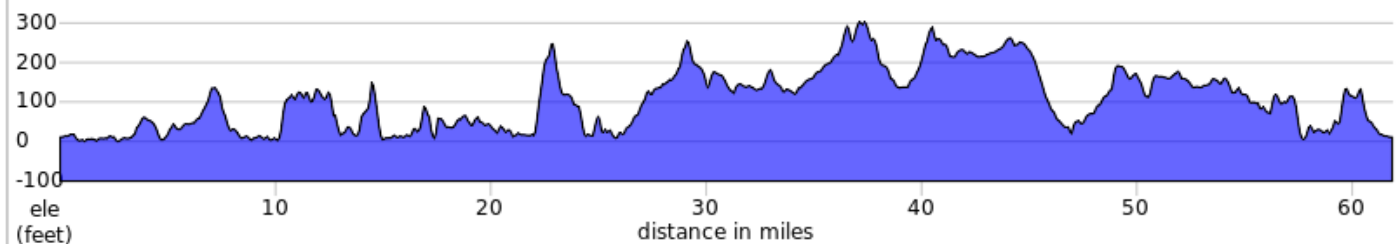
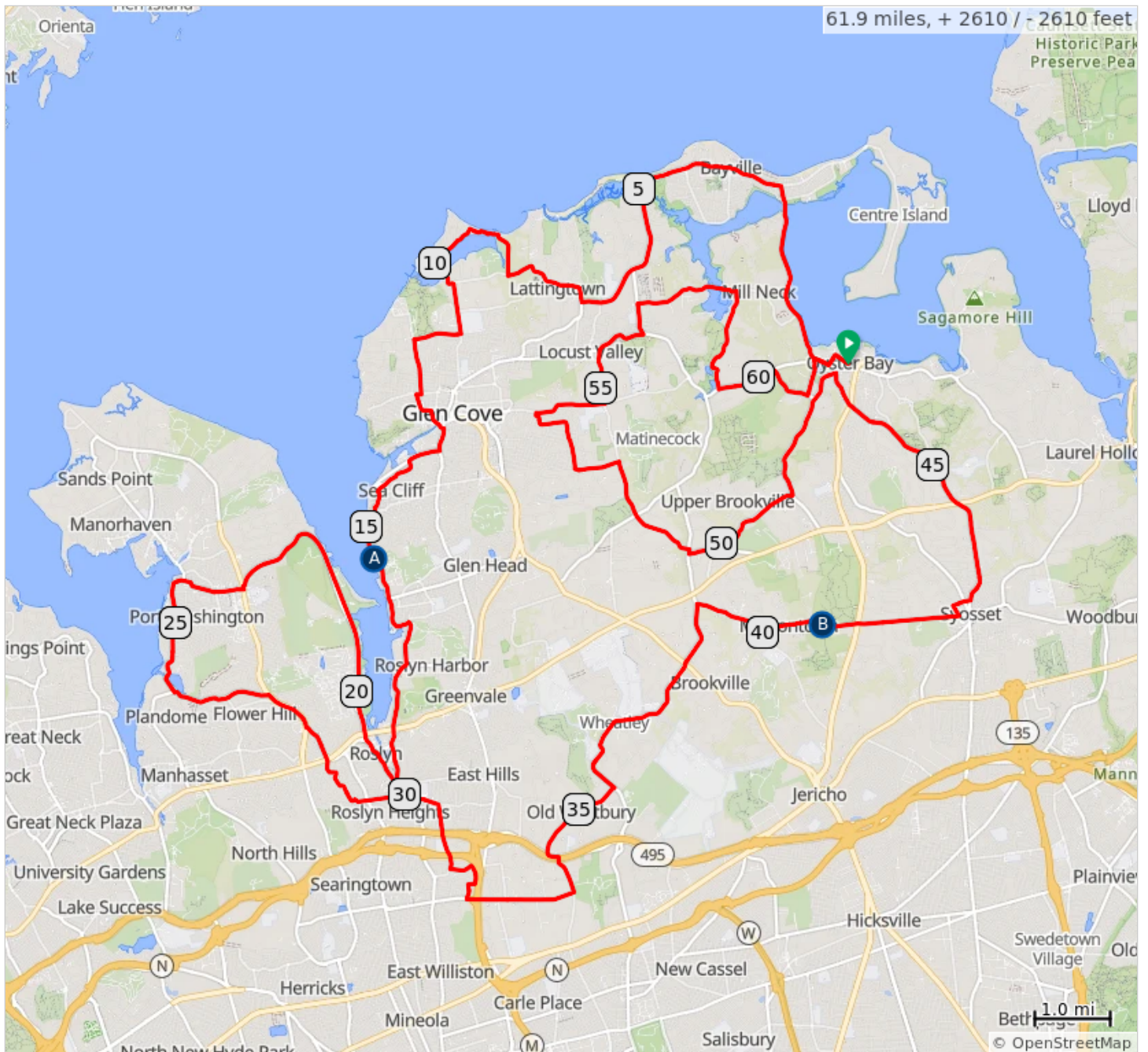


