and returning to Prospect by 3:30 PM. There is no charge for the trip but all food and drink is at your own expense.

If you are interested in joining us, please sign up as soon as possible.

May 2026

THEATER

**REMEMBER:  
SIGN UP AND PAY ASAP  
NO SEATS HELD W/O PAYMENT**

## REFUND POLICY

Effective January 1, 2024 the Prospect Senior Center will have a **NO REFUND** policy for all theater tickets that have been purchased. The venue(s) will not give us any refunds or exchanges once the tickets are purchased. Please carefully consider before making your arrange-



**Almost Queen**  
**Saturday, May 16, 2026**  
**Departing @ 7:00pm** **\$41**

They don't just pay tribute to the legendary band, Almost Queen transports you back in time to experience the magic and essence of Queen themselves.

Almost Queen's concerts are a true testament to the band's love for Queen's music. Fans often travel long distances just to experience Almost Queen's carefully curated setlist featuring Queen's best-loved songs, like "Somebody to Love," "Don't Stop Me Now," "Fat Bottomed Girls," and "Radio Ga Ga." Almost Queen occasionally plays some lesser-known album tracks, such as "Flash," "Spread Your Wings," "Love of My Life," as well as other hidden gems. And of course, no Queen tribute concert would be complete without classics like "Bohemian Rhapsody," "We Will Rock You," and "We Are the Champions!" It's no wonder fans keep coming back for more, attending again and again to experience the music of Queen in a manner that only Almost Queen delivers.

We will be leaving from the Senior Center at 7:00pm. The show time is 8:00pm. We should be back in Prospect at about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**DAVID FOSTER & KATHARINE MCPHEE**  
**FRIDAY, SEPTEMBER 25, 2026**  
**DEPARTING @6:00PM** **\$57**

16-time Grammy award-winning musician, songwriter, and producer David Foster and acclaimed singer, television and Broadway star, Katharine McPhee are bringing their live show on the road.

This intimate-show, with the powerhouse duo, will be packed with David's hits from Chicago, Whitney Houston, Celine Dion, Josh Groban, Michael Buble and Katharine's biggest songs from American Idol, Smash and Waitress. Plus, some of their favorites that they just love!

We will be leaving from the Senior Center at 6:00pm. The show starts at 7:00pm. We should be back in Prospect by about 10:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.



**CT GAY MENS CHORUS PRESENTS**  
**LIGHTS. CAMERA. ACTION.**  
**SUNDAY, MAY 3, 2026**  
**DEPARTING @10:15** **\$39**

**Grab some popcorn and take your seat!**  
Lights. Camera. Action. offers a vibrant, energetic tribute to the soundtracks of the silver screen, from unforgettable film moments to Academy Award-winning songs you know and love.

It's an exciting, entertaining evening filled with big harmonies, standout vocals, and music that instantly sparks recognition.

Why do certain movie songs stay with us forever? Because they're tied to first dates, late nights, scenic journeys, and moments when a film perfectly captured our emotions. In Lights. Camera. Action., the Connecticut Gay Men's Chorus celebrates those songs — the heartwarming, the uplifting, the unexpected, and yes, even a few delightfully surprising award winners.

This concert isn't about replaying films — it's about the songs cinema chose to remember, and how they continue to resonate with us long after the credits roll.

Warm, funny, nostalgic, and brimming with energy, Lights. Camera. Action. brings the magic of the movies to life — onstage and in full voice.

We will be leaving from the Senior Center at 10:15am. Our first stop is at Mirsina's Restaurant for brunch. The restaurant is located not far from The Kate Theater. Once brunch is over, we will head to the theater for the 2:00pm show. We should be back in Prospect at about 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**Golden Girls The Tribute Show!**  
**A Drag Parody**  
**Thursday, June 25, 2026**  
**Departing @ 5:00pm** **\$45**

An evening of hilarious fun with Dorothy, Rose, Blanche, and Sophia! Live scenes with big laughs, interactive Golden Girls Bingo & Trivia with prizes, musical performances, sing-alongs, a photo-op with the cast, and more!

We will be leaving at 5:00pm from the Senior Center. The show starts at 7:00pm. We should be back in Prospect by about 10:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

May 2026

## THEATER

**REMEMBER:  
SIGN UP AND PAY ASAP  
NO SEATS HELD W/O PAYMENT**



150 Cook Hill Road-Cheshire, CT

**NEW ITEM**

**THE TEXAS TENORS**

**THURSDAY, SEPTEMBER 17, 2026**

**DEPARTING @ 6:45PM \$48**

The Texas Tenors are the most successful music group and third highest selling artist in the history of America's Got Talent! Since appearing on the series in 2009, JC, Marcus and John have performed over 2000 concerts, recorded 5 studio albums, produced 2 PBS Specials, and have written two hit children's books earning them impressive recognition including 3 Emmy Awards, The Gellert Burgess Award for Excellence in Children's Literature and the distinction of being Billboard Magazine's #10 Classical Artist in the World. The tenors' most recent albums "Outside the Lines", "Rise" and "A Collection of Broadway and American Classics" all debuted at #1 on the Billboard Charts.

These classically trained, versatile tenors were recently honored to be included among the top 50 acts in the world and the only vocal group from the United States invited to appear on NBC's America's Got Talent: The Champions and are filled with pride to be inducted into the Texas Country Music Hall of Fame.

The Texas Tenors invite you to celebrate a huge milestone with them... 15 years together! On TTT's 15th Anniversary Tour you will hear new music along with rousing patriotic favorites and everything from Country to Classical!! Come and celebrate with the boys and make some new and lasting memories of a concert you'll never forget.

We will be leaving from the Senior Center at 6:45pm. The show starts at 7:30pm. We should be back in Prospect by about 9:30pm.

If you are interested in joining us, please sign up

**NEW ITEM**

**JAY & THE AMERICANS**

**SATURDAY, SEPTEMBER 26, 2026**

**DEPARTING @ 1:15PM \$43**

Jay and the Americans are one of the most enduring vocal groups to emerge from the 1960's, known for their unforgettable hits and smooth harmonies. Today, the group continues to wow audiences nationwide, led by the powerhouse vocals of Jay Reincke, whose exceptional range and contemporary style carry the classic sound into a new era.

Founding members, Sandy Deanne and Marty Sanders remain at the heart of the group, their signature harmonies and musicianship shaping the iconic sound that defined a generation. Sandy's rich tenor voice and Marty's baritone vocals and skilled guitar work have been essential to the group's success both

on stage and in the studio. Adding fresh energy to the lineup is singer, guitarist and actor Darren Dowler, former lead vocalist of Paul Revere and the Raiders. A lifelong professional musician with feature film credits, Darren's versatility and stage presence bring a dynamic new edge to every performance.

Rounding out the group is vocalist and bassist Lenie Colacino, a seasoned musician whose connection to Jay and the Americans traces back to his work in the Broadway hit BEATLEMANIA, where he was hired as the only left-handed bass player to portray Paul McCartney. With his strong musical background and versatility, Lenie adds an additional layer of depth to the group's sound.

Together, Jay and the Americans breathe new life into classic songs such as "This Magic Moment", "Cara Mia", and "Come a Little Bit Closer", continuing to captivate audiences of all ages while honoring the legacy that made them legends.

We will be leaving from the Senior Center at 1:15pm. The show starts at 2:00pm. After the show, we will stop at Vespucci's Restaurant for dinner. We should be back in Prospect at about 6:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**NEW ITEM**

**CAT STEVENS**

**FRIDAY, OCTOBER 9, 2026**

**DEPARTING @ 6:45PM \$43**

Ron Vincent's tribute to Cat Stevens is a unique and captivating experience that honors the legendary artist's music and legacy. His performance style is described as hauntingly beautiful, and his vocals are said to be one of the most authentic and entertaining shows honoring Cat Stevens. Ron Vincent's tribute is officially approved by Yusuf/Cat Stevens, making it a special event for fans of Cat Stevens and the artist himself. The show is a trip down memory lane, exploring Steven's musical career and his folk-influenced, melodic tunes that resonate with audiences. Ron Vincent's heartfelt expression sets the stage for an intimate musical journey, allowing fans to soak up the smooth vocals and stories of Cat Stevens.

We will be leaving the Senior Center at 6:45pm. The show starts at 7:30pm. We should be back in Prospect by about 9:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**NEW ITEM**

**BEE GEE'S GOLD**

**FRIDAY, OCTOBER 23, 2026**

**DEPARTING @ 6:45PM \$43**

The Bee Gees Gold tribute is the ultimate salute, and experience of seeing the Bee Gees in their prime, LIVE ONCE AGAIN! Backed by a live band, Bee Gees Gold recreates the look and sound of the Bee Gees from the 60's to the late 70's, with their unique falsettos that made them legends, performing such early hit's as Massachusetts, I Started a Joke, to the later Disco classics, Stayin Alive and You Should be Dancing.

May 2026

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NO SEATS HELD W/O PAYMENT**



150 Cook Hill Road-Cheshire, CT

**BEE GEE'S GOLD (Cont'd)**

John Acosta as Barry Gibb has performed in Bee Gees Tributes all over the world for over 14 years now. His portrayal of lead singer Barry Gibb is with a zest for detail, like no other. John's line-up from the look to the falsettos will bring about a sensation of blurting out "wow I just heard and saw The Bee Gees!"

Eric Sean as Robin Gibb has been singing professionally since the age of 17 and has performed on stages with Sheena Easton Michael Grimm, Dian Diaz all over the world.

Pete Sprague as Maurice Gibb is a native of Washington DC. who started piano lessons at the age of 7 self-taught until enrolling at the University of Miami where he eventually earned a Bachelor of Music. Peter has performed on stage throughout the country and the world. He operates Firehole Productions, a soundstage/production facility in Las Vegas.

We will be leaving the Senior Center at 6:45pm. The show starts at 7:30pm. We should be back in Prospect by about 9:30pm.

If you are interested in joining us, please sign up

**NEW ITEM****RAT PACK****THURSDAY, NOVEMBER 5, 2026****DEPARTING @ 6:45PM \$43**

**RING-A-DING-DING! THE BEST RAT PACK SHOW RE-TURNS!** Frank Sinatra, Dean Martin and Sammy Davis Jr. return to stage across America as the famous and infamous Rat Pack is resurrected by our three critically acclaimed entertainers. Frank Sinatra, Dean Martin and Sammy Davis Jr. were the kings of Las Vegas Swing and they formed The Rat Pack as their own nightly on-stage party. Relive those amazing nights with our international star performers. Featuring a live orchestra, **THE RAT PACK- ONE MORE TIME!** is an uncanny trip back in time when Vegas was at its hottest. This show is the real deal. You'll feel like you're back at the Sands Hotel with a smooth martini in one hand and a top-notch show in front of you. Love ya, baby!

We will be leaving from the Senior Center at 6:45pm. The show starts at 7:30pm. We should be back in Prospect at about 9:30pm

If you are interested in joining us, please sign up and PAY as soon as possible.

**NEW ITEM**

**GLENN MILLER ORCHESTRA  
THURSDAY, NOVEMBER 19, 2026**

**DEPARTING @ 6:45PM \$43**

The most popular and sought after big band in the world today for both concert and swing dance engagements. With its unique jazz sound, the Glenn Miller Orchestra is considered to be one of the greatest bands of all time. The present Glenn Miller Orchestra was formed in 1956 and has been touring worldwide ever since. The legendary Glenn Miller was one of the most successful of all dance band leaders back in the Swing Era of the 1930's and 40's. A matchless string of hit records, the constant impact of radio broadcasts and the drawing power of theatres, hotels and dance pavilions, built and sustained the momentum of popularity. The Glenn Miller Orchestra is a fully self contained group consisting of the music director, five saxophone players, four trumpeters, four trombonists, and three rhythm musicians (piano, bass and drums). Also, there are two vocalists, one male and one female, who perform individually and as part of The Moonlight Serenaders vocal group. Of course, all the biggest hits are included in a regular program. But so are arrangements of less well-known tunes like The White Cliffs of Dover, Rainbow Rhapsody, Everybody Loves My Baby, and That's Sabotage. The Glenn Miller Orchestra has always been very musical, disciplined, and visually entertaining. And it has its own distinctive "sound". The theme of Glenn Miller and His Orchestra was the beautiful Moonlight Serenade, and it is still the signature tune of the Glenn Miller Orchestra today.

We will be leaving from the Senior Center at 6:45pm. The show starts at 7:30pm. We should be back in Prospect at about 9:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**NEW ITEM**

**CHRISTMAS WITH ELVIS  
FRIDAY, DECEMBER 4, 2026**

**DEPARTING @ 6:45PM \$43**

Travis LeDoyt is a premier Elvis Presley tribute artist known as "The World's Best Young Elvis", specializing in recreating the energy, look, and sound of Elvis in the 1950's and early 1960's. His performances are highly acclaimed for their authenticity, featuring, at times, a three-piece band that captures the early rock & roll era. He has performed globally and has been described by original Elvis drummer D.J. Fontana as the closest representation of a 1950's Elvis concert.

