

# Day-by-Day Schedule

## January 2026

### JANUARY 1 (THURSDAY)

Senior Center will be closed  
for the New Year Holiday

### JANUARY 2 (FRIDAY)

Senior Center will be closed  
for the New Year Holiday

### JANUARY 3 (SATURDAY)

10:00am – UCONN vs Seton Hall @ XL Center

### JANUARY 4 (SUNDAY)

3:00pm – Bright Nights @ Forest Park/Storowtown Tavern

### JANUARY 5 (MONDAY)

9:15am – Senior Exercise (free)

9:30am – Texas Hold'em

9:30am – Bridge with Linda Favale @ Chapel Hall

10:00am – Songbirds @ Ivy in Watertown

10:00am – Balance Class #3 with Brenda Martin

11:00am – Motown Monday Class #1 with Cookie

12:00pm – Mat Yoga Class #1 with Shari Galvin - \$20/6 wks

1:15pm – Cribbage with Don Ensero (Big Room)

1:30pm – Chair Yoga Class #1 with Shari Galvin - \$20/6 wks

### JANUARY 6 (TUESDAY)

9:15am – Senior Exercise Class #3 with Susan

9:30am – CT. River Museum Train Show/Griswold Inn

9:30am – Poker Club with Allen Thibodeau

10:00am – Art Class #7 with Dory

10:00am – Stained Glass Class with Sarah Segovia @ Community Center

10:30am – Ukulele with Julie Stephanek

12:30pm – Setback (downstairs)

12:30pm – Stained Glass Class with Sarah Segovia @ Community Center

1:00pm – Setback @ Community Center

1:00pm – Quilting Group with Darlene Bachand

1:00pm – Jukebox Bingo with Liverpool Productions

### JANUARY 7 (WEDNESDAY)

9:30am – NO Fundamental Piano Class with Joe Guarino

9:30am – Grocery Shopping at Labonne's, Stop & Shop, Big Y

10:00am – Wii Bowling League with Mary Henao

10:30am – NO Intermediate Piano Class with Joe Guarino

11:30am – NO Elementary Piano Class with Joe Guarino

11:30am – Knitting & Crocheting Group @ Community Center

12:30pm – 1:30pm – Blood Pressure Screening with Chesprocott Health Department

1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes

1:00pm – Canasta with Bonnie Veillette

1:30pm – Line Dancing Group

5:30pm – UCONN vs St. Johns @ XL Center

### JANUARY 8 (THURSDAY)

9:15am – Senior Exercise (free)

9:30am – Guilford Arts Center Holiday Expo

9:30am – Intermediate Italian Class #1 with Joe Guarino - \$20/6 wks

10:00am – Book Club with Mary Damulis

10:30am – Advanced Italian Class #1 with Joe Guarino - \$20/6 wks

10:30am – Tai Chi Class #1 with Matt Dempsey - \$24/6 wks

11:00am – Zumba Class #4 with Cookie

11:30am – Pilates Class #1 with Matt Dempsey - \$24/6 wks

12:30pm – Advanced Piano Class #4 with Joe Guarino

12:30pm – Origami with Ah Moi Yip

1:00pm – Mexican Dominoes with Gary Battel

1:00pm – Mahjong with Barb Duigan

1:30pm – Absolute Beginner's Piano Class #4 with Joe Guarino

### JANUARY 9 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center

9:30am – Pinochle with Mike & Bonnie Jones @ Community Center

10:00am – Scrapbooking & Card Making with Cindy and Edwina

10:15am – Wilcox Tech High School Buffet Lunch

11:30am – Meat & Vegetable Sauce with Pasta and Salad- \$10

1:00pm – Bingo - \$2

1:30pm – Chair Yoga Class #5 with Shari Galvin

### JANUARY 10 (SATURDAY)

5:30pm – Queen Tribute @ Shubert Theater New Haven

### JANUARY 11 (SUNDAY)

11:15am – Sunday Buffet Brunch @ Osteria Romana Restaurant in Monroe

### JANUARY 12 (MONDAY)

9:00am – Reflexology with Kim Stewart - \$35/30 mins, \$20/15 mins

9:15am – Senior Exercise (free)

