

September 2026 Menu

GLEN COVE SENIOR CENTER, 130 Glen Street, GC, NY 11542

City of Glen Cove Mayor – Pamela D. Panzenbeck

Glen Cove Senior Center Executive Director – Christine Rice

Nassau County Office for the Aging

This program is made possible with funding from the City of Glen Cove, the Nassau County Department of Human Services,
Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Site Manager – Jacqueline Tecce

Activities Coordinator – Eric Shuman

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Suggested contributions</u> <u>Lunch \$3.00 for seniors</u> <u>Guest under 60</u> <u>Pay full price of \$5.70</u> <u>Bus \$1.00 each way</u>	¹ Minestrone Soup, Spaghetti & Meatballs, Italian Blend Vegetables, Rye Bread, Peach Halves OR Minestrone Soup, Tuna Salad on Rye with L&T, Tomato & Cucumber Salad, Peach Halves	² Lentil Soup, Sausage & Peppers with Marinara Sauce, Penne Pasta, Mixed Vegetables, Italian Bread, Banana OR Lentil Soup, Chicken Salad in a Tortilla with L&T, Veggie Salad, Banana	³ Split Pea Soup, Meatloaf with Gravy, Mashed Potatoes, Carrots, Wheat Bread, Jello with Mixed Fruit OR Split Pea Soup, Seafood Salad in a Tortilla with L&T, Carrot & Raisin Salad, Jello with Mixed Fruit	⁴ Potato Chowder, Chicken Parmigiana, Penne Pasta with Marinara Sauce, Tossed Salad, Rye Bread, Pudding OR Potato Chowder, Thin Sliced Ham & Cheese on Rye with L&T & Mustard, Tossed Salad, Pudding
⁷ THE SENIOR CENTER IS CLOSED TODAY 	⁸ Minestrone Soup, Beef Taco (Shredded Lettuce, Tomatoes & Cheese in a Tortilla), Rice & Beans, Crackers, Fruit Cup OR Minestrone Soup, Thin Sliced Turkey & Swiss on Rye with L&T & Mayo, Potato Salad, Fruit Cup	⁹ Lentil Soup, Pasta Primavera with Grilled Chicken in Garlic & Oil, Vegetable Medley, Roll, Banana OR Lentil Soup, Tuna Salad on Rye with L&T, Pasta Salad, Banana	¹⁰ Tomato Rice Soup, Sloppy Joes on a Bun, French Fries, Cole Slaw, Crackers, Pudding OR Tomato Rice Soup, Chicken Salad in a Tortilla with L&T, Tomato & Cucumber Salad, Pudding	¹¹ Vegetable Barley Soup, Chicken Picatta, Rice Pilaf, Green Beans, Italian Bread, Jello OR Vegetable Barley Soup, Seafood Salad in a Tortilla with L&T, 3 Bean Salad, Jello
¹⁴ White Bean Soup, Pot Roast with Gravy, Mashed Potatoes, Green Beans, Wheat Bread, Jello OR White Bean Soup, Seafood Salad in a Tortilla with L&T, 3 Bean Salad, Jello	¹⁵ Chicken Noodles Soup, Jumbo Ravioli with Meat Sauce, Broccoli, Italian Bread, Banana OR Chicken Noodle Soup, Egg Salad on Wheat with L&T, Broccoli Salad, Banana	¹⁶ Cream of Broccoli Soup, Breaded Fish with Tartar Sauce, Roasted Potatoes, Peas & Carrots, Wheat Bread, Fruit Cup OR Cream of Broccoli Soup, Chicken Salad in a Tortilla with L&T, Potato Salad, Fruit Cup	¹⁷ Vegetable Soup, Roast Turkey with Gravy, Mashed Sweet Potatoes, Vegetable Blend, Rye Bread, Pear Halves OR Vegetable Soup, Tuna Salad on Rye with L&T, Cole Slaw, Pear Halves	¹⁸ Butternut Squash Soup, Chicken with Mozzarella & Spinach in a Marsala Sauce, Mashed Potatoes, Carrots, Wheat Bread, Birthday Cake OR Butternut Squash Soup, Thin Sliced Ham & Cheese on Rye with L&T & Mustard, Pasta Salad, Birthday Cake
²¹ Potato Chowder, Stuffed Shells with Marinara Sauce, Spinach, Tossed Salad, Italian Bread, Pudding OR Potato Chowder, Chicken Salad in a Tortilla with L&T, Tossed Salad, Pudding	²² Cream Of Mushroom Soup, Stuffed Peppers with Rice, Beef & Cheese, Garlic Green Beans, Wheat Bread, Banana OR Cream of Mushroom Soup, Seafood Salad in a Tortilla with L&T, 3 Bean Salad, Banana	²³ Lentil Soup, Spanish Seasoned Chicken, Spanish Rice, Pepper & Corn Medley, Roll, Peach Halves OR Lentil Soup, Thin Sliced Turkey & Swiss on Rye with L&T & Mayo, Macaroni Salad, Peach Halves	²⁴ Tomato Rice Soup, Swedish Meatballs with Gravy over Noodles, Broccoli, Wheat Bread, Jello OR Tomato Rice Soup, Egg Salad on Wheat with L&T, Broccoli Salad, Jello	²⁵ Minestrone Soup, Chicken Francaise, Mashed Potatoes, Peas & Carrots, Italian Bread, Oranges OR Minestrone Soup, Tuna Salad on Rye with L&T, Potato Salad, Oranges
²⁸ Split Pea Soup, Loin of Pork with Gravy, Mashed Potatoes, Beets, Wheat Bread, Applesauce OR Split Pea Soup, Tuna Salad on Rye with L&T, Beet Salad, Applesauce	²⁹ Broccoli Cheddar Soup, Kielbasa with Sauerkraut, Red Potatoes, Mixed Vegetables, Italian Bread, Pear Halves OR Broccoli Cheddar Soup, Chicken Salad in a Tortilla with L&T, Potato Salad, Pear Halves	³⁰ Beef Barley Soup, Chicken Marsala, Rice Pilaf, Peas & Carrots, Wheat Bread, Pudding OR Beef Barley Soup, Seafood Salad in a Tortilla with L&T, Macaroni Salad, Pudding	<u>PLEASE NOTE:</u> IN ORDER TO RESERVE THE MEAL YOU DESIRE LUNCH RESERVATIONS MUST BE MADE <u>BY NOON AT LEAST</u> <u>TWO BUSINESS DAYS</u> PRIOR TO THE DAY YOU WILL BE COMING IN THANK YOU	FOR LUNCH RESERVATIONS AND/OR BUS TRANSPORTATION PLEASE CALL <u>516-676-6182</u>