We will be leaving from the Senior Center at 6:45pm. The show starts at 7:30pm. We should be back in Prospect at about 9:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

May 2026

## THEATER

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556 Mulberry Street-Plantsville, Ct.

**NORTH COUNTY BAND!  
TUESDAY, JULY 14, 2026**

**DEPARTING @ 10:30AM \$57**

Nominated for 2023 New England Music Awards "Country Act of the Year". North County Band brings their act to Aqua Turf after being featured on News 12 CT and WNHU Radio's "The Nashville Sound"! Line Dancing Instructions will be provided, no experience needed!

BBQ Chicken Thighs/ Baked Cod will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

**YOUNG AT HEART – FEET SO SMART  
WITH RICHIE MITNICK  
TUESDAY, AUGUST 11, 2026**

**DEPARTING @ 10:30AM \$57**

Are you itching to get up out of your seat and dance? From Disco to Ballroom, from Waltz to Swing, and with lots of Line Dancing, you'll be hitting the dance floor in no-time! Don't dance? Come down for some great food, great company, and great music!

Baked Cod/Chicken Marsala will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

**JUKEBOX 45 SHOW BAND: DOO WOP SHOW  
TUESDAY, SEPTEMBER 8, 2026**

**DEPARTING @ 10:30AM \$57**

In a repeat of their AMAZING show last year, get ready for a great mix of Doo Wop, Paul Anka, The Duprees, Fred Parris & the 5 Satins, Larry Chance & the Earls just to name a few. Celebrating decades of legendary music, you won't want to miss this!

Roast Beef/ Chicken Francaise will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

**ROB ZAPPULLA CELEBRATES  
HERB ALPERT & SERGIO MENDEZ  
FEATURING ROB'S 10 – PIECE ORCHESTRA  
TUESDAY, OCTOBER 13, 2026**

**DEPARTING @ 10:30AM \$57**

This high energy concert moves non-stop showcasing Rob's incredible Trumpet playing skills! Also featuring the sensational vocals of Alta DeChamplain & Leala Cyr. Follow Herb from Tijuana Bass thru his Solo Career & Sergio with Brazil '66 in this one-of-a-kind show!

Lemon Chicken/Pork Schnitzel will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

**SARAH THE FIDDLER'S MUSICAL JOURNEY  
TUESDAY, NOVEMBER 10, 2026**

**DEPARTING @ 10:30AM \$57**

Playing string instruments since 4 years old. Sarah has a special place for old-time music, and loves to combine sounds from Irish, World and Classical music as well! She's joined by her Husband on Drums & Joe Dziok on Piano & Accordion!

Roast Beef/Pan Seared Salmon will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

**HOLIDAY CLASSICS WITH THE CARTELLS!  
FEATURING A SING-A-LONG FROM THE  
GLAMOUR GIRLS, SANTA & MRS. CLAUS!  
TUESDAY, DECEMBER 8, 2026**

**DEPARTING @ 10:30AM \$57**

Enjoy an afternoon filled with food, fun and music designed to get you in the Holiday Spirit!

Roasted Turkey/Baked Cod

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us please sign up and PAY as soon as possible.



**ANNUAL TRAVELERS CHORALE  
SPRING CONCERT  
THURSDAY, MAY 14, 2026  
DEPARTING @ 6:00PM  
(DONATION OF NON-PERISHABLE FOOD ITEM)**

The Travelers Chorale was founded in 1924. It is the oldest company-affiliated, eight-part choral group in America. They have performed on the prestigious Bushnell Auditorium stage annually since its historic opening in 1930.

The 100 insurance professionals who compromise the Travelers Chorale love to sing and their passion for music has found joyful expression in the performance of more than 175 memorable holiday and spring concerts during their history.

During their many years of singing and entertaining. The Travelers Chorale has performed at a World's Fair, the opening ceremonies of PGA Championship golf tournaments, led thousands of downtown Hartford carolers in seasonal song at Hartford's Festival of Lights, broadcast Christmas carols on live commercial radio, entertained Governor Jodi Rell and the Connecticut public at the Governor's Executive Residence, collected thousands of pounds on nonperishable food and countless toys at annual concerts in lieu of admission to benefit those less fortunate in the Greater Hartford community and received two official State of Connecticut Proclamations.

On Thursday, May 14, 2026 we will be traveling to the Bushnell Theater to see this group's free annual Spring Concert. In lieu of admission, please bring a bag of non-perishable food items to benefit the Greater Hartford community.

We will be leaving from the Senior Center at 6:00pm. If you are interested in joining us, please sign up as soon as possible. We are limited in the

May 2026

## THEATER

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**PRETTY WOMAN, THE MUSICAL  
SUNDAY, MAY 3, 2026**

**DEPARTING AT 12:45PM \$24**

When wealthy businessman Edward hires Hollywood Boulevard escort Vivian to accompany him to high-society events for a week, an unlikely romance blossoms between two people from completely different worlds. This feel-good adaptation of the beloved film of the same name features a score by Bryan Adams and Jim Vallance, delighting audiences worldwide with its dazzling theatricality, laughs, and heart—a modern Cinderella story that proves everyone deserves a fairy tale ending.

We will be leaving from the Senior Center at 12:45pm. The show starts at 2:00pm. After the show we will stop at Black Rock Tavern for dinner. We should be back in Prospect by about 6:00pm.

**DANCING DREAM  
A TRIBUTE TO ABBA  
SATURDAY, MAY 9, 2026**

**DEPARTING @ 6:45PM \$39**

Dancing Dream: A Tribute to ABBA electrifies audiences with hits like “Mamma Mia” and “Dancing Queen.” Founded in 2009, this New York City-based act gained recognition on The Colbert Report and tours nationally. Featuring talented singers, beautiful harmonies, elaborate costumes, and exciting choreography, Dancing Dream transports audiences back to the 1970s.

We will be leaving from the Senior Center at 6:45pm. The show starts at 8:00pm. We should be back in Prospect at about 10:30pm.

**THE AMERICAN RIDE  
TOBY KEITH TRIBUTE  
SATURDAY, SEPTEMBER 19, 2026**

**DEPARTING @ 6:45PM \$39**

The American Ride: Toby Keith Tribute features Mike Sugg performing his tribute to Toby Keith for over thirteen years. With a full band and no backing tracks, the show delivers good-time, patriotic party music from “Should’ve Been A Cowboy” to “Don’t Let The Old Man In” so authentically you’ll believe it’s real.

We will be leaving from the Senior Center at 6:45pm. The show starts at 8:00pm. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**RAGTIME, THE MUSICAL  
SUNDAY, OCTOBER 4, 2026**

**DEPARTING @12:45PM \$24**

At the dawn of the 20th century, three families—one Black, one white, one immigrant—chase the American Dream in New York City, their lives intersecting in powerful and unexpected ways against the backdrop of a rapidly changing nation. With a soaring score by Stephen Flaherty and Lynn Ahrens and a book by Terrence McNally, this Tony Award-winning musical weaves together themes of justice, family, courage, and hope in an epic portrait of America—a fitting celebration as Thomaston commemorates its own 150th anniversary with this relevant and breathtaking story of transformation and community.

We will be leaving from the Senior Center at 12:45pm. The show starts at 2:00pm. After the show we will stop at Black Rock Tavern for dinner. We should be back in Prospect at about 6:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**The Ultimate Chicago Tribute Band  
Saturday, October 24, 2026**

**Departing @6:45pm \$39**

Beginnings – The Ultimate Chicago Tribute Band, formed in 2002, performs in Chicago’s original 7-piece configuration. This New York City-based band delivers the world’s most authentic live Chicago experience, bringing the legendary group’s catalog to life with stunning detail, accuracy, and world-class musician-ship throughout the United States.

We will be leaving from the Senior Center at 6:45pm. The show starts at 8:00pm. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**TRANS-SIBERIAN ORCHESTRA TRIBUTE  
TUESDAY, NOVEMBER 24, 2026**

**DEPARTING @ 6:45PM \$39**

Ornament: A Tribute To The Trans-Siberian Orchestra is an 11-piece rock orchestra in its twentieth year of touring the Northeast and Mid-Atlantic each winter. This Massachusetts-based production features full sound, elaborate lighting, lasers, fog, and snow machines, performing traditional holiday carols set to rock, blues, and gospel.

We will be leaving from the Senior Center at 6:45pm. The show starts at 8:00pm. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

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THEATER

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# THE PALACE DANBURY



## NEW ITEM

**ANDY GROSS**  
**FRIDAY, MAY 22, 2026**  
**DEPARTING @ 5:45PM**      **\$37**

Andy Gross is a comedian with a jaw-dropping command of magic and illusion.

A true performer, he plays to sold-out crowds across the country and continues to build a loyal following.

With more than 100 million online views and over 150 shows a year, Andy appears at comedy clubs, performing arts centers, colleges, corporate events, cruise ships, and theaters nationwide.

His fast-paced show blends standup and magic into one unpredictable night. Sharp ad-libs and quick wit keep things moving, while his ability to throw his voice adds an unexpected twist audiences don't see coming.

We will be leaving from the Senior Center at 5:45pm. The show starts at 7:30pm.

We should be back in Prospect at about 10:30pm.

**STORY SONGS**  
**MUSIC OF THE 70'S**  
**SATURDAY, MAY 30, 2026**

**DEPARTING @ 3:45PM**      **\$34**

Step back in time to the golden era of music—the 1970s—when songs weren't just melodies, but powerful stories. Join New England singer/songwriter Tom DiMenna for a night of unforgettable classics that capture the spirit of the '70s. With his soulful voice and expert guitar skills, Tom will perform iconic songs by Gordon Lightfoot, Cat Stevens, Harry Chapin, and others, each filled with vivid storytelling and emotion. From heartfelt ballads to timeless anthems, this is a chance to relive the music that defined a generation.

We will be leaving from the Senior Center @ 3:45pm. Our first stop will be at the Blue Colony Diner in Newtown. After dinner, we will head to the Danbury Palace Theater for the show. Show time is at 7:30pm. We should be back in Prospect by about 10:30pm.

**ALL ABOUT JOEL**  
**SATURDAY, JUNE 6, 2026**  
**DEPARTING @ 3:45PM**      **\$44**

Step into the world of Billy Joel with ALL ABOUT JOEL, an extraordinary live tribute starring accomplished singer, pianist, and showman David Clark. With uncanny vocals, dazzling piano chops, and a striking resemblance to the Piano Man himself, Clark doesn't just perform the music—he channels it.

From "Piano Man" to "Uptown Girl" and everything in between, this show is packed with the hits, the heart, and the humor that define a Billy Joel concert. Backed by years of experience and passion, Clark delivers each song with authenticity and soul, creating a nostalgic journey through one of the greatest songbooks in rock and pop history.

We will be leaving from the Senior Center at 3:45pm. Our first stop will be at the Blue Colony Diner in Newtown. After dinner, we will head to the Danbury Palace Theater for the show. Show time is at 7:30pm. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**THE MUSIC OF THE BEACH BOYS**  
**FEATURING: PET SOUND LIVE**  
**SATURDAY, JULY 18, 2026**

**DEPARTING @ 3:45PM**      **\$44**

Wouldn't it be nice to hear The Beach Boys' music live in concert? The band Pet Sounds Live celebrates Brian Wilson's groundbreaking album Pet Sounds, a recording that changed the course of rock & roll.

This immersive show takes audiences inside the studio as the legendary album is recreated live on stage. Through live music, narration, and multimedia, the songs unfold alongside the story behind one of the most influential recordings ever made.

More than a tribute, Pet Sounds Live brings the remarkable harmonies and classic songs of The Beach Boys to life.

We will be leaving from the Senior Center at 3:45pm. Our first stop will be at the Blue Colony Diner for dinner. After dinner, we will head to the Danbury Palace Theatre. The show starts at 7:30pm. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**MAMMA MANIA**  
**THE AMERICAN TRIBUTE TO ABBA**  
**SATURDAY, AUGUST 15, 2026**  
**DEPARTING @ 3:45PM**      **\$43**

"You can dance... you can jive..." — and with Mamma Mania — The American Tribute to ABBA, you can relive the music that made ABBA famous around the world.

With dazzling costumes, soaring vocals, and tight harmonies, Mamma Mania brings this timeless music to life on stage, capturing the spirit and sound that made ABBA one of pop music's most beloved groups. From "Dancing Queen" and "Mamma Mia" to "Take a Chance on Me," "Waterloo," and more, the band performs the hits that made ABBA a worldwide sensation—inviting longtime fans and new listeners alike to celebrate the music of one of pop's most beloved groups.

