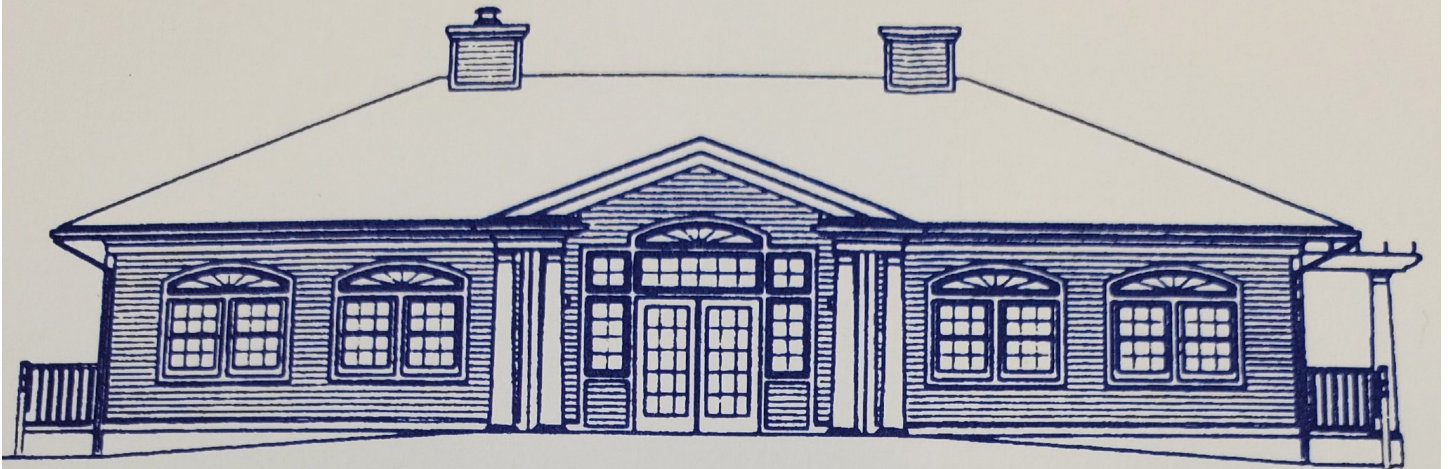


Prospect Senior Center



(203)758-5300

6 Center Street
Prospect, CT 06712

(203)758-3837 Fax

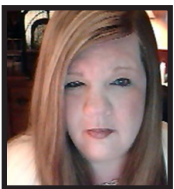
*November
2025
Issue*

DIRECTOR



Susan DaSilva

**Lori
Anderson**



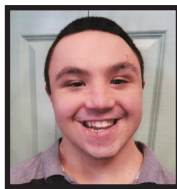
STAFF

**Lirene
Lorensen**



STAFF

**Matt
Kalitta**



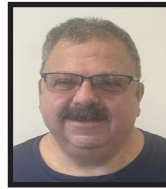
STAFF

**Tara
Meglio**



STAFF

**Neil
Desena**



STAFF

**France
Collins**

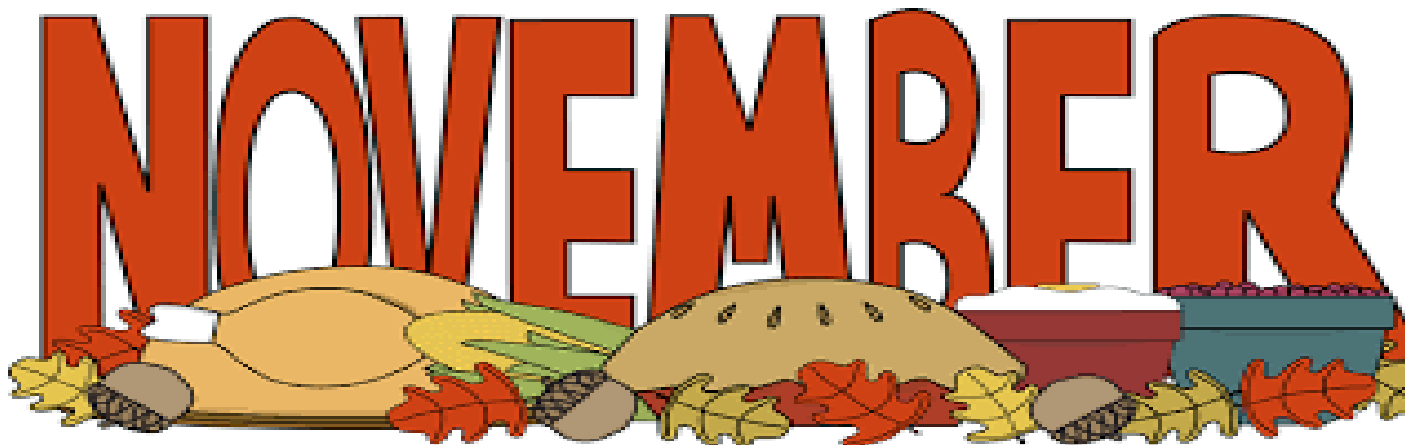


STAFF

**Gabriela
Elderkin**



STAFF



Day-by-Day Schedule

November 2025

NOVEMBER 1 (SATURDAY)

7:30am - Stormville Flea Market

NOVEMBER 2 (SUNDAY)

12:00pm - Tina Turner @ Palace Theater (Waterbury)

3:00pm - The Great Jack O'Lantern Blaze

NOVEMBER 3 (MONDAY)

9:15am - Senior Exercise (free)

9:30am - Texas Hold'em

9:30am - Bridge with Linda Favale @ Chapel Hall

10:00am - Balance Class #1 with Brenda Martin - \$18/6 wks

10:00am - Songbirds @ The Summit in Plantsville

10:00am - Wii Bowling League with Mary Henao

11:00am - Salsa Dancing Class # 1 with Cookie - \$24/6 wks

12:00pm - Mat Yoga Class #5 with Shari Galvin

1:15pm - Cribbage with Don Ensero (Big Room)

1:30pm - Chair Yoga Class #5 with Shari Galvin

NOVEMBER 4 (TUESDAY)

9:15am - Exercise Class #2 with Susan

9:30am - Poker Club with Allen Thibodeau

9:30am - Grocery Shopping at Labonne's, Stop & Shop, Big Y

11:30pm - Bocce Luncheon

12:30pm - Setback (downstairs)

1:00pm - Setback @ Community Center

1:00pm - Quilting Group with Darlene Bachand

1:30pm - Jukebox Bingo with Liverpool Productions

NOVEMBER 5 (WEDNESDAY)

9:30am - Fundamental Piano Class #2 with Joe Guarino

9:30am - Art Class #6 with Dory

10:00am - Wii Bowling League with Mary Henao

10:30am - Intermediate Piano Class # 2 with Joe Guarino

11:30am - Elementary Piano Class #2 with Joe Guarino

11:30am - Knitting & Crocheting Group @ Community Center

11:30am - 1:30pm - Blood Pressure Screening with Chesprocott Health Department

1:00pm - Rummikub with Bill Thibodeau & Lynn Noakes

1:00pm - Canasta with Bonnie Veillette

1:30pm - Line Dancing Group

NOVEMBER 6 (THURSDAY)

9:15am - Senior Exercise (free)

9:30am - Intermediate Italian Class # with Joe Guarino

9:30am - Collinsville Antique Shop/Log House Restaurant

10:00am - Book Club with Mary Damulis

10:30am - Advanced Italian Class #3 with Joe Guarino

10:30am - Tai Chi Class #2 with Matt Dempsey

11:00am - Zumba Class # 4 with Cookie

11:30am - Pilates Class #2 with Matt Dempsey

12:30pm - Advanced Piano Class # 1 with Joe Guarino - \$25/6 wks

1:00pm - Mahjong with Barb Duigan

1:30pm - Absolute Beginner's Piano Class #1 with Joe Guarino

NOVEMBER 7 (FRIDAY)

9:30am - Bible Study with Georgia Smolkis @ Community Center

9:30am - Weight Strengthening

9:30am - Pinochle with Mike & Bonnie Jones @ Community Center

10:00am - Scrapbooking & Card Making with Cindy and Edwina

10:15am - Wilcox Tech HS Friday Buffet

10:15am - Beardsley Farm/Oronoque Orchards/White Hill Distillery/Jones Winery

11:30am - Chicken Salad Sandwich, Chips and Soup Lunch - \$10

1:00pm - Birthday Bingo - \$2

1:30pm - Chair Yoga Class #5 with Shari Galvin

6:45pm - Bruce Springsteen Tribute @ Nelson Hall

NOVEMBER 8 (SATURDAY)

8:30am - New England Christmas Crafts Festival @ Mohegan Sun

NOVEMBER 9 (SUNDAY)

1:30pm - UCONN vs Florida State @ Gampel Pavillion

2:30pm - Sunday Sauce @ Ralph n Rich's/Glow Wild Lantern Festival

NOVEMBER 10 (MONDAY)

9:00am - Reflexology with Kim Stewart - \$35/30 minutes, \$20/15 minutes

9:15am - Senior Exercise (free)

9:30am - Texas Hold'em

9:30am - Bridge with Linda Favale @ Chapel Hall

10:00am - Balance Class #2 with Brenda Martin

10:00am - Songbirds @ Complete Care in Middlebury

10:00am - Wii Bowling League with Mary Henao

10:00am - Stained Glass Class with Sarah Segovia @ Community Center

11:00am - Salsa Dancing Class # 2 with Cookie

12:00pm - Mat Yoga Class # 6 with Shari Galvin

12:30pm - Stained Glass Class with Sarah Segovia @ Community Center

1:15pm - Cribbage with Don Ensero (Big Room)

1:30pm - Chair Yoga Class # 6 with Shari Galvin

NOVEMBER 11 (TUESDAY)

Senior Center Closed for Veteran's Day

10:30am - Jimmy Mazzy - Fever n Chills show @ Aqua Turf

NOVEMBER 12 (WEDNESDAY)

9:30am - Fundamental Piano Class #3 with Joe Guarino

9:30am - Art Class # 7 with Dory

9:30am - Grocery Shopping at Labonne's, Stop & Shop, Big Y

10:00am - Wii Bowling League with Mary Henao

10:30am - Intermediate Piano Class #3 with Joe Guarino

11:30am - Knitting & Crocheting Group @ Community Center

11:30am - Elementary Piano Class # 3 with Joe Guarino

11:30am - 1:30pm - Blood Pressure Screening with Chesprocott Health Department

1:00pm - Rummikub with Bill Thibodeau & Lynn Noakes

1:00pm - Canasta with Bonnie Veillette

1:30pm - Line Dancing Class

4:30pm - UCONN vs Loyola Ramblers @ Gampel Pavillion

NOVEMBER 13 (THURSDAY)

9:15am - Senior Exercise (free)

9:30am - Intermediate Italian Class # 4 with Joe Guarino

9:30am - Quilting trip to Americana Fabrics/ Lenny & Joe's Restaurant

10:30am - Advanced Italian Class #4 with Joe Guarino

10:30am - Tai Chi Class # 3 with Matt Dempsey

11:00am - Zumba Class #5 with Cookie

11:30am - Pilates Class # 3 with Matt Dempsey

12:30pm - Advanced Piano Class # 2 with Joe Guarino

12:30pm - Dime Bingo with Lorraine Thibodeau

1:00pm - Mahjong with Barb Duigan

1:00pm - Mexican Dominoes with Gary Battel

2:30pm - Red Hatters to Wooster Street

NOVEMBER 14 (FRIDAY)

9:30am - Bible Study with Georgia Smolkis @ Community Center

9:30am - Weight Strengthening

9:30am - Pinochle with Mike & Bonnie Jones @ Community Center

10:00am - Scrapbooking & Card Making with Cindy and Edwina

11:30am - Sausage, Peppers, Onions and Potatoes, Soup and Garlic Bread Lunch - \$10

1:00pm - Bingo

1:30pm - Chair Yoga Class #6 with Shari Galvin

6:45pm - Dreamboats @ Nelson Hall

NOVEMBER 15 (SATURDAY)

8:30am - Holiday Craft Fair in West Springfield

5:00pm - Bingomania

7:00pm - Tusk: Fleetwood Mac Tribute @ Palace Theater (Waterbury)

NOVEMBER 16 (SUNDAY)

10:00am - UCONN vs Ohio State @ XL Center (Peoplesbank Arena)

NOVEMBER 17 (MONDAY)

9:00am - Reflexology with Kim Stewart - \$35/30 minutes, \$20/15 minutes

9:15am - Senior Exercise (free)

9:30am - Texas Hold'em

9:30am - Bridge with Linda Favale @ Chapel Hall

10:00am - Songbirds @ Beacon Brook in Naugatuck

10:00am - Balance Class #3 with Brenda Martin

10:00am - Wii Bowling League with Mary Henao

11:00am - Salsa Dancing Class #3 with Cookie

12:15pm - Mat Yoga Class #1 with Shari Galvin - \$20/6 wks

1:00pm - Medicare 101 with Todd Kean

1:15pm - Cribbage with Don Ensero (Big Room)

1:30pm - Chair Yoga Class #1 with Shari Galvin - \$20/6 wks

NOVEMBER 18 (TUESDAY)

9:15am - Exercise Class # 3 with Susan

9:30am - Poker Club with Allen Thibodeau

9:30am - Lessard Lanes

9:30am - Veteran's Coffee House with Ed Porto (appts only)

10:30am - Ukulele Class #3 with Julie Stephanek

Day-by-Day Schedule

November 2025

10:30am – Grocery Shopping @ Labonne's, Stop & Shop, Big Y
 12:00pm – Medicare presentation with Chris Pisani
 12:30pm – Setback (downstairs)
 1:00pm – Setback @ Community Center
 1:00pm – Quilting Group with Darlene Bachand
 1:00pm – Card Bingo with Shirley Beale and Barbara Derouin

NOVEMBER 19 (WEDNESDAY)

9:30am – Fundamental Piano Class #4 with Joe Guarino
 9:30am – Art Class #8 with Dory
 9:30am – Basketball Hall of Fame in Springfield
 10:00am – Wii Bowling League with Mary Henao
 10:30am – Intermediate Piano Class #4 with Joe Guarino
 11:30am – Elementary Piano Class #4 with Joe Guarino
 11:30am – Knitting & Crocheting Group @ Community Center
 1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes
 1:00pm – Canasta with Bonnie Veillette
 1:30pm – Line Dancing Class
 4:15pm – Wine, Women & Wednesdays @ Griswold Inn

NOVEMBER 20 (THURSDAY)

8:30am – Mohegan Sun Casino
 9:15am – Senior Exercise (free)
 9:30am – NO Intermediate Italian Class with Joe Guarino
 10:30am – NO Advanced Italian Class with Joe Guarino
 10:30am – Tai Chi Class #4 with Matt Dempsey
 10:30am – Kaynor Tech HS lunch
 11:00am – Zumba Class #6 with Cookie
 11:30am – Pilates Class #4 with Matt Dempsey
 12:30pm – NO Advanced Piano Class with Joe Guarino
 12:30pm – Origami with Ah Moi Yip
 1:00pm – Mahjong with Barb Duigan
 1:00pm – Mexican Dominoes with Gary Battel
 5:00pm – Trinity Church Champagne Preview Party – New Haven

NOVEMBER 21 (FRIDAY)

9:00am – Paradise City Arts Festival in Marlboro MA
 9:30am – Bible Study with Georgia Smolkis @ Community Center
 9:30am – Weight Strengthening
 9:30am – Pinochle with Mike & Bonnie Jones @ Community Center
 10:00am – Scrapbooking & Card Making with Cindy and Edwina
 11:30am – Thanksgiving Luncheon with Boogie Boys entertainment
 1:00pm – NO Bingo
 1:30pm – Chair Yoga Class #1 with Shari Galvin - \$15/4 wks
 6:45pm – Lena Home @ Nelson Hall

NOVEMBER 22 (SATURDAY)

9:00am – Festival of Trees @ Ann's Place in Danbury
 1:15pm – Art of Murder @ Seven Angels Theater

NOVEMBER 23 (SUNDAY)

10:30am – Stamford Thanksgiving Parade/Pellicci's Restaurant

NOVEMBER 24 (MONDAY)

8:30am – Yankee Candle Holiday Shopping/Wolfie's Restaurant
 9:00am – Reflexology with Kim Stewart - \$35/30 minutes, \$20/15 minutes
 9:30am – Texas Hold'em
 9:30am – Bridge with Linda Favale @ Chapel Hall
 10:00am – Songbirds @ Glendale Rehab in Naugatuck
 10:00am – Balance Class #4 with Brenda Martin
 11:00am – Salsa Dancing Class #4 with Cookie
 12:00pm – Mat Yoga Class #2 with Shari Galvin
 1:15pm – Cribbage with Don Ensero (Big Room)
 1:15pm – CRL with Leslie Kingston
 1:30pm – Chair Yoga Class #2 with Shari Galvin

NOVEMBER 25 (TUESDAY)

9:15am – Exercise Class #4 with Susan
 9:30am – Poker Club with Allen Thibodeau
 9:30am – Grocery Shopping @ Labonne's, Stop & Shop, Big Y
 10:30am – Victoria Redzep of Comparion Insurance Agency
 11:00am – Lori's Cooking Class
 12:30pm – Setback (downstairs)
 1:00pm – Setback @ Community Center
 1:00pm – Quilting Group with Darlene Bachand
 1:00pm – Tara's Craft – cookie decorating

NOVEMBER 26 (WEDNESDAY)

9:30am – NO Fundamental Piano Class with Joe Guarino
 9:30am – Art Class #1 with Dory - \$40/8 wks
 9:30am – Mini Facials with Maria Scott
 10:00am – Wii Bowling League with Mary Henao
 10:30am – NO Intermediate Piano Class with Joe Guarino

11:30am – 1:30pm – Blood Pressure Screening with Chesprocott Health Department

11:30am – NO Elementary Piano Class with Joe Guarino
 11:30am – Knitting & Crocheting Group @ Community Center
 1:00pm – Rummikub with Bill Thibodeau & Lynn Noakes
 1:00pm – Canasta with Bonnie Veillette
 1:30pm – Line Dancing Class
 3:30pm – Magic Lights @ Pratt & Whitney/Manor Inn
 5:00pm – Ladies Night at Mirabelle's Restaurant

NOVEMBER 27 (THURSDAY)

**SENIOR CENTER CLOSED
 FOR THANKSGIVING HOLIDAY**

NOVEMBER 28 (FRIDAY)

**SENIOR CENTER CLOSED
 FOR THANKSGIVING HOLIDAY**

9:00am – Gingly in Toyland in South Windsor
 10:30am – Christmas by Candlelight/ Public House Restaurant

NOVEMBER 29 (SATURDAY)

12:30pm – Mystic Boat Parade

NOVEMBER 30 (SUNDAY)

9:30am – TJ Maxx/HomeGoods shopping/ lunch at Rein's Deli

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2026

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WINTER WEATHER CLOSING POLICY

For this upcoming winter season, if the Prospect Schools are closed, the Prospect Senior Center will also be closed (no activities, no transportation).

If Prospect Schools have a late delay, the Prospect Senior Center will be open normal hours @ 9:00am – 4:00pm.

Please follow the school closings on TV or your local radio station.

(Prospect schools are Region #16)

November 2025

IMPORTANT NOTICES**PERSONAL BELONGINGS**

Please do not leave any personal belongings at the Senior Center. We are not responsible for any items left behind or left unattended. We advise you to take your belongings with you after every activity.

REMINDER CALLS

We do our best to make reminder call for all trips and activities, if time allows. If you think you signed up for a trip or activity, but did not get a phone call, please call the Senior Center to confirm.

NOTICE!

24 HOUR SURVEILLANCE IS BEING
RECORDED ON VIDEO BY

STERLING

CLOSED CIRCUIT TELEVISION

EMERGENCY CONTACT INFORMATION

PLEASE STOP BY THE FRONT DESK TO FILL OUT AN EMERGENCY CONTACT FORM. WE ARE UPDATING OUR DIRECTORY AND WANT TO ADD AN EMERGENCY CONTACT PERSON AND PHONE NUMBER FOR EACH MEMBER.

**PLEASE DO NOT DRIVE OUT
THE ENTRANCE OF THE
SENIOR CENTER.**

THAT IS A ONE WAY ROAD.

**PLEASE FOLLOW THE SIGNS
AND EXIT OUT THE POLICE
DEPT. DRIVEWAY.**

**PLEASE TAKE NOTE:
Per Chesprocott Health
District Codes....**

We are not allowed to have **anyone** in the kitchen, other than employees and volunteer kitchen help. PLEASE, refrain from going in to the kitchen when you are here. We love your company and we enjoy talking to everyone, but just **not in the kitchen.**

We appreciate your cooperation. We do not want to have our kitchen shut down because of any violations to this health code.

Thank you!

**IMPORTANT POLICY
CHANGE:**

Effective June 1, 2023 there will be no refunds given to anyone who cancels a trip/activity unless we can find a replacement for you.

Also, we can no longer put your name on the sign-up sheet without payment. We have had to cancel numerous trips because people have not paid on time or cancelled with little or no notice.

**PROSPECT SENIOR CENTER
GIFT CERTIFICATES AVAILABLE!**

Looking for the perfect gift for a friend or loved one who is a member of our Senior Center? Why not give a gift certificate to the Prospect Senior Center for that special occasion or just to surprise them? Gift certificates starting at \$10.00 are now available at the Senior Center. Give us a call with the amount that you would like and it will be ready for you when you come in.

This is a quick, easy and perfect gift to share with your friends or loved ones who are members here. No shopping at crowded malls to deal with. The gift certificate can be used by the recipient towards any of our activities, trips or classes here at the Senior Center.

We are providing these as a courtesy to our members who have been inquiring to see if something like this could be made available.

Please remember that the recipient **DOES HAVE TO BE A MEMBER** of the Prospect Senior Center in order to use the gift certificate.

November 2025

IMPORTANT NOTICES

**A FRIENDLY REMINDER.....
YOUR YEARLY DUES FOR 2026 ARE DUE
IN JANUARY. PLEASE PAY THEM AS SOON
AS POSSIBLE TO PREVENT YOUR NAME
FROM BEING REMOVED FROM THE PSC MEM-
BERSHIP LIST AND THE RESULTING LOSS OF
BENEFITS OF BEING A DUES PAYING MEM-
BER.**

**THE DUES ARE \$10
FOR PROSPECT RESIDENTS AND \$20
FOR OUT-OF-TOWN RESIDENTS**

**DUES MUST BE PAID BY SEPARATE
CHECK - do not combine with other
payments.**

**IF YOU CANNOT COME DOWN IN PERSON TO
PAY, PLEASE PUT A CHECK IN THE MAIL.**

**SENIORS WANTED
55 YEARS OR OLDER
BASKETBALL LEAGUE OR OPEN GYM
11:00AM – 1:00PM
OR 4:00PM
LET US KNOW IF YOU'RE INTERESTED
PROSPECT PARK & REC
12 CENTER STREET
PLEASE CONTACT PARK & REC OFFICE
203-758-0036
OR recreation@townofprospect.org**

THE OFFICE FOR VICTIMS OF CRIME, PART OF
THE U.S. DEPARTMENT OF JUSTICE, AS A SECTION
ON ELDER FRAUD AND ABUSE. AMONG THE RE-
SOURCES IS THE NATIONAL ELDER FRAUD HOT-
LINE (833-372-8311), WHICH IS AVAILABLE MONDAY
THROUGH FRIDAY.

THE FBI'S ELDER FRAUD SECTION LISTS COM-
MON ELDER FRAUD SCHEMES AND PROVIDES A
LINK FOR FILING REPORTS ABOUT ELDER FRAUD
TO THE INTERNET CRIME COMPLAINT CENTER AT
ic3.gov.

IN THE END, IT'S ALL ABOUT AWARENESS OF
POTENTIAL TRAPS.

FOR LINKS TO ALL RESOURCES REFERENCED IN
THIS COLUMN, GO TO [JULIEJASON.COM/COLUMN-
RESOURCES](http://JULIEJASON.COM/COLUMN-RESOURCES).

SUGGESTION BOX

**We have a suggestion box located in
the lobby of the Senior Center for any-
one that has positive ideas to make
the Senior Center even better. If you
have any suggestions, please fill out
the card and drop it in the box.**

PSC "HIGHLIGHTS" NOW AVAILABLE ON-LINE

The latest issue of our newsletter is
now available on-line at the town of Pros-
pect's website.

To access it on your computer or
smartphone, go to the town's website:
www.townofprospect.org

Once you are there: click on "Depart-
ment"; then click on "Senior Center";
scroll down and finally, click on "**NEWS-
LETTER**". The newsletter is readable
using any Adobe Acrobat reader and can
be printed out at home if you have a print-
er.

Each new "Highlites" will be avail-
able on this website within a few days
of being printed out at the Senior Cen-
ter. If you have computer access, you can
get your copy without making a special
trip to the Center saving you time and
reducing the need for the Center to run off
as many copies as it now does.

IMPORTANT POLICY CHANGE.,..

**We ask that any future trips,
activities, classes, presenta-
tions, etc. that are over \$5 be
paid for with a check.**

**Sorry, but we do not have
the capability to accept cred-
it cards.**

**Cash for anything over \$5
will no longer be accepted.
We thank you in advance for
your anticipated cooperation.**

**IF YOU PARK IN ANY OF THE
HANDICAP PARKING SPACES AT THE
SENIOR CENTER, PLEASE MAKE SURE
YOU HAVE YOUR HANDICAP TAG
HANGING ON YOUR REARVIEW MIR-
ROR.**

**IF YOU DO NOT, YOU WILL BE
FINED A MINIMUM OF \$150 BY THE
POLICE DEPARTMENT.**

November 2025

NEW MEMBERS

**Nick Tetreault
Shelia Tetreault
Kathleen Chaivanik
Richard Skoloff
David Querim
Corrine Querim**

**Cheryl Koenemund
Karen Rousseau
Lewis S. Bene
Gina Bene
Linda Blanc
Richard Blanc**

**Ann Stein
Jane Cammilletti
Pamela Perugini
Pat Delaney**

WELCOME TO THE PROSPECT SENIOR CENTER

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187 East Johnson Avenue
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**Mary Henao
202 Joseph Street
Waterbury CT 06705**

GET WELL SOON!!!