9:30am – Texas Hold'em

9:30am – Bridge with Linda Favale @ Chapel Hall

10:00am – Balance Class #4 with Brenda Martin

10:00am – Songbirds @ Village at East Farms Waterbury

10:00am – Wii Bowling League with Mary Henao

11:00am – Motown Monday Class #2 with Cookie

12:00pm – Mat Yoga Class #2 with Shari Galvin

1:00pm – Nthuzium presentation

1:15pm – Cribbage with Don Ensero (Big Room)

1:30pm – Chair Yoga Class #2 with Shari Galvin

### JANUARY 13 (TUESDAY)

9:15am – Exercise Class #4 with Susan

9:30am – Grocery Shopping at Labonne's, Stop & Shop, Big Y

9:30am – Poker Club with Allen Thibodeau

10:00am – Art Class #8 with Dory

12:30pm – Setback (downstairs)

1:00pm – Tara's Cookie Decorating Class

1:00pm – Setback @ Community Center

1:00pm – Quilting Group with Darlene Bachand

### JANUARY 14 (WEDNESDAY)

8:30am – Yankee Candle in Deerfield

9:30am – Fundamental Piano Class #1 with Joe Guarino - \$25/6 wks

10:00am – Wii Bowling League with Mary Henao

10:30am – Intermediate Piano Class #1 with Joe Guarino - \$25/6 wks

11:00am – Lori's Cooking Class

11:30am – Knitting & Crocheting Group @ Community Center

11:30am – Elementary Piano Class #1 with Joe Guarino - \$25/6 wks

12:30pm – 1:30pm – Blood Pressure Screening with Chesprocott Health Department

1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes

1:00pm – Canasta with Bonnie Veillette

1:30pm – Line Dancing Class

### JANUARY 15 (THURSDAY)

9:15am – Senior Exercise (free)

9:30am – Intermediate Italian Class #2 with Joe Guarino

9:45am – Shopping at Stone Bridge in Cheshire

10:30am – Advanced Italian Class #2 with Joe Guarino

10:30am – Tai Chi Class #2 with Matt Dempsey

11:00am – Zumba Class #5 with Cookie

11:30am – Pilates Class #2 with Matt Dempsey

12:30pm – Advanced Piano Class #8 with Joe Guarino

12:30pm – Dime Bingo with Lorraine Thibodeau

1:00pm – Mahjong with Barb Duigan

1:30pm – Absolute Beginner's Piano Class #6 with Joe Guarino

4:00pm – UCONN vs Villanova @ Gampel Pavilion

### JANUARY 16 (FRIDAY)

9:30am – Bible Study with Georgia Smolkis @ Community Center

9:30am – Pinochle with Mike & Bonnie Jones @ Community Center

10:00am – Scrapbooking & Card Making with Cindy and Edwina

11:30am – Pork Chop, Apple Sauce, Potatoes, Veggies and Soup- \$10

1:00pm – Bingo - \$2

1:30pm – Chair Yoga Class #2 with Shari Galvin

### JANUARY 17 (SATURDAY)

5:00pm – Bingomania

### JANUARY 18 (SUNDAY)

9:00am – Bread, Bourbon and Brunch

### JANUARY 19 (MONDAY)

Senior Center will be closed  
for Martin Luther King Holiday

2:00pm – UCONN vs Notre Dame @ Gampel Pavilion

6:15pm – Greek Dinner at Holy Trinity Greek Church in Waterbury

### JANUARY 20 (TUESDAY)

9:15am – Exercise Class #5 with Susan

9:30am – Poker Club with Allen Thibodeau

9:30am – Grocery Shopping at Labonne's, Stop & Shop, Big Y

10:00am – Art Class #1 with Dory - \$40/8 wks

11:00am – Prospect Fire Dept. & Chesprocott presentation

12:30pm – Setback (downstairs)