Bring your friends and enjoy a night celebrating the music of ABBA.

We will be leaving from the Senior Center at 3:45pm. We will stop at the Blue Colony Diner in Newtown for dinner. After dinner, we will head to the Danbury Palace Theatre. The show starts at 7:30pm. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

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THEATER

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# THE PALACE DANBURY

**THE CAROLE KING & JAMES TAYLOR STORY  
SUNDAY, OCTOBER 4, 2026**

**DEPARTING @ 1:00PM \$44**

Fresh off critically acclaimed, sell-out runs at the Edinburgh Fringe, Adelaide Fringe, and packed theaters across the UK and US, The Carole King & James Taylor Story is coming to The Palace Danbury.

The unforgettable live experience takes you on a thrilling journey through the legendary careers of six-time Grammy winner and 20-time platinum icon Carol King and five-time Grammy winner, American Folk legend James Taylor.

Hear breathtaking performances of "Fire and Rain", "Sweet Baby James", "I Feel the Earth Move", "Natural Woman", "You've Got a Friend", and so many more. Brought to life with heart, soul, and stunning authenticity by acclaimed artists Phoebe Katis and Dan Clews, this extraordinary celebration of two musical giants is an absolute must-see.

We will be leaving from the Senior Center at 1:00pm. Our first stop will be for lunch at the Blue Colony Diner in Newtown. After lunch, we will board our bus for the theater in Danbury. The show starts at 4:00pm. We should be back in Prospect by about 7:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.



**LADY DAY AT EMERSON'S BAR AND GRILL  
WEDNESDAY, MAY 20, 2026**

**DEPARTING @ 10:15AM \$48**

Step back in time to South Philadelphia in 1959. Lady Day at Emerson's Bar and Grill is a Tony award-winning play that brings to life the soul and struggles of jazz legend, Billie Holiday. Featuring a selection of Billie's iconic songs including "Strange Fruit" and "God Bless the Child", this acclaimed play with music transports the audience on a spellbinding journey for one of the jazz legends final concerts.

We will be leaving from the Senior Center at 10:15am. Our first stop will be for lunch at . After lunch, we will head over to the Ivoryton Playhouse. The show starts at 2:00pm. We should be in Prospect by about 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

1776

**WEDNESDAY, JULY 8, 2026**

**DEPARTING @ 10:15AM \$48**

Celebrating America 250 with the founding fathers who come alive in 1776 – this classic, award-winning Broadway musical. Join John Adams, Benjamin Franklin, and Thomas Jefferson as they fight for independence against a deadlocked Continental Congress in a retelling filled with humor, romance, pathos, and nail-biting tension. It's revolutionary!

We will be leaving from the Senior Center at 10:15am. Our first stop will be at the Griswold Inn for lunch. After lunch, we will head to the Ivoryton Playhouse. The show starts at 2:00pm. We should be back in Prospect by about 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**COME FROM AWAY  
WEDNESDAY, AUGUST 19, 2026  
DEPARTING @ 10:15AM \$48**

Come From Away tells the true story of 7,000 airline passengers stranded in the remote town of Gander, Newfoundland in the aftermath of September 11, 2001. In a moment filled with fear and uncertainty, joy and resilience prevail as the tiny community of Gander pulls together and strangers become friends. Through music, humor and heart this show celebrates the power of human connection, reminds us that kindness can bring people together in the most difficult of times, and affirms that hope can arise in the unlikely of places.

We will be leaving from the Senior Center at 10:15am. Our first stop will be at Noah's 63 Main in Essex for lunch. After lunch, we will be heading to the Ivoryton Playhouse. The show starts at 2:00pm.

We should be back in Prospect by about 5:30pm.

**A PIECE OF MY HEART  
WEDNESDAY, OCTOBER 21, 2026  
DEPARTING @ 10:15AM \$48**

This poignant drama follows the true stories of 6 women, nurses, a Red Cross volunteer and an entertainer – who served in Vietnam. The significant role that women played in the war is often unacknowledged. Their stories and their music are powerful and remind us of the human cost of war and the scars that still remain.

We will be leaving from the Senior Center at 10:15am. Our first stop will be at Debs Restaurant for Breakfast/Brunch. After Breakfast/Brunch, we will head to the Ivoryton Playhouse. The show starts at 2:00pm. We should be back in Prospect by about 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**PLAYHOUSE HOLIDAY JAMBOREE  
WEDNESDAY, DECEMBER 16, 2026  
DEPARTING @ 10:15AM \$48**

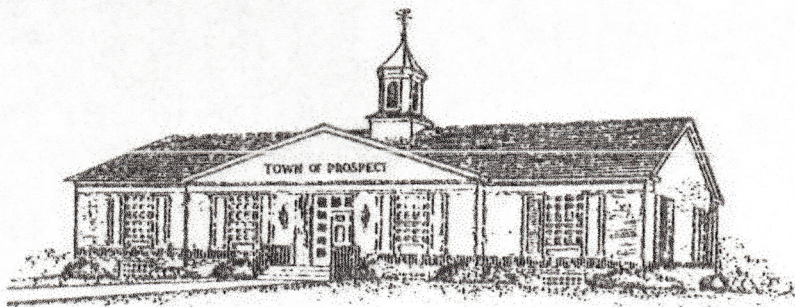
Continuing the Playhouse tradition, our own holiday show features festive tunes, family stories, some new surprises and so much more. Inspired by classic radio shows and old time musical revues, this is the perfect holiday show for the whole family.

We will be leaving from the Senior Center at 10:15am. Our first stop will be at Pizzeria Da Vinci in Higganum for lunch. After lunch, we will head over to the Ivoryton Playhouse. The show starts at 2:00pm. We should be back in Prospect by about 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**May 2026**

**NEW ITEM**



**OFFICE OF THE FIRE MARSHAL**

**36 CENTER STREET • PROSPECT, CONNECTICUT 06712**

Contact: Mark Goletz, Fire Marshal - Prospect Volunteer Fire Department  
(203) 758-3370 - Firemarshal@townofprospect.org

**Prospect Volunteer Fire Department/Prospect Fire Marshal's Office Received \$750 Stipend to Conduct Home Fire Sprinkler Educational Program during the week of May 10-16, 2026.**

Prospect, CT - The Prospect Volunteer Fire Department was awarded a \$750 stipend from the national nonprofit Home Fire Sprinkler Coalition (HFSC) to increase awareness about the dangers of home fires and the life-saving benefits of home fire sprinklers. During the start of Home Fire Sprinkler Week on May 10<sup>th</sup>, the Prospect Fire Marshal's office will have a tent set up to support public education in the parking lot of St. Anthony's Church, 4 Union City Road, Prospect, CT.

Prospect Volunteer Fire Department and the office of the Fire Marshal will have a home fire 3D sprinkler demonstration set up in the parking lot of St. Anthony's Church on May 10<sup>th</sup> from 9am-12noon. With the NFPA Fire Sprinkler Initiative, HFSC co-sponsors Home Fire Sprinkler Week, an educational program carried out annually in the U.S. and Canada. The Week unites the fire service in the effort to increase awareness of home fire dangers to civilians and responders and facts about installing fire sprinklers in new homes.

"Every community needs the facts about home fire sprinklers, including Prospect. We are honored to have been selected for this generous stipend," said Mark Goletz, Fire Marshal of the Prospect Volunteer Fire Department. "Using the Home Fire Sprinkler Coalition's educational materials, we will raise awareness of how quickly a home fire can become deadly and the life-saving impact of installing home fire sprinklers."

According to HFSC:

- *Without* sprinklers, today's home fires become deadly in as little as two minutes.
- These fires put residents and firefighters at risk from toxic smoke, heat and flames.
- *With* sprinklers, in a home fire the sprinkler closest to the fire will activate when the temperature reaches about 165F.
- The sprinkler will spray water directly on the fire, controlling or putting it out. In most home fires just one sprinkler activates.

The HFSC Stipend Program is funded through a grant from State Farm®.

For more information about home fire sprinklers, please visit the **Prospect Fire Marshal's Facebook page** and website at <https://townofprospect.gov/fire-marshal> and the Home Fire Sprinkler Coalition website at [www.homefiresprinkler.org](http://www.homefiresprinkler.org).

**May 2026**



**Are you interested in being a specialist in Medicare?**

**Become a certified CHOICES Counselor**

Certified CHOICES Counselors provide free and unbiased information to help older adults and disabled persons navigate Medicare and understand their health insurance options.

To learn more about CHOICES or for further information, **please contact Carlyn Mueller, CHOICES Regional Coordinator at Western CT Area Agency on Aging (203) 757-5449 ext. 126**



**SHIP**

State Health Insurance  
Assistance Program

This project was supported, in part by grant number 90SAPG0068 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

**FRIDAY NIGHT BINGO NAUGATUCK LODGE OF ELKS #967**

**758 RUBBER AVENUE 203-729-7967**

**Two Progressive Pots, Winner Take All, Sealed Ticket Games, Raffles**

**\$15 Entry - \$1 Specials - Snacks Available**

**Every Friday night**

**Doors open at 4:30pm - Games begin at 7:00pm**

May 2026

## CPR - WHAT YOU NEED TO KNOW

CPR - or Cardiopulmonary Resuscitation - is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest.

### WHY IS CPR IMPORTANT?

Keeping the blood flow active - even partially - extends the opportunity for a successful resuscitation once trained medical staff arrive on site.

### HOW IS CPR PERFORMED?

There are two commonly known versions of CPR:

1. For healthcare providers and those trained: conventional CPR using chest compressions and mouth-to-mouth breathing at a ratio of 30:2 compressions-to-breaths.
2. For the general public or bystanders who witness an adult suddenly collapse: compression-only CPR, or Hands-Only CPR.

Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult suddenly collapse in an out-of-hospital setting (such as at home, at work, or in a park).

**Hands-Only CPR**  
consists of two easy steps:

# 2 STEPS TO SAVE A LIFE



1. Call 9-1-1 (or send someone to do that)
2. Push hard and fast in the center of the chest

### ABOUT HIGH-QUALITY CPR

High-quality CPR can be performed by anyone - including bystanders. There are five critical components:

1. Minimize interruptions in chest compressions
2. Provide compressions of adequate rate and depth
3. Avoid leaning on the victim between compressions
4. Ensure proper hand placement
5. Avoid excessive ventilation

### THE GENDER DIFFERENCE: MEN VS. WOMEN

According to a study released by the Resuscitation Science Symposium, men are more likely to receive bystander CPR in public locations compared to women.

- Women and men receive similar CPR assistance within the home, but in public 45 percent of men received assistance compared to only 39 percent of women.
- Men were 1.23 times more likely to receive bystander CPR in public, and their chance of survival was 23 percent higher compared to women.

So why the discrepancy? It could come down to anatomy and a bystander being comfortable enough to perform CPR on a woman.

## HEART ATTACK VS. CARDIAC ARREST

*The Difference You Should Know:*

### Cardiac Arrest:

Occurs when the heart malfunctions and stops beating unexpectedly.

Cardiac arrest is an "ELECTRICAL" problem.

### Heart Attack:

Occurs when blood flow to the heart is blocked.

A heart attack is a "CIRCULATION" problem.



American  
Heart  
Association

For more information, contact your nearest  
American Heart Association office,  
call **1-800-AHA-USA1 (1-800-242-8721)**  
or visit <https://cpr.heart.org/>

P-254-CPR10

May 2026

## THE FACTS ABOUT HIGH BLOOD PRESSURE

### What is high blood pressure?

High blood pressure (also referred to as HBP, or hypertension) is when your blood pressure, the force of blood flowing through your blood vessels, is consistently too high. If you have high blood pressure, you are not alone.

- Nearly half of American adults have high blood pressure. (Many don't even know they have it.)
- The best way to know if you have high blood pressure is to have your blood pressure checked. Know your numbers.

Learn about your blood pressure numbers and what they mean.

BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (upper number)		DIASTOLIC mm Hg (lower number)
Normal	Less than 120	and	Less than 80
Elevated	120 – 129	and	Less than 80
High Blood Pressure (Hypertension) Stage 1	130 – 139	or	80 – 89
High Blood Pressure (Hypertension) Stage 2	140 or Higher	or	90 or Higher
Hypertensive crisis (consult your doctor immediately)	Higher than 180	and/or	Higher than 120

### Preventing and managing HBP

- This is one time that the old adage, "An ounce of prevention is worth a pound of cure," is particularly apt. It's best to avoid high blood pressure altogether. Healthy lifestyle choices are a great place to start.
- With proper treatment and management, you can control your blood pressure to help you live a long and healthy life.

Call **1-800-AHA-USA1 (1-800-242-8721)** or visit **www.heart.org** for more information about cardiovascular disease.



