



June 2026
Glen Cove Senior Center
130 Glen Street, Glen Cove, NY 11542
516-759-9610



Nassau County Office for the Aging
 This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging, the U. S. Administration on Aging and the City of Glen Cove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NATIONAL PEN PAL DAY 1</p> <p>9:05 – Brain Booster Club 9:05 – Crocheting w/ Friends 10:15 – WALKING CLUB 10:30 – Exercise w/ YMCA 11:00 – Rummikub 1:00 – Canasta, Mahjong, & Bridge 1:00 – Bingo 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting & Drawing w/ Chuck 2 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia 11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne 1:00 – Yoga & Pilates w/ Karen 1:00 – Bingo 1:00 – Ping Pong 3:00 – 4:00 – BEGINNER & INTER PICKLEBALL Clinic & Open Play Stanco Park Sign-up Required</p>	<p>9:05 – Seniorobics w/ Fran 3 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick 11:00 – WOMEN’S CLUB 1:00 – GEORGE MASELLI PERFORMANCE 1:00 – Bridge, Canasta, & Mahjong 2:00 – Bingo 2:00 – Chair Yoga, Toning, & Balance w/ Nilo</p>	<p>9:05 – Brain Booster Club 4 10:15 – Card & Board Games 10:30 – CC Board Meeting 11:00 – Exercise YMCA 11:00-2:00 – Manicures w/ Ursula 12:00 – ENHANCE WORKSHOP w/ Northwell 1:00 – Canasta & Mahjong 1:15 – Food Shopping 1:30 – Centre Club 2:00 – Billiards Club</p>	<p>9:05 – Seniorobics w/ Fran 9:05 – Crocheting 5 10:30 – SITE COUNCIL MEETING 11:00 – BOOK CLUB 11:00 – Trivia 11:00 – Stretching & Meditation w/Nick 12:00 – D-DAY OBSERVANCE LUNCHEON 1:00 – Bingo, Canasta, & Bridge 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer</p>
<p>9:05 – Brain Booster Club 8 9:05 – Crocheting w/ Friends 9:05-12:00 – NUTRITION COUNSELING 10:30 – Exercise w/ YMCA 11:00 – Rummikub 1:00 – FREE BINGO w/ PRIZES Sponsor: GLENGARIFF REHAB HEALTHCARE 1:00 – Canasta, Mahjong, & Bridge 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting & Drawing w/ Chuck 9 10:00 – INTERACTIVE LIVE TOUR: PHILIPPINES 11:00 – Total Body Fitness 10:15 – WALKING CLUB 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia 11:00 – Bereavement Group with COMHPS 11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne 1:00 – Yoga & Pilates w/ Karen 1:00 – Bingo & Canasta 1:00 – Ping Pong</p>	<p>9:05 – Seniorobics w/ Fran 10 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick 10:30 – INTERACTIVE LIVE TOUR: POLAND 11:00 – WOMEN’S CLUB 12:00 – 50’S ERA CELEBRATION LUNCHEON 1:00 – Bingo, Canasta, Mahjong, & Bridge 2:00 – Chair Yoga, Toning, & Balance w/ Nilo 6:00 – 8:00 – HISTORY OF ROCK & ROLL \$10 DINNER INCLUDED RESERVATIONS REQUIRED</p>	<p>9:05 – Brain Booster Club 11 10:15 – Card & Board Games 11:00 – Exercise w/ YMCA 11:00-2:00 – Manicures w/ Ursula 11:00 – American Legion Meeting 1:00 – LILA 1:00 – Canasta & Mahjong 1:15 – BEAT AT YOUR OWN DRUM Workout 1:15 – Food Shopping 2:00 – Billiards Club</p>	<p>9:05-12:00 – HEALTH ASSESSMENTS 12 9:05 – Seniorobics w/ Fran 9:05 – Crocheting 10:00-11:30 – SEWING CLUB w/ Stephanie 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 12:45 – JUNE BIRTHDAY’S CELEBRATION 1:00 – Canasta & Bridge 1:15 – Line Dancing 1:15 – Bingo 2:30 – Tai Chi w/ Spencer 3:00 – 4:00 – BEGINNER & INTER PICKLEBALL Clinic & Open Play Stanco Park Sign-up Required</p>