November 2025

NOVEMBER BIRTHDAYS

AJ Perrotti	1	Susan Guarino	10	Susan Dash	16	Kathy Vecca	23
Walt Biercevicz	1	Andrew Pavan	10	Mark Tierney	16	Anne Esposito	23
Janette Collette	1	Vinka Berg	10	Ruth Jean Scoville	16	Joyce A. Lemoine	23
Robin Shea	2	Salvatore Mancini	10	Henrietta		Sallie Guerrera	23
Antoinette Alt	2	Edward W. Senk	10	Evangelista	17	Connie Pope	23
Claudette Carson	2	Lawrence V. De Pillo	11	Susan Ledellaytner	17	Lori Rek	24
Donald DiDonato	2	Maria DePinho	11	Linda Jacovino	17	Frank Castellano	24
Patrick Nagle	2	Jean Lecours	11	Mary Ann Sigworth	17	Betty Jette	24
Laurie Lestage	2	Cynthia Neznayko	11	Sande O'Donnell	17	Antoinette Maguire	25
AnnMarie Schirillo	2	Geraldine Rollins	11	Pauline Voytas	18	Lois Carroll	25
Lidia Rinaldi	3	Brian Swinderski	11	Joyce Macauda	18	Thomas Saunders	25
Diane Devine	3	Joan Bozzuto	11	Lynn Collini	18	Mark Sgrillo	25
Cindy Powell	3	Kirk Pettit	11	Karen Stowell	18	Virginia Orr	25
Virginia Swensson	3	Jean Lecours	11	Craig Malone	18	Donna Marinan	26
Hank LaRose	3	Awilda Krupp	11	Nick D'Amelio	19	Jim Johnson	26
Laurie Kenny	4	Denise Bluick	12	Susan Matthews	19	Anna Deller	26
Helena Marchant	4	Iris Smith	12	Mia Coon	19	Margaret Esposito	27
Paul Sampieri	4	John Tentoni	12	Raymond		Linda Sabio	27
Joseph Conforti	4	Sarah Smedes	12	SanAngelo	19	Mike Lynch	27
Lynda L. Mellette	5	Walter Kupsik	12	Donald Reilly	20	Donna Nold	27
Richard Normand	5	John Sheehan	12	James Elsea	20	John Napolitano	27
Joe D'Amelio	5	Ann Coe	13	Connie Zorn	20	Ellen McAdam	28
Carole Terracino	5	Kathleen Kazalunas	13	Christine Oliver	20	Judith Rochon	28
Joseph Kazlauskas	5	Mary Ann Chiarella	13	Vivian		Catherine	
Janet Royal	6	Domenic Squillace	13	Pittman-Latham	20	Gwiazdowski	28
Marcie Owens	7	Susan Capobianco	13	Nancy Parent	20	Pat Morgan	28
Ralph Famiglletti	7	Donald Ciampi	14	Elizabeth Bayne	20	Dee Smith	28
Deborah Lorensen	7	Mary M. Oliveira	14	Mary Lou		Mary Harkey	29
Dennis Pitrowski	7	Rose Nihan	14	Golebieski	20	Al Ciriello	29
Cecile Davino	8	Kathy Dwyer	14	Karen Dollinger	20	Yolanda Klimas	29
Patty Kubicza	8	Sandra Santarsiero	14	Idalina Lucas	20	Pamela Van Allen	29
Joanne Sponberg	8	Marie Varanelli	14	Joseph M.		Marjorie Williams	30
Linda Vendetti	8	Rita Bendler	14	Cidela Jr.	20	Martha Turiano	30
James McGrath	8	Joyce Manis	14	Rossana Crudele	21	Howard McKay	30
Marjolijn Elhen	8	John Bellemare	15	Leanne Fallon	21	Beatrica Solomita	30
Charles Rado	9	Bill Thibodeau	15	Jacqueline Lynch	22	Rosie Witkowski	30
Laurel Schlesinger	9	Fran Varanelli	15	Philip Blair	22	Judith Pavan	30
Margaret Tentoni	9	George Smedes	15	Janet Kelly	22	Mary Miller	30
Laurie Ciarello	9	Ann Demsky	16	Ann Meacham	22		
Alice Sprague	9	Cris Dembishack	16	Carol Magnarella	22		
Terry Drew	9	Anita Carreiro	16	Pat Ladley	23		



REGULAR**November 2025****ACTIVITIES****SETBACK CARD
PLAYER'S GROUPS**

**Setback
downstairs
on Tuesdays
at 12:30pm**

**Setback
at the Community Center
on Tuesdays
at 1:00pm**

COME JOIN IN THE FUN
For info call
Gloria Guerrero
at
203-758-6707

Texas Hold'em

Mondays at 9:30am



**Canasta
With
Bonnie Veilette**

Wednesdays 1pm

Cooking with Lori

**November 25th
@ 11:00am**

**CARD
BINGO**

with Shirley
Beale
and Barbara
Derouin

*Tuesday 1pm
November 18th
Cost \$2*

"DIME BINGO"
Lorraine Thibodeau

November 13th

You get two Bingo cards for ten cents. You can play as many cards as you would like.

For each two cards that you are playing, you have to contribute ten cents for each Bingo game that is played. The prizes for each game will be the dimes that are collected.

There will be a \$1 charge to help in covering the cost of a coffee and dessert break at 2pm.

If you are interested in joining in on the fun, please call the Senior Center to register.

Cost \$1

**LORI'S
CRAFT PROJECT**

No craft in November



**Chinese & American
Mah Jong**

with Barbara Duigan

Every skill level welcome!
Thursdays 1pm

PINOCHLE GROUP

Fridays

9:30am - 11:30am

@ Community Center

Call Bonnie Jones

for details

203-758-0886

**Cribbage Card Game**

Mondays 1pm

Call

Don Ensero

203-575-1511

**BLOOD PRESSURE
SCREENING**

WEDNESDAYS

11:30am - 1:30pm

**1st, 2nd and 4th Wednesday
with Chesprocott Health Disrt-
ict**

**Poker Club**

with

Allen Thibodeau

Tuesdays

9:30am - 12:15pm



REGULAR**November 2025****ACTIVITIES**

Senior Balance Class
with
Brenda Martin
10am - 11am

Every Monday
No Sign-up necessary
Just drop in

Cost \$18 for 6 weeks



Senior Weight Strengthening Class

Fridays 9:30am



Line Dancing Classes
with Teachers:
Barbara & Rita

Wednesdays 1:30pm

The classes are geared
specifically toward
seniors.

The classes are fun and
great exercise too!

Cost \$20 for 10 weeks



RUMMIKUB
WITH **BILL THIBODEAU & LYNN NOAKES**
WEDNESDAYS AT 1:00PM



Senior Exercise Class
Free
Mondays & Thursdays
9:15am



CHAIR YOGA
6 Week Sessions

November 17th (Monday)
November 21st (Friday)
@ 1:30pm

Cost \$20 for 6 weeks



Gold

taught by Cookie

Thursdays 11:00am
Cost \$24 for 6 weeks



Billiards
Monday thru Friday
9am - 4pm

Ladies are welcome and
encouraged to join in
the fun!



Senior Fitness Program
with **Susan**
Tuesdays 9:15am

Bring weights, small ball &
exercise band

Cost \$24 for 6 weeks



MAT YOGA
6 Week Sessions

November 17th Monday
@ 12:00pm

Upstairs in big room

Cost \$20 for 6 weeks



Wii Bowling

Mondays &
Wednesdays @ 10am

**More bowlers
needed!**

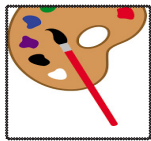
Call Mary Henao
203-757-9190

CRL Dice Game



Hosted by
Leslie Kingston

Monday
November 24th
@ 1:15pm
Cost \$2
Please bring dimes...

REGULAR**November 2025****ACTIVITIES****Card Making
101**WITH
Cindy, & EdwinaFRIDAYS 10am-3pm
(CLASS FULL)
COST \$2**Art Classes
with Dory**Wednesdays
9:30 - 11 :30amNext 8 week session starts
Nov. 26th (experience required)

Cost \$40 for 8 weeks

NEW CLASS.....**INTERMEDIATE ITALIAN CLASS**CLASS BEGINS
January 8th ,2026 @ 9:30am

\$20/6 WEEKS

INSTRUCTOR: JOE GUARINO

**ANYONE LOOKING TO
LEARN TO PLAY PINOCHLE
OR REFRESH YOUR SKILLS****PINOCHLE MEETS EVERY
FRIDAY @ 9:00AM
AT THE COMMUNITY CENTER.****THEY PLAY SINGLE DECK &
DOUBLE DECK.
PLEASE STOP BY
THE COMMUNITY CENTER
ON FRIDAY AT 9:00AM AND
SEE BONNIE & MIKE JONES.****Piano Lessons**

Taught by Joe Guarino

These classes are for
students who have previ-
ously taken lessons with
Joe. Once you sign up and
PAY, Joe will let you know
the class for which you are
best suited.**Elementary Class**(need some basic knowledge of
playing the piano - this is not an
absolute beginners piano class)

Wednesdays

January 7th

11:30am to 12:30pm

Cost \$25 for 6 weeks

Fundamental Class(need 1 year of previous
piano instructions)

Wednesdays

January 7th

9:30am - 10:30am

Cost \$25 for 6 weeks

Intermediate Class(need 2 years of previous
piano instructions)

Wednesdays

January 7th

10:30am to 11:30pm

Cost \$25 for 6weeks

Advanced Class

Thursdays

November 6th

12:30pm-1:30pm

Cost \$25 for 6 weeks

**Absolute Beginner's
Piano Class**(No previous
experience necessary)Last chance to take an
Absolute Beginner's
Piano Class.

Thursdays starting

November 6th

1:30pm to 2:30pm

Cost \$25 for 6 weeks

Bible Studywith
Georgia Smolkis

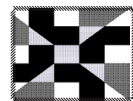
Fridays 9:30am

At the Community Center
No sign ups necessary
Just drop in**Speaking Italian
with Friends**with
Joe Guarino

Thursdays at 10:30am

Class starts
January 8th

Cost \$20 for 6 weeks

**The Happy
Hookers**A knitting &
Crocheting
GroupWednesdays
11:30am to 3:00pm
Everyone is WelcomeMEET AT
Community Center**Quilter's Group**

Tuesdays

1pm - 3pm

Please Join US!

.....

TAI CHI CLASS

WITH MATT DEMPSEY

THURSDAYS @ 10:30AM

COST: \$24

FOR 6 WEEKS

.....

REGULAR**November 2025****ACTIVITIES****Private Reflexology Sessions with****Kim Stewart, NSCR**
Mondays Start at 9am

Monday November 10th @ 9:00am
 Monday November 17th @ 9:00am
 Monday November 24th @ 9:00am
 \$20 15 minute session
 \$35.....30 minute session

(Appointments are necessary)

Kim Stewart will be at the Senior Center to give private reflexology therapy sessions to our seniors.



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REFLEXOLOGY

A scientific art based on the principle that there are reflex areas in the feet and the hands which correspond to all parts of the body including organs and glands. The physical act of applying pressure to these areas can result in stress reduction

which causes a physiological change in the body.

CONDITIONS WHERE IT MIGHT BE HELPFUL:

High blood pressure - Diabetes - Migraine headaches - Arthritis - Backache - Sciatica - Constipation - Insomnia

Please call the senior center to schedule an appointment.

Only one appointment per person per month

**ATTENTION ALL ARTISTS
 OPEN STUDIO
 @ Prospect Senior Center
 FREE**

Great studio space available to artists who would like to paint in a studio space with other artists.

No instruction.
 Bring your own supplies.

Space available on Tuesdays
 10:00am – 12:00pm

**SALSA DANCING
 MONDAYS @
 11:00am**

\$24 for 6 weeks

Mohegan Sun Casino**November 20th**

Canasta
 with Bonnie
 on Wednesdays
 at 1:00pm

Bridge Hall
 with Linda Favale
 Monday
 at 9:30am



Weekly Bingo
 on Fridays **\$2**
 at 1:00pm



**Mexican
 Train
 Dominos**

November 13th & 20th



Origami Class
 with Ah Omi Yip

November 6th & 20th
\$5 per class



**SHED POUNDS,
 GAIN FRIENDS**

First visit is FREE!

**Join us for affordable, effective
 weight-loss support!**

Prospect Senior Center

For more information

Thursdays at 5:30

Donna @ 203-754-8908

Real People. Real Weight-Loss.® www.tops.org

Breakfast at the Senior Center
No breakfast in November

REGULAR**November 2025****ACTIVITIES****NEXT 6 WEEK SESSION OF EXERCISE PROGRAMS:****BALANCE****MONDAYS: NOV 3, NOV 10, NOV 17, NOV 24, DEC 1, DEC 8****SALSA DANCING:****MONDAYS: NOV 3, NOV 10, NOV 17, NOV 24, DEC 1, DEC 8****SENIOR EXERCISE****TUESDAYS: OCT 28, NOV 4, NOV 18, NOV 25, DEC 9, DEC 16****ZUMBA****THURSDAYS: OCT 16, OCT 23, OCT 30, NOV 6, NOV 13, NOV 20, DEC 4, DEC 11, DEC 18, JAN 8, JAN 15, JAN 22****CHAIR YOGA****MONDAYS: NOV 17, NOV 24, DEC 1, DEC 8, DEC 15, DEC 22
FRIDAYS: NOV 21, DEC 5, DEC 12, DEC 19 (4 WKS ONLY)****MAT YOGA****MONDAYS: NOV 17, NOV 24, DEC 1, DEC 8, DEC 15, DEC 22****TAI - CHI****THURSDAYS: OCT 30, NOV 6, NOV 13, NOV 20, DEC 4, DEC 11****PILATES****THURSDAYS: OCT 30, NOV 6, NOV 13, NOV 20, DEC 4, DEC 11****INTERMEDIATE ITALIAN CLASS****10/23, 10/30, 11/6. 11/13. 12/4, 12/11****ADVANCED ITALIAN CLASS****10/23, 10/30, 11/5, 11/13, 12/4, 12/11****FUNDAMENTAL PIANO CLASS****10/29, 11/5, 11/12, 11/19, 12/3, 12/10****INTERMEDIATE PIANO CLASS****10/29, 11/5, 11/12, 11/19, 12/3, 12/10****ELEMENTARY PIANO CLASS****10/29, 11/5, 11/12, 11/19, 12/3, 12/10****BEGINNER PIANO CLASS****11/6, 11/13, 12/4, 12/11, 12/18, 1/8****ADVANCED PIANO CLASS****11/6, 11/13, 12/4, 12/11, 12/18, 1/8****DORY'S ART CLASS****10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26, 12/3 12/10, 12/17, 1/7, 1/14, 1/21, 1/28****News From
The Bocce
Court**

The Fall season has ended and what a wonderful season it was - no rain! Only one very blustery day that everyone endured. Some players challenged firemen and firewomen on two evenings - fun for all. We will be topping off this season with a luncheon on November 4th at 11:15 a.m.

The first and second place winners will be announced at the luncheon and in the December newsletter. Also in the December newsletter will be the anticipated dates for a meeting in Spring and the date for the start of the Spring season. Sign-up as soon as you can - still \$15.00 for the season payable by check only. New players are always welcome. If teams are full, subs are needed.

Games are played on Tuesdays at 10 a.m., 11 a.m., and 12 p.m.

If you have any questions, feel free to contact us.

Barb Beloin (203) 528-3144
Mary Damulis (203) 723-8643

WE HAVE TWO DEFIBRILLATORS AT THE PROSPECT SENIOR CENTER.

ONE IS LOCATED NEAR THE ELEVATOR (UPSTAIRS)

ONE IS LOCATED IN THE POOL ROOM (DOWNSTAIRS)

CHESS GROUP

Intermediate players needed to start a Chess Group at the Prospect Senior Center. Bring your own board. Planning to start in January 2026 on Wednesdays @ 9:30am. If interested, please sign up.

LADIES IN RED

November already? Yes, November. The fall of 2025 is furtively and forever fading away and the holiday season is hastening to happen. In other words, forget fall. Hello holidays! Prospect's "Ladies in Red" will be enjoying a plethora of Christmas related activities but, for us, the month of October was all about Halloween.

On the evening of Friday, October 10th, a group Red Hatters, along with friends from the Senior Center, had the pleasure of attending a performance of "The Witching Hour" at the Piedmont Players dinner theater in Waterbury. A "who dunnit" murder mystery comedy about a group witches in Salem, Massachusetts who are running a financially struggling magical healing retreat, "the Witching Hour" was extremely entertaining and enjoyed by all. The three course, home-cooked meal was delicious! We look forward to attending the next performance of the extremely talented and always entertaining Piedmont Players in the spring.

As of this writing, the "Ladies in Red" look forward to attending Seaside Shadows' "Mystic Ghost Tour" on the evening of Tuesday, October 28th and the Essex Halloween Parade on Halloween Night. On our two hour tour, we'll walk on the darker side of Mystic's sometimes sordid history and explore the lore and legends of the village's supernatural past. After our stroll through the realm of the paranormal, we'll gratefully adjourn to the nearby Mystic Diner for a hot meal and liquid refreshment. On Halloween, the spookiest night of the year, the "Ladies in Red" will take to the Jack O' Lantern and Scarecrow lined streets of the usually quaint village of Essex to view the annual Essex Halloween Parade. Sponsored by Essex Fire Department and the Griswold Inn, the parade features ghosts and goblins, costumed performers and music. After viewing the parade, we'll warm up in the comfort and hospitality of the historic inn's fabulous Wine Bar and Bistro.

On Thursday, November 13th, the "Ladies in Red" will descend upon Wooster Street, the "Little Italy of New Haven," for what will be our third Italian progressive dinner. For

our appetizer course, we'll be returning to Tre Scalini, a restaurant which received rave reviews from all who attended our previous progressive dinners. Next, we'll be stopping at Gioia, an Italian market for a bit of shopping. Then we'll head to Pasta Eataliana Trattoria Napoletana for an entrée featuring their delicious, handcrafted pasta. Our final stop of the evening will be at Libby's Italian Pastry, a bakery that has been owned and operated by four generations of the same family since 1922.

For this trip, we'll be departing from the Senior Center at 2:30 PM. The trip does entail a little bit of walking, but all of the four destinations are between 100 and 139 Wooster Street. **There is no charge to go on the trip but all food and drink is, of course, at your own expense.**

On Sunday, November 30th, Neil and I will be hosting our second annual "Neil at the Wheel" trip to the spectacular Bryant Part Winter Village in Manhattan and to the equally spectacular Dyker Heights Christmas Lights in Brooklyn. Located between 40th and 42nd Streets on Midtown Manhattan's Eastside, the Winter Village features hundreds of unique and eclectic shops, eateries, watering holes and a huge skating rink. It is the perfect place to do some early Christmas shopping or to purchase a special treat for yourself.

Like the Winter Village, the Dyker Heights Christmas display has become one of the most beloved of all New York City Christmas traditions. The Brooklyn neighborhood is home to over-the-top Christmas decorations with life sized Santas, sleighs and snowmen overshadowing the homes of the neighborhood. Every year, thousands of people of all ages flock to this Kings County neighborhood to experience the magic of the Dyker Heights Christmas Lights.

For this trip, we will be traveling in a luxury van driven by our own Neil Desena. We'll spend the morning and early afternoon hours at the Bryant Park Winter Village and then travel to the Borough of Brooklyn for an early supper at an Italian restaurant. As night falls, we'll head to Dyker Heights to experience the awe-inspiring light displays from the comfort of our van. The cost of this

Continued on next page

REGULAR ACTIVITIES

November 2025

*LADIES IN RED
(continued)*

not-to-be-missed Christmastime adventure is \$89. Early sign-up is recommended as we be taking only ten people on the trip. For more information, call Lynn at 203-503-7427 or email at lchesinas2013@yahoo.com.

On Saturday, December 6th, the intrepid women of Prospect's "Ladies in Red" will brave the high seas in the dead of winter for a faraway adventure to another place in time. In other words, we'll be taking the ferry to the Charles Dickens festival in Port Jeff.

For two days each year, the quaint seaport village of Port Jefferson on New York's Long Island magically transforms into a Dickensian stage. Among the many attractions are a parade through Main Street, costumed characters performing skits and caroling at local businesses, a rendition of Dickens' "A Christmas Carol," craft fairs, concerts, magic shows, a festival of trees and much more.

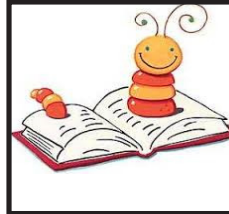
For this trip, we'll be leaving the Senior Center at 8:30 AM and catching the 9:30 AM ferry to Port Jeff. At 3:15 PM sharp, we'll be boarding the ferry for the return trip to Prospect, where our minibus will be waiting for us. The cost of this trip is expected to be \$28.00, the cost of the ferry ride.

The annual "Ladies in Red" Christmas Party is tentatively scheduled for Tuesday, December 9th at Biagetti's Restaurant in West Haven. After dinner, we'll be viewing the Christmas lights. At Lighthouse Point. Save the date but look for more details in the December newsletter.

Even with the holiday season rapidly approaching, there is still time to join "the Ladies in Red" in our Christmas celebrations and for the coming year of fun-filled activities. This year, our annual dues are \$25 year. Any woman who signs after November 1st, will be considered paid through December 31, 2026. But wait, there's more! Until December 31st of this year, two ladies who sign-up together pay only \$20 each for membership through December 31, 2025.

For more information, as always, I can be contacted by email at lchesinas2013@yahoo.com or by phone at 203-503-7427.

*Happy Holidays,
Lynn*



The "Bookwormers" Prospect Senior Center Book Club

The Book Club meets the first Thursday of every month at 10:00 a.m. This club is open to all who love to read. New members are always welcome. There is always something new to learn even if a member didn't read the current book.

At our meeting on November 6 we will be discussing "The Tea Girl of Hummingbird Lane" by Lisa See. This book tells the interconnected stories of Li-yan, a young Akha woman in rural China who gives birth to a child out of wedlock, and her daughter Haley, adopted by an American family. The novel explores themes of cultural traditions, adoption, and the enduring mother-daughter bond as Li-yan uses her knowledge of Pu'er tea to build a successful business and eventually search for her lost daughter, who also yearns for her origins.

At the November meeting we will discuss having a small Christmas party at the December meeting.

On December 4th the chosen book to discuss is "The Great Divide" by Cristina Henriquez. This is a powerful novel about the construction of the Panama Canal, casting light on the unsung people who lived, loved, and labored there. Searing and empathetic, The Great Divide explores the intersecting lives of activists, fishmongers, laborers, journalists, neighbors, doctors, and soothsayers—those rarely acknowledged by history even as they carved out its course.

Since the first Thursday of January, 2026 is New Year's Day, our meeting will be on January 8th. The book for discussion is "The Lighthouse Keeper's Daughter" by Hazel Gaynor. This is a historical novel inspired by true events, and the extraordinary female lighthouse keepers of the past two hundred years.

"Many people, myself among them, feel better at the mere sight of a book." -
Jane Smiley, American novelist

**If you have any Questions,
please contact me at (203)723-8643.**

Mary Damulis, Coordinator



Professional Services

November 2025

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November 2025



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Attorney At Law
Carla.erickson@sbcglobal.net

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P.O. Box 7299
37 Waterbury Road, Upper Suite
Prospect, CT 06712

DEBORAH PAVLIK RIDOLFI
Manager/Realtor

PAVLIK
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OFFICE: 203-758-4416 X118
CELL: 203-910-2858

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Prospect, CT 06712

EMAIL: Deborah@pavlikctre.com
www.pavlikctrealstate.com



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Professional Services

November 2025





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Veterinarian

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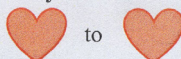
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Mike & Kim Welcome

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seminars pertinent to health care, funeral care & other
topics of your interest

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you know



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Funeral Director / Owner

Throughout my 40 years working in the Funeral Service Profession,
I have had the honor and privilege of serving many wonderful
families in Prospect, Naugatuck, Waterbury, Beacon Falls,
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towns during their time of a loss.

I am looking forward to once again being able to have that
honor and privilege with the opening of our new funeral home.

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\$24 PLUS TAX & GRATUITY
WEDNESDAY NIGHTS 5PM

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3 COURSE DINNER INCLUDES

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November 2025

Senior Nutrition Services Meals on Wheels

The Western CT Area Agency on Aging Senior Nutrition Program currently does not have a waitlist. This program can provide meals to eligible homebound seniors, over the age of 60, up to 5 days per week, Monday - Friday based on need.

If you feel that you or someone you know could benefit from home delivered meals, please contact the WCAAA Meals on Wheels department at 203-757-5449.



**ANIMALS FOR LIFE, INC.
IS LOOKING FOR**

CAT AND KITTEN FOSTERS

**FOR SOME OF THE CATS AND
KITTENS THAT ENTER OUR CARE.**

**IF YOU ARE INTERESTED IN FOSTERING OR
WANT TO LEARN ABOUT OUR ORGANIZATION,
GET IN TOUCH!**

EMAIL: CONTACT@ANIMALSFORLIFE.ORG

PHONE: 203-267-6777

**Animals for life is a 501(c)(3) non-profit animal
rescue organization**

St. Anthony's Church Offers Communion Services to the Homebound

If you would like to receive the sacrament of Communion and are unable to attend Mass due to illness or being homebound, Communion can be brought to you by a Eucharistic Minister from St. Anthony's Church in Prospect.

Please contact the Parish Center at 203-758-4056 and visitation can be arranged.

BLOOD PRESSURE SCREENINGS

Chesprocott Health District will be at the Prospect Senior Center on the First, Second and Fourth Wednesdays of each month (starting in July) to do Blood Pressure Screenings from 11:30am - 1:30pm. The nurse will be located in the office near the elevator. Appointments are not necessary.

We would like to thank Diane Morotto of Hartford Healthcare for her many years (14+) of service doing Blood Pressure Screenings at the Senior Center. She will be missed by all.

Photography Club Photos on Display...

Our Photography Club members led by Allen Thibodeau, regularly display their photography throughout the Senior Center. Allen changes the display on a regular basis for everyone's enjoyment. When at the Senior Center, please take a little time to look over the beautiful photography that this talented group of Seniors has on display.