R-25-LHBP10

## 5 SIMPLE STEPS TO CONTROL YOUR BLOOD PRESSURE

### 1 Know your numbers

Most people diagnosed with high blood pressure want to stay below 130/80 mm Hg, but your healthcare provider can tell you your personal target blood pressure.

### 2 Work with your doctor

Your healthcare provider will help you make a plan to lower your blood pressure.

### 3 Make a few lifestyle changes

*In many cases this will be your doctor's first recommendation, likely in one of these areas:*

- Maintain a healthy weight. Strive for a body mass index (BMI) between 18.5 and 24.9.
- Eat healthier. Eat lots of fruit, vegetables and low-fat dairy, and less saturated and total fat.
- Reduce sodium. Ideally, stay under 1,500 mg a day, but aim for at least a 1,000 mg per day reduction.
- Get active. Aim for at least 90 to 150 minutes of aerobic and/or dynamic resistance exercise per week and/or three sessions of isometric resistance exercises per week.
- Limit alcohol. Drink no more than 1-2 drinks a day. (One for most women, two for most men.)

### 4 Check your blood pressure at home

Take ownership of your treatment by tracking your blood pressure.

### 5 Take your medication

If you have to take medication, take it exactly the way your doctor says.

## 23 SECRETS To Help You TRANSFORM YOUR LIFE

Ease pain and feel your best every day with these handy tips.



### Daily Living

**1. Find an OT.** An occupational therapist (OT) can help you find easier, less painful ways of doing things — whether it's getting dressed or getting a doorknob that's easier to turn. Ask your physician or insurance company for a referral to a CAPS (Certified Aging-in-Place Specialist) or SCEM (Specialty Certification in Environmental Modification) OT.



**2. Time your tasks to prevent pain.** Prepare dinner at midday if your hands tend to hurt in the evening, for example. Or bathe and prep the night before if morning stiffness makes tasks tough.



**3. Sit to save joints.** When you are tired and in pain, sit while doing common activities. For example, use a stool while washing dishes.

**4. Take steps to prevent falls.** Reduce tripping hazards by picking up clutter, taping down or removing throw rugs and keeping your home well lit, perhaps with nightlights. Install a nonslip bathmat and grab bars in your bathroom, and make sure staircases are in good repair and have railings.

**5. Get a grip.** Give the handles of commonly used items, like your toothbrush and kitchen utensils, more grip by wrapping them with rubber bands or foam insulation used for small pipes. (Find it at home improvement stores.)



### 6. Choose good shoes.

Wearing ill-fitting shoes can cause pain in your feet and throw off your gait, which can lead to more joint, muscle and other problems and pain.

Invest in professionally fitted, low-heeled shoes with good structure.

**7. Try this tape trick.** Get credit cards out of your wallet more easily by placing a piece of clear tape along the horizontal side of the card. (Don't cover the chip or magnetic strip.) Store it tape side out, and grasp the tape to pull it from the slot in your wallet.

**8. Have a ball.** Massage and ease muscles in your back or foot with a tennis ball. Place the ball against a wall and roll your back on it, or put it on the floor to roll it under a foot.



**9. Set your clock.** If you're taking all your meds at once in the morning or at night, stop and read the instructions. Drugs that cause drowsiness or nausea are better in the p.m., for example, while others are more effective in the morning.

### Physical Activity



**10. Stay sharp by staying fit.** Physical activity improves fitness, eases arthritis symptoms and may help your mind, too. Research found that people with rheumatoid arthritis

(RA) who exercised regularly were more likely to stay sharp mentally. This is important because 30% to 71% of people with RA experience impaired thinking.

## May 2026



**11. Buddy up for workouts.** Work out with a friend to help you enjoy it more and stay accountable. Studies show it can help keep you motivated.

**12. Get more steps.** Instead of meeting a friend for coffee or drinks, invite them to take a walk. Instead of family movie night, take the whole family on a bike ride or a hike.

**13. Make steps count for you.** There's no science that says 10,000 steps should be the ultimate goal. One study found women who averaged 4,400 steps per day had a 41% lower mortality rate than the least active women, and benefits maxed out at 7,500 steps. The upshot: Even a moderate increase in activity may help reduce mortality.

**14. Better your balance.** Try this: Stand on one leg, bracing yourself with one hand if needed. Slowly tilt your head back, left, front, right, and center, then repeat 5 to 10 times. Or do heel raises while you floss and stand on one leg while you brush.

### Nutrition & Weight Loss



**15. Lighten up to ease pain.** Every 1 pound of excess weight puts 4 pounds of extra pressure on your joints, and fat cells generate bodywide inflammation.

**16. Serve right-sized portions.** The serving size on food packages reflects how much Americans typically eat — not what they should eat. For example, a serving of ice cream rose from 1/2 to 2/3 cup. Any package that has between one and two servings, like a 20-ounce bottle of Coke, is labeled as one serving. Don't take the serving size as license to overindulge.

### 17. Fight inflammation with fiber.

Eating more dietary fiber can make you feel more satiated, which helps with weight maintenance and may help your body regulate inflammation. Sprinkle chia seeds on your cereal or add them to a smoothie; make sure whole grain is the first ingredient in your bread; and snack on almonds or fresh fruits and veggies.



**18. Try a different cow.** If your arthritis symptoms kick in when you drink dairy milk, try

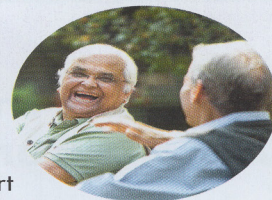
beta-casein protein. Most U.S. milk comes from cows that also produce A1 beta-casein, which has been linked to more inflammation.

### Mind & Body

#### 19. Share your pain.

Don't let pain force you to withdraw from social activities. It can lead to depression, which increases the risks of heart disease and other problems.

You can be private about your arthritis but still let people know that you have limits because of pain. Most will understand and appreciate being told.



**20. Ask for help.** Don't assume others understand when you need it. And be specific so you won't get — or have to turn down — offers of help that you don't need.

**21. Laugh more.** Not only does a good belly laugh distract you from pain, but it also reduces levels of inflammation in your body and triggers the release of feel-good chemicals. So cue up your favorite episode of *Seinfeld* and let laughter be your medicine.

**22. Do good to feel better.** Roll your neighbor's trash bin to the street. Let someone ahead of you in line, or just give them a big smile and say hi. Being kind helps reduce pain, anxiety, stress and depression.

**23. Invest \$20 in your well-being.** With your gift, you'll receive your **FREE** annual edition of **Arthritis Connection** and our **Drug Guide**.

In **Arthritis Connection**, our exclusive annual publication for our community of supporters, you'll get the latest news about the fight against arthritis, plus exercise, diet and lifestyle tips for managing your pain and saying Yes to life's moments, big and small.

The **Drug Guide**, updated annually, provides you with the most current information on the dosages, side effects and special concerns associated with the most commonly used drugs for arthritis and related conditions. Also included are helpful tips, such as how to talk to your doctor, and much more.



May 2026

The Village at East Farms



# DAY PROGRAM

**FOR THOSE WITH MEMORY LOSS**

Call to learn more about our Day Program for those with memory impairment.

Open 7 days a week!  
8:00AM-6:00PM

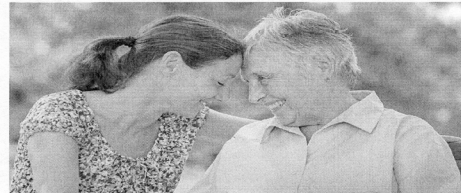
180 Scott Road, Harbor building  
Waterbury, CT 06705



Randi Bellemare  
203-841-8607  
rbellemare@benchmarkquality.co,

Are you caring for someone with a diagnosis of Alzheimer's Disease or dementia?  
Are you burnt out? Overwhelmed? Run down?  
In need of relief?

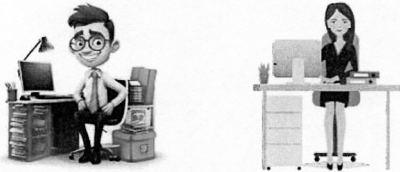
## If so, you may be eligible for the Connecticut Statewide Respite Care Program



Please visit our website at [WCAAA.org](http://WCAAA.org) or give us a call at 203-757-5449 Option 6 for more information



## VOLUNTEER OFFICE WORKER NEEDED AT VITAS HEALTHCARE IN MIDDLEBURY



VITAS Healthcare, the country's largest hospice provider, is seeking a volunteer to help the Volunteer Coordinator in our Middlebury office with general office administrative tasks.

- Professional Office Setting
- Gain Office Experience
- Exposure to the Healthcare Field
- Work with Charts and Patient Records
- Have Fun
- Flexible Schedule – 1X or 2X a Week
- Work with a Friendly Volunteer Coordinator with a Wicked Sense of Humor and a Love of Animals

Interested? Please contact Peter Korzenik, Volunteer Manager. My phone number is (203) 437-3112 and my email address is [Peter.Korzenik@vitas.com](mailto:Peter.Korzenik@vitas.com). Our office is located at 199 Park Road Extension in Middlebury.

Thank you!!!



## Volunteer Your Care: Make Memory Bears!

Make a comforting companion for those experiencing loss

Memory Bears hold special meaning for loved ones of hospice patients. These cherished bears serve as gentle reminders of their family member or friend's life.

Using cloth from a favorite shirt, a treasured robe, or beloved pajamas, volunteers craft the bears by following an easy-to-use pattern. The newly created bear lifts the spirits of loved ones and brings a smile to the faces of those grieving.

VITAS® Healthcare is looking for volunteers to sew Memory Bears. Join us in providing comfort and loving care to the families we serve in hospice.

"Sewing VITAS Memory Bears has been a wonderfully rewarding and fulfilling experience for me. I do what I love while also contributing to the quality of life of others in my community."  
— VITAS Volunteer Susan P.

Learn more about this rewarding opportunity! For VITAS Volunteer Services or to apply, visit [VITAS.com/Volunteer](http://VITAS.com/Volunteer)

Contact Your Local Volunteer Manager:

Peter Korzenik  
[peter.korzenik@vitas.com](mailto:peter.korzenik@vitas.com)  
203.437.3112



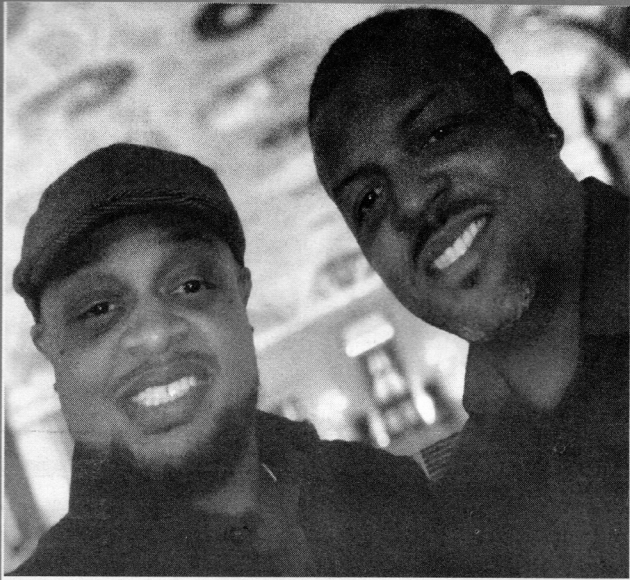
VITAS Healthcare  
[VITAS.com/Volunteer](http://VITAS.com/Volunteer)   
Since 1980



Scan the QR code to learn more.

**May 2026**

**“and in the blink of an eye ...  
he was gone.”**



*Darryl Griffin (National Associate Executive VP  
at the American Heart Association) with his cousin JR.*

Heart disease has made a deep impact on me. It has ripped loved ones from my life and caused profound, incredible pain that shook me to my core. Each day, I grieve for the losses that heart disease has taken from me.

My cousin JR and I grew up together. He was more of a little brother to me, and I always felt blessed to have a hand in helping raise him.

After his father's death from cardiac arrest, JR committed to a healthier lifestyle. He lost nearly 100 pounds. We were all so proud of his dedication to getting and staying healthy. But little did we all know that irreversible damage had already been done ...

**On August 21, 2020, I got a call I will never forget.** JR had gone into sudden cardiac arrest, and died. Just like his father, Ronald Downs Sr., JR didn't survive.

My courageous cousin had just turned 40 years old. He was so dedicated to becoming the healthiest version of himself, and in the blink of an eye ... he was gone. We were devastated beyond belief.

Losing JR has left a hole in my family that can never be filled. He left behind his mother Sharron (a heart attack survivor), two young children, Jayden and Leia, and his wife, Tenia. In the wake of his death, we all have so many questions.

What if there was a portable defibrillator (developed through American Heart Association funding) available ... what if JR had started a prevention program — like AHA's Life's Essential 8® — earlier?