1:00pm – Setback @ Community Center

1:00pm – Quilting Group with Darlene Bachand

1:00pm – Card Bingo with Shirley Beale and Barb Derouin

4:30pm – Red Hatters to Zappardi's Pizza

# Day-by-Day Schedule

## January 2026

### JANUARY 21 (WEDNESDAY)

- 7:30am - Foxwoods High Stake Bingo
- 9:30am - Fundamental Piano Class #2 with Joe Guarino
- 10:00am - Wii Bowling League with Mary Henao
- 10:30am - Intermediate Piano Class #2 with Joe Guarino
- 11:30am - Elementary Piano Class #2 with Joe Guarino
- 11:30am - Knitting & Crocheting Group @ Community Center
- 1:00pm - Rummikub with Bill Thibodeau & Lynn Noakes
- 1:00pm - Canasta with Bonnie Veillette
- 1:30pm - Line Dancing Class
- 4:30pm - Wine, Women and Wednesdays at Griswold Inn

### JANUARY 22 (THURSDAY)

- 9:15am - Senior Exercise (free)
- 9:30am - Intermediate Italian Class #3 with Joe Guarino
- 9:30am - Shopping at Bosco's in Orange
- 10:30am - Advanced Italian Class #3 with Joe Guarino
- 10:30am - Tai Chi Class #3 with Matt Dempsey
- 11:00am - Zumba Class #6 with Cookie
- 11:30am - Pilates Class #3 with Matt Dempsey
- 12:30pm - Advanced Piano Class #1 Joe Guarino - \$25/6 wks
- 12:30pm - Medicare Q & A with Todd Kean
- 12:30pm - Origami with Ah Moi Yip
- 1:00pm - Mahjong with Barb Duigan
- 1:00pm - Mexican Dominoes with Gary Battel
- 1:30pm - Absolute Beginner's Piano Class #1 with Joe Guarino - \$25/6 wks

### JANUARY 23 (FRIDAY)

- 9:30am - Bible Study with Georgia Smolkis @ Community Center
- 9:30am - Pinochle with Mike & Bonnie Jones @ Community Center
- 10:00am - Scrapbooking & Card Making with Cindy and Edwina
- 11:30am - Chili, White Rice, Corn Bread and Salad - \$10
- 1:00pm - Bingo - \$2
- 1:30pm - Chair Yoga Class #3 with Shari Galvin

### JANUARY 24 (SATURDAY)

- 9:00am - Velvet Mills in Stonington
- 6:45pm - Piano Man Meets Rocket Man

### JANUARY 25 (SUNDAY)

- 9:00am - Bread, Bourbon and Brunch

### JANUARY 26 (MONDAY)

- 9:00am - Reflexology with Kim Stewart - \$35/30 mins, \$20/15 mins
- 9:15am - Senior Exercise (free)
- 9:30am - Texas Hold'em
- 9:30am - Bridge with Linda Favale @ Chapel Hall
- 10:00am - Songbirds @ Kind Care - Naugatuck
- 10:00am - Balance Class #5 with Brenda Martin
- 10:00am - Wii Bowling League with Mary Henao
- 11:00am - Motown Monday Class #3 with Cookie
- 12:00pm - Mat Yoga Class #3 with Shari Galvin
- 1:00pm - CRL with Leslie Kingston
- 1:15pm - Cribbage with Don Ensero (Big Room)
- 1:30pm - Chair Yoga Class #3 with Shari Galvin

### JANUARY 27 (TUESDAY)

- 9:15am - Senior Exercise Class #6 with Susan
- 9:30am - Poker Club with Allen Thibodeau
- 9:30am - Facials with Maria
- 9:30am - Grocery Shopping at Labonne's, Stop & Shop, Big Y
- 10:00am - Two Chefs Fine Art and Antique Gallery & Artisan Food Market

- 10:00am - Art Class #2 with Dory

- 12:30pm - Setback (downstairs)