And, if the photography that you see inspires you and you think that you might like to investigate the group further to see what they are all about, think about attending one of their meetings. They meet on the second Monday of each month at 9:30am. Allen welcomes anyone to drop in and see what this talented and enthusiastic group is all about. All skill levels are welcome. The only requirement is that you have a love and for picture taking.

HOPE MINISTRY at St. Anthony Church



A hand up is not a hand out!

If you are having difficulty meeting your monthly expenses, maybe we can help, please call 203-758-4056. All calls are confidential. Or visit stanthonyprospect.org and follow the link to HOPE Ministry for an application.

The mission of the HOPE ministry is to carry out our gospel call to enhance the quality of life and self-sufficiency of those in our community in need of financial and social services. It will provide monetary assistance for basic living expenses, referrals, education, practical assistance and spiritual guidance to strengthen and support individuals in need of assistance by fostering independence and personal responsibility with respect, com and accountability.

**Applicants must be actively registered
parishioners or residents of Prospect.**

New Haven Legal Assistance Association, Inc.

New Haven Legal Assistance Association, Inc. (LAA) is a nonprofit organization that was incorporated on April 7, 1964 to "secure justice for and to protect the rights of those residents of New Haven County unable to engage legal counsel." LAA was one of the first legal services programs established and the federal government used it as a model for similar programs throughout the country.

They provide high-quality legal services to individuals and groups unable to obtain legal services because of limited income, age, disability, discrimination and other barriers.

**Need Help?
Call...203-946-4811**

November 2025

BOOKS IN OUR LIBRARY

There are book shelves downstairs. You can leave **ONLY** books, newer magazines, calendars, puzzles, and greeting cards. These are available for anyone to take. If you cannot walk downstairs, talk to someone in the office about leaving the above items.

Please do not leave children's books, DVD's, CD's, old yellowed or mildewed books, old magazines, boxes or bags of books, or any other miscellaneous items. Thank you for co-operating and keeping these shelves neat.

The book shelves are organized by members of the Book Club.

If you have children's books or more than a few books, the Community Center book store will accept up to 2 bags of books (no more at one time). They are open on Tuesday morning 10:30am to 1:30pm and Thursday 1:30pm to 4:00pm. The hours should be posted on the bulletin board in the entrance way of the Sr. Center.

Or you can call the Prospect library at 203-758-3001 and ask for the hours.

Connecticut Home Care Program for Elders

The State of Connecticut wants to give you an opportunity to stay home instead of going to a nursing home. That is the purpose of a home care program for persons 65-years of age and older. The program is called the Connecticut Home Care Program for Elders. To see if you qualify for any of the services from this program, please call the Western Connecticut Area Agency on Aging at 203-757-5449 for further information.

Get Your Medicare Questions Answered!

The Western Connecticut Area Agency on Aging provides FREE UNBIASED information on Medicare, and the options that supplement Medicare.

The WCAAA can answer questions that you may have on Medicare, Medicare the Prescription Drug Benefit, Medicaid, Preventative Benefits, Care giving issues and more. The WCAAA can assist in filling out applications for different programs you may be eligible.

For more information please call the Western Connecticut Area agency on Aging at 1-800-994-9422 or 203-757-5449.

FRAUDS, SCAMS, DECEITS!

Beware of any calls where the word "Medicare" is spoken. Medicare, Social Security and the Internal Revenue Service (IRS) NEVER call you to get your personal information without first informing you by letter. Please do not become a victim of an "Imposter Scam". If someone calls and attempts to collect your personal information claiming they are from a state or federal agency ... **JUST HANG UP!**

RUMMIKUB

If you are interested in joining the Rummikub group, please sign up at the Senior Center. We are hoping to have a group play on Wednesdays @ 1:00pm. If you have never played, we will teach you.

This is the fascinating story of the Rummikub game, whose conception is obscured in the past, over 70 years ago.

Mr. Ephraim Hertzano originally made his living selling toothbrushes and other plastic accessories as well as cosmetics. The game started as a brilliant idea that had occurred to Mr. Hertzano, living in Romania, when card-playing was outlawed under the Communist regime. Mr. Hertzano envisioned playing a game that would use small tiles instead of cards to play, a game that could be played by young and old alike, and that had no ties to any language or religion. He wanted to create a game that would bring people together and one day change the world's leisure time. He called it Rummikub. Accompanied with a vision just as bright and as grand as the initial idea, it became an overnight hit. The Hertzano family moved to Israel in the 1940's after World War II, continuing the development on Rummikub in the backyard of his house in Bat Yam, and eventually became a professional game developer after publishing it to the market



Owning a pet is costly... BUT NOT IF YOU PARTICIPATE IN WHISKERS SENIOR-TO-SENIOR "Forever Foster Program"

If you are a senior willing to permanently foster a senior cat (over 10) all expenses will be paid: food, veterinary care, and litter.

ASK US FOR AN APPLICATION TODAY!

Contact: Whiskers Pet Rescue @ (203) 586-1666
or WhiskersPetRescue.org

What does Medicare cover?

Find out with the new Medicare app!

Do you ever wonder if something is covered by Medicare? There's now an app for that! The "What's Covered" app is designed to help Medicare beneficiaries directly access some of the most-used content on Medicare.gov.

The free app lets traditional Medicare beneficiaries quickly see if Medicare covers a specific medical item or service. Download it from Apple's App Store or Google Play for Android devices.

November 2025

Scrap Material Wanted...

Our quilting ladies are looking for any leftover scrap material that you may have hanging around from any past sewing projects. If the material is in good condition and you would like to see it go to good use, please consider donating it to the Senior Center.

Our quilters make several quilting projects each time we have a holiday party. They would use any of your donations for these projects which benefit the Senior Center and its members. The material would also be used for other projects that our quilting group works on.

If you have any material you would like to get rid of, please bring it to the Senior Center. We would certainly appreciate it!

TABS FOR TOTS...

Shriners Hospitals for Children in Springfield and Boston have been collecting pull-tabs or "pop-tops" from beverage cans since 1989, recycling them, and putting the money toward programs that directly benefit children.

Since its inception, about a half-million pounds of aluminum tabs have been collected and recycled. The tabs are the only pure aluminum part of the can, and the cans may still be returned for deposit even after the tabs are removed.

Here are just some of the items that the Shriners Hospital has purchased over the years:

- A Baxter Infusion Pump used to dispense pain medication.
- Arthrometer used to measure the degree of instability in the knee.
- Bullard Laryngoscope used by an anesthesiologist to place a breathing tube in a patient who has a complex airway.
- 10-foot trailer for a hospital van, used to transport medical equipment and records to outreach clinics throughout New England and New York State.
- Computerized Pressure Mapping—a force sensing array used in evaluating pressure distribution for patients requiring customized wheelchair seating systems

About Shriners Hospitals...

The Shriners Hospitals for Children operates 18-hospitals throughout the United States, Montreal, Canada, Mexico City and Mexico, for children with orthopedic problems and burns. Shriners Hospitals for Children are open to all children up to their 18th. birthday. **All medical treatment is administered without cost to the patient, their family or any third party.**

Collect and bring in your aluminum beverage can tabs to the Prospect Senior Center and help a child at the Shriners Hospitals for Children receive the services that they require. We will see to it that the tabs get to the proper people in charge of this worthy cause.

HOW TO GET AN ARRAYRX CARD

>> To receive a prescription drug discount card, state residents must apply at ArrayRxcad.com. A valid physical Connecticut address and email address are required to enroll. The card is provided to consumers digitally via email and can be downloaded to smartphone wallets.

>> There is no cost to receive a card, and no age or income restrictions. Residents can learn more about the program, see the estimated cost for their prescriptions and find a pharmacy near them at ArrayRxcad.com.

**Handmade Fleece Dog Coats
and Rain Coats.**
Keep your dog(s) warm and dry all year.
I can make any size.
You can also send pictures.
I also do pet sitting.
Please call 525-8268 Ask for J



Recovering from Identity Theft

If someone stole your identity, act fast. Acting fast can help reduce the damage identity theft can cause.

What should I do if someone steals my identity?

First, call the companies where you know fraud happened.

- Explain that someone stole your identity.
- Ask them to close or freeze your accounts.
- Then change your password or personal identification number (PIN).

Then visit IdentityTheft.gov or call 1-877-438-4338.

- Answer questions about what happened to you.
- Get a recovery plan that's just for you.
- You can create an account on the website.
 - > The account helps you with recovery steps.
 - > The account also helps you track your progress.

What happens when I get my recovery plan?

You will want to call one of the credit bureaus. Ask the credit bureau for an initial fraud alert. It is free and lasts for 90 days. The fraud alert makes it harder for thieves to open accounts in your name. That credit bureau has to tell the other two.

Then you can ask all three credit bureaus for a credit report. If someone stole your identity, your credit report is free. Look at your credit report for things you do not recognize.

Then am I done?

Everybody's identity theft is different. But your recovery plan from IdentityTheft.gov will:

- Tell you the steps to take next.
- Tell you where to call, and give you the phone numbers.
- Give you letters to send with your information filled in.
- Give you reminders and help you track your progress.

November 2025



PROSPECT HISTORICAL SOCIETY

Let's celebrate the Town of Prospect's history.
Please purchase a commemorative ornament
showing the Town Seal.

- | | |
|-----------|------------------------------------|
| 80 Years | Prospect Historical Society – 2025 |
| 80 Years | Prospect Fire Dept – 2025 |
| 250 Years | United States of America – 2026 |
| 200 Years | Town of Prospect - 2027 |

AVAILABLE NOW!

\$15.00 PER ORNAMENT

CALL 203 758 5503 OR 203 758 5746



American
Heart
Association.

STROKE WARNING SIGNS

Stroke is the No. 5 cause of death and a leading cause of disability in the U.S. Stroke can happen to anyone — any age, any time — and everyone needs to know the warning signs. Calling 911 lets first responders start treatment on someone experiencing stroke symptoms before arriving at the hospital.

Use the letters in **F.A.S.T** to spot a Stroke:

- F** = Face Drooping
A = Arm Weakness
S = Speech Difficulty
T = Time to call 911

Beyond **F.A.S.T.** – other symptoms you should know:

- Sudden **NUMBNESS** or weakness of face, arm, or leg, especially on one side of the body
- Sudden **CONFUSION**, trouble speaking or understanding speech
- Sudden **TROUBLE SEEING** in one or both eyes
- Sudden **TROUBLE WALKING**, dizziness, loss of balance or coordination
- Sudden **SEVERE HEADACHE** with no known cause

© 2024 American Heart Association - Also known as Heart Fund.

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LaBonne's MARKETS

HELP OUR SCHOOL EARN .5 % WHILE YOU SHOP

IT'S PRETTY SIMPLE!

- 1.) SHOP AT ANY LABONNE'S LOCATION
- 2.) SAVE YOUR RECEIPTS
- 3.) SEND THEM IN WITH YOUR CHILD OR MAIL TO THE ADDRESS BELOW

PES PTO
Atten: Karina
75 New Haven Rd
Prospect, CT 06712

- 4.) SPREAD THE WORD! ANYONE CAN CONTRIBUTE (GRANDPARANTS, AUNTS, UNCLES, COUSINS)

We appreciate your support!



American
Heart
Association.

HEART ATTACK WARNING SIGNS

Some heart attacks are sudden and intense, but most of them start slowly, with mild pain or discomfort. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** This feeling often comes along with chest discomfort. But it can also occur without chest discomfort.
- **Other signs** may include breaking out in a cold sweat, nausea or lightheadedness.

If you or someone you're with has one or more of these signs, call 9-1-1 immediately. Get to the hospital right away.

If you're the one having symptoms, and you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. Don't drive yourself, unless you have absolutely no other option.

Contact your nearest
American Heart Association office
by calling **1-800-AHA-USA1 (1-800-242-8721)**
or visiting **www.heart.org/hope** for more information.

November 2025



Safer Driving May Save You Money

Take the AARP Smart Driver™ classroom course and you could save money on your auto insurance!*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

UPCOMING CLASSROOM COURSES NEAR YOU



**AARP DRIVERS SAFETY COURSE
@ PROSPECT SENIOR CENTER
12:00PM – 4:00PM
AARP MEMBERS - \$20
NON MEMBERS - \$25**

DECEMBER 4, 2025

**IF YOU ARE INTERESTED IN TAKING THE
CLASS, PLEASE SIGN UP AND PAY AS SOON
AS POSSIBLE.**

**IF YOU ARE AN AARP MEMBER WE NEED
YOUR MEMEBERSHIP # WHEN YOU SIGN UP.**

CHECKS MUST BE MADE OUT TO "AARP".

**HAIRCUTS BY ADRIENNA
FIRST MONDAY OF EACH MONTH**

MONDAY, November 3, 2025

10:00AM – 1:00PM

MONDAY, November 24, 2025

Starting at 12:40pm

\$15 (CASH ONLY)

APPOINTMENTS NECESSARY

Senior haircuts for \$15 per person by Andrienna. Cash only. Sign up in 20 minute time slots. Andrienna is a hairdresser that works at Prospect Barber. She has been licensed in cosmetology for 20+ years. She has both hairdressing and barbering experience. She is offering these reduced prices for seniors every first Monday of each month. **NO WALK-INS PLEASE!**

If you are interested in having a haircut, please sign up as soon as possible.

**UPCOMING BINGOMANIA DATES
DEPARTING @ 5:00PM \$25**

**NOVEMBER 15, 2025
DECEMBER 27, 2025**

The Connecticut's Gay Men Chorus hosts monthly BINGOMANIA! at the Annex Club at 554 Woodward Avenue in New Haven, just off 1-95. Doors open at 6:00pm and games begin at 7:00pm. Cash prizes are now up to \$2,500! Admission is \$25 and includes all of your game cards for the twelve regular games of BINGO. Each regular game has a cash prize of \$100 and the final regular game of the night has a cash prize of \$200. They also offer three optional Special Games. You can play a Special Game for just \$1 per sheet and each Special Game pays a 50/50 cash prize of up to \$400. You have a chance to win up to \$2,500 in Bingo prizes at these Bingomania games.

Soft drinks, cocktails, wine and beer are available beginning at 6:00pm. **Per Connecticut State Law, no beverages of any kind are to be brought into the Annex Club for Bingomania!** You can bring whatever food with you that you would like but you cannot bring in any beverages of any kind. So bring whatever "munchies" you would like to enjoy during the games and plan on buying your beverages there.

We will be meeting and leaving from the Senior Center at 5:00pm. Upon arriving at the venue, our Bingo packages will be waiting for us. We have made arrangements so that we do not have to wait in line for them. At 6:00pm the doors open and our group can go right in.

This event is a hilariously unique evening of entertainment and fun. Please come with an open mind and attitude. If you are interested in joining us for this event, please sign up and PAY your \$25 as soon as possible. We are limited to the number of people we can bring with us. Sign up and PAY early to ensure your spot on the bus.

**STAINED GLASS CLASSES
WITH SARAH SEGOVIA
IN CONJUNCTION WITH PARK & REC
@ COMMUNITY CENTER (ART ROOM)
\$20**

10:00AM and 12:30PM

Monday, November 10, 2025

Thursday, December 4, 2025

When signing up, please specify which time slot you are interested in.

November 2025

STORMVILLE AIRPORT FLEA MARKET & ANTIQUE SHOW IN STORMVILLE, NY

SATURDAY, NOVEMBER 1, 2025

DEPARTING @ 7:30AM NO CHARGE

The Stormville Airport Flea Market & Antique Show is located in the historical and scenic Hudson Valley, on a private airport. The flea market was started in 1970 with two dozen vendors. Today it is known as one of the Northeast's largest flea markets and antique shows. The success of the flea market is due to the quality merchandise, reliability and trust built between the buyers and vendors.

The flea market attracts over 600-vendors from more than eight states. Because of its great success, shoppers travel well over 100-miles, often by busload, to pursue the hunt for bargains. With an extraordinary variety of antiques and collectables, as well as a large selection of new merchandise and arts and crafts, there is sure to be something for everyone. One trip to this event and you will agree that its worth the trip from anywhere!

We will be meeting and leaving from the Senior Center at 7:30am. We should be in Stormville by 9:00am. Once there you will be on your own to hunt for bargains until 1:00pm. There are also many food vendors there where you can eat to your heart's content. At 1:00pm we will head for home. We should be back in Prospect by 2:30pm.

One piece of advice, wear comfortable shoes! There is a great deal of walking involved going from one vendor to another. Also, bring something to put all your purchases and treasures in such as a fold-up cart. A water bottle is a good idea also. We are limited to the number of people that we can bring with us.

If you are interested in attending sign up as soon as possible.



UKULELE MUSIC CLASS @ PROSPECT SENIOR CENTER WITH JULIE STEPANEK 3 PART SESSION

**Tuesday, November 18, 2025
10:30AM – 11:30AM
NO CHARGE**

Learn how to play the ukulele, an instrument that is fun and relatively easy to play! Learn the fundamentals and start playing songs. No experience necessary. Ukuleles provided or bring your own. In this three part series, participants will learn how to tune, strum, fret, read chord diagrams and tablature.

If you are interested in joining us, please sign up as soon as possible.

Gays in Space - A Holiday Adventure @ Katherine Hepburn Cultural Art Center In Old Saybrook

Sunday, December 14, 2025

Departing @ 12:30pm \$39

Step aboard for Gays in Space: A Holiday Adventure, when the Connecticut Gay Men's Chorus blasts off into a cosmic celebration of chosen family, twinkle lights, and zero-gravity glamour. Journey with us to distant planets where the cantina dancers strut under glittering holiday skies, mistletoe hovers in unexpected places, and otherworldly wassail flows freely.

From sparkly snowball fights to postcard-worthy fireside moments, this interstellar holiday revue mixes gorgeous harmonies and heartwarming traditions with riotous spectacle. Whether you love all things tinsel and tree or just want to experience pure cosmic fabulousness, this is a don't-miss holiday experience for everyone.

We will be leaving from the Senior Center at 12:30pm. The show starts at 2:00pm. We should be back in Prospect at about 5:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

NEW ITEM

FRIDAY BUFFET

**@ WILCOX TECH HIGH SCHOOL
at Silver City Bistro!**

FRIDAY, NOVEMBER 7, 2025

FRIDAY, DECEMBER 5, 2025

FRIDAY, JANUARY 9, 2026

FRIDAY, FEBRUARY 6, 2026

FRIDAY, MARCH 6, 2026

FRIDAY, APRIL 24, 2026

FRIDAY, MAY 1, 2026

FRIDAY, JUNE 5, 2026

DEPARTING @ 10:15AM \$15 (PAY AT SCHOOL)

Bistro Chef Ryan Barnes is pleased to announce, on behalf of Wilcox Tech and his students at the Award Winning Silver City Bistro, a Friday Buffet each week to start your weekend off right! The menu will be available online: <https://wilcox.cttech.org/programs/career-technical-education/culinary-arts/>. NOTE that we will not have the buffet if there is a school-wide special event(s) on those days, I.E. Club Day, Pep Rally, □ day or early dismissal.

This is open to staff and the public, so reservations are recommended. As usual, we will open at 10:45 - 12:20. We need to have the dining room clear of guests by 12:30 at the latest. The buffet will cost \$15 all-inclusive*. We will run the same format each week, changing the offerings weekly. *All-inclusive means lunch, bread, water, coffee and 1 dessert. **Please do not ask for to-go containers to take extra food home from the buffet.**

We will be leaving at 10:15 am from the Senior Center. We should be back in Prospect by about 1:00pm.

If you are interested in joining us, please sign up as soon as possible.

November 2025

SUSAN HOLLAND HCA 0002500
OWNER

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PROSPECT SENIOR CENTER ANNUAL THANKSGIVING DAY PARTY FRIDAY, NOVEMBER 21, 2025

11:30AM \$25

Join us as we "give thanks" for our many blessings here at the Senior Center. We will be dining on some very traditional Thanksgiving fare including turkey, stuffing, gravy, sweet potatoes, veggies, cranberry sauce and pumpkin pie.

Entertainment will follow at 1:00pm. We will have The Boogey Boys as our entertainers.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Please be advised that this holiday party usually fills up quickly. Do not hesitate to sign up before the event sells out.

Beardsley Cider Mill, Oronoque Farms, White Hills Distillery, Jones Family Farm Friday, November 7, 2025

Departing @ 10:15 AM No Charge

Enjoy a trifecta of spirits and one sweet stop when members of the Prospect Senior Center celebrate autumn on our trip to four of Shelton's agricultural enterprises.

The Beardsley family has been farming in the White Hills section of Shelton since 1849. Over the years, they have planted thousands of dwarf apple trees in their orchards. Their cider is 100 % apple juice and is produced in pristine conditions. In their bakery, they offer homemade apple pies, cider donuts, breads, scones, coffee cakes and local honey. Their farm stand sells seasonal produce. We will have until 11:45 AM at the Beardsley Cider Mill.

Oronoque Farms, a Shelton tradition "as American as apple pie" since 1949, sells homemade pies, baked goods and ice cream and has a gift shop. We will have until 12:45 PM at Oronoque Farms.

Daniel Beardsley was just a child when he saw his first still, hanging from the rafters of his grandfather's barn. He became enthralled with tales of its use and how his grandfather would make moonshine during prohibition and deliver the alcohol, hidden in glass bottles painted white to resemble milk, to his thirsty customers. Carrying on the family tradition, albeit legally, in 2020, he opened the White Hills Distillery, which is just a short walk from his cider mill.

Today, a mixture of Dan's passion for the craft, his learning from giants of the trade in Kentucky and distilling experience combine to give the White Hills Distillery's spirits a quality level that is unexpected from a young distillery. The distillery now produces apple brandy, rye whiskey, bourbons, flavored moonshines, local fruit infused vodkas, aged rum, gin and an agave spirit similar to tequila. At the time of our visit, the distillery will be offering prepared cocktails, a tasting and/or a tour of the distillery as well as products for sale. We will have until 2:30 PM to enjoy the White Hills Distillery.

Our final stop of the day will be at Jones Family Farm, just a half mile from the distillery and where generations of the Jones Family have farmed for the past 160 years. The Jones Winery tasting room, which was once a barn at the Jones Homestead, offers wines by the glass or an optional, guided wine tasting for \$19.95. In addition to the wine offerings, Jones Farm serves a variety of light fare food options including charcuterie plates featuring New England cheeses from Arethusa and Cabot Farms. At 3:30 PM, we'll board the bus for the return trip to Prospect.

Although there is no cost for this trip, **all food and beverages are at your own expense.** We will be leaving the Senior Center at 10:15 AM and should be back in Prospect by 4:15 PM.