**What if these measures changed his fate and he was still alive today?**

Every 34 seconds in America, another life is taken by cardiovascular disease. But it doesn't have to be this way. It's a highly preventable disease and I firmly believe there is hope for a world where everyone lives longer, healthier lives.

**Immediate CPR can  
double or triple chances  
of survival after cardiac arrest.**

For more information about how to help save lives with CPR, see the enclosed **CPR – What to Know** or visit <https://cpr.heart.org/>

Please don't wait to show your support to the American Heart Association. Together, we can help prevent unnecessary deaths of those we love.

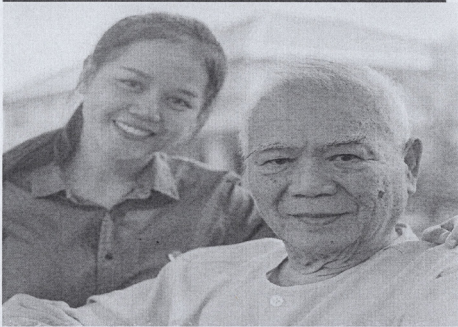
[www.heart.org/campaign](http://www.heart.org/campaign)



# May 2026

## Living in a Medical Foster Home

The Home Based Primary Care (HBPC) team, including a doctor, nurse practitioner, nurse, social worker, dietitian, recreational therapist, pharmacist, and occupational therapist provides the Veterans medical care. Team members will visit as needed, to provide medical care management and support the Veteran and the caregiver. Other VA programs, such as Adult Day Health Care (ADHC) and respite, may also be used to support Veteran care.



### Medical Foster Homes offer a dynamic alternative to long-term care.

When living at home becomes difficult, some people would prefer to remain in a home-like setting rather than move to a nursing home. In moments like this, the VA Medical Foster Home (MFH) program is here to help.

MFH is a voluntary care option that assists in matching Veterans with approved MFH Caregivers to provide the care the Veterans need in a family home with appropriate oversight and care provided by the VA MFH and Home Based Primary Care teams.



## More Information :



SJ Dailey LCSW MFH Coordinator

203-667-5137



sarah.dailey2@va.gov



VACT Healthcare System

950 Campbell Ave.

West Haven, CT 06516



VA



U.S. Department of Veterans Affairs  
Veterans Health Administration  
Geriatrics and Extended Care



## Medical Foster Home Program

VA



U.S. Department of Veterans Affairs  
Veterans Health Administration  
Geriatrics and Extended Care

### Who can be a VA Medical Foster Home Caregiver?

Caregivers must:

- Own or rent the home and live there full time.
- Be at least 18 years of age.
- Have caregiver experience (formal or informal).
- Complete the VA application and inspection process for the MFH program, including a criminal background check and references.
- Participate in on-going caregiver training.
- Provide compassionate care for no more than three residents.
- Have a written crisis and respite/relief caregiver plan.
- Follow the Veterans treatment plan, working closely with Home Based Primary Care.

If you are interested in the VA MFH Program as a resident or a caregiver, please call your local MFH Coordinator. If you are a Veteran, you may also ask your Primary Care Provider to send a consult for MFH.

### Medical Foster Homes Provide

- A safe and family home setting
- Supervised care
- Private/Semi-private rooms
- Flexibility and choice
- Three meals/snacks daily
- Personal care
- Medication management/reminders

### Who is Eligible for a Medical Foster Home

Veterans enrolled with the VA Health Care System and have care needs that can no longer be met in their homes, may be eligible.

Care needs may include:

- Assistance with activities of daily living, i.e., eating, bathing, dressing, etc.
- Medication management
- Laundry and meal prep
- Social and recreational activities

The Veteran is responsible for the cost of the MFH. The cost may be paid using a combination of private income, Social Security, savings, VA Pension, Aid & Attendance, or VA pay based on disability rating eligibility requirements. The Veteran and caregiver will sign a private care agreement that outlines the care needed, the rate, expectations of the caregiver and Veterans rights.

**May 2026**

## **10 Facts About Parkinson's Disease**

1. The cause is unknown, and there is no cure. What causes Parkinson's remains largely unknown. Although there is no cure at this time, treatment options vary and can include medications and surgery.
2. People with Parkinson's can have a good quality of life. There is no one-size-fits-all treatment approach when it comes to Parkinson's. Medication and lifestyle modifications help manage the disease.
3. No two people have the exact same symptoms. The progression of symptoms is often different from one person to another due to the diversity of the disease.
4. Non-movement symptoms can be more troublesome than movement symptoms. They can include cognitive changes, mood disorders, fatigue, hallucinations and delusions, sexual problems and sleep disorders.
5. Small handwriting and loss of smell are early signs of Parkinson's. Not being able to smell bananas, dill pickles, and licorice is a common early symptom.
6. Exercise helps manage Parkinson's symptoms. Exercise is vital to maintaining balance, mobility and activities of daily living.
7. Parkinson's should be treated through a team approach. Our Global Care Network works to improve access to quality care, where Parkinson's is treated through a team of experts – including movement disorders specialists, physical and occupational therapists, mental health professionals and more.
8. People with Parkinson's are not always angry or sad. Often, people with Parkinson's look serious, depressed or mad, but many times the disease is causing facial masking, where muscles in the face are stiff or take a long time to move.
9. We must improve treatment. The Parkinson's Foundation, in partnership with Parkinson's UK, drives the development of new treatments through the Parkinson's Virtual Biotech, a drug discovery and development program working to deliver new treatments and a cure in years, not decades.
10. The Parkinson's community is strong. The Parkinson's Foundation is proud to serve and support the global Parkinson's community, including family members and caregivers.

**We're here for you!**

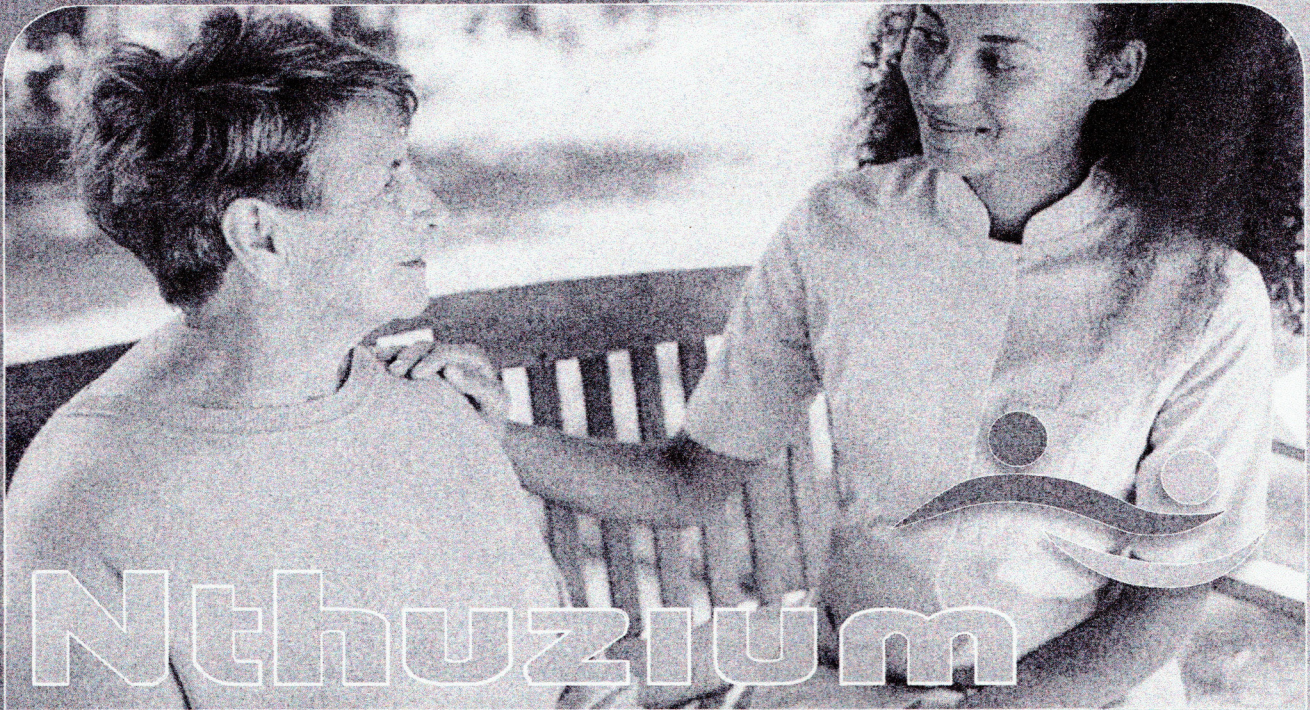
**Please share this fact sheet with your friends and family today. For answers to your Parkinson's questions and referrals, call our Helpline at 1-800-4PD-INFO (473-4636).**

May 2026

# Home Care You Can Trust!

Providing compassionate in-home support that preserves comfort, dignity, and independence.

24-hour Live-in care & hourly care



# Nthuzium

COMPASSIONATE  CARE 

**Where Care Meets** Kindness

23 Cedar Street, Naugatuck, CT 06770

**(203) 208-7030**

compassionatecare@nzthuzium.com



**May 2026**

**NEW ITEM**

**“Authentic Down East Lobster Bake”  
June 23, 2026**

**Leave the senior center @6:30am. Breakfast (on your own) & rest stops on the way. Our first stop is at Foster’s Lobster Bake in York Maine.**

**Menu includes:**

**New England Clam Chowder**

**Cultivated Mussels & Maine Clams**

**Fresh Lobster w/ Drawn Butter (or BBQ Chicken)**

**Sweet Corn -on- the-cob**

**Roasted Red Bliss Potatoes and Onions**

**Blueberry Crumb Cake.**

**Your feast is steamed over a roasting wood fire – The Downeast Way!**

**Fosters also provides live music during your stay and a gift shop is available. After departing, we will visit the Stonewall Kitchen in York Maine.**

**TOUR INCLUDES: lobster bake at Fosters.**

**Entree Choice: Lobster/ Chicken (please choose at sign up)**

**Tour Cost: \$167.00pp**

**Departure 6:30am**

**Estimated time of arrival: 8:00pm**

**Save The Date:**

**Boston Ducks & Quincy Market: July 7, 2026**

**I LOVE LUCY: September 7, 2026**

**Charleston Riverboat & Cheesecake Factory: July 21, 2026**

**Bethlehem & Lancaster, (Joshua): November 16, 2026**

**White Mountain Resort, December 15, 2026**

**For pricing & information: Call Linda Soto, RayLin Travel :  
203-591-1407**

May 2026

## VOLUNTEER OFFICE WORKER NEEDED AT VITAS HEALTHCARE IN MIDDLEBURY



VITAS Healthcare, the country's largest hospice provider, is seeking a volunteer to help the Volunteer Coordinator in our Middlebury office with bereavement mailings and general office administrative tasks.

- Professional Office Setting
- Gain Office Experience
- Exposure to the Healthcare Field
- Work with Charts and Patient Records
- Have Fun
- Flexible Schedule – 1X or 2X a Week
- Work with a Friendly Volunteer Coordinator with a Wicked Sense of Humor and a Love of Animals, Art and Music

Interested? Please contact Peter Korzenik, Volunteer Manager. My phone number is (203) 437-3112 and my email address is [Peter.Korzenik@vitas.com](mailto:Peter.Korzenik@vitas.com). Our office is located at 199 Park Road Extension in Middlebury.

Thank you!!!

## NEW ITEM

# Join us!

Sunday, May 10<sup>th</sup>  
9:00am-12:00pm



## HOME FIRE SPRINKLER COALITION

# PRESENTATION

At St. Anthony's Upper Parking Lot



The Prospect Fire Marshal's Office and The Prospect Volunteer Fire Department have put our stipend to use from the national nonprofit Home Fire Sprinkler Coalition.

We have built a 3D sprinkler display that will showcase on May 10<sup>th</sup> at St. Anthony's upper parking lot. Please visit the Fire Marshal tent to see this demonstration, pick up educational flyers, brochures and learn about home fire sprinklers that will protect your family for decades.

Topics such as: fire flashover, fire is fast but sprinklers are faster and plan your escape from fire are just some of the topics that will be discussed.



**Prospect Fire Marshal's Office &  
Prospect Volunteer Fire Department**  
26 New Haven Rd., Prospect, CT  
(203) 758-3370 - (203) 758-5445



# GOT



**VITAS**  
Healthcare  
[VITAS.com/Volunteer](http://VITAS.com/Volunteer)  
f in @ | Since 1980

# TIME?

**Give back as a hospice volunteer.**

Hold a hand, lend an ear, make a difference.

VITAS volunteers show compassion in a variety of roles. Some volunteers visit with patients and families, others provide office support, and some even use unique skills such as sewing, art, and massage to lift spirits.