<p>9:05 – Brain Booster/Crocheting w/ Friends 15 10:30 – Exercise w/ YMCA 10:00 – INTERACTIVE LIVE TOUR: ENGLAND 10:15 – WALKING CLUB 11:00 – Rummikub 12:00 – FLAG DAY LUNCHEON 1:15 – REMEMBER LISS: A NEW AMERICAN FOUNDING FIGURE LECTURE 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:15 – Bingo 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting & Drawing w/ Chuck 16 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia 11:15 – GARDEN CLUB MEETING 11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne 1:00 – NATIONAL BINGO DAY CELEBRATION FREE GAMES AND PRIZES w/ GLENGARIFF REHAB 1:00 – Yoga & Pilates w/ Karen 1:00 – Canasta, Mahjong, & Bridge 1:00 – Ping Pong</p>	<p>SPORTS DAY 17 9:05 – Seniorobics w/ Fran 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick 11:00 – SPORTS TRIVIA GAMESHOW 11:00 – WOMEN’S CLUB 11:00 – Rummikub Club 1:00 – MOVIE 1:00 – Bingo, Canasta, Mahjong, & Bridge 2:00 – Chair Yoga, Toning, & Balance w/ Nilo</p>	<p>CENTRE CLUB LUNCHEON OFF-SITE 18 9:00 – WALK WITH A DOC Garvies Point 9:30 – 12:00 – SNAP By Appointment 11:00 – Exercise YMCA 11:00-2:00 – Manicures 12:00 – JUNETEENTH CELEBRATION LUNCHEON 1:15 – CIVIL RIGHTS PIONEERS LECTURE 1:00 – Canasta & Mahjong 1:15 – Food Shopping 2:00 – Billiards Club 3:00 – 4:00 – BEGINNER & INTER PICKLEBALL Clinic & Open Play Stanco Park Sign-up Required</p>	<p>THE CENTER IS CLOSED 19</p> 
<p>9:05 – Brain Booster Club 9:05 – Crocheting 22 10:30 – Exercise w/ YMCA 11:00 – Rummikub 11:00 – MUSIC JAM w/ Jeff 12:00 – FATHER’S DAY LUNCHEON 1:00 – Canasta, Mahjong, & Bridge 1:15 – MARY MOLLOY PERFORMANCE Sponsored by: NEW YORK LIFE 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:15 – Bingo 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting & Drawing w/ Chuck 23 10:15 – WALKING CLUB 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia 11:00 – Bereavement Group with COMHPS 11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne 1:00 – Yoga & Pilates w/ Karen 1:00 – Canasta 1:00 – MENTAL HEALTH LECTURE 2:00 – Bingo 2:15 – Ping Pong</p>	<p>9:05 – Seniorobics w/ Fran & Crochet w/ Kate 24 10:15 – Stretching & Strength Training w/ Nick 11:00 – WOMEN’S CLUB 12:00 – 60’S ERA CELEBRATION LUNCHEON 1:15 – SOCIAL CLUB KARAOKE & MOCKTAILS Sponsor: SUNRISE OF GLEN COVE 2:00 – Bingo 2:00 – Chair Yoga, Toning, & Balance w/ Nilo 6:00 – 8:00 – GOTCHA COVERED BAND \$10 DINNER INCLUDED RESERVATIONS REQUIRED</p>	<p>10:15 – Card & Board Games 25 10:30 – ARTS & CRAFTS CLUB w/ Marjorie 11:00 – Exercise w/ YMCA 11:00-2:00 – Manicures w/ Ursula 1:00 – Canasta & Mahjong 1:15 – BEAT AT YOUR OWN DRUM Workout 1:00 – URBAN ZEN MEDITATION WORKSHOP Sponsored By: GLENGARIFF REHAB HEALTHCARE 1:15 – Food Shopping 2:00 – Billiards Club</p>	<p>9:05 – Seniorobics w/ Fran 9:05 – Crocheting 26 10:00-11:30 – SEWING CLUB w/ Stephanie 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – FREE BINGO w/ PRIZES Sponsor: EMERGE & GC NURSING + REHAB 1:00 – Canasta & Bridge 1:15 – PAINT PARTY w/ Alicia 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer</p>
<p>10:00 – 12:00 – HAIRCUTS w/ Rose (Appt. Only)29 10:00-12:00 – HEALTH ASSESSMENTS w/ GLEN COVE HOSPITAL 10:30 – Exercise w/ YMCA 11:00 – Rummikub 1:00 – Bingo, Canasta, Mahjong, & Bridge 1:15 – COOKING CLASS w/Chef Keith 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting & Drawing w/ Chuck 30 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia 11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne 1:00 – Yoga & Pilates w/ Karen 1:00 – Ping Pong 1:15 – MAD SCIENCE FIRE & ICE SHOW Sponsored by: NEW YORK LIFE 2:15 – Bingo</p>	<p>HISTORY OF ROCK & ROLL June 10th GOTCHA COVERED June 24th 6:00pm – 8:00pm DINNER & SHOW JUST \$10 Open to EVERYONE for ALL ages</p>	<p>TRIPS ON SALE NOW: 7/15 – Ain’t Too Proud Musical 7/22 – The Wedding Singer Musical 8/5 – Schmigadoon! Broadway 8/7 – Essex Steam Train & Riverboat 8/19 – Beautiful Musical 8/26 – Come From Away Musical 9/2 – Operation Mincemeat Broadway 9/16 – Feast of San Gennaro 100yr.</p>	<p>MARK YOUR CALENDARS: 6/3 – GEORGE MASELLI PERFORMANCE 6/10 – 50’S ERA LUNCHEON 6/15 – FLAG DAY LUNCHEON 6/17 – SPORTS DAY (WEAR YOUR TEAM) 6/18 – JUNETEENTH LUNCHEON 6/22 – FATHER’S DAY LUNCHEON 6/24 – 60’S ERA LUNCHEON 6/30 – MAD SCIENCE SHOW (ALL AGES)</p>