November 2025



2025-26 UCONN WOMEN'S BASKETBALL SCHEDULE

Date	Opponent	Location	Time	TV
Mon., Oct. 13	vs. Boston College (exh.)	Uncasville, Conn. / Mohegan Sun	2 p.m.	NBC Boston
Sun., Oct. 26	SOUTHERN CONN. (exh.)	Hartford, Conn. / PeoplesBank Arena	1 p.m.	WWAX/UConn+
ARMED FORCES CLASSIC				
Tues., Nov. 4	vs. Louisville	Ramstein Air Base, Germany	TBA	ESPN
Sun., Nov. 9	FLORIDA STATE	Storrs, Conn. / Gampel Pavilion	4:30 p.m.	FS1
Wed., Nov. 12	LOYOLA CHICAGO	Storrs, Conn. / Gampel Pavilion	7:30 p.m.	truTV
Sun., Nov. 16	OHIO STATE	Hartford, Conn. / PeoplesBank Arena	Noon	Peacock
BASKETBALL HALL OF FAME WOMEN'S SHOWCASE				
Fri., Nov. 21	vs. Michigan	Uncasville, Conn. / Mohegan Sun	8 p.m.	FOX
Sun., Nov. 23	vs. Utah	Uncasville, Conn. / Mohegan Sun	2:30 p.m.	FS1
Sun., Nov. 30	at Xavier*	Cincinnati, Ohio / Cintas Center	2:30 p.m.	FS1
Tues., Dec. 2	at South Florida	Tampa, Fla. / Yuengling Center	5 p.m.	ESPN2
Sun., Dec. 7	DEPAUL*	Storrs, Conn. / Gampel Pavilion	1 p.m.	FS1
Sat., Dec. 13	at USC	Los Angeles, Calif. / Galen Center	5:30 p.m.	FOX
Wed., Dec. 17	MARQUETTE*	Hartford, Conn. / PeoplesBank Arena	7 p.m.	Peacock
WOMEN'S CHAMPIONS CLASSIC				
Sat., Dec. 20	vs. Iowa	Brooklyn, N.Y. / Barclays Center	1 p.m.	FOX
Sun., Dec. 28	at Butler*	Indianapolis, Ind. / Hinkle Fieldhouse	4 p.m.	TNT + truTV
Wed., Dec. 31	at Providence*	Providence, R.I. / Amica Mutual Pavilion	3 p.m.	Peacock
Sat., Jan. 3	SETON HALL*	Hartford, Conn. / PeoplesBank Arena	Noon	FS1
Wed., Jan. 7	ST. JOHN'S*	Hartford, Conn. / PeoplesBank Arena	7:30 p.m.	truTV
Sun., Jan. 11	at Creighton*	Omaha, Neb. / CHI Health Center Omaha	2 p.m.	truTV
Thurs., Jan. 15	VILLANOVA*	Storrs, Conn. / Gampel Pavilion	7 p.m.	FS1
Mon., Jan. 19	NOTRE DAME	Storrs, Conn. / Gampel Pavilion	5 p.m.	FOX
Thurs., Jan. 22	at Georgetown*	Washington, D.C. / CareFirst Arena	7:30 p.m.	TNT + truTV
Sun., Jan. 25	at Seton Hall*	South Orange, N.J. / Walsh Gymnasium	Noon	Peacock
Wed., Jan. 28	XAVIER*	Storrs, Conn. / Gampel Pavilion	8 p.m.	Peacock
Sun., Feb. 1	TENNESSEE	Hartford, Conn. / PeoplesBank Arena	Noon	FOX
Wed., Feb. 4	at DePaul*	Chicago, Ill. / Wintrust Arena	8 p.m.	truTV
Sat., Feb. 7	BUTLER*	Hartford, Conn. / PeoplesBank Arena	Noon	FS1
Wed., Feb. 11	CREIGHTON*	Storrs, Conn. / Gampel Pavilion	7 p.m.	Peacock
Sat., Feb. 14	at Marquette*	Milwaukee, Wis. / Al McGuire Center	1 p.m.	FS1
Wed., Feb. 18	at Villanova*	Villanova, Pa. / Finneran Pavilion	7 p.m.	Peacock
Sun., Feb. 22	PROVIDENCE*	Storrs, Conn. / Gampel Pavilion	Noon	FS1
Thurs., Feb. 26	GEORGETOWN*	Hartford, Conn. / PeoplesBank Arena	7:30 p.m.	TNT + truTV
Sun., March 1	at St. John's*	New York, N.Y. / TBA	TBA	TNT + truTV

All times Eastern | *-BIG EAST Conference game | Home games in **CAPS**

November 2025

2025-26 University of Connecticut Men's Basketball Schedule

DATE	OPPONENT	TV	SITE	TIME
OCTOBER				
Mon 13	Boston College (exh) #	NBC Sports Boston	Mohegan Sun Arena, Uncasville, Conn.	7 p.m.
Tue 28	Michigan State (exh)	TBD	PeoplesBank Arena, Hartford, Conn.	TBD
NOVEMBER				
Mon 3	New Haven	ESPN+	Gampel Pavilion, Storrs, Conn.	7 p.m.
Fri 7	UMass Lowell	Peacock	PeoplesBank Arena, Hartford, Conn.	7:30 p.m.
Mon 10	Columbia	FS1	Gampel Pavilion, Storrs, Conn.	6:30 p.m.
Sat 15	vs. BYU ^	FOX	TD Garden, Boston, Mass.	7 p.m.
Wed 19	Arizona	FS1	Gampel Pavilion, Storrs, Conn.	7 p.m.
Sun 23	Bryant	truTV	PeoplesBank Arena, Hartford, Conn.	6 p.m.
Fri 28	vs. Illinois !	FOX	Madison Square Garden, New York, N.Y.	12:30 p.m.
DECEMBER				
Tue 2	at Kansas	TBD	Phog Allen Fieldhouse, Lawrence, Kan.	TBD
Fri 5	East Texas A&M	Peacock	Gampel Pavilion, Storrs, Conn.	7:30 p.m.
Tue 9	vs. Florida %	ESPN	Madison Square Garden, New York, N.Y.	9 p.m.
Fri 12	Texas	FOX	PeoplesBank Arena, Hartford, Conn.	8 p.m.
Tue 16	Butler *	Peacock	PeoplesBank Arena, Hartford, Conn.	8:30 p.m.
Sun 21	at DePaul *	FS1	Wintrust Arena, Chicago, Ill.	4:30 p.m.
Wed 31	at Xavier *	Peacock	Cintas Center, Cincinnati, Ohio	5 p.m.
JANUARY				
Sun 4	Marquette *	NBC	Gampel Pavilion, Storrs, Conn.	2 p.m.
Wed 7	at Providence *	Peacock	Amica Mutual Pavilion, Providence, R.I.	7 p.m.
Sat 10	DePaul *	TNT + truTV	PeoplesBank Arena, Hartford, Conn.	12:30 p.m.
Tue 13	at Seton Hall *	truTV	Prudential Center, Newark, N.J.	8 p.m.
Sat 17	at Georgetown *	FOX	Capital One Arena, Washington, D.C.	12 p.m.
Sat 24	Villanova *	FOX	PeoplesBank Arena, Hartford, Conn.	12:30 p.m.
Tue 27	Providence *	TNT + truTV	Gampel Pavilion, Storrs, Conn.	7:30 p.m.
Sat 31	at Creighton *	FOX	CHI Health Center Omaha, Omaha, Neb.	8 p.m.
FEBRUARY				
Tue 3	Xavier *	Peacock	PeoplesBank Arena, Hartford, Conn.	7 p.m.
Fri 6	at St. John's *	FOX	Madison Square Garden, New York, N.Y.	8 p.m.
Wed 11	at Butler *	TNT + truTV	Hinkle Fieldhouse, Indianapolis, Ind.	7:30 p.m.
Sat 14	Georgetown *	Peacock	Gampel Pavilion, Storrs, Conn.	8 p.m.
Wed 18	Creighton *	TNT	Gampel Pavilion, Storrs, Conn.	7 p.m.
Sat 21	at Villanova *	TNT + truTV	Xfinity Mobile Arena, Philadelphia, Pa.	7 p.m.
Wed 25	St. John's *	Peacock	PeoplesBank Arena, Hartford, Conn.	7 p.m.
Sat 28	Seton Hall *	FS1	Gampel Pavilion, Storrs, Conn.	12 p.m.
MARCH				
Sat 7	at Marquette *	FOX	Fiserv Forum, Milwaukee, Wis.	12:30 p.m.
11-14	BIG EAST Tournament	TBD	Madison Square Garden, New York, N.Y.	

* - BIG EAST Conference opponent

- Hall of Fame Exhibition Game

^ - Hall of Fame Series Boston

! - SentinelOne Showdown

% - Jimmy V Classic

November 2025

"The Great Jack O'Lantern Blaze" Van Cortland Manor Croton-On-Hudson, New York Sunday, November 2, 2025

Departing @ 3:00 PM \$44

It's Halloween season and, here in New England, pumpkin festivals abound. There's the massive New Hampshire Pumpkin Festival in Keene with a record-breaking 30, 581 glowing jack-o-lanterns. Massachusetts has Jack O'Lantern Journey at Southwick Animal Farm and Rhode Island celebrates with the Jack-O-Lantern Spectacular at Roger Williams Park in Providence. On the evening of November 2nd, members of the Prospect Senior Center will have the opportunity to view and experience "The Great Jack O'Lantern Blaze" at Van Cortlandt Manor in New York's scenic Hudson Valley.

Located on the 18th century landscape of Van Cortlandt Manor, the festival is a breath-taking display of more than 7,000 illuminated jack-o-lanterns, all of them designed and carved on site by a team of talented artists. This year's event features iconic New York landmarks carved in pumpkins, a "Wicked" story book dreamscape, a working carousel, the "Headless Horseman's Hideaway" cafe, life-sized dinosaurs, a 24 foot spider's web and the Pumpkin Planetarium. Complete with synchronized lights and an original soundtrack, "The Great Jack O'Lantern Blaze" is a one-of-a-kind immersion experience not to be missed.

Prior to our adventure at the festival, we'll be stopping for dinner (**at your own expense**) at the historic Beekman Arms Tavern, which was featured in "The Housewives of New York City." The tavern is warm and comfortable; it serves traditional New England cuisine in an authentic, colonial setting.

For this trip, we'll be departing the Senior Center at 3:00 PM and arriving in New York in time for our 4:30 PM reservation at the Beekman Arms Tavern. We will have from 7:00 to 9:00 PM to enjoy the festival. We will be back in Prospect by about 10:30pm. **Bringing a small flashlight is recommended as we will be walking on uneven ground in the dark.**

If you are interested in joining us, please sign up and PAY as soon as possible.

CHRISTMAS SAMPLER CRAFT FAIR @ EASTERN STATES EXPOSITION BETTER LIVING CENTER 1309 MEMORIAL AVE., W. SPRINGFIELD, MA. SATURDAY, NOVEMBER 15, 2025 DEPARTING @ 8:30AM \$5

The Old Deerfield Craft Fairs have been among the highest ranked shows in Massachusetts and New England by Sunshine Artist Magazine, for 25 years. The magazine is a major publication of the arts and crafts movement in the United States.

The cost of each of these trips is \$5. This covers admission into the Craft Fair.

For each of these trips we will be meeting and leaving from the Senior Center at 8:30am. We should be at our destination by 10:00am. Once at the fair you will be free to shop, browse and eat on your own until 2:00pm. At this time we will leave for our return trip back to Prospect.

We should be back in Prospect from these trips at about 3:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited in the amount of people we can bring with us.

NEW ENGLAND CHRISTMAS FESTIVAL @ MOHEGUN SUN SATURDAY, NOVEMBER 8, 2025 DEPARTING @8:30AM \$15

Amazing Artisans from all over the country have been enticed out of their studios to gather for the best Christmas shopping experience in one memorable destination. The festival will once again kick off the holidays showcasing 350+ pop up boutiques with handcrafted items in every price range.

From the country's premier artisans, the Festival is the one-stop shop solution to the Christmas shopping conundrum. You will find aisles chock full of specialty foods, seasonal décor, distinctive home accessories, fashion, fine jewelry, adorable kids' clothing, photography and much more.

We will be leaving from the Senior Center at 8:30am. We should be at the festival by 10:00am. You will have till 2:30pm to do your shopping and browsing at the festival. You may also want to grab something to eat at the casino while you are there.

At 2:30pm, we will meet at a designated spot to board our bus for the return trip back to Prospect. We should be back at the Senior Center by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

NEW ITEM

LUNCH AT KAYNOR TECH HIGH SCHOOL THURSDAY, NOVEMBER 20, 2025 DRIVE ON YOUR OWN \$12

STARTER

Butternut and Pear Soup

CHOICE OF

Chicken parmesan with pasta mixed fresh vegetables

OR

Poached Salmon with basil sauce served with white rice and mixed fresh vegetables

DESSERT

Chocolate Cupcakes

November 2025

**SUNDAY SAUCE AT
RALPH & RICH'S RESTAURANT
IN BRIDGEPORT, CT
GLOW WILD LANTERN FESTIVAL
@ BEARDSLEY ZOO, BRIDGEPORT, CT.
SUNDAY, NOVEMBER 9, 2025
DEPARTING @ 2:30PM**

\$42 FOR DINNER (incl. tax & tip)

Sunday is a special opportunity for family and friends to gather for "Sunday Sauce", traditional Italian fare served family style from antipasto to pasta, with meat, chicken, pork and dessert, priced at \$42 per person.

We will be leaving from the Senior Center at 2:30pm. Our reservations at Ralph & Rich's are for 3:30pm. Once dinner is over we will board our bus for the Beardsley Zoo. Our reservations for Glow Wild Lantern Festival are for 6:00pm.

GLOW WILD returns to Connecticut's Beardsley Zoo! Journey through a wonderland of illuminated larger-than-life lanterns inspired by our wild world. Back by popular demand, this illuminating festival of lights is coming back for its second year! The festival will showcase 53 large-scale illuminated displays, featuring hundreds of beautiful individual and interactive lanterns.

Spanning the width and breadth of Connecticut's Beardsley Zoo's 30 acres, guests are invited to walk through glowing corridors. Displays of flora and fauna will light up the night sky, dazzling guests of all ages! The Glow Wild Lantern Festival is designed for everyone to enjoy.

~Courses~

Antipasto

assorted Italian meats and cheeses

Pasta

mezza rigatoni pasta with Sunday sauce, house-made beef braciola, meatballs, and sausage

Entrée

roast porchetta, chicken Milanese, roasted zucchini and mesclun field greens salad

Dessert

assorted cookies and pastries

**TIME CHANGE
JUKEBOX BINGO WITH CHARLES
OF LIVERPOOL PRODUCTIONS
TUESDAY, NOVEMBER 4, 2025**

1:30PM – 3:30PM \$5

The Prospect Senior Center will be hosting "Jukebox Bingo" on Tuesday, November 4, 2025. The games will run from 1:30pm – 3:30pm. We will have a short break between for coffee and dessert. Cost for this event is \$5.00.

The concept is easy. We will be playing music which is geared to the age of our Seniors. You listen to the music, find the song on your Bingo cards that are provided for you and if the song is on your card, mark it off. Hopefully, you will get enough songs marked off on your card to call BINGO! With the \$5.00 cover charge you will get two Bingo cards to play with. Additional cards may be purchased, if you would like. Coffee, dessert and BINGO prizes will be provided by the Senior Center.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Join us so you don't miss out on all the fun!

**THE PROSPECT SENIOR CENTER
CORDIALLY INVITES YOU TO OUR**



**HOLIDAY PARTY AT THE AQUA TURF
556 MULBERRY STREET, PLANTSVILLE, CT.**

**DATE: TUESDAY, DECEMBER 2, 2025
TIME: 11:30AM – 3:30PM**

**TICKET PRICE: \$55.00 PER MEMBER
(CHECK ONLY – PAYABLE TO
PROSPECT SENIOR CENTER)**

**TICKETS GO ON SALE NOVEMBER 1ST
AT THE PROSPECT SENIOR CENTER
AND WILL BE ON SALE UNTIL
NOVEMBER 25TH**

**MR. MOTOWN & MR. DOO-WOP
ENTERTAINMENT**

LIVE MUSIC AND DANCING

**INCLUDES: BUFFET CHEESE TABLE
AND CASH BAR.**

**LUNCH: SOUP, SALAD, PASTA AND FAMILY
STYLE ROAST BEEF AND CHICKEN MARSALA,
VEGETABLE, POTATO,
BAKED ROLLS AND SODA/WATER,
FOLLOWED WITH
COFFEE AND DESSERT.**

**SEATING IS 10 PER TABLE.
IF YOU WOULD LIKE TO RESERVE A TABLE,
PLEASE HAVE ONE PERSON COME
WITH THE LIST OF NAMES
AND THEIR PAYMENTS.**

NEW ITEM

**FREE CHAIR MESSAGES
WITH GABRIELA
WEDNESDAY, DECEMBER 10, 2025
APPTS STARTING @ 9:30AM**

A chair massage is a quick, seated upper-body massage that focuses on the neck, shoulders, back, and arms. It typically involves techniques like kneading and compression, is performed over clothing with oils (neck & hands), and lasts 15 minutes. The goal is to relieve muscle tension and stress in a short amount of time.

Gabriela will be doing chair massages on Wednesday, December 10, 2025 starting at 9:30am.

If you are interested in relaxing, book your appointment.

November 2025

**FESTIVAL OF TREES
"HONORING HOPE"
BENEFITING ANN'S PLACE
CANCER SUPPORT SERVICES
@ THE SUMMIT AT DANBURY
SATURDAY, NOVEMBER 22, 2025**

DEPARTING @ 9:00AM \$5

The 23rd Annual Festival of Trees is Greater Danbury's signature holiday event and Ann's Place's biggest fundraiser. Join us as we create holiday magic with a forest of decorated trees, high-end raffle prizes, the Boutique and Quilter's Corner gift shops and a crafts fair. Please join us at The Summit in Danbury.

Ann's Place provides help and hope to those living with cancer and to their loved ones. Our clinical social workers, facilitators and wellness experts provide a host of services aimed at improving quality of life during and after cancer. Ann's Place relies on the generosity of donors to be able to continue providing these services free of charge.

We will be leaving from the Senior Center at 9:00am. We should be at our destination by 10:00am. You will have until 2:00pm to browse and shop the festival. At 2:00pm we will board our bus for a lunch stop at Red Lobster in Danbury. We should be back in Prospect by 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your spot without payment. We are limited to the amount of people we can bring with us.

**Collinsville Antique Company
Log House Restaurant
Thursday, November 6, 2025**

Departing @ 9:30 AM No Charge

With over 22,000 square feet of floor space and over 100 dealers, the Collinsville Antique Company is one of the largest multi-dealer antiques and collectibles shops in New England. With its eclectic mix of antiques, collectibles, jewelry, glassware, pottery and vintage merchandise, it is a treasure trove for collectors, antique lovers and casual shoppers alike.

In addition to the dealers' wares, Collinsville Antique Company also showcases a number of entertaining displays including a 1950's television now serving as a fish tank, elaborately costumed mannequins, Lego figures and an array of vintage Christmas items. We'll have until 12:30 PM to browse, treasure hunt or just step back in time for a while!

Next, we'll head up Route 44 to the Log House Restaurant in Barkhamsted for a delicious lunch, **at your own expense**. Like the Collinsville Antiques Company, the Log House is yet another "blast from the past," serving good, old-time comfort food and homemade desserts at reasonable prices. There is something for everyone on their menu. After lunch, we'll head directly back to Prospect, arriving on or before 4:00 PM.

NEW ITEM

**15th ANNUAL
GINGERBREAD HOUSE FESTIVAL
"GINGY IN TOYLAND"
@ NOMAD'S ADVENTURE QUEST
100 BIDWELL ROAD, SOUTH WINDSOR
SATURDAY, NOVEMBER 28, 2025
DEPARTING @ 9:00AM**

NO CHARGE (DONATIONS ACCEPTED)

The Gingerbread House Festival is our organization's most important annual fundraiser. While the festival is FREE to visit, we do suggest a donation of \$5-10 per person, which can be made as donation when entering or by purchasing raffle tickets. We also have an artisan gift shop that supports local crafters (a commission on every purchase supports the Friends).

For Quiet Hours (when arcade games and adventures are closed), live music performances in the Dough-Re-Mi-Lounge and other special events.

We will be leaving from the Senior Center at 9:00am. We should arrive at the Gingerbread House Festival by 10:00am. You will have until 1:00pm to browse the festival. At 1:00pm we will board the bus for a lunch stop at Cracker Barrel Restaurant in South Windsor.

If you are interested in joining us, please sign up as soon as possible.

**ANNUAL TRAVELERS CHORALE
CHRISTMAS CONCERT
@ BUSHNELL THEATER, HARTFORD, CT.
WEDNESDAY, DECEMBER 17, 2025
DEPARTING @ 6:00PM
(DONATION OF NON-PERISHABLE FOOD ITEM)**

The Travelers Chorale was founded in 1924. It is the oldest company-affiliated, eight-part choral group in America. They have performed on the prestigious Bushnell Auditorium stage annually since its historic opening in 1930.

The 100 insurance professionals who comprise the Travelers Chorale love to sing and their passion for music has found joyful expression in the performance of more than 175 memorable holiday and spring concerts during their history.

During their many years of singing and entertaining. The Travelers Chorale has performed at a World's Fair, the opening ceremonies of PGA Championship golf tournaments, led thousands of downtown Hartford carolers in seasonal song at Hartford's Festival of Lights, broadcast Christmas carols on live commercial radio, entertained Governor Jodi Rell and the Connecticut public at the Governor's Executive Residence, collected thousands of pounds of nonperishable food and countless toys at annual concerts in lieu of admission to benefit those less fortunate in the Greater Hartford community and received two official State of Connecticut Proclamations.

On Wednesday, December 17, 2025 we will be traveling to the Bushnell Theater to see this group's free annual Christmas Concert. In lieu of admission, please bring a bag of non-perishable food items to benefit the Greater Hartford community.

We will be leaving from the Senior Center at 6:00pm. If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

November 2025

**"Christmas by Candlelight"
Old Sturbridge Village
Sturbridge Publick House Historic Inn
Friday, November 28, 2025
Departing @ 10:30 AM \$75**

Join us on our post-Thanksgiving trip to the Sturbridge Publick House Inn and "Christmas by Candlelight" at Old Sturbridge Village on Friday, November 28th.

Upon our arrival in Sturbridge, we'll have the pleasure of dining in the historic Tap Room at the Publick House. Our three course meal, included in the trip price, will consist of soup or salad, entrée choice of Fish and Chips, Old Fashion Chicken Pot Pie, Publick House Pot Roast, Roasted Turkey Dinner, Publick House Meatloaf and Vegan Bolognese, and dessert. **All beverages are at your own expense.**

After lunch, it's off to Old Sturbridge Village for "Christmas by Candlelight," where we'll have the opportunity to experience firsthand the history of our beloved New England Christmas traditions. In addition to the decorated houses, there will be bonfires, hayrides, storytelling, theatrical presentations, caroling, music, craft demonstrations, sampling of sweet treats and much, much more. The Bullard Tavern will be serving snacks and beverages, hot, cold, spiked and non-alcoholic. "Christmas by Candlelight" is an educational, entertaining and enthralling experience that will not disappoint; **the only caveats are to dress warm and bring along a flashlight. There are no street lights in this 19th century village!**

For this trip, we'll be leaving the Senior Center at 10:30 AM and arriving in Sturbridge in time for our noon reservation at the Publick House. We will be at Old Sturbridge Village at 2:00 PM, when "Christmas by Candlelight" officially begins. Our early arrival will afford us the opportunity to tour much of the Village in daylight. The official lighting ceremony is at 4:30 PM, after which we'll have time to explore "by candlelight" until 6:00 PM. Since there are no street lights in this 18th century village, bringing a flashlight is highly recommended. We expect to be back in Prospect shortly after 7:00 PM.

**GLOW HARTFORD @ CT CONVENTION CENTER
FRIDAY, DECEMBER 5, 2025
DEPARTING @ 2:45pm \$20**

Celebrate the holiday season under the twinkle of a million lights and experience "Santa's Sleigh Adventure" at Glow Hartford! Join a festive journey to help Santa find his missing reindeer and save Christmas. Explore transportation-themed displays featuring giant trains, cars, and planes, and more. Enjoy interactive light gardens, illuminated structures, seasonal food and drinks, family-friendly activities, and live entertainment. Experience the magic and create memories at Glow Hartford!

We will be leaving from the Senior Center at 2:45pm. Our scheduled time for entry is 4:00pm. You will have 2 hours to wander inside and enjoy the lights. At 6:00pm we will board our bus for a dinner stop at Primavera Restaurant in Hartford. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible.

**The Carousel Museum Drag Bingo Nights –
Evenings of Fun and Prizes!
Hosted by Summer Orlando
Friday, December 12, 2025: Sleigh Bells and
Carousel Bingo
Departing @ 6:30pm \$25**

Bingo runs from 8 PM to 10 PM, with doors opening at 7 PM.

For just \$25, your ticket opens the door to six rounds of bingo, each helmed by the most fabulous drag performers. Each round offers unique prizes, building up to the grand finale—a 50/50 round where the winner takes home half the jackpot! Additional cards and dabbers are available for purchase.

Please note that participation in the 50/50 round requires cash, so don't forget to bring some along! But the fun doesn't stop at bingo! Enjoy high-energy drag performances between games that promise to keep the laughter rolling and the holiday spirits high. Every dab on your bingo card brings you closer to claiming one of our coveted prizes.

Gather your friends, bring your lucky charm, and get ready for a night to remember. Book your spot early for these events with limited seating available.

Tickets are selling fast—secure your place today for this glamorous gala of games. Every number called at Drag Bingo Night could be your ticket to victory!

What's included:

- Admission
- 6 Bingo Games
- Incredible entertainment
- Chance to win great prizes!

What to Bring:

- Cash for Drag performer tipping or 50/50 cash game
- Money to purchase any additional Bingo cards (\$5 for three extra game cards)
- Beverages
- Snacks

We will be leaving from the Senior Center at 6:30pm. If are interested in joining us, please sign up and PAY as soon as possible.



November 2025

NEW ITEM

YANKEE CANDLE VILLAGE WOLFIE'S RESTAURANT

MONDAY, NOVEMBER 24, 2025

DEPARTING @ 8:30AM NO CHARGE

We will be leaving from the Senior Center at 8:30am. Our first stop is at Yankee Candle Village. You will have 2 ½ hours to browse and shop. At 12:30pm we will board our bus for a lunch stop at Wolfies Restaurant. You will have approximately 1 1/2 hours to enjoy your lunch. By 2:15pm we will board our bus for our return trip back to Prospect. We should be back in Prospect by approximately 4:00pm.

If you are interested in joining us, please sign up as soon as possible.

NEW ITEM

HOMEGOODS/TJ MAXX SHOPPING LUNCH@ REIN'S DELI IN VERNON

SUNDAY, NOVEMBER 30, 2025

DEPARTING @ 9:30AM NO CHARGE

We will be leaving from the Senior Center at 9:30am. We should be at our destination by 10:30am. You will have until 1:00pm to shop between HomeGoods and TJ Maxx. At 1:00pm we will board our mini bus for lunch at Rein's Deli, which is located in the same plaza. **The cost of your lunch is your responsibility.** Once lunch is over we will head back to Prospect. We should be back by 4:00pm.

If you are interested in joining us, please sign up as soon as possible

NEW ITEM

WINE, WOMEN AND WEDNESDAYS"

@ THE GRISWOLD INN, ESSEX

WEDNESDAY, NOVEMBER 19, 2025

DEPARTING @ 4:15PM

A consummate wine and food tasting and the ultimate "Girls Night Out", "Wine, Women and Wednesday" is an opportunity to unwind on a spring evening in the ambiance of the historic Griswold Inn's new wine bar. We will have the pleasure of sampling stunningly sophisticated cuisine with some menu items served in "micro plates" to facilitate sampling or sharing. Much of the menu is eclectic and exotic; the desserts are exquisite!

On Wednesday evenings only, wine by the glass from the wine bar's extensive selection of "next level" wines are half-priced.

The departure time for this trip is 4:15pm. We should be back in Prospect at approximately 9:00pm. There is no charge for this trip but food and drink at the Inn are at your own expense.

If you are interested in joining us, please sign up as soon as possible.

NEW ITEM

THE NAIMSMITH MEMORIAL BASKETBALL HALL OF FAME

1000 Hall of Fame Avenue

Springfield, Massachusetts

Wednesday, November 19, 2025

Departing @ 9:30am \$22

The Naismith Memorial Basketball Hall of Fame is a fantastic destination for everyone from lifelong basketball fans to families with children who are just beginning to explore the world's most popular sport. The Hall of Fame is located in "The Birthplace of Basketball", beautiful Springfield, Massachusetts.

Located in Springfield, Massachusetts, the Naismith Basketball Hall of Fame is an independent non-profit 501(c)(3) organization dedicated to promoting, preserving and celebrating the game of basketball at every level. The Hall of Fame has more than 475 inductees and 40,000 sq. ft of basketball history. Nearly 200, 000 people visit the Hall of Fame Museum each year to learn about the game, experience the interactive exhibits and test their skills on the Jerry Colangelo "Court of Dreams". Best known for its annual marquee Enshrinement Ceremony honoring the game's elite, the Hall of Fame also operates over 150 high school and collegiate competitions annually throughout the country and abroad.

We will be leaving from the Senior Center at 9:30am. Our first stop is the Basketball Hall of Fame Museum. You will have 3 hours to browse the museum. At 1:30pm we will meet at Max's Tavern for lunch. Max's Tavern is located in the Basketball Hall of Fame Museum. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible.

NEW ITEM

MEDICARE 101 WITH TODD KEAN

MONDAY, NOVEMBER 17, 2025

1:00PM NO CHARGE

Todd Kean, an insurance broker in CT., selling Life and Health Insurance will be at the Senior Center on Monday, November 17, 2025 at 1:00pm. He will be doing a presentation on Medicare 101 on what the differences are in Medicare and Medicare Advantage Plans. He will also explain what Prescription Drug Plans are and Medicare Supplements. This is strictly an informative event to give people a better understanding of what their choices are when it comes to choosing what Medicare plan is best for them.