ESR Long Island 62 Mile



A. Rest Stop Tappen Beach

B. Rest stop Muttontown Preserve



ESR Long Island 62 Mile

Num	Type	Dist	Next	Note	Prev
1.		0.0	0.0	Start of route	0.0
2.		0.0	0.2	Start Line!	0.0
3.		0.2	0.2	L on Larrabee Road	0.2
4.		0.4	0.2	R onto West Main Street, CR E54	0.2
5.		0.6	2.1	R onto West Shore Road, CR E54	0.2
6.		2.7	0.3	Continue onto Ludlam Ave	2.1
7.		3.0	1.9	L onto Bayville Ave	0.3
8.		4.8	1.3	Slight L onto Bayville Road, CR C11	1.9
9.		6.1	0.9	Continue onto Horse Hollow Rd	1.3
10.		7.0	1.3	R onto Lattingtown Road	0.9

7.0 miles. +231/-114 feet

Num	Type	Dist	Next	Note	Prev
11.		8.3	0.5	R onto East Beach Drive	1.3
12.		8.8	0.2	Continue onto East Beach Drive	0.5
13.		9.0	0.3	R	0.2
14.		9.3	1.1	L onto Southland Drive	0.3
15.		10.4	0.0	Keep R onto Lattingtown Road	1.1
16.		10.4	0.7	Slight R onto Dosoris Lane	0.0
17.		11.0	0.6	R onto New Woods Road	0.7
18.		11.7	0.7	L onto Crescent Beach Rd	0.6
19.		12.4	0.1	R onto Landing Rd	0.7
20.		12.5	0.2	L onto Ellwood St	0.1
21.		12.7	0.1	Continue onto The Pl	0.2

5.7 miles. +220/-168 feet

Num	Type	Dist	Next	Note	Prev
22.		12.8	0.3	R onto Charles St/New St	0.1
23.		13.1	0.3	R onto Glen Cove Ave	0.3
24.		13.4	0.4	R onto Shore Rd	0.3
25.		13.8	0.2	L onto Albin St	0.4
26.		14.0	1.4	Continue onto Prospect Ave	0.2
27.		15.4	0.0	Rest stop on R.	1.4
28.		15.4	0.0	Rest stop Tappen Beach Park.	0.0
29.		15.4	1.1	Rest Stop Tappen Beach	0.0
30.		16.5	0.6	R onto Glenwood Road, CR E25	1.1
31.		17.1	0.0	Keep R	0.6
32.		17.1	1.0	Slight R onto Bryant Avenue, CR C26	0.0

4.4 miles. +248/-236 feet

Num	Type	Dist	Next	Note	Prev
33.		18.1	0.6	Slight R onto Old Northern Boulevard, CR C65	1.0
34.		18.7	0.4	R onto Main St	0.6
35.		19.2	4.3	L onto Old Northern Blvd	0.4
36.		23.4	0.0	L onto Port Washington Boulevard, NY 101	4.3
37.		23.5	1.7	R onto Main Street	0.0
38.		25.1	0.9	L onto North Plandome Road	1.7
39.		26.0	1.3	L onto Stonytown Road	0.9
40.		27.3	0.7	R onto Port Washington Boulevard, NY 101	1.3
41.		28.0	0.5	L onto Middle Neck Rd	0.7