**Sign up for a free orientation to learn the skills required to be an outstanding hospice volunteer.**

To learn more, contact:  
Peter Korzenik  
[peter.korzenik@vitas.com](mailto:peter.korzenik@vitas.com)  
203-437-3112



Scan the QR code to learn more.

May 2026

Raylin Travel presents an **EXCLUSIVE** Event....**MARGARITAVILLE on CAPE COD**

At the new Resort in Hyannis, MA

**2 SHOWS - The Edward Twins and Kenny & Dolly****3 Day Tour - September 21-23, 2026****\$639.** Double

\$609 Triple \$809. Single

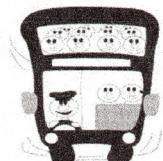
**PRICES ARE PER PERSON**

Cancellation protection available

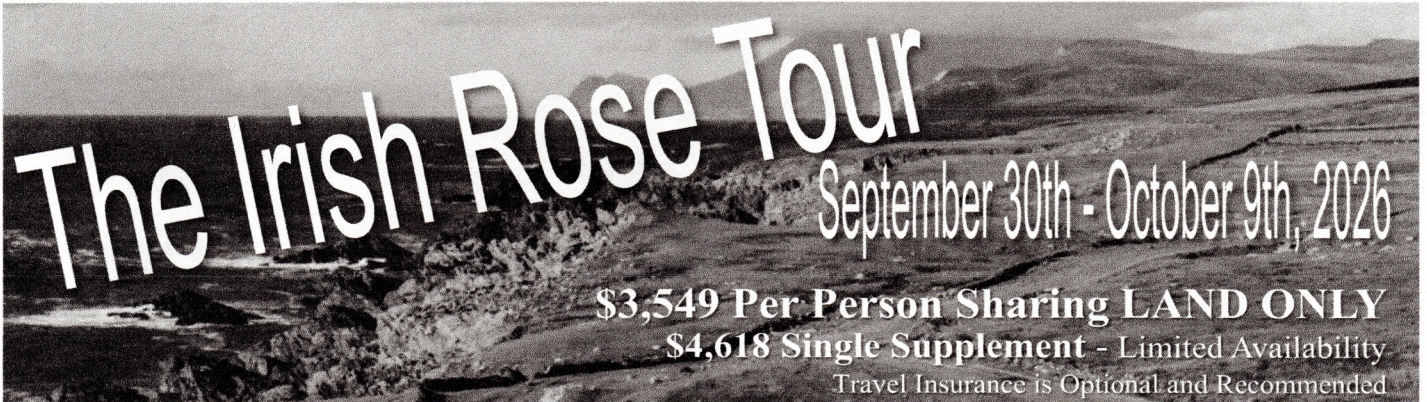
\$49 pp at sign up only \*\*

**PACKAGE INCLUDES:**

- Roundtrip Deluxe Motor Coach
- 2 Nights at the new Margaritaville Resort
- 2 Buffet Breakfast at the Resort
- 2 Dinners Shows at the ALL NEW Resort
- THE AMAZING EDWARD TWINS Show (1st night)
- KENNY ROGERS & DOLLY Tribute Show (2nd night)
- CASINO Visit
- Free time on Main Street, Hyannis (Shops)
- Martha's Vineyard Visit
- Guided Tour of Hyannis
- Baggage Handling & All Meal & Hotel Tax

**For more information****Linda Soto****203-591-1407****raylin@currently.com****Cruise to Martha's Vineyard****Bus Departs 8:00am****Prospect Senior Center  
Prospect, CT**

May 2026



**DAY 1: WEDNESDAY | DUBLIN - MONAGHAN - OMAGH - DONEGAL**

Arrive at Dublin Airport where you will be met by your driver/guide and start your tour. We travel northwest via County Monaghan, formally part of the ancient territory of Oriel, once known as the dominant MacMahon county. We will stop for a tea/coffee break and to shake off our jet lag before continuing via Omagh in County Tyrone, then onto County Donegal. Here we enjoy dinner and overnight at our hotel in the town of Ballybofey. [D]

**DAY 2: THURSDAY | GIANTS CAUSEWAY & DERRY TOURING**

A fantastic day awaits as we head out to explore the Antrim Coast and visit the Giant's Causeway and Museum. These iconic volcanic columns were formed from active lava more than 60 million years ago, and are featured prominently in Irish fables & folklore. An incredible experience filled with myths and legends. On our return, we stop in the walled city of Derry where we embark on a guided historic walking tour of the walled city. We continue back to Ballybofey and our hotel for dinner and overnight. [B,D]

**DAY 3: FRIDAY | SLIEVE LEAGUE, BELLEEK, SLIGO & WESTPORT**

The road leads south along Donegal Bay to Killybegs and the spectacular Slieve League Cliffs looking out over the Atlantic. Slieve League translates to "mountain of stone pillars," and our minibus transfer allows up-close access to revel in their dramatic beauty and take in the scenic views of Malin Bay. Our tour continues with a visit the famed Belleek China showroom to see the iconic Irish pottery that's been made here since 1884, then southwest to the long, sandy beaches of Rosses Point, overlooking Sligo Bay, continuing to County Mayo and the coastal town of Westport! This lively town will not disappoint, with lively pubs and charming restaurants and shops. Dinner is included at our hotel this evening. Overnight in Westport. [B,D]

**DAY 4: SATURDAY | ACHILL ISLAND TOURING**

A leisurely departure from our hotel, as we head out and explore some of the most breathtaking scenery on the Wild Atlantic Way, Achill Island and the Corraun Peninsula in County Mayo. Marked by rugged mountains and peat bogs, the island is known for its tall sea cliffs and clean beaches. Its breezy shoreline makes it a popular spot for water sports. The strand (beach) at Keem Bay inspired visiting writers Heinrich Böll and Graham Greene. Keel, the island's main village, has a sandy surf beach. A relaxed day with a return to Westport where you have time to enjoy the town and enjoy dinner independently this evening. Overnight in Westport. [B]

**DAY 5: SUNDAY | CLIFFS OF MOHER, ADARE & KILLARNEY**

Morning departure from Westport. We travel south via the majestic Cliffs of Moher, where we pause and enjoy spectacular views. Continue along the western coastline, as we make our way to charming Killarney town via Lahinch and Adare. In Killarney, we enjoy dinner at our hotel this evening.

Killarney is an excellent location to enjoy traditional music, pub entertainment. Included tonight is Gaelic Roots, a traditional top rated Irish Cabaret Show. Overnight in Killarney. [B,D]

**DAY 6: MONDAY | RING OF KERRY DAY TOUR**

We depart on one of Ireland's most popular and beautiful drives, the Ring of Kerry. Traveling from Killarney, we come to the town of Killorglin, famous for its traditional Puck Fair, and from here we commence the ring tour. Our drive is along the coastline of the broad Iveragh Peninsula, through the towns of Glenbeigh, Cahirciveen, Waterville, and Sneem. The scenery is spectacular as wind-swept cliffs, still lakes, lost valleys, and rocky mountains blend in awesome beauty before we circle back to Killarney. Tonight venture out independently and enjoy one of the many restaurants Killarney has to offer. Overnight in Killarney. [B]

**DAY 7: TUESDAY | KILLARNEY - BLARNEY - WATERFORD**

Depart Killarney, with a stop in Blarney, where we pause for optional visits to the Blarney Woollen Mills and Blarney Castle, perhaps to kiss the famed Blarney Stone. Leaving Blarney, we travel the short distance to Cobh (Queenstown), the last port of call for the Titanic. Optionally time allowed to stop into the heritage center, or simply enjoy the coastal town, before departing to make our way to the city of Waterford. In Waterford, we enjoy dinner and an overnight stay. [B,D]

**DAY 8: WEDNESDAY | WATERFORD - DUBLIN**

Morning brings a visit to the House of Waterford before making our way to Dublin via Kildare. An afternoon check-in to our Dublin hotel allows for time to relax before attending a traditional Irish cabaret and dinner show this evening at the Merry Ploughboys Pub. A late night, we return to our hotel at approximately 10:30PM. Overnight in Dublin. [B,D]

**DAY 9: THURSDAY | DUBLIN DAY TOUR**

On today's sightseeing tour we visit EPIC, The Irish Emigration Museum. A fantastic interactive experience, which uncovers the dramatic and inspiring stories of the Irish who traveled the world, from early times to the modern day. Next we make our way to the Guinness Storehouse for a visit culminating in a pint in the Gravity Bar overlooking the city. The remainder of your afternoon is free to enjoy the capital city. Tonight, enjoy dinner on your own before our final overnight in Ireland. [B]

**DAY 10: FRIDAY | DUBLIN - TOUR ENDS**

An early morning transfer takes you to Dublin Airport for your return flight home. Pick up any last-minute gifts at the duty-free shops before boarding, you will arrive home the same day. [B]



## Tour Includes

- 9 nights of first class and superior first-class hotels
- Full Irish breakfast daily, except day of arrival
- 5 hotel dinners & 1 dinner show in Dublin
- Full sightseeing by deluxe touring motor coach
- Professional Irish driver/guide to escort you.
- Panoramic city tour of Dublin and scenic drives of Achill Island and the Ring of Kerry
- Historic guided walking tour of Derry
- Visits to: Slieve League Cliffs, Giant's Causeway, Cliffs of Moher, Gaelic Roots, the House of Waterford, EPIC & the Guinness Storehouse
- Porterage of 1 suitcase per person.
- Celtic Tours flight bag and portfolio of travel documents.
- Tips and taxes in Ireland. **NOTE: Gratuities to the driver/guide are not included.**

## Hotels

- DONEGAL - 2 Nts.**  
Jacksons Hotel
- WESTPORT - 2 Nts.**  
Castlecourt Hotel
- KILLARNEY - 2 Nts.**  
Hotel Killarney
- WATERFORD - 2 Nt.**  
Dooley's Hotel
- DUBLIN - 2 Nts.**  
Sandymount Hotel

# May 2026



## TOUR COST: LAND ONLY \$3,549 Per Person Sharing Single Supplement \$4,618

*Optional Travel Insurance: \$313 pp sharing / \$397 single*



Please Print

Booking #121966

### RESERVATION APPLICATION

Please reserve \_\_\_\_\_ seat(s) on "the Irish Rose Tour" September 30th - October 9th, 2026

\*\*\*A COPY OF YOUR U.S. PASSPORT IS REQUIRED AS SOON AS POSSIBLE\*\*\*

Applicants Name (as on passport):

Roommates Name (as on passport):

Passport # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Passport # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

(A valid US Passport is required - valid for 6 months beyond date of travel.)

(A valid US Passport is required - valid for 6 months beyond date of travel.)

American Citizen  Y  N • Gender  M  F • D.O.B. \_\_\_\_\_American Citizen  Y  N • Gender  M  F • D.O.B. \_\_\_\_\_Address: \_\_\_\_\_  
(Street)Address: \_\_\_\_\_  
(Street)

(City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_

(City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_

Phone (Home/Cell): \_\_\_\_\_

Phone (Home/Cell): \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Room Type:  Twin (2 beds)  Double (1 bed)  
 Single Supplement \$4,618 - Limited Availability

**Roommate is sending deposit with separate application:**  
 YES  NO

Meal Restrictions / Allergies / Mobility Needs:  Y  N

Please Describe: \_\_\_\_\_

**OPTIONAL TRAVEL INSURANCE:**  
\$313 Per Person Sharing or \$397 Single  
 YES  NO Initial if Declining \_\_\_\_\_  
(Must be purchased with your deposit, NON-REFUNDABLE)

FURTHER INQUIRIES, PLEASE CONTACT:

**Linda Soto**

Email: raylin@currently.com

Phone: (203) 591-1407

### PAYMENT SCHEDULE:

Initial Deposit of \$300 per person (plus insurance if taking)

**Final Payment Due June 26th, 2026**

All Major Credit Cards Accepted. I have read the terms and conditions per the brochure/flyer and understand that I may incur service charges, penalties and/or cancellation fees in the event of cancellation or change in my itinerary for any reason. Make checks payable to Celtic Tours at 1860 Western Ave. Albany NY, 12203

I \_\_\_\_\_ authorize Celtic Tours (Murphy Tours) to charge \$ \_\_\_\_\_ on my Credit Card.

Card Number: \_\_\_\_\_ Expiration. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

FOR AUTO PAYMENTS SIGN HERE:

I authorize Celtic Tours (Murphy Tours) to charge my initial payment of \$300 per person (plus insurance if taking) and FINAL PAYMENT due June 26th, 2026

To guarantee a private coach tour a minimum of 16 passengers is required. If numbers fall below this, then the group will no longer be a private coach and will be combined with our public tour. Our public tour requires a minimum of 10 passengers to operate.