- 1:00pm - Setback @ Community Center

- 1:00pm - Quilting Group with Darlene Bachand

### JANUARY 28 (WEDNESDAY)

- 9:30am - Fundamental Piano Class #3 with Joe Guarino
- 9:30am - Free Chair Massages with Gabriela
- 10:00am - Two Chefs Antiques & Belvedere's Restaurant
- 10:00am - Wii Bowling League with Mary Henao
- 10:30am - Lori's Craft Class
- 10:30am - Intermediate Piano Class #3 with Joe Guarino
- 11:30am - Elementary Piano Class #3 with Joe Guarino
- 11:30am - Knitting & Crocheting Group @ Community Center
- 1:00pm - Rummikub with Bill Thibodeau & Lynn Noakes
- 1:00pm - Canasta with Bonnie Veillette
- 1:30pm - Line Dancing Class
- 5:00pm - UCONN vs Xavier @ Gampel Pavillion
- 5:00pm - Ladies Night at Mirabelle's Restaurant

### JANUARY 29 (THURSDAY)

- 8:30am - Mohegan Sun Casino
- 9:00am - Breakfast at Senior Center
- 9:15am - Senior Exercise (free)
- 9:30am - Intermediate Italian Class #4 with Joe Guarino
- 10:30am - Advanced Italian Class #4 with Joe Guarino
- 10:30am - Tai Chi Class #4 with Matt Dempsey
- 11:00am - Zumba Class #1 with Cookie - \$24/6 wks
- 11:30am - Pilates Class #4 with Matt Dempsey
- 12:30pm - Advanced Piano Class #2 with Joe Guarino
- 12:30pm - UR Community Cares with Michelle Puzzo
- 1:00pm - Mahjong with Barb Duigan
- 1:30pm - Absolute Beginners Piano Class #2 with Joe Guarino

### JANUARY 30 (FRIDAY)

- 9:30am - Bible Study with Georgia Smolkis @ Community Center
- 9:30am - Pinochle with Mike & Bonnie Jones @ Community Center
- 10:00am - Scrapbooking & Card Making with Cindy and Edwina
- 10:00am - JC Inspired Vibrations
- 11:30pm - Meatball Sandwich and Pasta Fagioli Soup - \$10
- 1:00pm - Bingo - \$2
- 1:30pm - Chair Yoga Class #4 with Shari Galvin

### JANUARY 31 (SATURDAY)

- 8:15am - Ice Festival at Port Jefferson
- 6:00pm - David Foster and Katherine McPhee at Palace Theater Waterbury

# Special Activities Index

# January 2026

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Jan 6	UKULELE MUSIC CLASS	28	Sep 5	STORMVILLE AIRPORT FLEA MARKET	36
Jan 6	Holiday Train Show-Connecticut River Museum	29	Sep 8	JUKEBOX 45 SHOW BAND: DOO WOP SHOW	38
Jan 6	STAINED GLASS CLASSES WITH SARAH SEGOVIA	25	Sep 12	THE AMERICAN RIDE TOBY KEITH TRIBUTE	40
Jan 8	Holiday Expo Guilford Arts Center	30	Oct 1	AARP DRIVER'S SAFETY COURSE	25
Jan 9	FRIDAY BUFFET @ WILCOX TECH	24	Oct 4	RAGTIME, THE MUSICAL	40
Jan 10	Queen - A Royal Tribute At Shubert	39	Oct 10	STORMVILLE AIRPORT FLEA MARKET	36
Jan 11	Sunday Buffet Brunch @ Osteria Romana	30	Oct 13	ROB ZAPPULLA CELEBRATES HERB ALPERT	38
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Jan 28	FREE CHAIR MASSAGES WITH GABRIELA	25			
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## NOTICE

**Effective January 1, 2026 refund checks will be issued the first week of each month. If more than one is owed back to you, it will be compiled into one refund check. Refund checks will be mailed to your home from Town Hall.**

**Thank you for your understanding.**

**WE HAVE TWO DEFIBRILLATORS AT THE PROSPECT SENIOR CENTER.**

**ONE IS LOCATED NEAR THE ELEVATOR (UPSTAIRS)**

**ONE IS LOCATED IN THE POOL ROOM (DOWNSTAIRS)**

## WINTER WEATHER CLOSING POLICY

**For this upcoming winter season, if the Prospect Schools are closed, the Prospect Senior Center will also be closed (no activities, no transportation).**

**If Prospect Schools have a late delay, the Prospect Senior Center will be open normal hours @ 9:00am – 4:00pm.**

**Please follow the school closings on TV or your local radio station.**

**(Prospect schools are Region #16)**