10.9 miles. +528/-419 feet

Num	Type	Dist	Next	Note	Prev
42.	↑	28.5	0.2	Cross Northern Blvd bearing slightly L on to The Locusts	0.5
43.	←	28.7	0.1	L onto The Birches	0.2
44.	→	28.8	0.2	R onto The Intervale	0.1
45.	←	29.0	0.3	L to stay on The Intervale	0.2
46.	→	29.3	0.0	R onto Warner Avenue	0.3
47.	↖	29.3	0.6	Keep L onto Warner Avenue	0.0
48.	→	30.0	0.2	R onto Lincoln Avenue	0.6
49.	→	30.1	0.1	R onto Roslyn Road, CR 7A	0.2
50.	←	30.2	0.3	L onto Round Hill Road, CR E13	0.1
51.	↗	30.5	0.9	Keep R onto Locust Lane, CR D37	0.3

2.5 miles. +123/-116 feet

Num	Type	Dist	Next	Note	Prev
52.	←	31.3	0.3	L onto Saddle Lane	0.9
53.	→	31.6	0.3	R onto Parkway Drive	0.3
54.	→	31.9	0.1	R onto Dogleg Lane	0.3
55.	←	32.0	0.2	L onto Hemlock Lane	0.1
56.	←	32.2	1.4	L onto I U Willets Road	0.2
57.	←	33.6	0.5	L onto Old Westbury Road	1.4
58.	←	34.1	0.1	L onto Old Westbury Road	0.5
59.	↗	34.2	0.0	Keep R	0.1
60.	↗	34.3	1.3	Slight R onto Wheatley Road	0.0
61.	↖	35.6	3.4	Sharp L onto Post Road, CR 4	1.3
62.	→	39.0	1.1	R on Brookville Rd	3.4

8.5 miles. +299/-293 feet

Num	Type	Dist	Next	Note	Prev
63.	←	40.0	0.8	L onto Muttontown Rd	1.1
64.	→	40.8	0.0	Rest stop on R.	0.8
65.	→	40.8	0.0	Rest stop Muttontown Preserve.	0.0
66.	Ⓑ	40.8	0.5	Rest stop Muttontown Preserve	0.0
67.	↑	41.3	1.3	Continue onto Muttontown Eastwoods Rd	0.5
68.	↖	42.6	0.3	Sharp L onto 1st Street	1.3
69.	↑	42.9	0.1	Cross Split Rock Road, stay on Church Street	0.3
70.	←	43.0	3.9	L onto Berry Hill Road, CR 9	0.1
71.	←	47.0	1.9	L onto Mill River Road	3.9
72.	→	48.8	0.0	R onto Mill River Road	1.9

9.9 miles. +272/-358 feet

Num	Type	Dist	Next	Note	Prev
73.	→	48.9	1.2	R onto Remsens Lane	0.0
74.	→	50.1	0.4	R onto Ripley Lane	1.2
75.	→	50.5	0.1	R onto Wolver Hollow Road, CR E65	0.4
76.	←	50.5	1.6	L onto Piping Rock Road	0.1
77.	←	52.2	0.6	L onto Frost Pond Road	1.6
78.	→	52.7	0.6	R onto Lawrence Lane	0.6
79.	←	53.4	0.5	L onto Willits Road	0.6
80.	→	53.8	0.0	R onto Circle Drive	0.5
81.	→	53.9	0.9	R onto Duck Pond Road	0.0
82.	←	54.8	0.6	L onto Piping Rock Road	0.9

6.0 miles. +183/-193 feet

Num	Type	Dist	Next	Note	Prev
83.	↗	55.4	0.2	Keep R onto Town Cocks Lane	0.6
84.	↗	55.6	0.7	Slight R onto Buckram Road	0.2
85.	↖	56.2	0.4	Sharp L onto Bayville Road, CR C11	0.7
86.	→	56.6	1.4	R onto Feeks Lane	0.4
87.	→	58.0	1.1	R onto Frost Mill Road	1.4
88.	↑	59.1	0.4	Continue onto Beaver Brook Rd	1.1
89.	←	59.4	0.8	L onto Oyster Bay Road	0.4
90.	→	60.2	0.6	R onto Glen Cove Rd	0.8
91.	←	60.8	0.5	L onto Lake Ave	0.6
92.	→	61.3	0.0	Slight R to stay on Lake Ave	0.5

6.5 miles. +259/-338 feet

Num	Type	Dist	Next	Note	Prev
93.	→	61.3	0.2	Slight R onto W Main St	0.0
94.	←	61.5	0.2	L onto Larrabee Ave	0.2
95.	→	61.7	0.2	Slight R onto Shore Ave finish line.	0.2
96.	📍	61.9	0.0	End of route	0.2

0.6 miles. +1/-7 feet