**Cancellation – Land Penalty:** Written cancellation notice is required for all cancellations and if received by Celtic Tours more than 125-96 days prior to departing, a processing fee of the LAND PORTION of \$300 per person will apply, plus any non-refundable fees for land portion of tours. From 95 to 66 days prior to departure a cancellation fee of \$350 per person will apply, plus any non-refundable fees. From 65 to 46 days prior to departure a cancellation fee of 50% of the tour cost will apply. Within 45 days of departure date 100% cancellation fee applies. Single room supplement will be required when a shared room is converted to single room due to a cancellation. Cancellations must be made during Celtic Tours business hours, Monday – Friday, 9am to 5pm EST. Travel Insurance is available at an additional cost p.p. and is recommended. Travel insurance must be purchased with initial reservation/deposit in order to cover pre existing conditions. Due to the current worldwide financial markets, exchange rates are currently fluctuating much more rapidly than normal. This does have an affect on international travel. At 125 days prior to your departure the exchange rates will be reviewed and guaranteed. Any applicable rate changes (higher or lower) will be advised for final payment in 30 days. Rates will only change if exchange rates vary by more than 3% in either direction of the quoted rate. Celtic Tours will do everything within its power to keep rates consistent with quoted rates, but there are times it may be beyond our control.

May 2026



SHIP

State Health Insurance  
Assistance Program

**Review.  
Compare.  
Enroll.  
Save.**

Your Medicare questions answered -  
all in one place.

# SHIP CAN HELP YOU!

## STATE HEALTH INSURANCE ASSISTANCE PROGRAM...

*...a federally certified Medicare counseling for Connecticut residents!*

**Certified CHOICES Counselors offer FREE, confidential, and pressure-free guidance** through every part of Medicare.

- Explore your options during the Medicare Open Enrollment Period
- Get help comparing Advantage & Part D Plans
- Receive assistance applying for programs like Medicaid, Medicare Savings Program and Extra Help (Low-Income Subsidy)
- Learn how to maximize your Medicare benefits.
- Get screened for additional state benefits and entitlements

SHIP Counselors are NOT brokers and DON'T endorse any insurance plans. We provide free, unbiased and non-commissioned guidance — so you can confidently make the choice that's best for you.

**CALL US NOW!** **1-800-994-9422**  
**203-757-5449 EXT 4**

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of 2 financial assistance awards totaling \$1,001,781 with 100 percent funding by ACL/HHS. Approximately 60% SHIP, 40% MIPPA. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.



May 2026

# BIG NEWS: Medicare Savings Program Updates

## New Monthly Income Limits

Effective March 1, 2026

Eligibility is based on your gross monthly income.

Medicare Saving Program	Single	Married	What it Pays For
QMB	\$2,807	\$3,806	Part B premiums, deductibles, & co-insurance
SLMB	\$3,073	\$4,166	Medicare Part B premiums
ALMB	\$3,272	\$4,437	Medicare Part B premiums

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Navigating Medicare

Any Question?

Call: 203-757-5449 option 4

Email us [info@wcaaa.org](mailto:info@wcaaa.org)



WESTERN CONNECTICUT  
AREA AGENCY ON AGING

May 2026

# Grief Support Group Open to All

**Tuesdays, starting: April 7, 2026. – June 2, 2026**  
**from 6 - 7 P.M at**  
**Prospect Memorial/ The Palmerie Family Funeral**  
**Home**  
**122 Waterbury Rd. Prospect CT 06712**

No Fee, however reservation required, please call 203-758-6008 or email  
[prospectmemorial@gmail.com](mailto:prospectmemorial@gmail.com)  
Discussion, education and support  
Learning to live in the sunshine of their life instead of dark shadow of  
their death- *unknown*



**May 2026**



# Bereavement Support Group

Thank you for allowing us to be part of your loved one's journey. We know that grief doesn't end when the services do, and you don't have to walk through it alone.

If you've recently lost someone close to you, we invite you to join our monthly Bereavement Support Group. Each session offers a safe, compassionate space to connect with others, share experiences, and explore meaningful topics around healing and loss.

Groups meet on the third Thursday of every month from 4:00–5:00pm. Sign-ups are requested. Let's navigate this path together, one conversation at a time.

## THE DETAILS

**WHEN:** Third Thursday  
of Each Month  
4 - 5 PM

**WHERE:** **The Village at  
East Farms**  
180 Scott Rd  
Waterbury, CT

RSVP to Samantha Layher,  
Hospice Liaison, at **860-480-0585**

*The*  
**Village**

**AT EAST FARMS**

*A Benchmark Senior Living Experience*

May 2026



# Cancer Support Group

A cancer diagnosis affects more than just the body – it affects every part of life. Whether you're newly diagnosed, in treatment, or navigating survivorship, you deserve a space to be heard and supported.

Our Cancer Support Group offers a safe, welcoming environment to share your experiences, connect with others who understand, and find strength through honest conversation.

There's no need to go through it alone. We're here to listen, support, and walk alongside you – wherever you are on the journey.

## THE DETAILS

**WHEN:** Second Friday  
of Each Month  
11am - 12:30 PM


**WHERE:** **The Village at  
East Farms**  
180 Scott Rd  
Waterbury, CT

RSVP to Randi Bellemare at  
[rbellemare@benchmarkquality.com](mailto:rbellemare@benchmarkquality.com)  
or call **203.841.8607**.

*The*  
**Village**  
AT EAST FARMS

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May 2026



The Village at East Farms  
**Alzheimer's  
 & Dementia  
 Support Group**

The complexity of Alzheimer's disease and related dementias severely impacts the family and professional caregiver. A support group provides an opportunity to learn more about the different stages of this progressive disease and offers tips on ways to cope.

Join us for educational discussions and have the opportunity to learn and share with others who understand.

Complimentary care and programs are provided for your loved one during every session.

## THE DETAILS

**WHEN:** The first Wednesday  
of each month  
at 11 AM

**WHERE:** **The Village at  
East Farms**  
180 Scott Rd  
Waterbury, CT

RSVP to Randi Bellemare at  
[rbellemare@benchmarkquality.com](mailto:rbellemare@benchmarkquality.com)  
or call **203-757-7660**.

 *The*  
**Village**  
AT EAST FARMS

*A Benchmark Senior Living Experience*

**May 2026**



# Parkinson's Support Group

Caring for someone with Parkinson's can be overwhelming – but you're not alone. Our Parkinson's Support Group offers a welcoming space for caregivers, families, and those living with Parkinson's to come together and share the journey.

This open forum is a chance to talk openly, exchange ideas, and support one another through every stage. Whether you're looking for information, connection, or even encouragement, we're here to help improve quality of life through community and conversation. Sometimes, simply having a space to talk makes all the difference.

## THE DETAILS

**WHEN:** First Saturday  
of Each Month  
10 AM

**WHERE:** **The Village at  
East Farms**  
180 Scott Rd  
Waterbury, CT

RSVP to Randi Bellemare at  
[rbellemare@benchmarkquality.com](mailto:rbellemare@benchmarkquality.com)  
or call **203.841.8607**.

 *The*  
**Village**  
AT EAST FARMS

*A Benchmark Senior Living Experience*

**May 2026**

# Caregiver Support Group



## First Wednesday of Each Month

The complexity of Alzheimer's disease and related dementias severely impacts the family and professional caregiver. A support group provides an opportunity to learn more about the different stages of this progressive disease and offers tips on ways to cope.

Join us for educational discussions and have the opportunity to learn and share with others who understand.

Complimentary care and programs are provided for your loved one during every session.

1st Wednesday of each month at 11:00 AM

RSVP to Randi Bellemare by emailing [rbellemare@benchmarkquality.com](mailto:rbellemare@benchmarkquality.com) or call 203.841.8607.

 *The*  
**Village**  
AT EAST FARMS  
A Benchmark Senior Living Community

180 Scott Road  
Waterbury, CT  
203.757.7660  
[VillageAtEastFarms.com](http://VillageAtEastFarms.com)



May 2026

NEW ITEM



# UConn

May 2026

## Monthly Newsletter

OLLI at UConn is a member-driven lifelong learning program offering courses, lectures, and special events for people 50+ who want to engage socially and intellectually. We offer classes, activities and events throughout the year, in-person at UConn Waterbury and online. All are welcome!

### UPCOMING EVENTS & ANNOUNCEMENTS

## JUNETEENTH



### OLLI at UConn Celebrates Juneteenth with Free Author Event

6:00 - 7:30PM, June 12, 2026

UConn Waterbury, 99 East Main Street, Waterbury

With Elaine Weiss, author of *Spell Freedom*. Stories of courage, democracy, and the fight for civil rights.

Register today at [osher@uconn.edu](mailto:osher@uconn.edu)  
All Are Welcome.

### COME AND SEE FOR YOURSELF!


Want to check us out? Email or call us for a chat and a tour of the campus.

#### Financial Assistance Program

Our Financial Assistance Program is available to anyone who would like to be an OLLI member but may not have the financial resources for the membership fee of \$65. Funds are available for annual membership only. This program was made possible by donations to OLLI at UConn. Contact us for more details.

 <https://olli.uconn.edu>

 [osher@uconn.edu](mailto:osher@uconn.edu)

 203-236-9924

May 2026

NEW ITEM

# Ziti & Meatball Supper

Friday, May 8, 6 – 8 p.m., The Reading Room, Cheshire  
Dine in or take out. \$15 adults; \$8 kids ages 11-3, under 3 free.

Tickets available at the door, or scan the QR code, or go to [CheshireLions.com](http://CheshireLions.com)

*Proceeds benefit Cheshire Lions Charitable Causes*



- Old fashion ziti community dinner.
- Fun, Ziti, meatballs, side salad, bread, cold beverages and dessert.
- Bring your friends!
- Connect to community and get to know us!
- Tickets now available online at [Cheshirelions.com](http://Cheshirelions.com), OR from a Cheshire Lion, OR at the door.
- For more information call: 203-272-9912

May 2026

NEW ITEM



The Volunteer Fire Department of Prospect



**Flower Sale**

The logo of the Prospect Fire Department is centered behind the text. It features a shield with a fire hydrant, a fire truck, and a fireman. The text on the shield includes "PROSPECT", "FIRE", "EMERGENCY", "RESCUE", and "EST. 1944".

**St. Anthony's Church Parking Lot**

Sat. May 9th 8am - 5:30pm  
Sun. May 10th 8am - 2:30pm

*cash or Venmo only*  
**Venmo @ProspectFire**

May 2026



# A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

A Matter of Balance is a welcoming program for older adults who want to feel more confident, steady, and active. In eight small-group classes, participants learn simple ways to reduce fear of falling, stay active, and feel more in control of their safety. Participants will set small goals, learn easy tips to make their home safer, and practice gentle exercises to improve strength and balance. The program includes friendly group conversations, hands-on activities, and take-home tools to support confidence, independence, and everyday well-being.

## What To Expect

- **This is a FREE program open to ALL community members**
- Feel steadier and more confident
- Learn simple fall-prevention tips
- Build strength and balance
- Set small goals to stay active
- Make easy, safe changes at home
- Get everyday self-care tools
- Stay independent and connected

**Tuesdays & Thursdays**

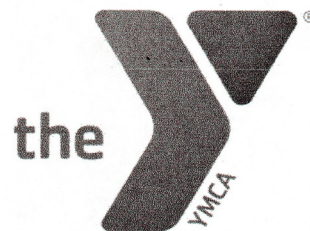
**10am-12pm**

**April 21-May 14**

**435 N. Brooksvale Rd. Cheshire, CT 06410**



Questions: Brandon Riollano  
Health & Wellnes Director  
Cheshire Community YMCA  
203-272-3150 x511  
briollano@sccymca.org



May 2026

A decorative border of watercolor flowers in various colors (yellow, blue, purple, red, orange) surrounds the text.

# JOIN US PROSPECT SPRING FLING

VENDORS & FOOD TRUCKS

MAY 16<sup>TH</sup> 2026

RAIN DATE MAY 17<sup>TH</sup> 2026

11AM- 3PM

PROSPECT TOWN GREEN,  
12 CENTER ST

For more information,

Please Call, Prospect Park and Rec

203-758-0036

OR

[recreation@townofprospect.org](mailto:recreation@townofprospect.org)

May 2026



**In partnership with Powerback Rehab and the American Parkinson's Disease association, The Village at East Farms proudly presents: Parkinson's Power Up Fitness Classes**

**These wellness classes are specifically designed for individuals living with Parkinson's Disease and their care partners. Classes aim to enhance strength, balance, mobility, and overall wellbeing. Classes incorporate evidence-based techniques and tailored exercises that address the unique needs of participants, helping to slow disease progression and enhance quality of life.**

**Participants will Benefit from:**

**Targeted Strengthening Exercises  
Flexibility and Stretching exercises  
Neural Motor and Functional Movement training  
Breathing and Voice Exercises**

**ABOUT THE INSTRUCTOR:**  
**Kristen Frank, BS in Health Science, Certified Personal Trainer through National Academy of Sports Medicine APDA Parkinson's training for fitness professionals completed**

#### **THE DETAILS**

**WHEN: Second and Fourth Wednesdays of each month at 1 PM**

**Next Classes: May 13th & 27th**

**WHERE:**  
**The Village at East Farms  
180 Scott Road  
Waterbury, CT**

**To register and RSVP, call Randi at 203-841-8607.**

May 2026

NEW ITEM



# WATERBURY LIONS CLUB OPEN HOUSE

WEDNESDAY, MAY 20, 2026 | 4:00 PM - 6:00 PM

THE VILLAGE AT EAST FARMS, LODGE  
180 SCOTT ROAD, WATERBURY, CT

Learn about the great work we do and meet new friends.  
Lite appetizers and refreshments provided.