If you are interested in joining us, please sign up as soon as possible.

November 2025

NEW ITEM

**“Pronounced Ah-Beetz” Exhibit
at New Haven Museum
Saturday, December 13, 2025**

Departing @ 11:15am No charge

New Haven, Conn. (September 15, 2025) – From Frank Pepe’s original hat to celebrity-signed pizza boxes (including Gwyneth Paltrow and Yogi Berra!), if you love the crust, the crunch and the char of New Haven apizza, or simply have strong views on what comprises a good pie, you’ll find something to feed your personal pizza passion in the new exhibit “Pronounced Ah-Beetz,” which will open at the New Haven Museum (NHM) at 5:30 p.m. on Thursday, October 9, 2025. Slices from Pepe’s, Sally’s, and Modern will be included. Free admission. Register here.

“Pronounced Ah-Beetz” will examine the fun, the flavor and the history of pizza, including its origin as an affordable means of feeding workers in the fields of Italy, and how it became the food of the poor in the U.S. The Italian migration to New Haven gave way to Frank Pepe’s Pizzeria Napoletana, which gave birth to Sally’s Apizza, while a mile away Tony’s Apizza became Modern. How these three establishments became among the most iconically loved pizza restaurants in the country will be a major focus.

While the exhibit will highlight the “Big 3” original apizza spots in New Haven, it will also extend through the family tree of New Haven pizzerias to present a picture of family, food and community that includes a host of other local pizzerias, including: Ernie’s, Zuppari’s, BAR, Zeneli’s, Olde World, and the Big Green Pizza Truck, among others.

We will be leaving from the Senior Center at 11:15am. We will be at the museum for 12:00pm, when they open. You will have 2 hours to browse the museum. At 2:00pm we will board our bus for a lunch stop at Ernie’s Pizza. After Ernie’s Pizza we will head to Katz’s Deli for a dessert stop. They have the most amazing desserts. We should be back in Prospect by about 6:00pm.

If you are interested in joining us, please sign up as soon as possible.

NEW ITEM

**VETERANS COFFEE HOUSE
WITH EDWARD PORTO
3RD TUESDAY EACH MONTH
STARTING ON TUESDAY, NOVEMBER 18, 2025
APPTS STARTING @ 10:00AM**

Ed wants to establish this outreach station that would create opportunity for veterans to come in and discuss their individual claims or concerns and even assist them with filing claims or other assistance that they’re seeking.

Ed will be here every 3rd Tuesday starting at 10:00am. He will be able to meet with each individual one on one. Any questions you may have, please bring them with you.

If you are interested in meeting with Ed, please sign up and specify which time slot you would like.

NEW ITEM

**LADIES NIGHT @ MIRABELLE’S RESTAURANT
WEDNESDAY, NOVEMBER 26, 2025
STARTING AT 5:00PM**

\$24(pay at restaurant) Drive on your own

**Served with salad, choice of Entrée & Dessert
and served with a glass of House Wine Red or
White - No Substitutions**

**Veal Bolognese
Side of penne**

**Chicken Margarita
Grilled chicken tossed with broccoli,
roasted red peppers, garlic, fresh
mozzarella & tortellini in a scampi sauce**

**Eggplant Parmesan
Side of penne**

**Baked Scrod
With lemon, butter, white wine, garlic &
ritz cracker.
Side of penne**

**Dessert
Black Raspberry Sherbet or Key Lime
Pie**

NEW ITEM

**MEDICARE 101 WITH CHRIS PISANI
TUESDAY, NOVEMBER 18, 2025
12:00PM NO CHARGE**

Medicare 101 – Medicare Made Uncomplicated
Join Chris Pisani of Fore Senior Benefits for a free, educational Medicare 101 session at the Prospect Senior Center.

Navigating Medicare can be confusing — but it doesn’t have to be! This friendly, easy-to-follow session will break down everything you need to know, including:

- How and when to sign up for Medicare Parts A & B
- The difference between Medicare Advantage, Supplement, and Part D plans
- How to avoid costly penalties and enrollment mistakes
- Tips to maximize your benefits and find the coverage that fits your lifestyle and budget

This event is purely educational — no sales, no pressure, just clear information to help you feel confident in your Medicare decisions.

If you are interested in attending this meeting, please sign up as soon as possible.

November 2025

NEW ITEM

**MINI FACIAL WITH MARIA SCOTT
WEDNESDAY, NOVEMBER 26, 2025
APPT STARTING @ 9:30AM
\$25/20 MINUTES**

Maria will be doing mini facials on Wednesday, November 26, 2025. She will be cleansing, steaming and massaging your face, doing a face mask, massaging your neck, shoulders, arms and hands. This mini facial will take about 20 minutes.

If you are interested in relaxing for 20 minutes, please make an appointment.

If you have any allergies, please let Maria know.

NEW ITEM

**"Lantern Light Village"
Mystic Seaport Museum
Thursday, December 18, 2025
Departing @ 1:30 PM \$35**

On the evening of Thursday, December 18th, members of the Prospect Senior Center will have the opportunity to step into the past and experience the magic of the holidays when we attend "Lantern Light Village" at the Mystic Seaport Museum. As twilight falls, The Seaport Museum will be aglow with the warm flicker of lanterns and the sparkle of music-filled light displays. We'll be able to stroll through the waterfront village, which will be transformed into a festive winter wonderland, alive with the sights, sounds, aromas and flavors of a bygone holiday.

On our self-guided tour of the village, we'll encounter horse drawn carriage rides, crackling fires, strolling carolers and even Saint Nick himself. As this year's "Lantern Light Village" is inspired by Charles Dickens' "A Christmas Carol," we'll also be encountering the residents of Greenmanville and the Ghosts of Christmas Past Present and Future as they endeavor to soften old Scrooge's heart and bring the joy of the season to all of Mystic. Additionally, we'll be able to enter the houses and businesses of the village, climb aboard the historic whaleship Charles W. Morgan and even enjoy a beverage at the Schaefer's Spouter Tavern.

Prior to entering the Seaport Museum at 5:00 PM, we'll be stopping at Chef Adam Young's "Mix" Rooftop Bar and Restaurant. The glass-sided restaurant overlooks the Mystic River and is fully heated, with fire pits at some of the tables. At the time of our visit, the eatery will be serving Happy Hour fare, with discounted food and drink, as well as the regular menu. Downstairs, "Sift" Bakery will be offering baked goods as well as sandwiches. Across the way, A.T.Y. Confections will be open for those of us with a sweet tooth.

For this trip, we will be departing the Senior Center at 1:30 PM and arriving in Mystic in time for Happy Hour at "Mix." At 5:00 pm, we will board the bus and head to the Seaport for our 5:15 PM entry into the Museum. We will have until 8:30 PM to experience and enjoy all that "Lantern Light Village" has to offer. Our expected time of arrival back in Prospect is 9:30 PM. The \$35 charge for this trip covers only admission to the Seaport Museum; **all food and drink is at your own expense.**

NEW ITEM

**"Trees of Hope"
Maritime Center, New Haven
Thursday, December 11, 2025**

Departing @ 10:15 AM No Charge

Since 1990, "Trees of Hope" has been a holiday tradition in the Greater New Haven area. The event features over 150 beautiful holiday displays which are donated by individuals, local businesses and community organizations. Attendees can purchase raffle tickets for \$1 each and distribute their tickets for a chance to win the display(s) of their choice. All proceeds benefit the Ronald McDonald House of Connecticut and the children and families it serves.

For this trip, we will be departing the Senior Center at 10:15 AM. We will have approximately two hours to enjoy the festival. At 12:45 PM, we will board the bus and head to West Haven for a delicious, traditional Italian dinner at Biaggetti's, an old school Italian restaurant with exceptional service and generous portions at reasonable prices that is sure to please everyone. We expect to be back in Prospect by 4:00 PM.

NEW ITEM

**"Holidays on Main"
Historic Wethersfield
Thursday, December 4, 2025**

Departing @ 2:15 PM No Charge

On Thursday, December 4th, the Wethersfield Chamber of Commerce will be hosting its annual "Holidays on Main" celebration. This extremely popular event is expected to draw 5,000 participants.

"Holidays on Main" takes place along Wethersfield's historic Main Street, with many historical buildings and local businesses participating in the festivities. The event begins at 5:00 PM with the official Tree Lighting Ceremony scheduled for 6:15 PM. Festival attractions include craft and food vendors, a wine tasting and beer tent, a pop-up farmers' market, a silent auction at Webb barn, tours of the Hurbert-Dunham house, visits with Santa at the firehouse, horse-drawn wagon rides, a fire juggler and ice sculptures. Additionally, the restaurants and shops along Main Street will be open for business and the Main Street Creamery will be serving favorite holiday ice cream flavors.

Prior to attending "Holidays on Main," we'll be enjoying Happy Hour fare at "River" in Wethersfield for Happy Hour fare. "River" is a waterfront restaurant and bar with spectacular views of the Connecticut River. It has been the recipient of numerous awards including the Best of Hartford's Best Outdoor Dining Award. During Happy Hour, the eatery serves specially priced food items and discounted beverages. Members of the Prospect Senior Center have dined at "River" on several past occasions and have always had an enjoyable experience.

For this trip, we'll be departing the Senior Center at 2:15 PM and arriving in Wethersfield in time for to enjoy Happy Hour at "River" from 3:00 to 4:30 PM. "Holidays on Main" takes place from 5:00 to 9:00 PM. We will be back in Prospect no later than 10:00 PM.

November 2025

NEW ITEM

57th GINGERBREAD VILLAGE & CHRISTMAS BAZAAR

@ ST. GEORGES CHURCH IN MIDDLEBURY
SATURDAY, DECEMBER 6, 2025

DEPARTING @ 10:00AM NO CHARGE

Walk through the village – crafts – baked goods- jezebel – Christmas items – decorate your own cookie kits – basket raffle – gingerbread houses for sale- handcrafted holiday items- Swedish breads – and more.

We will be leaving from the Senior Center at 10:00am. We should be there by 10:30pm.. You will have until 12:00pm to browse the Village. At 12:00pm we will board our bus for a lunch stop at Spartan's Restaurant in Waterbury. After lunch we will head back to Prospect. We should be back in Prospect by about 2:30pm.

If you are interested in joining us, please sign up as soon as possible.

NEW ITEM

"Stamford Downtown Parade Spectacular"

Sunday, November 23, 2025

Departing @ 10:00 AM No Charge

Everybody loves a parade! There is much to love about the City of Stamford's annual Downtown Parade Spectacular. As the City's official kick off to the holiday season, the Stamford parade, with its giant helium balloons, marching bands, music and dance, rivals New York City's Macy's Thanksgiving Parade in size and grandeur and draws approximately 100,000 spectators each year. This year, Colin Cosell, public address announcer for the New York Mets and grandson of the legendary sportscaster Howard Cosell, will be returning as the Master of Ceremonies. The fifteen giant helium balloons will feature the iconic characters Clifford the Big Red Dog, Rudolph the Red Nosed Reindeer, Bumble the Abominable Snowman and others. The John F. Kennedy Marching Eagles Band from Waterbury and the NYPD Emerald Society Pipe and Drum Band will be among the many marching bands participating in the parade. Additionally, there will be floats and dance and musical performances.

At the conclusion of the parade, we will be enjoying a Sunday dinner at Pellicci's, an old school, authentic Italian ristorante that's been dishing out red-sauced classics and family style meals since 1947. The restaurant's extensive menu features everything from appetizers to sandwiches and pizza to the Pellicci Original Family Style Dinner, which consists of Garden Salad, Cherry Pepper Salad, Signature Baked Chicken and Potatoes, Sausage and Peppers and Penne & Ricotta.

For this holiday excursion, we'll be departing the Senior Center early at 10:00 AM, in anticipation of large crowds and parking issues. You may want to bring along a lightweight, portable chair if standing along the parade route is an issue for you. Although the trip is free of large, dinner at Pellicci's is at your own expense. As we will be departing Stamford immediately after dinner, we expect to be back in Prospect by 5:30 PM.

NEW ITEM

"Magic of Lights"

Pratt & Whitney Stadium

Wednesday, November 26, 2025

Departing @ 3:30 PM

\$6

"Magic of Lights" at Pratt & Whitney Stadium in East Hartford is a dazzling, drive-through holiday lights experience featuring favorite holiday scenes and characters of the season using the latest LED technology and digital animations. On our visit, we'll be able to experience the "Magic of Lights" in the comfort and safety of our minibus as we wind our way through more than a mile of sparkling pathways. This year's bigger and brighter than ever displays will include, to name just a few, a larger than life sparkling Holiday Barbie, a supersized Bigfoot Monster Truck and life-sized dinosaurs.

Prior to viewing the lights, we'll be stopping at the Manor Inn in the Milldale section of Plantsville for dinner. A family-owned restaurant since 1976, the Manor Inn has an extensive menu that includes daily and monthly specials, seafood and chicken entrees, Italian specialties and prime rib.

For this trip, we'll be departing the Senior Center at 3:30 PM, enjoying dinner from 4:00 to 6:00 PM and viewing the lights at 7:00 PM. The \$6 charge for the trip covers only admission to "The Magic of Lights;" **dinner at the Manor Inn is at your own expense.**

NEW ITEM

INSPIRED VIBRATIONS BY JC CRYSTAL SOUND BATH & GUIDED MEDITATION

FRIDAY, DECEMBER 5, 2025

10:00AM

\$5

Each 60-minute session blends breathwork, yoga nidra, guided meditation, and the soothing resonance of crystal and Himalayan singing bowls, drums, chimes, and other vibrational instruments. We explore transformative themes each week – from inner peace and renewal to nature's serenity and healing light – offering a journey that quiets the mind and nourishes the soul.

Studies show that vibrational therapy can reset the nervous system and promote a lasting sense of tranquility – for up to 72 hours after each session. What we create together is more than just relaxation; it's a shift into blissful presence.

Jeanine Chayka will be at the Senior Center on Friday, December 5, 2025 to introduce her Sound Meditation program. If there is an interest in her class, we can have her come back for additional classes.

If you are interested in participating in her class, please sign up and PAY as soon as possible.

November 2025

NEW ITEM

SPIRIT OF CHRISTMAS @ MICHAEL MCGIVNEY PILGRIMAGE CENTER IN NEW HAVEN

WEDNESDAY, NOVEMBER 26, 2025

DEPARTING @ 9:45AM NO CHARGE

For centuries people around the world have celebrated the birth of Jesus Christ and numerous traditions have been incorporated into the Christmas season. Advent calendars, Christmas trees and the display of the crèche, the three-dimensional representation of the Nativity scene, and just a few of these traditions. These traditions also incorporate other important Christian figures and events in Christ's life, such as St. Nicholas Day and the Feast of the Epiphany.

This Christmas, the Blessed Michael McGivney Pilgrimage Center presents the exhibit, The Spirit of Christmas, which features creches and other artwork from around the globe celebrating the birth of Jesus Christ and traditions and feast days during the season.

Enjoy the Christmas season at the Blessed Michael McGivney Pilgrimage Center through this exhibit.

We will be leaving from the Senior Center at 9:45am. Our tour is scheduled for 10:30am. The tour will be last one hour. You will have an extra 30 minutes to browse the gift shop. At 12:00pm we will board our bus for a lunch stop at Carmine's di Vega Restaurant in Woodbridge. **The cost of your meal is your responsibility.** We should be back in Prospect by about 3:00pm.

If you are interested in joining us, please sign up as soon as possible.

NEW ITEM

"Holiday Lights Spectacular" Olde Mistick Village

Monday, December 15, 2025

Departing @ 2:00 PM No Charge

As many of you already know, Olde Mistick Village is a popular shopping destination, replete with a town green, a duck pond and a gazebo, in Mystic. The village is home to thirty-seven eclectic and unique shops and nine eateries, the newest of which is Trattoria Amalfi, a coastal Italian restaurant. Winter, spring, summer or fall, Olde Mistick Village offers an unparalleled shopping experience, with handcrafted gifts, high fashion jewelry and accessories, international treasures, specialty foods and more. It is the perfect place to find thoughtful, unique Christmas gifts!

In the month of December, the quaint village is seasonably decorated with over half a million lights; it is southern New England's largest holiday lights display. On the evening of Monday, December 15th, members of the Prospect Senior Center will have the opportunity to browse the myriad of intriguing shops at Olde Mistick Village and to view the awe-inspiring Holiday Lights Spectacular.

Our holiday excursion to Olde Mistick Village begins with a 2:00 PM departure from the Senior Center. At approximately 3:30 PM, we'll arrive at our destination and have until 6:00 PM to shop the thirty-seven shops in the village, including the not-to-be-missed Bestemor Swedish Imports, Irish Eyes, Franklin's General Store, Boardwalk, Manufaktura Polish Imports and Sofia's Mystical Christmas. At 6:00 PM, we'll have the pleasure of dining at our reserved table at Trattoria Amalfi, an Italian eatery inspired by the flavors of coastal Italy and operated by the owners of downtown Mystic's much acclaimed Via Emilia. Immediately after dinner, with full bags and bellies just like Santa, we'll board the bus for the return trip to Prospect, arriving at approximately 9:00 PM.

NEW ITEM

Paradise City Arts Festival Royal Plaza Trade Center Marlborough, Massachusetts Longfellow's Wayside Inn Sudbury, Massachusetts Friday, November 21, 2025

Departing @ 9:00 AM \$18

Spend a day in Paradise! On Friday November 23rd, members of the Prospect Senior Center will have the opportunity to "Spend a day in Paradise" when we travel to the Paradise City Arts Festival at the Royal Plaza Trade Center in Marlborough, Massachusetts. Every fall, the Marlborough show draws thousands of attendees, seeking to browse and buy contemporary crafts and fine arts from 175 visionary artists, artisans and makers from across the country. Far more than an abundance of awe-inspiring artistry, the Paradise City Arts Festival is a nirvana for shopaholics and an introduction to the magnificence of fine artistry and its unique ability to lift us out of the banality of everyday life and transport us to a place of contentment. In addition to the art and crafts exhibits, this upscale exhibition features live music, a silent auction and two cafes serving pastry, soups, sandwiches, coffee, tea and wine. We will have until 12:30 PM at the festival to browse, shop and enjoy.

After our time at the Paradise City Arts Festival, we'll travel back in time to the year 1716, when the historic Longfellow's Wayside Inn had its humble beginnings as a simple family home hosting weary travelers along the Old Boston Post Road. Today, the historic inn, where we'll have the pleasure of dining in colonial ambiance, continues the timeless tradition of American hospitality. Delicious, traditional American cuisine is served within the Inn's charming historic rooms; you may, if you so choose, enjoy a colonial cocktail in the historic tap room.

For this trip, we'll be departing the Senior Center at 9:00 AM. Arriving at the Paradise City Arts Festival at approximately 10:30 AM, we'll have until 12:30 PM to enjoy the show. Our reservation at the historic Longfellow's Wayside Inn, where we'll enjoy a fireside meal in our private dining room, is for 1:00 PM. After lunch, we'll have a brief time to explore the Inn's historic rooms, displays cases and gift shop. We should be back in Prospect by 4:30 PM.

November 2025

NEW ITEM

FIREPLACE FEAST @ SALEM CROSS INN & BROOKFIELD ORCHARDS STORE SUNDAY, APRIL 12, 2026

DEPARTING @ 9:00AM \$89

The Salem Cross Inn is a restored 18th century farmhouse nestled on 600 acres of New England country side. Though it is rich in history, the house, turned restaurant and tavern, offers seasonal menus with traditional American fare alongside what today's dining public is looking for.

The Salem family is proud to say that everything is prepared fresh each day while incorporating heirloom vegetables and herbs grown in their gardens.

Whether you are a foodie, or someone who appreciates delicious food straight from the garden, a Fireplace Feast at Salem Cross Inn is a dining event!

Join us for this dining event as the Innkeepers at the Salem Cross Inn prepare a Fireplace Feast for us on the open hearth of a great fieldstone fireplace.

Relax by the fire or lend a hand as dinner is prepared for you in colonial style. Stir the chowder as it bubbles in their cast iron cauldron. See your prime rib, roasted 'to a turn', as the only known authentic Roasting Jack still operating in America rotates slowly over a crackling fire of wild cherry logs. Beware the brimming bowl of freshly whipped cream – the perfect complement to New England's best apple pie.

While your dinner is cooking to perfection, enjoy a horse drawn wagon ride through the valley on the Inn's pristine 600 acres. Shake off the chill with warm mulled wine or cider upon return. Browse their extensive collection of colonial and federal period American antiques.

The Fireplace Feast provides an authentic colonial experience at Salem Cross Inn. It captures the history and culture of 1700's America. Salem Cross Inn's dining events, excellent cuisine, and atmosphere have been featured on Food Network's "The Best Of", WCVB TV5 Boston's "Chronicle" and chosen as the "Hidden Jewel" by Boston's Phantom Gourmet and WGBY.

Your Early American Fare Includes:

SAVORIES Salem Cross Inn's famous cheese spread and a glass of mulled wine or cider to help take the chill off after horse drawn wagon ride (weather permitting).

CHOWDER OF THE SEA Help prepare our traditional New England chowder in a cast iron cauldron over a crackling fire.

1700 FIREPLACE PRIME RIB Cooked to perfection using our c.1700 Roasting Jack.

FRESH FROM THE OVEN Homemade rolls and muffins.

FROM THE KEEPING CELLAR Herbed roasted potatoes and fresh butternut squash.

NEW ENGLAND'S BEST APPLE PIE With a dollop of fresh whipped cream.

Fireplace Feast Activities Include:

- Delicious Early American Fare for your consumption...you can even enjoy seconds!
- Pie making, mulling and chowder demonstrations
- Horse drawn wagon ride, weather permitting
- Casual dress is a must for this event!

We will be leaving from the Senior Center at 9:00am. Our first stop at about 10:30am will be for visit at Brookfield Orchards. The Orchards are not too far from the Inn.

Their retail store offers some interesting and tasty items. We will give you till 12:00pm to browse and shop there.

We will arrive at the Inn at about 12:30pm. At this time you can relax and unwind with savories, cool refreshing drinks, a horse drawn wagon ride and watch as your fireplace feast is prepared.

Your meal will be served at 1:30pm. At this time one big long table, reminiscent of old time family style dinners, will be set up in the barn. There, you will enjoy your delicious Fireplace Feast that has been inspired by the farm and the gardens that are just steps from the kitchen.

The cost of this trip is \$89. We will be using our Senior Bus for transportation.

If you are interested in participating, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited in the amount of people we can bring with us. We should be back from this trip at approximately 5:00pm.

NEW ITEM

Christmas Market Champagne Preview Party Trinity on the Green Church Thursday, November 20, 2025

Departing at 5:15 PM \$30

The Trinity on the Green Church's Champagne Preview Party is an opportunity to mingle, nibble, sip the bubbly, shop early and skip the lines at one of New Haven's best regarded holiday bazaars. The Christmas Market showcases handmade crafts, plants, bulbs, cookies, jams and preserves, soups to go, tag sale items, boutique gifts, jewelry and much more. A labor of love by the parish, this year's holiday market proceeds will support the restoration of the Church's much beloved and lauded 1928 Aeolian-Skinner pipe organ, which is in need of some expert attention after nearly a century of service to the parish.

Each year, Trinity's Holiday Market draws crowds of shoppers all weekend long. The Champagne Preview Party is an opportunity to shop the bazaar in a relaxed, convivial atmosphere, to secure the best selection of the merchandise within and to socialize and sip champagne while supporting a good cause.

For this trip, we'll be leaving the Senior Center at 5:15 PM. The Preview Party begins at 6:00 PM and ends at 8:00 PM, at which time we'll board the bus for our return trip to Prospect.

November 2025

NEW ITEM

“Winterfest and the Tunnel of Lights”
Connecticut Trolley Museum
Friday, December 12, 2025
Departing @ 3:00 PM \$18.50

Ho! Ho! Ho! All Aboard!

The Connecticut Trolley Museum in East Windsor is a mecca for rail fans and a delight for all. The museum is home to over 70 pieces of vintage rail equipment dating back to 1869. The historic passenger and freight trolley cars, service cars and locomotives hail from Brooklyn, Boston, New Orleans, Milwaukee, Lynchburg, Cleveland, Springfield, Montreal and even Rio De Janeiro, Brazil.

During the Christmas season, the Museum is illuminated with over 10,000 holiday lights. The Visitors' Center is transformed into a Winter Wonderland, featuring elaborate model train layouts, twinkling lights and captivating holiday decorations. Outside, we will be able to hop aboard one of the Museum's cozy, enclosed trolley cars for a ride through the dazzling “Tunnel of Lights.”

Prior to enjoying the festivities at the Connecticut Trolley Museum, we'll be dining at the Belvedere of East Windsor, a unique eatery that dishes up a fusion of Polish cuisine and barbecue fare. The current owner, Pierogie Queen, began making pierogie inside the now defunct Polish Home of Hartford in 1981. In 2023, Pierogie Queen acquired the Belvedere of East Windsor, transforming the venerable Polish deli and adding a new menu which now features brisket, pulled pork, burnt ends, barbecued chicken, pierogie, kielbasa, kapusta and golumki with side offerings of cornbread, macaroni and cheese, baked beans, chili, coleslaw and potato salad. OMG!

For this unique and exciting adventure, we'll be departing the Senior Center at 3:00 PM and feasting at the Belvedere from 4:00 to 5:30 PM. At 6:00 PM, the fun begins at the Connecticut Trolley Museum. The \$18.50 charge for the trip covers only admission to the museum and the trolley ride. **All food at the Belvedere is at your own expense.**

NEW ITEM

VICTORIA REDZEP
OF COMPARION INSURANCE AGENCY
TUESDAY, NOVEMBER 25, 2025
10:30AM NO CHARGE

With over 14+ carriers she will be explaining, looking at your coverage and doing the shopping for you so you don't have to. It's a relaxed, no pressure way to make sure your coverage still fits your needs and that you're not overpaying. She will help you take a closer look at your current policy, explain what everything means, and make sure you're getting the protection and value you deserve.