RSVP to 203-841-8607 or any Lions Member



May 2026

NEW ITEM

# STRUGGLING TO COVER HEALTH OR FOOD COSTS?

## WE CAN HELP!

### Your Gateway To State, Federal & Local Benefits Starts Here!



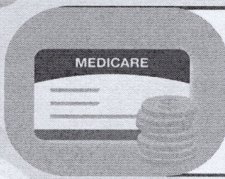
#### SNAP (FOOD STAMPS)

Helps you afford groceries every month



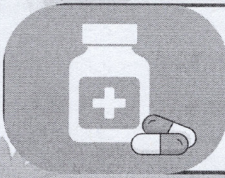
#### HUSKY (MEDICAID)

Low-cost health insurance coverage for individuals & families,



#### MSP (MEDICARE SAVING PROGRAM)

Help pays for Medicare premiums, deductibles, and co-pays



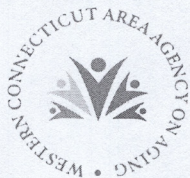
#### LIS (EXTRA HELP FOR MEDICARE)

Reduces your prescription drug costs and plan premiums



**Call Us Today!** Free, Confidential & Unbiased Support  
Get personalized help applying for benefits with our SHIP-Certified counselors & support team  
**1-800-994-9422 | 203-757-5449 option 4**

**84 Progress Lane, Waterbury. CT 2<sup>nd</sup> floor | [www.wcaaa.org](http://www.wcaaa.org) |**



This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$577,233 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.



PUZZLE

151

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

NOION  
 RNOWF  
 DIWYLL  
 GIWGEL



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

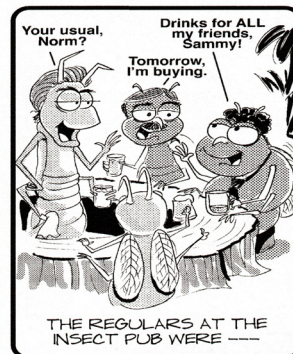
PUZZLE

153

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

CLOFA  
 CLERI  
 PIBSOH  
 GENTAM



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

PUZZLE

152

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

TYIFF  
 NATSD  
 PURNGS  
 GRUBRE



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

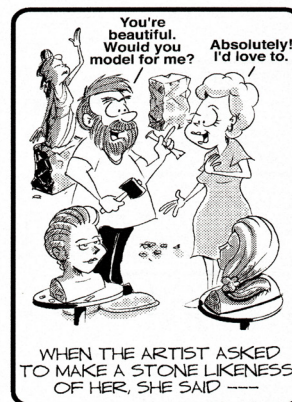
PUZZLE

154

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

EMACO  
 SMURT  
 PLITUP  
 SUHAQS



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

151. Jumbles: ONION FROWN WILDLY WIGGLE  
 Answer: The marathoner won race after race and had a huge ----  
 FOLLOWING  
 152. Jumbles: FIFTY STAND SPRUNG BURGER  
 Answer: The cat was determined to get some attention and was being ---- "PURR-SISTENT"

153. Jumbles: FOCAL RELIC BISHOP MAGNET  
 Answer: The regulars at the insect pub were ---- BAR-FLIES  
 154. Jumbles: CAMEO STRUM PULPIT SQUASH  
 Answer: When the artist asked to make a stone likeness of her, she said ---- "SCULPT-SURE"

A friend and I stopped by Hooters for some wings and a beer. He asked me, "Which waitress would you like to be stuck with in an elevator?"



I responded, "The one that can fix elevators. I'm old, I'm tired, and I pee a lot."



**What's done is done, what's gone is gone,**

One of life's lessons is always moving on. It's ok to look back and think of fond memories, but keep moving forward.

**YOUR EYESIGHT STARTS FAILING AS YOU GET OLDER, SO YOU DON'T GET SUCH A SHOCK WHEN YOU WALK PAST A MIRROR.**

@grumpyoldgits

Don't let people make you feel bad or guilty for living your life. It is your life. Live it the way you want.



I was in psychology class yesterday... and we couldn't stop laughing about how stupid Pavlov's dogs were. Then the bell rang and we all had lunch.



When I was young, this was my mobile phone.

image: www.fineartamerica.com

*Rules are Rules,*



Hospital regulations require a wheelchair for patients being discharged. However, while working as a student aide, Sam found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need Sam's help to leave the hospital. After a chat about rules being rules, he reluctantly let Sam wheel him to the elevator. On the way down Sam asked him if his wife was meeting him. I don't know, he said. She's still upstairs in the bathroom changing out of her hospital gown.



sprayed my car with rust remover



A waitress asked me if I wanna box for my leftovers.  
We went three rounds before she knocked me out...

When I look in the mirror and see gray hair, tiny wrinkles, and dimming eyes I think, "They sure don't make mirrors like they used to."



**Anna  
Deller**

Naugatuck, CT — Anna Deller, 94, passed away peacefully on Tuesday, March 3, 2026, at her home in Naugatuck, Connecticut, surrounded by her loving family.

Anna was born on November 26, 1931, in Harrisburg, Pennsylvania, the daughter of the late Joseph and Josephine (Federicko) Cicero. She graduated from York Junior College and worked in various administrative assistant positions throughout her career, retiring from IBM in Essex Junction, Vermont.

In addition to her faithful chihuahua Missy, Anna is survived by her sons, Michael of Lewes, Delaware, and Tom and his wife, Kristin, of Naugatuck, Connecticut. She also leaves her beloved grandsons: Jordan and his wife, April, of Naugatuck, Connecticut; Nathan and his wife, Crystal, of Collinsville, Connecticut; and Colin and his wife, Stephanie, of Naugatuck, Connecticut. She was a proud great-grandmother to Haley and Aubrey, daughters of Jordan and April, and to Benjamin and Baron, sons of Nathan and Crystal. Gram also had a special fondness for Aubrey's boyfriend, Matt Stefan, who always held a special place in her heart.

Anna loved the theater and worked as a House Manager at the Flynn Theatre in Burlington, Vermont, well into her 80s. She was also a devoted Eucharistic Minister and generously volunteered her time sitting with patients at the University of Vermont Medical Center. Anna dedicated countless hours to helping others and most recently volunteered at Naugatuck High School with special needs students, continuing her service until the age of 93.

After moving to Connecticut, Anna also became an enthusiastic fan of UConn Women's Basketball and enjoyed attending games at Gampel Pavilion in Storrs with her season ticket package.

Funeral services were held on Saturday, April 18th, 10:00am, at St. John Vianney Church in South Burlington, Vermont, with entombment to follow at Resurrection Park.

Memorial contributions may be made to St. John Vianney Church, 160 Hinesburg Road, South Burlington, VT 05403.



**Susan B.  
Jefferson**

NAUGATUCK - Susan B. Jefferson, 91, died Monday, April 6, 2026, at her home. She was predeceased by her husband Edward Jefferson.

Mrs. Jefferson was born February 16, 1935, in Waterbury, the daughter of the late William and Clara Louise (Emerson) Boies.

She graduated from Smith College in 1957 and, in 1982, earned a degree in church music from St. Joseph College. She pursued a career as an organist and vocalist for the next 30 years at churches across the region.

Sue volunteered in many community activities and was instrumental in starting the Waterbury Food Bank as well as serving at the Waterbury Soup Kitchen. Her greatest joy as a volunteer came from working with Father Richard Bollea at Waterbury Hospital for 9 years.

Sue is survived by her stepson Jed of Colorado Springs, CO; 4 grandchildren; her niece Lynne Elander, and nephews, Rodger, Craig, and Chuck Elander; and several cousins, including Penelope Whiteside, John Wilmot, and Jim Wilmot. She was predeceased by her stepson, David Jefferson, and her sister Pam Elander.

Sue is eternally grateful for the care provided over the past 2 years by Lena Kalake.

Arrangements - Funeral services were held on Friday, April 17, 2026, at 11:00 am at St. Michael's Episcopal Church, 210 Church St., Naugatuck. Burial was held at the convenience of the family in Grove Cemetery, and there are no calling hours. Memorial contributions may be made to Howard Whittemore Memorial Library, 243 Church Street, Naugatuck, CT 06770, or to the Connecticut Humane Society, 701 Russell Rd, Newington, CT 06111, or by clicking [HERE](#). The Buckmiller Ford Mengacci Funeral Home of Naugatuck is assisting with arrangements.

To order memorial trees in memory of Susan B. Jefferson, please visit our tree store.





## Elizabeth "Betty" Leary

Elizabeth "Betty" Leary, 95, of Prospect passed away peacefully on March 26, 2026 at St. Mary's Hospital. She was the widow of the late John "Jack" Leary. Born October 14, 1930 to parents George and Gertrude (Hofacker) Kappeler, she grew up in the Mo-mauguin section of East Haven and was a graduate of East Haven High School. Growing up on the Connecticut shore and spending happy times at the beach led to Betty's lifelong love of the ocean. As a youth, Betty was a bugler with the Branford Manor Fife and Drum Corps which is where she met and fell in love with her future husband, Jack, who was a drummer and member of Waterbury's East End Community Club Drum Corps. They married and raised their daughters Patricia and Lisa in Prospect.

Betty was a woman of strong Catholic faith and as such gave tirelessly of her time and talents as a volunteer and employee for her beloved parish. She was the administrative assistant at Saint Anthony's parish for over 40 years, a member of the directorial staff for the CCD program, a member of the Ladies Guild, the La Salette Mission Club and one of the founding members of the housewife's choir. She welcomed many of the parish priests to their new congregation and to her home and enjoyed wonderful friendships with each throughout her life. Betty was a gifted hostess. Her home was always filled with family, friends, and neighbors and no matter what groups she and Jack were involved with, the party was always at their house. Her home was also more than a place for her own children - it was a warm, welcoming place for their friends as well, many of whom grew to think of her as a second mom.

As an avid sports fan, Betty had encyclopedic knowledge of her favorite Boston Red Sox and UConn Men's and Women's basketball teams and rarely missed a game. She loved her many trips to Fenway Park, Gampel Pavillion, Foxboro and Rentschler Field. One of her favorite trips was to South Bend to see UConn football beat Notre Dame.

Betty enjoyed her sixty-five-year tradition of family summer vacations in Rhode Island and passed that love of beach and family to her children, grandchildren and great-grandchildren. Her family was her most cherished treasure. As wife, mother, grandmother, great grandmother, sister, aunt or friend - she poured her love into each role. If you knew Betty, you most certainly loved her. Her light and joy live on in the hearts of all.

Left to cherish her love and memory are her daughters and son-in-laws Patricia and Alan Horton of Arnold, Maryland, and Lisa and Daniel Lowry with whom she resided in Prospect. She also leaves her cherished grandchildren: Aaron Benoit (Natalie Wall), Kathleen Wode (Brandon), Abigail Perillo (Andrew), great grandchildren: Jack and Elisabeth Wode and soon to be born Baby Benoit-Wall, several nieces and nephews and their families, as well as her wonderful neighbors Sean and Sondra Farrell who were family to her. She was predeceased by her sister, Lois Goss (Norton) and brother, George Kappeler (Marion).

Visitation was held on Thursday, April 9, 2026 from 5pm to 7pm at Prospect Memorial/The Palmerie Family Funeral Home, 122 Waterbury Rd., Prospect. A Mass of Christian burial was held on Friday, April 10, 2026 at 10:30 am at St. Anthony's Church, 4 Union City Rd., Prospect followed by burial at Prospect Cemetery. Prospect Memorial/The Palmerie Family Funeral Home is honored to be entrusted with the arrangements and to care for the Leary family during this time. Please visit [prospectmemorial.com](http://prospectmemorial.com) for directions, information and online condolences. In lieu of flowers, memorial donations to the Volunteer Fire Department of Prospect are appreciated.

To send flowers to the family or plant a tree in memory of Elizabeth "Betty" (Kappeler) Leary, please visit our floral store.



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