She also helps families with life insurance, protecting loved ones and providing peace of mind for the future. Bring your policy by and she will be happy to answer any questions and help you feel confident about your coverage.

She will be able to help with Home, Auto and Life insurances.

If you are interested in attending this meeting, please sign up as soon as possible.

NEW ITEM

“Wonderland of Lights”
Dutchess County Fairgrounds
The Beekman Arms Tavern
Rhinebeck, New York
Sunday, December 28, 2025
Departing @ 2:00 PM \$6

The “Wonderland of Lights” is an unforgettable journey through a mesmerizing display of twinkling lights and magical attractions. It features hundreds of dazzling displays, which we will have the opportunity to view from the comfort and safety of our minibus.

Prior to our visit to the “Wonderland of Lights,” we'll have the pleasure of dining at the historic Tavern at Beekman Arms, a colonial tavern which has been in operation since 1766 and where George Washington, Aaron Burr, Alexander Hamilton, Benedict Arnold and Theodore Roosevelt once slept. Most recently, the tavern gained notoriety as a hangout for The Real Housewives of New York City. The restaurant serves classic American fare in a charming colonial dining room with beamed ceilings and open hearth fireplaces. Members of the Prospect Senior have dined here before and have enjoyed both the delicious food and the colonial ambience.

For this trip, we'll be departing the Senior Center at 2:00 PM and will be arriving in Rhinebeck in time for our 4:00 PM reservation at The Tavern at Beekman Arms. Immediately after dinner, we'll travel to the Dutchess Country Fairgrounds for our ride through the amazing “Wonderland of Lights.” The fee for this trip includes only admission to the “Wonderland of Lights.” **Dinner at the tavern is at your own expense**

NEW ITEM

TARA'S CRAFT CLASS
TUESDAY, NOVEMBER 25, 2025
1:00PM \$3

Tara will be having a cookie decorating class on Tuesday, November 25th at 1:00pm.

She will be showing you how to dip cookies & pretzel sticks in chocolate, for fall decorating.

If you are interested in joining her class, please sign up and PAY as soon as possible.

NEW ITEM

DINNER OF THE MONTH
@ HOLY TRINITY GREEK ORTHODOX CHURCH
IN WATERBURY
MONDAY, JANUARY 19, 2026
DEPARTING @ 6:15PM \$45

Gather around the table with friends & family to enjoy a family-style meal. Beer & wine included.

January's featured item will be Prime Rib. Included in the price are hors d'oeuvres, beer & wine and family style meal.

All proceeds help to support the AHEPA Scholarship Program.

If you are interested in joining us, please sign up and PAY as soon as possible.

We will be leaving from the Senior Center at 6:15pm. We should be back in Prospect by about 10:00pm

November 2025

NEW ITEM

**BRIGHT NIGHTS
CHRISTMAS HOLIDAY DISPLAY
FOREST PARK, SPRINGFIELD, MA
TUESDAY, DECEMBER 16, 2025**

DEPARTING @ 1:45pm \$3.00

Bright Nights Christmas Holiday Display is located at Forest Park in Springfield, Massachusetts. This display has become a family holiday destination. With nearly three miles of lighting displays, it is the Northeast's premiere holiday lighting experience : fun to see, affordable, and family friendly.

Bright Nights is a unique collaboration between the City of Springfield's Department of Parks, Buildings & Recreation Management and the Spirit of Springfield, a private non-profit organization.

Seven times, the display has been named as one of the Top 100 Attractions in North America by the American Bus Association. It has been listed on People.com as "One of the Top Ten Holiday Happenings in America", and has been featured in the New York Times, and magazines that include Motorhome, Colonial Homes, Yankee and U.S. Airways, as well as Yahoo.com.

We will be leaving from the Senior Center at 1:45pm. Our first stop for lunch is at Viron Rondo Osteria in Cheshire. **The cost of your meal is your responsibility.** After lunch we will head on to Springfield, Mass. to enjoy Bright Nights Christmas Holiday Display. We should arrive in Springfield at about 5:30-6:00pm. Once there we will enjoy our tour of the Holiday Display from the comfort of our minibus. We do not get off the bus to view any of the displays. After the tour, we will head back to Prospect.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your spot without payment. We are limited in the amount of people we can bring with us.

NEW ITEM

**"Twilight at the Osborne Homestead"
Friday, December 19, 2025**

Departing @ 3:30 PM \$38

For three weeks each winter, the State of Connecticut's Osborne Homestead Museum is transformed into a holiday showcase! Talented and dedicated volunteers beautifully decorate the rooms in the historic homestead with creative decorations and imaginative themes. This year's theme is "A Derby Holiday."

Many local clubs and decorators are contributing to this year's festivities. They include the Derby Garden Society, the Garden Club of Orange, Long Hill Garden Club, the Naugatuck Garden Club, Olde Ripton Garden Club of Shelton, the Garden Club of Woodbridge, the Valley Arts Council, Women Redefining Retirement from Milford and Ye Olde Kellogg Garden Club.

This year, our Senior Center members will be enjoying a self-guided tour of the Osborne Homestead, which is sure to be aglow with lights and seasonal greenery. After our tour, we'll be traveling to the Valley Diner in Derby for a "Derby Holiday" dinner experience in our own private dining room. The evening's festive menu will feature an entree choice of Roast Sirloin of Beef Au Jus, Roast Turkey with Gravy and Cranberry Sauce or Baked Carved Ham with Gravy. All meals include House Salad or Soup du Jour, Potato and Vegetable, House Made Bread and Butter, Fountain drink Coffee or Tea and a choice Warm Gingerbread with Ice Cream & Whipped Cream or Pie.

For this trip, we'll be leaving the Senior Center at 3:30 PM. We will be touring the Osborne Homestead from 4:00 to 5:30 PM. Our dinner reservation at the Valley Diner is for 6:00 PM. At the completion of our meal, we will board the bus bound for Prospect; we expect to be back by 8:30 PM.

NEW ITEM

**SUNDAY SAUCE
AT RALPH & RICH'S RESTAURANT
IN BRIDGEPORT, CT
GLOW WILD LANTERN FESTIVAL
@ BEARDSLEY ZOO, BRIDGEPORT, CT.
SUNDAY, DECEMBER 14, 2025
DEPARTING @ 2:00PM**

\$42 FOR DINNER (incl. tax & tip)

Sunday is a special opportunity for family and friends to gather for "Sunday Sauce", traditional Italian fare served family style from antipasto to pasta, with meat, chicken, pork and dessert, priced at \$42 per person.

We will be leaving from the Senior Center at 2:00pm. Our reservations at Ralph & Rich's are for 3:00pm. Once dinner is over we will board our bus for the Beardsley Zoo. Our reservations for Glow Wild Lantern Festival are for 5:30pm.

GLOW WILD returns to Connecticut's Beardsley Zoo! Journey through a wonderland of illuminated larger-than-life lanterns inspired by our wild world. Back by popular demand, this illuminating festival of lights is coming back for its second year! The festival will showcase 53 large-scale illuminated displays, featuring hundreds of beautiful individual and interactive lanterns.

Spanning the width and breadth of Connecticut's Beardsley Zoo's 30 acres, guests are invited to walk through glowing corridors. Displays of flora and fauna will light up the night sky, dazzling guests of all ages! The Glow Wild Lantern Festival is designed for everyone to enjoy.

~Courses~

Antipasto

assorted italian meats and cheeses

Pasta

mezza rigatoni pasta with sunday sauce,
house-made beef braciola, meatballs, and sausage

Entrée

roast porchetta, chicken milanese, roasted
zucchini and mesclun field greens salad

Dessert

assorted cookies and pastries

November 2025

NEW ITEM

"Gillette Castle Holiday Tour" Saturday, December 20, 2025

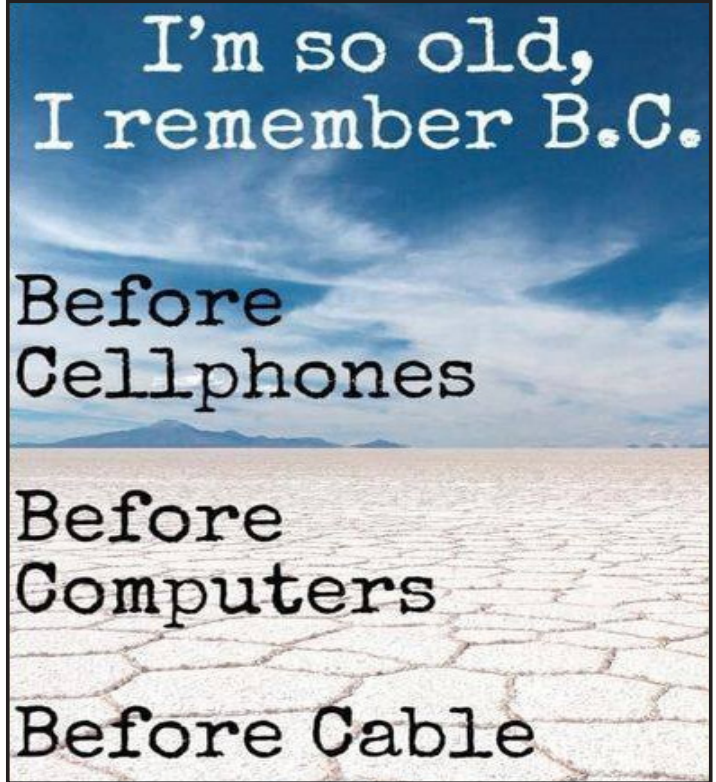
Departing @ 9:30 AM \$6

Atop the most southerly hill in a chain known as the Seven Sisters, noted actor, director and playwright William Gillette built his 184 acre estate, the focal point of which was his 24 room mansion. Purchased by the State of Connecticut in 1943 from the executors of Mr. Gillette's will, Gillette Castle and the adjoining property with its fine woodlands, trails and scenic vistas are now a State Park and can be enjoyed by everyone now and for generations to come. This would have pleased Mr. Gillette, since, in his will, he gave specific instructions that the property should never fall into the hands of "some blithering saphead..."

Gillette designed the castle and most of its contents himself, overseeing every aspect of its construction. Built of local fieldstone supported by a steel frame, it took twenty men five years to complete its construction. Much of the castle's interior reflect Gillette's creative genius; No two of the 47 doors inside are exactly the same; Gillette designed the carved wood light switches, the built-in couches and his own three mile-long narrow gauge railroad on the grounds.

Thanks to the dedicated "Friends of Gillette Castle State Park" William Gillette's former home will be festively decorated this holiday season and open to visitors who are looking to tour the Castle in all of its holiday splendor. Our tour of the festively decorated castle is scheduled for 11:15 AM on the morning of Saturday, December 20th. We will have until 12:30 PM to explore the castle grounds and the gift shop. After our time at the castle, we will head to nearby Chester for lunch on your own at one the many eateries on the village's Main Street. Simon's Marketplace has self-serve sandwiches and salads. The Village Bistro serves upscale cuisine and has a full bar. The Pat-taconk 1850 Bar and Grill and The River Tavern both serve a complete menu in a pub-like atmosphere. Grano Arso serves upscale Italian cuisine while Otto serves pizza, sandwiches and pasta dishes. We will have until 2:45 PM to enjoy lunch in Chester.

For this trip, we be departing the Senior Center at 9:30 AM and should be back in Prospect as the sun sets, with an expected time of arrival at 3:45 PM. The fee for this trip includes only admission to the Gillette Castle Museum; **all food and drink is at your own expense.**



OLD IS WHEN:

SWEETIE SAYS LET'S GO UPSTAIRS AND MAKE LOVE AND YOU ANSWER HONEY I CAN'T DO BOTH.

WHEN FRIENDS COMPLIMENT ON YOUR ALLIGATOR SHOES AND YOU ARE BAREFOOT.

A SEXY BABE CATCHES YOUR FANCY AND YOUR PACEMAKER OPENS THE GARAGE DOOR.

GOING BRALESS PULLS ALL OF THE WRINKLES OUT OF YOUR FACE.

YOU ARE CAUTIONED TO SLOW DOWN BY THE DOCTOR INSTEAD OF THE POLICE.

GETTING A LITTLE ACTION MEANS YOU DON'T TAKE ANY FIBER TODAY.

GETTING LUCKY MEANS FINDING YOUR CAR IN THE PARKING LOT.

ALL NIGHTER MEANS NOT GETTING UP TO GO TO THE BATHROOM UNTIL 9:00AM.

November 2025

THEATER

**REMEMBER:
SIGN UP AND PAY ASAP
NO SEATS HELD W/O PAYMENT**

REFUND POLICY

Effective January 1, 2024 the Prospect Senior Center will have a **NO REFUND** policy for all theater tickets that have been purchased. The venue(s) will not give us any refunds or exchanges once the tickets are purchased. Please carefully consider before making your arrange-



PALACE
T H E A T E R

**TINA: TINA TURNER MUSICAL
SUNDAY, NOVEMBER 2, 2025**

DEPARTING @ 12:00PM \$53.50

An uplifting comeback story like no other, TINA — THE TINA TURNER MUSICAL is the inspiring journey of a woman who broke barriers and became the Queen of Rock n' Roll.

Set to the pulse-pounding soundtrack of her most beloved hits, this electrifying sensation will send you soaring to the rafters.

One of the world's best-selling artists of all time, Tina Turner won 12 Grammy Awards and her live shows were seen by millions, with more concert tickets sold than any other solo performer in music history.

Featuring her much loved songs, TINA – THE TINA TURNER MUSICAL is written by Pulitzer Prize-winning playwright Katori Hall.

Recommended for ages 14+. The production includes scenes depicting domestic violence, racist language, loud music, strobe lighting, haze, and gun shots. Please note that Tina Turner does not appear in this production.

We will be leaving from the Senior Center at 12:00pm. The show starts at 1:00pm. We should be back in Prospect by about 3:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**TUSK: CLASSIC FLEETWOOD MAC TRIBUTE
SATURDAY, NOVEMBER 15, 2025**

DEPARTING @ 7:00PM \$23

Tusk is the number one tribute to Fleetwood Mac in the world, bar none.

No fancy tricks, no gimmicks, just five musicians recreating the music of Fleetwood Mac to perfection with note for note renditions that no other Fleetwood Mac tribute on the touring scene today can come close to duplicating. Authentic-sounding and always respectful, TUSK leaves no stone unturned in replicating the sounds of one of the world's best loved, top-selling bands.

Playing hits and deep cuts spanning the careers of Rock N' Roll Hall of Fame inductees Fleetwood Mac, TUSK has been crisscrossing the country since 2008 as The Classic Fleetwood Mac Tribute. Five pro musicians turned into masters of their trade through decades of individual music study, live performance, creative risk, and devotion to the art. TUSK features note-perfect renditions of both the solo and full band songs, with each member specializing in one of the

core lineups of Fleetwood Mac (Lindsey Buckingham, Stevie Nicks, Christine McVie, John McVie, and Mick Fleetwood). They possess an electric stage presence that can only come from well over a decade of touring together. Truly the best at what they do, TUSK is unmatched in their tribute to one of the greatest bands of all time.

We will be leaving from the Senior Center at 7:00pm. The show starts at 8:00pm.

We should be back by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

NEW ITEM

**DAVID FOSTER & KATHARINE MCPHEE
SATURDAY, JANUARY 31, 2026**

DEPARTING @6:00PM \$57

16-time Grammy award-winning musician, songwriter, and producer David Foster and acclaimed singer, television and Broadway star, Katharine McPhee are bringing their live show on the road. This intimate-show, with the powerhouse duo, will be packed with David's hits from Chicago, Whitney Houston, Celine Dion, Josh Groban, Michael Buble and Katharine's biggest songs from American Idol, Smash and Waitress. Plus, some of their favorites that they just love!

We will be leaving from the Senior Center at 6:00pm. The show starts at 7:00pm. We should be back in Prospect by about 10:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

November 2025

THEATER

**REMEMBER:
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**PLAYHOUSE HOLIDAY JAMBOREE
WEDNESDAY, DECEMBER 17, 2025**

DEPARTING @ 10:15AM \$48

Celebrate the holiday season with a lively, festive evening of music and storytelling! This joyous show, an homage to live radio events like the Grand Ole Opry, features a captivating selection of classic and contemporary holiday favorites performed by world-class entertainers. Perfect for the entire family, the Playhouse Holiday Jamboree continues the Playhouse tradition of a homegrown show with a different twist that will fill audiences with warmth and holiday joy!

We will be leaving from the Senior Center at 10:15am. Our first stop will be for lunch at the Scotch Plains Tavern in Essex. **The cost of your meal is your responsibility.** Showtime is 2:00pm. We should be back in Prospect by about 5:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

THE PALACE DANBURY

**An Evening With Cher, Neil Diamond,
Andrea Bocelli & Streisand & More!
Master Impersonators Las Vegas
Edwards Twins**

**@ Danbury Palace Theater
Sunday, December 7, 2025**

Departing @ 1:15pm \$49

Remember all the wonderful Variety shows we all grew up on in the 70's & 80's? Now is your chance to see them live and re-created by Las Vegas' number one impersonators of all time. All your favorite legendary Superstars come alive in "An Evening with The Stars". The NBC Today show says "it's one of the most extraordinary shows we have ever seen." Sonny & Cher, Billy Joel, Elton John, Neil Diamond, Lionel Richie, Stevie Wonder, Ray Charles, Lady Gaga, Celine Dion, Rod Stewart, Bette Midler, Barbra Streisand, Andrea Bocelli, Frankie Valli, Tom Jones, and many many more hosted by THE EDWARDS TWINS FROM LAS VEGAS. All live vocal. USA TODAY and THE BOSTON GLOBE raves "A Must see show" Each Star sings their number 1 hits as well as of your favorite Songs...

We will be leaving from the Senior Center at 1:15pm. The show starts at 3:00pm. After the show we will stop at the Blue Colony Diner in Newtown for dinner. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible.



NEW ITEM

**A BEAUTIFUL NOISE
WITH NICK FRADIANI
WEDNESDAY, DECEMBER 3, 2025
DEPARTING @ 11:45AM \$40**

Nick Fradiani will continue in the title role for the second year of the national tour of A BEAUTIFUL NOISE: THE NEIL DIAMOND MUSICAL.

Created in collaboration with Neil Diamond himself, A BEAUTIFUL NOISE: THE NEIL DIAMOND MUSICAL is the uplifting true story of how a kid from Brooklyn became a chart-busting, show-stopping American rock icon. With 120 million albums sold, a catalogue of classics like "America", "Forever in Blue Jeans" and "Sweet Caroline", an induction into the Songwriters and Rock and Roll Halls of Fame, a Grammy Lifetime Achievement Award, and sold-out concerts around the world that made him bigger than Elvis, Neil Diamond's story was made to shine on Broadway and head out on the road across America. Like Jersey Boys and Beautiful: The Carole King Musical before it. A BEAUTIFUL NOISE: THE NEIL DIAMOND MUSICAL is an inspiring, exhilarating, energy-filled musical memoir that tells the untold story of how America's greatest hitmaker became a star, set to the songs that defined his career.

We will be leaving from the Senior Center at 11:45am. The show starts at 1:00pm. Right after the show we will board our bus for our return trip back to Prospect. We should be in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

November 2025

THEATER

**REMEMBER:
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NO SEATS HELD W/O PAYMENT**



556 Mulberry Street-Plantsville, Ct.

2025 SEASON

**JIMMY MAZZ PRESENTS:
"FEVER 'N CHILLS SHOW"**

TUESDAY, NOVEMBER 11, 2025

**DEPARTING @ 10:30AM \$55
ROAST BEEF/ PAN SEARED SALMON
NO DANCE FLOOR**

Dawn Turlington co-stars in this exciting roller-coaster ride of emotion featuring beautiful power ballads and show stopping hits from the 60's & 70's.

If you are interested in joining us, please sign up and PAY as soon as possible.

**HOLIDAY CLASSICS WITH THE CARTELLS!
TUESDAY, DECEMBER 9, 2025**

**DEPARTING @ 10:30AM \$55
ROASTED TURKEY/ BAKED COD**

Featuring a sing-a-long from the Glamour Girls, Santa & Mrs. Claus. Enjoy an afternoon filled with food, fun and music designed to get you in the Holiday Spirit!

If you are interested in joining us, please sign up and PAY as soon as possible.



556 Mulberry Street-Plantsville, Ct.

2026 SEASON

**ST. PATRICK'S DAY CELEBRATION
WITH THE MCLEAN AVENUE BAND &
IRISH STEP DANCERS!**

TUESDAY, MARCH 10, 2026

DEPARTING @ 10:30AM \$57

Padraig Allen and The Mclean Avenue Band have taken the Irish American music and entertainment scene by storm with their wonderful arrangements of pop, rock, and folk songs, intertwined with traditional Irish toons and upbeat melodies!

Corned Beef & Cabbage/Baked Cod will be served.

We will leave from the Senior Center at 10:30am.

Door open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us please sign up and PAY as soon as possible.

**ROCK N ROLL HEAVEN!!
TUESDAY, APRIL 14, 2026**

DEPARTING @ 10:30AM \$57

Dave Colucci gives us a spectacular show that pays tribute to music legends who left us far too soon. The songs and stories of artists including Elvis, Buddy Holly, Bobby Darin, Janice Joplin, John Lennon, Patsy Cline & more will be enjoyed by all during this show!

Chicken Kathryn/Baked Ham will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

November 2025

THEATER

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2026 SEASON



556 Mulberry Street-Plantsville, Ct.

2026 SEASON

NORTH COUNTY BAND! TUESDAY, JULY 14, 2026

DEPARTING @ 10:30AM \$57

Nominated for 2023 New England Music Awards "Country Act of the Year". North County Band brings their act to Aqua Turf after being featured on News 12 CT and WNHU Radio's "The Nashville Sound"! Line Dancing Instructions will be provided, no experience needed!

BBQ Chicken Thighs/ Baked Cod will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

YOUNG AT HEART – FEET SO SMART WITH RICHIE MITNICK TUESDAY, AUGUST 11, 2026

DEPARTING @ 10:30AM \$57

Are you itching to get up out of your seat and dance? From Disco to Ballroom, from Waltz to Swing, and with lots of Line Dancing, you'll be hitting the dance floor in no-time! Don't dance? Come down for some great food, great company, and great music!

Baked Cod/Chicken Marsala will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

JUKEBOX 45 SHOW BAND: DOO WOP SHOW TUESDAY, SEPTEMBER 8, 2026

DEPARTING @ 10:30AM \$57

In a repeat of their AMAZING show last year, get ready for a great mix of Doo Wop, Paul Anka, The Duprees, Fred Parrish & the 5 Satins, Larry Chance & the Earls just to name a few. Celebrating decades of legendary music, you won't want to miss this!

Roast Beef/ Chicken Francaise will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

ROB ZAPPULLA CELEBRATES HERB ALPERT & SERGIO MENDEZ FEATURING ROB'S 10 – PIECE ORCHESTRA TUESDAY, OCTOBER 13, 2026

DEPARTING @ 10:30AM \$57

This high energy concert moves non-stop showcasing Rob's incredible Trumpet playing skills! Also featuring the sensational vocals of Alta DeChamplain & Leala Cyr. Follow Herb from Tijuana Bass thru his Solo Career & Sergio with Brazil '66 in this one-of-a-kind show!

Lemon Chicken/Pork Schnitzel will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

SARAH THE FIDDLER'S MUSICAL JOURNEY TUESDAY, NOVEMBER 10, 2026

DEPARTING @ 10:30AM \$57

Playing string instruments since 4 years old. Sarah has a special place for old-time music, and loves to combine sounds from Irish, World and Classical music as well! She's joined by her Husband on Drums & Joe Dziok on Piano & Accordion!

Roast Beef/Pan Seared Salmon will be served.

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us, please sign up and PAY as soon as possible.

HOLIDAY CLASSICS WITH THE CARTELLS! FEATURING A SING-A-LONG FROM THE GLAMOUR GIRLS, SANTA & MRS. CLAUS! TUESDAY, DECEMBER 8, 2026

DEPARTING @ 10:30AM \$57

Enjoy an afternoon filled with food, fun and music designed to get you in the Holiday Spirit!

Roasted Turkey/Baked Cod

We will be leaving from the Senior Center at 10:30am. Doors open at 11:00am. The bus will be back to pick up at 3:15pm. We try to get in and out before the Coach buses start boarding their passengers.

If you are interested in joining us please sign up and PAY as soon as possible.

November 2025

THEATER

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**ART OF MURDER
SATURDAY, NOVEMBER 22, 2025**

DEPARTING @ 1:15PM \$30

In a remote estate in the countryside of Connecticut, the accomplished and eccentric painter Jack Brooks awaits the arrival of his art dealer. This would not seem so unusual, except Jack is intending to kill the man. While Jack lays out his murderous intentions, his wife Annie calmly paints. Once he threatens her with violence, Annie seems to get on board. Will Jack carry out his plot? Will Annie help? Or is something else going on? Winner of the Edgar Award for Best Mystery Play, *Art of Murder* is "hilarious, suspenseful, surprising and dazzling in every way." — *Equinox News*

We will be leaving from the Senior Center at 1:15pm. The show starts at 2:00pm and runs for 2 hours. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**FARCE OF NATURE
SUNDAY, MARCH 8, 2026**

DEPARTING @ 1:15PM \$30

The laughs come fast and furious in this Southern-fried farce! Meet D. Gene Wilburn, the owner and proprietor of The Reel 'Em Inn, the finest little fishing lodge in the Ozarks. Unfortunately, business is down and the only guest is a jittery man in the Witness Protection Program. That doesn't mean it's going to be a quiet day of fishing for D. Gene. In no time, his lodge is infested with kooky family members, a murderous gangster, a sexy moll, and a mysterious foul odor. In the deliciously funny romp that ensues, they all hide, lie, disguise themselves, cross-dress, and slam doors chasing one another while trying to figure out the source of an increasingly awful stench.

We will be leaving from the Senior Center at 1:15pm. The show starts at 2:00pm and runs for 2 hours. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**A GRAND NIGHT FOR SINGING
SUNDAY, APRIL 26, 2026**

DEPARTING @ 1:15PM \$35

This enchanting musical revue features some of the greatest hits inventively interpreted and interspersed with some lesser known delights from one of the richest musical catalogues in Broadway history. With songs drawn from such classics as *The King and I*, *The Sound of Music*, *Oklahoma!*, *Carousel*, *Cinderella*, *State Fair* and *South Pacific*, you are certain to be transported to musical theatre heaven. "A Grand Night for Singing is enough to restore one's faith in the future of the revue and the durability of Rodgers & Hammerstein. It gives the material the kind of thoughtful rethinking it has long deserved." — *USA Today*

We will be leaving from the Senior Center at 1:15pm. The show starts at 2:00pm and runs for 2 hours. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

**SOMETHING ROTTEN
SUNDAY JUNE 28, 2026**

DEPARTING @ 1:15PM \$35

Set in the 1590s, brothers Nick and Nigel Bottom are desperate to write a hit play but are stuck in the shadow of that Renaissance rock star known as "The Bard." When a local soothsayer foretells that the future of theatre involves singing, dancing and acting at the same time, Nick and Nigel set out to write the world's very first musical. But amidst the scandalous excitement of opening night, the Bottom Brothers realize that reaching the top means being true to thine own self, and all that jazz. "A deliriously funny show." — *Variety*

We will be leaving from the Senior Center at 1:15pm. The show starts at 2:00pm and runs for 2 hours. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

November 2025

THEATER

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Nelson Hall at Elim Park Place

BRUCE SPRINGSTEEN - BRUCE IN THE USA FRIDAY, NOVEMBER 7, 2025

DEPARTING @ 6:45PM \$41

Bruce in the USA is much more than just another tribute. This high-energy musical experience is a note-perfect and visually accurate recreation of a Bruce Springsteen & the E. Street Band show. Matt Ryan, from the world famous "Legends in Concert" cast, began playing the Springsteen character in 2000, in Legends "full scale" Las Vegas show. The great success in the famous Las Vegas show brought him to performances across the world, eventually evolving his character into the Bruce in The USA show. The Bruce in The USA Band consists of seasoned world class professional musicians. This high end, powerhouse band has taken this genre of performance art to a whole new level, making it the World's #1 Tribute to the E. Street Band's musical legacy. The Bruce in The USA show was born on the Las Vegas Strip in the winter of 2004, with its debut at Planet Hollywood Resort and Casino, in the majestic "V Theatre". The show assaulted the senses in a full-filled and exciting party atmosphere on the Vegas Strip, while suspending disbelief for even the toughest skeptics. They've been met with critical acclaim, from the Stone Pony, large theaters, and Performance Art Centers across the country, as well as corporate events spanning across the globe for over a decade. Sellout crowds are on their feet from the first song to the last.

We will be leaving from the Senior Center at 6:45pm. The concert starts at 7:30pm and runs 90 minutes with no intermission. Once the show is over we will board our bus for our return trip back to Prospect. We should be back in Prospect at about 9:30pm.

DREAMBOATS

50's AND 60's ROCK & POP

FRIDAY, NOVEMBER 14, 2025

DEPARTING @ 6:45PM \$41

Dive into a musical time machine with The Dreamboats as they bring back the magic of classic, original rock 'n' roll! Infusing the timeless sounds of the 50's & 60's with a fresh, contemporary energy, this Canadian quartet promises an evening of non-stop dancing, nostalgic melodies, and electrifying entertainment. From the spirited rhythms of Chuck Berry to the infectious charm of The Wonders, The Dreamboats offer a revival of the golden age of rock and roll that will have you falling in love with these classic tunes all over again. Experience the heartthrob appeal and electric energy reminiscent of icons like Elvis Presley, Chuck Berry, The Beatles, Buddy Holly and more, brought to life by these charismatic performers.

We will be leaving from the Senior Center at 6:45pm. The concert starts at 7:30pm and runs 90 minutes with no intermission. Once the show is over we will board our bus for our return trip back to Prospect. We should be back in Prospect at about 9:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

LENA HORNE LESSONS FROM A LADY FRIDAY, NOVEMBER 21, 2025

DEPARTING @ 6:45PM \$41

"Lessons from a Lady: Syndee Winters Sings Lena Horne in Concert" is a celebration of Lena Horne's life and music, honoring traditional renditions of her most iconic repertoire while introducing fresh contemporary arrangements and original songs inspired by her legacy. Through narrative storytelling, comedy, and a touch of drama, Winters delivers a mesmerizing performance that engages audiences of all ages. Blending music with storytelling, Winters takes audiences on an unforgettable journey through Horne's most beloved songs, heartfelt tribute to Horne's groundbreaking career and profound impact on entertainment and civil rights. "Lena Horne was more than an entertainer – she was a pioneer who used her platform to break barriers and inspire change", says Winters. "This show is my way of honoring her legacy and sharing her incredible story with today's audiences".

We will be leaving from the Senior Center at 6:45pm. The concert starts at 7:30pm and runs 90 minutes with no intermission. Once the show is over we will board our bus for our return trip back to Prospect. We should be back in Prospect at about 9:30pm. If you are interested in joining us, please sign up and PAY as soon as possible.

JUDY GARLAND WE NEED A LITTLE CHRISTMAS THURSDAY, DECEMBER 18, 2025

DEPARTING @ 6:45PM \$41

It's a holiday celebration featuring Debbie Wileman's acclaimed tribute to one of the Greatest Performers of our time, JUDY GARLAND. Debbie Wileman's uncanny recreation of the sound of Judy Garland has gained over 1 million online views and she is now, direct from London, onstage to dazzle Judy's fans as well as her new followers. Fresh off her new album release, "I'm Still Here", orchestrated, conducted and produced by Steve Orich, orchestrator of the Grammy Award Winning Album, Jersey Boys, Debbie will bring the Holiday spirit and command the stage in a Holiday show featuring Judy's famous holiday songs, as well as old and new songs of the holiday that she should be performing if she were with us today.

We will be leaving from the Senior Center at 6:45pm. The concert starts at 7:30pm and runs 90 minutes with no intermission. Once the show is over we will board our bus for our return trip back to Prospect. We should be back in Prospect at about 9:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible.

November 2025



Are you interested in being a specialist in Medicare?

Become a certified CHOICES Counselor

Certified CHOICES Counselors provide free and unbiased information to help older adults and disabled persons navigate Medicare and understand their health insurance options.

To learn more about CHOICES or for further information, **please contact Carlyn Mueller, CHOICES Regional Coordinator at Western CT Area Agency on Aging (203) 757-5449 ext. 126**



SHIP

State Health Insurance
Assistance Program

This project was supported, in part by grant number 90SAPG0068 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

FRIDAY NIGHT BINGO NAUGATUCK LODGE OF ELKS #967

758 RUBBER AVENUE 203-729-7967

Two Progressive Pots, Winner Take All, Sealed Ticket Games, Raffles

\$15 Entry - \$1 Specials - Snacks Available

Every Friday night

Doors open at 4:30pm - Games begin at 7:00pm

CPR - WHAT YOU NEED TO KNOW

CPR - or Cardiopulmonary Resuscitation - is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest.

WHY IS CPR IMPORTANT?

Keeping the blood flow active - even partially - extends the opportunity for a successful resuscitation once trained medical staff arrive on site.

HOW IS CPR PERFORMED?

There are two commonly known versions of CPR:

1. For healthcare providers and those trained: conventional CPR using chest compressions and mouth-to-mouth breathing at a ratio of 30:2 compressions-to-breaths.
2. For the general public or bystanders who witness an adult suddenly collapse: compression-only CPR, or Hands-Only CPR.

Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult suddenly collapse in an out-of-hospital setting (such as at home, at work, or in a park).

Hands-Only CPR
consists of two easy steps:

**2 STEPS
TO SAVE A LIFE**



1. Call 9-1-1 (or send someone to do that)
2. Push hard and fast in the center of the chest

ABOUT HIGH-QUALITY CPR

High-quality CPR can be performed by anyone - including bystanders. There are five critical components:

1. Minimize interruptions in chest compressions
2. Provide compressions of adequate rate and depth
3. Avoid leaning on the victim between compressions
4. Ensure proper hand placement
5. Avoid excessive ventilation

THE GENDER DIFFERENCE: MEN VS. WOMEN

According to a study released by the Resuscitation Science Symposium, men are more likely to receive bystander CPR in public locations compared to women.

- Women and men receive similar CPR assistance within the home, but in public 45 percent of men received assistance compared to only 39 percent of women.
- Men were 1.23 times more likely to receive bystander CPR in public, and their chance of survival was 23 percent higher compared to women.

So why the discrepancy? It could come down to anatomy and a bystander being comfortable enough to perform CPR on a woman.

HEART ATTACK VS. CARDIAC ARREST

The Difference You Should Know:

Cardiac Arrest:

Occurs when the heart malfunctions and stops beating unexpectedly.

Cardiac arrest is an "ELECTRICAL" problem.

Heart Attack:

Occurs when blood flow to the heart is blocked.

A heart attack is a "CIRCULATION" problem.



American
Heart
Association

For more information, contact your nearest
American Heart Association office,
call **1-800-AHA-USA1 (1-800-242-8721)**
or visit <https://cpr.heart.org/>

P-25-CPR10

November 2025



RENEWED

HEALTH AND WELLNESS LLC

URGENT CARE



Trouble Hearing?

It could be as simple as an earwax blockage.

Come visit us for an ear exam!

49 Waterbury RD Prospect CT 06712

(475) 689-3503

Mon, Wen, Thur, Sat 9:00 to 5:00

THE FACTS ABOUT HIGH BLOOD PRESSURE

What is high blood pressure?

High blood pressure (also referred to as HBP, or hypertension) is when your blood pressure, the force of blood flowing through your blood vessels, is consistently too high. If you have high blood pressure, you are not alone.

- Nearly half of American adults have high blood pressure. (Many don't even know they have it.)
- The best way to know if you have high blood pressure is to have your blood pressure checked. Know your numbers.

Learn about your blood pressure numbers and what they mean.

BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (upper number)		DIASTOLIC mm Hg (lower number)
Normal	Less than 120	and	Less than 80
Elevated	120 — 129	and	Less than 80
High Blood Pressure (Hypertension) Stage 1	130 — 139	or	80 — 89
High Blood Pressure (Hypertension) Stage 2	140 or Higher	or	90 or Higher
Hypertensive crisis (consult your doctor immediately)	Higher than 180	and/or	Higher than 120

Preventing and managing HBP

- This is one time that the old adage, "An ounce of prevention is worth a pound of cure," is particularly apt. It's best to avoid high blood pressure altogether. Healthy lifestyle choices are a great place to start.
- With proper treatment and management, you can control your blood pressure to help you live a long and healthy life.

Call **1-800-AHA-USA1 (1-800-242-8721)** or visit **www.heart.org** for more information about cardiovascular disease.



R-25-LHBP10

5 SIMPLE STEPS TO CONTROL YOUR BLOOD PRESSURE

1 Know your numbers

Most people diagnosed with high blood pressure want to stay below 130/80 mm Hg, but your healthcare provider can tell you your personal target blood pressure.

2 Work with your doctor

Your healthcare provider will help you make a plan to lower your blood pressure.

3 Make a few lifestyle changes

In many cases this will be your doctor's first recommendation, likely in one of these areas:

- Maintain a healthy weight. Strive for a body mass index (BMI) between 18.5 and 24.9.
- Eat healthier. Eat lots of fruit, vegetables and low-fat dairy, and less saturated and total fat.
- Reduce sodium. Ideally, stay under 1,500 mg a day, but aim for at least a 1,000 mg per day reduction.
- Get active. Aim for at least 90 to 150 minutes of aerobic and/or dynamic resistance exercise per week and/or three sessions of isometric resistance exercises per week.
- Limit alcohol. Drink no more than 1-2 drinks a day. (One for most women, two for most men.)

4 Check your blood pressure at home

Take ownership of your treatment by tracking your blood pressure.

5 Take your medication

If you have to take medication, take it exactly the way your doctor says.

23 SECRETS To Help You TRANSFORM YOUR LIFE

Ease pain and feel your best every day with these handy tips.



Arthritis Foundation®



Daily Living

1. Find an OT. An occupational therapist (OT) can help you find easier, less painful ways of doing things — whether it's getting dressed or getting a doorknob that's easier to turn. Ask your physician or insurance company for a referral to a CAPS (Certified Aging-in-Place Specialist) or SCEM (Specialty Certification in Environmental Modification) OT.



2. Time your tasks to prevent pain. Prepare dinner at midday if your hands tend to hurt in the evening, for example. Or bathe and prep the night before if morning stiffness makes tasks tough.



3. Sit to save joints. When you are tired and in pain, sit while doing common activities. For example, use a stool while washing dishes.

4. Take steps to prevent falls. Reduce tripping hazards by picking up clutter, taping down or removing throw rugs and keeping your home well lit, perhaps with nightlights. Install a nonslip bathmat and grab bars in your bathroom, and make sure staircases are in good repair and have railings.

5. Get a grip. Give the handles of commonly used items, like your toothbrush and kitchen utensils, more grip by wrapping them with rubber bands or foam insulation used for small pipes. (Find it at home improvement stores.)



6. Choose good shoes.

Wearing ill-fitting shoes can cause pain in your feet and throw off your gait, which can lead to more joint, muscle and other problems and pain.

Invest in professionally fitted, low-heeled shoes with good structure.

7. Try this tape trick. Get credit cards out of your wallet more easily by placing a piece of clear tape along the horizontal side of the card. (Don't cover the chip or magnetic strip.) Store it tape side out, and grasp the tape to pull it from the slot in your wallet.

8. Have a ball. Massage and ease muscles in your back or foot with a tennis ball. Place the ball against a wall and roll your back on it, or put it on the floor to roll it under a foot.



9. Set your clock. If you're taking all your meds at once in the morning or at night, stop and read the instructions. Drugs that cause drowsiness or nausea are better in the p.m., for example, while others are more effective in the morning.

Physical Activity



10. Stay sharp by staying fit. Physical activity improves fitness, eases arthritis symptoms and may help your mind, too. Research found that people with rheumatoid arthritis

(RA) who exercised regularly were more likely to stay sharp mentally. This is important because 30% to 71% of people with RA experience impaired thinking.

November 2025



11. Buddy up for workouts. Work out with a friend to help you enjoy it more and stay accountable. Studies show it can help keep you motivated.

12. Get more steps. Instead of meeting a friend for coffee or drinks, invite them to take a walk. Instead of family movie night, take the whole family on a bike ride or a hike.

13. Make steps count for you. There's no science that says 10,000 steps should be the ultimate goal. One study found women who averaged 4,400 steps per day had a 41% lower mortality rate than the least active women, and benefits maxed out at 7,500 steps. The upshot: Even a moderate increase in activity may help reduce mortality.

14. Better your balance. Try this: Stand on one leg, bracing yourself with one hand if needed. Slowly tilt your head back, left, front, right, and center, then repeat 5 to 10 times. Or do heel raises while you floss and stand on one leg while you brush.

Nutrition & Weight Loss



15. Lighten up to ease pain. Every 1 pound of excess weight puts 4 pounds of extra pressure on your joints, and fat cells generate bodywide inflammation.

16. Serve right-sized portions. The serving size on food packages reflects how much Americans typically eat — not what they should eat. For example, a serving of ice cream rose from 1/2 to 2/3 cup. Any package that has between one and two servings, like a 20-ounce bottle of Coke, is labeled as one serving. Don't take the serving size as license to overindulge.

17. Fight inflammation with fiber. Eating more dietary fiber can make you feel more satiated, which helps with weight maintenance and may help your body regulate inflammation. Sprinkle chia seeds on your cereal or add them to a smoothie; make sure whole grain is the first ingredient in your bread; and snack on almonds or fresh fruits and veggies.



18. Try a different cow. If your arthritis symptoms kick in when you drink dairy milk, try

beta-casein protein. Most U.S. milk comes from cows that also produce A1 beta-casein, which has been linked to more inflammation.

Mind & Body



19. Share your pain.

Don't let pain force you to withdraw from social activities. It can lead to depression, which increases the risks of heart disease and other problems. You can be private about your arthritis but still let people know that you have limits because of pain. Most will understand and appreciate being told.

20. Ask for help. Don't assume others understand when you need it. And be specific so you won't get — or have to turn down — offers of help that you don't need.

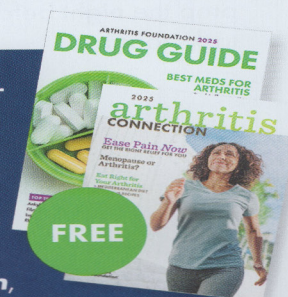
21. Laugh more. Not only does a good belly laugh distract you from pain, but it also reduces levels of inflammation in your body and triggers the release of feel-good chemicals. So cue up your favorite episode of *Seinfeld* and let laughter be your medicine.

22. Do good to feel better. Roll your neighbor's trash bin to the street. Let someone ahead of you in line, or just give them a big smile and say hi. Being kind helps reduce pain, anxiety, stress and depression.

23. Invest \$20 in your well-being. With your gift, you'll receive your **FREE** annual edition of **Arthritis Connection** and our **Drug Guide**.

In **Arthritis Connection**, our exclusive annual publication for our community of supporters, you'll get the latest news about the fight against arthritis, plus exercise, diet and lifestyle tips for managing your pain and saying Yes to life's moments, big and small.

The **Drug Guide**, updated annually, provides you with the most current information on the dosages, side effects and special concerns associated with the most commonly used drugs for arthritis and related conditions. Also included are helpful tips, such as how to talk to your doctor, and much more.



November 2025

The Village at East Farms



DAY PROGRAM

FOR THOSE WITH MEMORY LOSS

Call to learn more about our Day Program for those with memory impairment.

Open 7 days a week!
8:00AM-6:00PM



180 Scott Road, Harbor building
Waterbury, CT 06705

Randi Bellemare
203-841-8607
rbellemare@benchmarkquality.co,



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HEALTH AND WELLNESS LLC

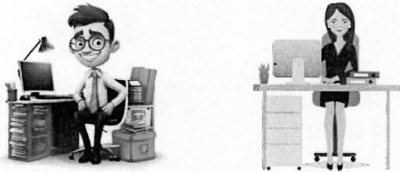
**Walk-In Clinic Now Open
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VOLUNTEER OFFICE WORKER NEEDED AT VITAS HEALTHCARE IN MIDDLEBURY



VITAS Healthcare, the country's largest hospice provider, is seeking a volunteer to help the Volunteer Coordinator in our Middlebury office with general office administrative tasks.

- Professional Office Setting
- Gain Office Experience
- Exposure to the Healthcare Field
- Work with Charts and Patient Records
- Have Fun
- Flexible Schedule – 1X or 2X a Week
- Work with a Friendly Volunteer Coordinator with a Wicked Sense of Humor and a Love of Animals

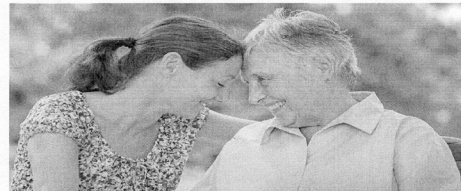
Interested? Please contact Peter Korzenik, Volunteer Manager. My phone number is (203) 437-3112 and my email address is Peter.Korzenik@vitas.com. Our office is located at 199 Park Road Extension in Middlebury.

Thank you!!!

Are you caring for someone with a diagnosis of
Alzheimer's Disease or dementia?

Are you burnt out? Overwhelmed? Run down?
In need of relief?

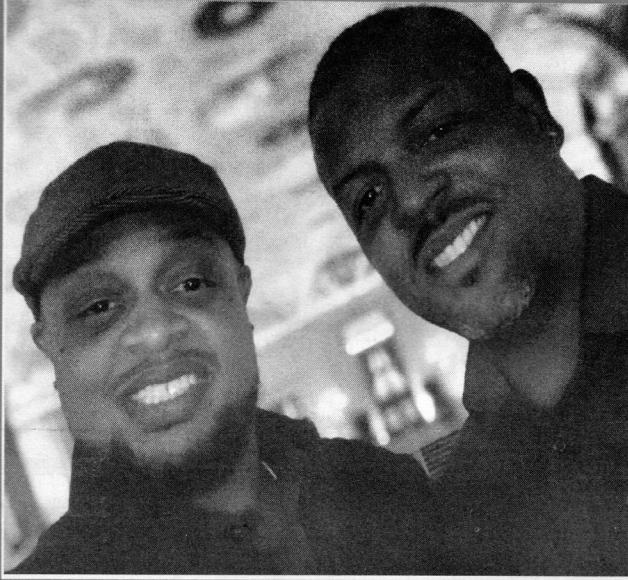
If so, you may be eligible for the Connecticut Statewide Respite Care Program



Please visit our website at WCAAA.org or
give us a call at 203-757-5449 Option 6
for more information



**"and in the blink of an eye ...
he was gone."**



*Darryl Griffin (National Associate Executive VP
at the American Heart Association) with his cousin JR.*

Heart disease has made a deep impact on me. It has ripped loved ones from my life and caused profound, incredible pain that shook me to my core. Each day, I grieve for the losses that heart disease has taken from me.

My cousin JR and I grew up together. He was more of a little brother to me, and I always felt blessed to have a hand in helping raise him.

After his father's death from cardiac arrest, JR committed to a healthier lifestyle. He lost nearly 100 pounds. We were all so proud of his dedication to getting and staying healthy. But little did we all know that irreversible damage had already been done ...

On August 21, 2020, I got a call I will never forget. JR had gone into sudden cardiac arrest, and died. Just like his father, Ronald Downs Sr., JR didn't survive.

My courageous cousin had just turned 40 years old. He was so dedicated to becoming the healthiest version of himself, and in the blink of an eye ... he was gone. We were devastated beyond belief.

Losing JR has left a hole in my family that can never be filled. He left behind his mother Sharron (a heart attack survivor), two young children, Jayden and Leia, and his wife, Tenia. In the wake of his death, we all have so many questions.

What if there was a portable defibrillator (developed through American Heart Association funding) available ... what if JR had started a prevention program — like AHA's Life's Essential 8® — earlier?

What if these measures changed his fate and he was still alive today?

Every 34 seconds in America, another life is taken by cardiovascular disease. But it doesn't have to be this way. It's a highly preventable disease and I firmly believe there is hope for a world where everyone lives longer, healthier lives.

**Immediate CPR can
double or triple chances
of survival after cardiac arrest.**

For more information about how to help save lives with CPR, see the enclosed **CPR – What to Know** or visit <https://cpr.heart.org/>

Please don't wait to show your support to the American Heart Association. Together, we can help prevent unnecessary deaths of those we love.

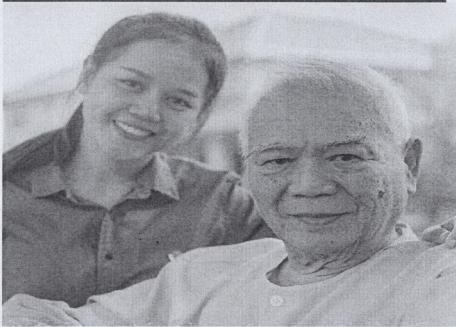
www.heart.org/campaign



November 2025

Living in a Medical Foster Home

The Home Based Primary Care (HBPC) team, including a doctor, nurse practitioner, nurse, social worker, dietitian, recreational therapist, pharmacist, and occupational therapist provides the Veterans medical care. Team members will visit as needed, to provide medical care management and support the Veteran and the caregiver. Other VA programs, such as Adult Day Health Care (ADHC) and respite, may also be used to support Veteran care.



Medical Foster Homes offer a dynamic alternative to long-term care.

When living at home becomes difficult, some people would prefer to remain in a home-like setting rather than move to a nursing home. In moments like this, the VA Medical Foster Home (MFH) program is here to help.

MFH is a voluntary care option that assists in matching Veterans with approved MFH Caregivers to provide the care the Veterans need in a family home with appropriate oversight and care provided by the VA MFH and Home Based Primary Care teams.



More Information :



SJ Dailey LCSW MFH Coordinator

203-667-5137



sarah.dailey2@va.gov



VACT Healthcare System

950 Campbell Ave.

West Haven, CT 06516



VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Geriatrics and Extended Care



Medical Foster Home Program

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Geriatrics and Extended Care

Who can be a VA Medical Foster Home Caregiver?

Caregivers must:

- Own or rent the home and live there full time.
- Be at least 18 years of age.
- Have caregiver experience (formal or informal).
- Complete the VA application and inspection process for the MFH program, including a criminal background check and references.
- Participate in on-going caregiver training.
- Provide compassionate care for no more than three residents.
- Have a written crisis and respite/relief caregiver plan.
- Follow the Veterans treatment plan, working closely with Home Based Primary Care.

If you are interested in the VA MFH Program as a resident or a caregiver, please call your local MFH Coordinator. If you are a Veteran, you may also ask your Primary Care Provider to send a consult for MFH.

Medical Foster Homes Provide

- A safe and family home setting
- Supervised care
- Private/Semi-private rooms
- Flexibility and choice
- Three meals/snacks daily
- Personal care
- Medication management/reminders

Who is Eligible for a Medical Foster Home

Veterans enrolled with the VA Health Care System and have care needs that can no longer be met in their homes, may be eligible.

Care needs may include:

- Assistance with activities of daily living, i.e., eating, bathing, dressing, etc.
- Medication management
- Laundry and meal prep
- Social and recreational activities

The Veteran is responsible for the cost of the MFH. The cost may be paid using a combination of private income, Social Security, savings, VA Pension, Aid & Attendance, or VA pay based on disability rating eligibility requirements. The Veteran and caregiver will sign a private care agreement that outlines the care needed, the rate, expectations of the caregiver and Veterans rights.

10 Facts About Parkinson's Disease

1. The cause is unknown, and there is no cure. What causes Parkinson's remains largely unknown. Although there is no cure at this time, treatment options vary and can include medications and surgery.
2. People with Parkinson's can have a good quality of life. There is no one-size-fits-all treatment approach when it comes to Parkinson's. Medication and lifestyle modifications help manage the disease.
3. No two people have the exact same symptoms. The progression of symptoms is often different from one person to another due to the diversity of the disease.
4. Non-movement symptoms can be more troublesome than movement symptoms. They can include cognitive changes, mood disorders, fatigue, hallucinations and delusions, sexual problems and sleep disorders.
5. Small handwriting and loss of smell are early signs of Parkinson's. Not being able to smell bananas, dill pickles, and licorice is a common early symptom.
6. Exercise helps manage Parkinson's symptoms. Exercise is vital to maintaining balance, mobility and activities of daily living.
7. Parkinson's should be treated through a team approach. Our Global Care Network works to improve access to quality care, where Parkinson's is treated through a team of experts – including movement disorders specialists, physical and occupational therapists, mental health professionals and more.
8. People with Parkinson's are not always angry or sad. Often, people with Parkinson's look serious, depressed or mad, but many times the disease is causing facial masking, where muscles in the face are stiff or take a long time to move.
9. We must improve treatment. The Parkinson's Foundation, in partnership with Parkinson's UK, drives the development of new treatments through the Parkinson's Virtual Biotech, a drug discovery and development program working to deliver new treatments and a cure in years, not decades.
10. The Parkinson's community is strong. The Parkinson's Foundation is proud to serve and support the global Parkinson's community, including family members and caregivers.

We're here for you!

Please share this fact sheet with your friends and family today. For answers to your Parkinson's questions and referrals, call our Helpline at 1-800-4PD-INFO (473-4636).

November 2025**Revised!!**

**“NOAH “
Sight & Sound Theatre
November 18-21, 2025**

American Music Theatre, Bird-in- Hand Theatre

Day 1: Prospect Senior Center at 7:00am. We will be staying at the Bird-In-Hand Family Inn. Dinner will be 5PM at the hotel tonight. 7:00pm Bird-in-Hand Dinner Theatre.

Day 2: Breakfast will start at 7:00am. After breakfast we will board the bus to pick our Guide Kathy up for a Historic Tour of Lancaster lunch which will follow the home of our Amish friend Mrs. Fischer. After lunch we will go to the Sight & Sound Theatre for the performance of Noah. Takes you on board one of the world's best-known voyages, as live animals fill the stage and aisles. Set sail inside the enormous ark as this extraordinary Bible story come to life all around you. Dinner TBA

Day 3: Breakfast will start at 8am. After breakfast we go back to our rooms. Enjoy the pool and some relaxation. At 2:00pm we will again board the coach for another great show at the American Music Theatre. Witness the magic and splendor of our holiday celebration as AMT presents The Deck the Halls, featuring incredible singers, astonishing dancers, wondrous costumes, breathtaking sets, and all the endearment of a perfect fireside family moment! Bask in the beauty of the season and cherish the stories of spirit and love as we bring all your favorite sights.. Again, back to the hotel to freshen up for dinner. Restaurant TBA

Day 4: Breakfast starts at 8am. Then we say goodbye to Lancaster & all the wonderful entertainment we experienced! Our final stop, everyone's favorite!! Mrs. Fischer's roadside store. Lunch & Rest Stops along the way. Be sure to bring some \$\$bills for bingo. I will also be selling and gifting \$5.00 jewelry along our trip. Ray & Linda want to wish you all a happy Holiday and we hope we have put the holiday spirit within your heart.

Price per person: \$780.00 based on double occupancy. Single & Triple rates are available.

Call Linda Soto for more information 203-591-1407

November 2025

NEW ITEM

Raylin Travel proudly presents an EXCLUSIVE event
"TROPICANA ATLANTIC CITY"
 on the famous Boardwalk in Atlantic City, NJ
3 Days/2 Nights - March 30-April 1, 2026
"Country Legends" with Dee Reilly and
50's & 60's "Rock Around the Clock"
TWO SHOWS and \$100 back in Value!

PACKAGE INCLUDES:

- Roundtrip Motorcoach Transportation
- 2 Nights at the TROPICANA RESORT CASINO
- \$50.00 in SLOT BONUS!
- \$50.00 Food (\$20, \$20 and \$10 increments)
 *27 Restaurants to choose from
- 2 Fantastic evening shows begin at 8:00 PM
 #1 Country Legends Band * Top Rated
 #2 Rock Around the Clock 50's & 60's
 (with Vegas performers)
- Occupancy Taxes

**\$399.00**

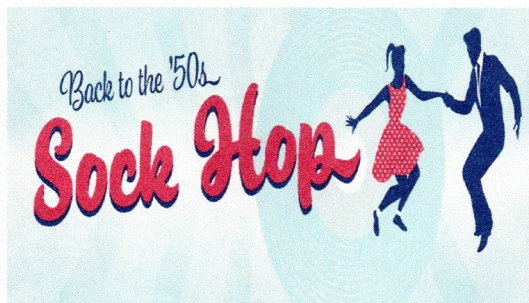
DOUBLE occupancy
Prices are Per Person
\$389 Triple \$499 Single

DEPOSIT of \$75 at Sign Up

CANCELLATION PROTECTION
 Available for **ONLY \$39** per person
 at sign up only

Balance due: February 28, 2026

YES, everyone gets \$50
in Slot play AND \$50 in Food
Plus... TWO Shows at the
TROPICANA RESORT!
The BEST Casino value!!

**To Reserve Seats Call**

Linda Soto
203-591-1407

raylin@currently.com

November 2025

Old Sturbridge Village Christmas by Candlelight

December 7, 2025

Relish old traditions and create new memories while learning about the origins of Christmas traditions, enjoying music and stories, and warming up with mulled cider and gingerbread.

Enjoy a meal at the Publick House

Starting with the New England Clam Chowder
Meal Choices are:

Pan Roasted Salmon

Yankee Pot Roast

Roasted Native Turkey, Cornbread-Sausage Stuffing, Cranberry Sauce, Pan Gravy.

Choices made at time of booking

Dessert: Deep Dish Apple Pie a la Mode

**Departure from the Prospect Senior Center:
1:00pm**

**Call Linda Soto (RayLin Travel) 203-591-1407
Price PP: \$145.00pp**



Volunteer Your Care: Make Memory Bears!

Make a comforting companion for those experiencing loss

Memory Bears hold special meaning for loved ones of hospice patients. These cherished bears serve as gentle reminders of their family member or friend's life.

Using cloth from a favorite shirt, a treasured robe, or beloved pajamas, volunteers craft the bears by following an easy-to-use pattern. The newly created bear lifts the spirits of loved ones and brings a smile to the faces of those grieving.

VITAS® Healthcare is looking for volunteers to sew Memory Bears. Join us in providing comfort and loving care to the families we serve in hospice.





"Sewing VITAS Memory Bears has been a wonderfully rewarding and fulfilling experience for me. I do what I love while also contributing to the quality of life of others in my community."
— VITAS Volunteer Susan P.

Learn more about this rewarding opportunity! For VITAS Volunteer Services or to apply, visit [VITAS.com/Volunteer](https://www.vitas.com/Volunteer)

Contact Your Local Volunteer Manager:

Peter Korzenik
peter.korzenik@vitas.com
203.437.3112

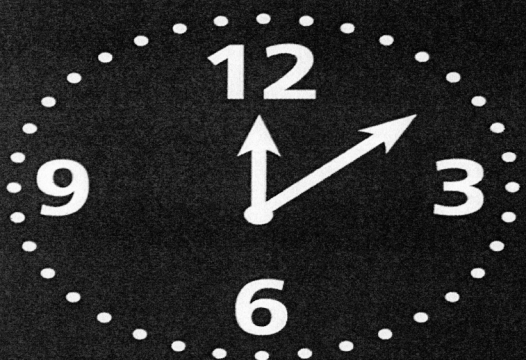
VITAS
Healthcare

[VITAS.com/Volunteer](https://www.vitas.com/Volunteer)    
Since 1980



Scan the
QR code to
learn more.

GOT



VITAS
Healthcare
[VITAS.com/Volunteer](https://www.vitas.com/Volunteer)
    | Since 1980

TIME?

Give back as a hospice volunteer.

Hold a hand, lend an ear, make a difference.

VITAS volunteers show compassion in a variety of roles. Some volunteers visit with patients and families, others provide office support, and some even use unique skills such as sewing, art, and massage to lift spirits.

Sign up for a free orientation to learn the skills required to be an outstanding hospice volunteer.

To learn more, contact:
Peter Korzenik
peter.korzenik@vitas.com
203-437-3112



Scan the
QR code to
learn more.

November 2025

**SHIP**State Health Insurance
Assistance Program

**Review.
Compare.
Enroll.
Save.**

Your Medicare questions answered -
all in one place.

SHIP CAN HELP YOU!

STATE HEALTH INSURANCE ASSISTANCE PROGRAM...

...a federally certified Medicare counseling for Connecticut residents!

Certified CHOICES Counselors offer FREE, confidential, and pressure-free guidance through every part of Medicare.

- Explore your options during the Medicare Open Enrollment Period
- Get help comparing Advantage & Part D Plans
- Receive assistance applying for programs like Medicaid, Medicare Savings Program and Extra Help (Low-Income Subsidy)
- Learn how to maximize your Medicare benefits.
- Get screened for additional state benefits and entitlements

SHIP Counselors are NOT brokers and DON'T endorse any insurance plans. We provide free, unbiased and non-commissioned guidance — so you can confidently make the choice that's best for you.

CALL US NOW! **1-800-994-9422**
203-757-5449 EXT 4



This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of 2 financial assistance awards totaling \$1,001,781 with 100 percent funding by ACL/HHS. Approximately 60% SHIP, 40% MIPPA. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

November 2025

Bereavement Support Group

Thank you for allowing us to be part of your loved one's journey. We know that grief doesn't end when the services do, and you don't have to walk through it alone.

If you've recently lost someone close to you, we invite you to join our monthly Bereavement Support Group. Each session offers a safe, compassionate space to connect with others, share experiences, and explore meaningful topics around healing and loss.

Groups meet on the third Thursday of every month from 4:00–5:00pm. Sign-ups are requested. Let's navigate this path together, one conversation at a time.

THE DETAILS

WHEN: Third Thursday
of Each Month
4 - 5 PM

WHERE: **The Village at
East Farms**
180 Scott Rd
Waterbury, CT

RSVP to Samantha Layher,
Hospice Liaison, at **860-480-0585**

 *The*
Village
AT EAST FARMS

A Benchmark Senior Living Experience

November 2025



Cancer Support Group

A cancer diagnosis affects more than just the body — it affects every part of life. Whether you're newly diagnosed, in treatment, or navigating survivorship, you deserve a space to be heard and supported.

Our Cancer Support Group offers a safe, welcoming environment to share your experiences, connect with others who understand, and find strength through honest conversation.

There's no need to go through it alone. We're here to listen, support, and walk alongside you — wherever you are on the journey.



THE DETAILS

WHEN: Second Friday
of Each Month
11am - 12:30 PM


WHERE: **The Village at
East Farms**
180 Scott Rd
Waterbury, CT

RSVP to Randi Bellemare at
rbellemare@benchmarkquality.com
or call **203.841.8607**.

The Village
AT EAST FARMS

A Benchmark Senior Living Experience

November 2025



The Village at East Farms Alzheimer's & Dementia Support Group

The complexity of Alzheimer's disease and related dementias severely impacts the family and professional caregiver. A support group provides an opportunity to learn more about the different stages of this progressive disease and offers tips on ways to cope.

Join us for educational discussions and have the opportunity to learn and share with others who understand.

Complimentary care and programs are provided for your loved one during every session.

THE DETAILS

WHEN: The first Wednesday
of each month
at 11 AM

WHERE: **The Village at
East Farms**
180 Scott Rd
Waterbury, CT

RSVP to Randi Bellemare at
rbellemare@benchmarkquality.com
or call **203-757-7660**.

 *The*
Village
AT EAST FARMS

A Benchmark Senior Living Experience

November 2025

Parkinson's Support Group

Caring for someone with Parkinson's can be overwhelming — but you're not alone. Our Parkinson's Support Group offers a welcoming space for caregivers, families, and those living with Parkinson's to come together and share the journey.

This open forum is a chance to talk openly, exchange ideas, and support one another through every stage. Whether you're looking for information, connection, or even encouragement, we're here to help improve quality of life through community and conversation. Sometimes, simply having a space to talk makes all the difference.

THE DETAILS

WHEN: First Saturday
of Each Month
10 AM

WHERE: **The Village at
East Farms**
180 Scott Rd
Waterbury, CT

RSVP to Randi Bellemare at
rbellemare@benchmarkquality.com
or call **203.841.8607**.


AT EAST FARMS

A Benchmark Senior Living Experience

November 2025

Caregiver Support Group



First Wednesday of Each Month

The complexity of Alzheimer's disease and related dementias severely impacts the family and professional caregiver. A support group provides an opportunity to learn more about the different stages of this progressive disease and offers tips on ways to cope.

Join us for educational discussions and have the opportunity to learn and share with others who understand.

Complimentary care and programs are provided for your loved one during every session.

1st Wednesday of each month at 11:00 AM

RSVP to Randi Bellemare by emailing rbellemare@benchmarkquality.com or call 203.841.8607.

 *The*
Village
AT EAST FARMS
A Benchmark Senior Living Community

180 Scott Road
Waterbury, CT
203.757.7660
VillageAtEastFarms.com



November 2025

Gingerbread Village & Christmas Bazaar

Est. 1967

at St. George's Episcopal Church
393 Tucker Hill Rd, Middlebury CT

Gingerbread Dreams

December 6 – 13, 2025

Annual Village & Bazaar Hours

Sat Dec 6..... 10am – 7pm

Sun Dec 7.....12pm – 7pm

Mon – Fri (Dec 8-12)..... 2pm-4pm
& 6pm-8pm

Sat Dec 13.....10am – 4pm



walk through the village ~ crafts ~ baked
goods ~ jezebel ~ Christmas items ~
decorate your own cookie kits ~ basket
raffle ~ gingerbread houses for sale ~
handcrafted holiday items ~ swedish
breads ~ and more

Amidst Love

For more information (or to schedule a group tour) please reach out:

203-758-9864 saintgeorgesct@gmail.com

www.gingerbreadvillagect.com

November 2025

CELEBRATING 81 YEARS OF SONG!



thomaston
LADIES CHORAL CLUB

HOLIDAY CONCERT

FOR THE BEAUTY OF

Christmas

**SUNDAY, DECEMBER 7, 2025
2:30PM**

**ST THOMAS CHURCH
1 EAST MAIN STREET, THOMASTON**

Concert to Benefit the Thomaston Food Pantry

Featuring Our Special Guests - H.S. Liederkrantz

JASON FONTAINE
Music Director

DANA LaPORTA
Accompanist

ADMISSION:

***A Non-Perishable Food Item or
Donation to Thomaston Food Pantry***

JUMBLE PUZZLES

November 2025

PUZZLE

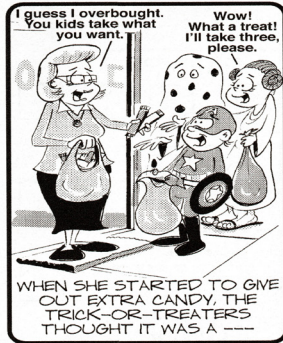
125

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

RAPOE
 TIWYT
 WOLLYS
 GEDDER

Print answer here



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

PUZZLE

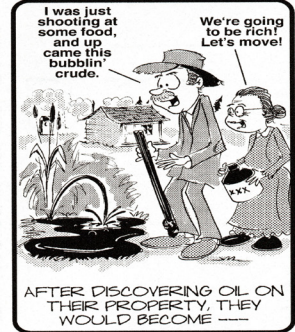
127

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

BIROT
 ROWDL
 KYLELI
 DIQULI

Print answer here



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

PUZZLE

126

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

PAHYP
 KLUPC
 CLATEK
 CCITHE

Print answer here



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

PUZZLE

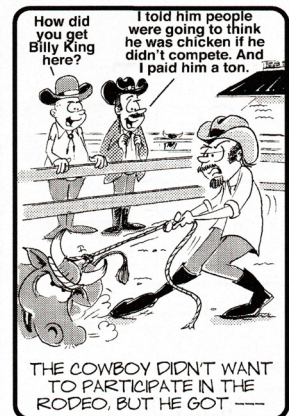
128

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

PENIT
 TOAIR
 WORNAD
 QUAPOE

Print answer here



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

but she wanted them to—PICK UP THE PACE.

126. Jumbles: The movers had no problems lifting the heavy boxes, but she wanted them to—PICK UP THE PACE.

127. Jumbles: ORBIT WORLD LIKELY LIQUID

128. Jumbles: INEPT RATIO ONWARD OPAQUE

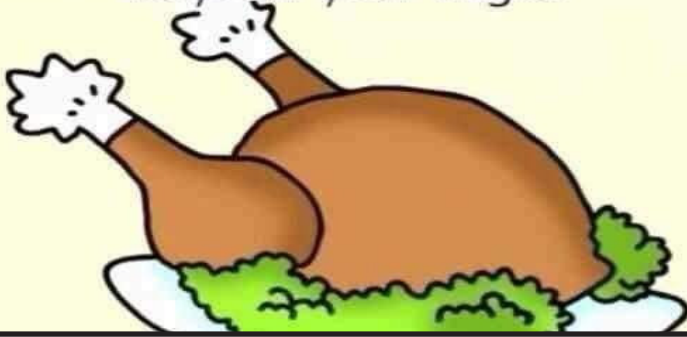
Answer: The cowboy didn't want to participate in the rodeo, but he got—ROPE INTO IT

Answer: After discovering oil on their property, they would become—WELL-TO-DO

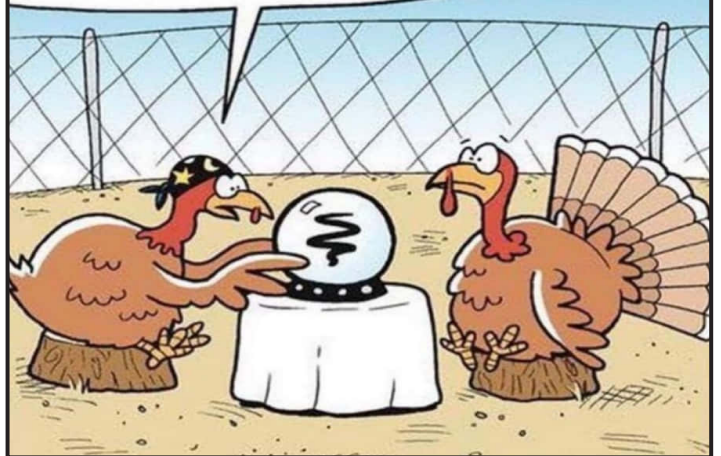
Answer: The cowboy didn't want to participate in the rodeo, but he got—ROPE INTO IT

A THANKSGIVING POEM

May your stuffing be tasty,
 May your turkey plump,
 May your potatoes and gravy
 have nary a lump.
 May your yams be delicious
 and your pies take the prize,
 and may your
 Thanksgiving dinner
 stay off your thighs!



I SEE YOU SURROUNDED
 BY FAMILY... WELL, NOT
YOUR FAMILY...



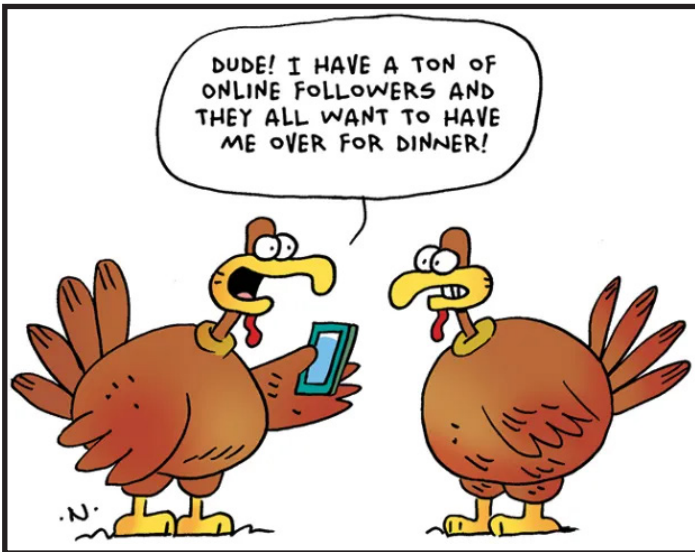
**Husband and
 I went grocery
 shopping with
 masks, got home,
 took off masks,
 brought home
 wrong husband!
 Stay alert people!**

**I STOOD WAVING TO MY
 NEIGHBOR FOR 10
 MINUTES THIS MORNING
 BEFORE REALIZING SHE
 WAS CLEANING HER
 WINDOWS**

JOKES

November 2025

JOKES



When older people say,
"Enjoy them while
they are young."
They are talking about
your knees and hips
not your kids.

No, I can't do Snapchat
or Tiktok but I can write
in cursive, do math
without a calculator
and tell time on a
clock with hands.



I DON'T NEED
GPS; I HAVE
STUBBORNNESS
AND A VAGUE
SENSE OF
DIRECTION.

@GRUMPYOLDGITS

OBITUARIES

November 2025



David J. Marcelynas

**Beloved husband,
father,
& grandfather**

David J. Marcelynas, 85, of Waterbury, boarded a flight to the Great Beyond on Thursday, October 9, 2025, dreaming of the beach in August after a stellar game of 18 holes.

He was the devoted husband of Barbara M. (Shambor) Marcelynas, with whom he shared over fifty comically colorful years of love and marriage; and the beloved father of two wickedly smart daughters - Heather Marcelynas & partner Levi Williams of Oakland, CA, and Meaghan Cleveland & husband Brian of Oxford, CT. He was also the endlessly adoring grandfather to Jameson, Savannah, and Julianna Cleveland who brought him endless joy, along with a motley crew of treasured dogs, goats, chickens, ducks and a hairless cat.

A lifelong lover of the snow, the ocean breeze, golf in the morning and golf in the evening, strong coffee, spicy food, loud music, and driving fast - Dave lived his vibrant life with uproarious charm and had the speeding tickets to prove it.

A born troublemaker, Dave entered the world in Waterbury, CT on August 2, 1940, the son of the late Charles and Marion (Wagner) Marcelynas. After spending his early years in Waterbury, he moved to Vermont to work as a ski instructor at Okemo Mountain—a skill he later passed on to his daughters, who could never quite master getting their skis as parallel as Dad's.

Legend has it, he spent some well-dressed, pompadour'd years haunting jazz clubs in the Village, and later gave away his tickets to Woodstock because "it probably wasn't going to be a big deal."

A lifelong tradesman, Dave built a respected career as a master carpenter and general contractor, founding his own construction business early on. Later, he worked alongside close friends at JP Maguire & Associates and Paramount Contractors, where he was known for his exceptional craftsmanship, charismatic personality, and tirelessly meticulous work ethic.

Dave's love of golf contributed to his ever-expanding network of friends and new travel destinations. From Chatham, MA to Sedona, AZ - there was no tee-time too early or a partner too unskilled. He was a riot on the golf course, as he was in life.

He treasured the family trips to Cape Cod, a 40+ year tradition instilled that will continue for decades to come and always welcomed a crazy cast of characters - the lifelong friends of Heather & Meaghan who came along for the ride. After being beckoned out West by their globe-trotting daughters, Dave & Barb embarked on nearly 20 years of constant travel, cruises & adventure across the United States, the Caribbean, and South America. Whether it was the city, the desert, the jungle, or the beach - Dave's life was rich with excursions.

In addition to his immediate family, he leaves behind: sisters-in-law Cathy Shambor, Suzie Shambor, Gidget Shambor (wife of Gregory); brother-in-law Tony Shambor and his wife Janice, and his cousin, Desi Marcelynas. He was predeceased by his brother-in-law, Gregory Shambor.

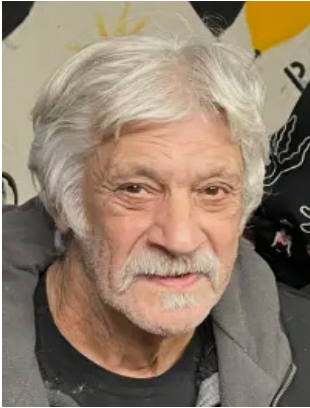
Tremendous and heartfelt thanks go to the truly exceptional nurses from the VITAS Inpatient Unit at St. Mary's Hospital, who provided him with such peaceful and compassionate care.

Super-Dave will be remembered for his larger-than-life personality, his abundant generosity, the unconditional love he gave to family and friends, and his firm belief that the intro to Top Gun should always be played at the highest volume - just enough to make the windows shake.

He will be deeply missed by all who knew and loved him...more than any words can possibly convey.

Arrangements: Calling hours were held on Friday, October 17, 2025, from 4:00 - 7:00 p.m. at Chase Parkway Memorial, The Albin Family Funeral Home, 430 Chase Parkway, Waterbury. Burial will be held privately and at the convenience of the family.





**Dominic T.
Laudate**

Naugatuck – Mr. Dominic T. Laudate, age 82, of Naugatuck passed away peacefully on Friday October 3, 2025 at Waterbury Hospital surrounded by his loving family. He was the husband of Karen (Dutton) Laudate.

Mr. Laudate was born April 3, 1943 in Waterbury, son of the late Saverio and Ann (Finateri) Laudate. Dominic had previously worked at Uniroyal Inc. (footwear division), and a long career with Kmart until he eventually retired. Dominic also enjoyed practicing his trade as a licensed hairdresser for many years at Ann's Salon in Naugatuck. His hobbies included spending time with his wife and children, as well as personal hobbies such as a love for dancing, and an interest in playing cards, especially a quiet game of solitaire. He also enjoyed visiting the casino to relax, and he took daily walks to his favorite corner store in the hopes of hitting it big on his lottery numbers. He was a fun and loving man, who will be greatly missed.

In addition to his wife Karen, Mr. Laudate is survived by his children: Marie Laudate (Michael D'Andrea) of Naugatuck, Virginia Laudate of Naugatuck, Leroy "Roy" Laudate of Naugatuck and Dominic "Dee" Laudate (Penny) of Prospect, his grandchildren: Dominic Laudate, Scott Millett and Hunter Laudate, his sister: MaryAnn Laudate (John Masayda) of Naugatuck and his nephew: Andrew Laudate of Boston, MA. He was also predeceased by his grandparents: Massimino and Mary (Ferrone) Finateri, his brother: Andrew Louis Laudate and his grandson: Michael Laudate.

Mr. Laudate's family received relatives and friends at Community Funeral Home, the Corona Family Funeral and Cremation Services, on Monday October 13, 2025 from 5 to 7 p.m. A Memorial Service was held immediately following the visitation at 7 p.m. Burial and committal services was held on Tuesday October 14, 2025 at 11 a.m. at St. James Cemetery in Naugatuck.

To place online condolences please visit www.cfhprospect.com

