



**April 2026**  
**Glen Cove Senior Center**  
**130 Glen Street, Glen Cove, NY 11542**  
**516-759-9610**



**Nassau County Office for the Aging**  
 This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging, the U. S. Administration on Aging and the City of Glen Cove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>TRIPS ON SALE NOW:</b></p> <p>4/15 – Life On Our Planet Tilles            5/14 – NY Mets Game            5/20 – Prince Of Egypt Musical            6/2 – Philadelphia PA Tour            6/26 – Essex Steam Train &amp; Riverboat            7/14 – Tomasello Winery &amp; Casino            7/15 – Ain't Too Proud Musical</p>	<p><b>TRIPS ON SALE NOW:</b></p> <p>7/22 – The Wedding Singer Musical            8/5 – Schmigadoon! Broadway            8/19 – Beautiful Musical            8/26 – Come From Away Musical            9/2 – Operation Mincemeat Broadway            9/16 – Feast of San Gennaro 100yr.            10/21 – Lost Boys Broadway</p>	<p>9:05 – Seniorobics w/ Fran <b>1</b>  <b>9:05 – LEARN TO KNIT/CROCHET w/ Kate</b>            10:15 – Stretching &amp; Strength Training w/ Nick  <b>10:30 – RECYCLING CRAFT Age Friendly</b>            11:00 – Rummikub Club  <b>1:00 – SINGING THROUGH THE DECADES</b>            2:00 – Chair Yoga, Toning, &amp; Balance w/ Nilo            2:15 – Bingo</p>	<p>9:05 – Brain Booster Club <b>2</b>            10:15 – Card &amp; Board Games  <b>10:30 – CC Board Meeting</b>            11:00 – Exercise w/ YMCA            11:00-2:00 – Manicures w/ Ursula  <b>12:00 – PASSOVER LUNCHEON</b>            1:00 – Canasta &amp; Mahjong <b>1:30 – Centre Club</b>            1:15 – Food Shopping 2:00 – Billiards Club</p>	<p>9:05 – Seniorobics w/ Fran <b>3</b>            9:05 – Crocheting w/ Friends  <b>10:30 – SITE COUNCIL MEETING</b>  <b>11:00 – BOOK CLUB</b> 11:00 – Trivia            11:00 – Stretching &amp; Meditation w/Nick            1:00 – Bingo, Canasta, &amp; Bridge  <b>1:15 – EXPLORING ETHICS</b>            1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer</p>
<p>9:05 – Crocheting w/ Friends <b>6</b>  <b>10:00 – 12:00 TECH ASSISTANCE w/ Keith</b>            10:30 – Exercise w/ YMCA 11:00 – Rummikub Club  <b>11:00 – MUSIC JAM w/ Jeff</b>  <b>12:00 – EASTER LUNCHEON 1:00 – MOVIE</b>            1:00 – Canasta, Mahjong, &amp; Bridge            1:15 – Bingo 1:15 – ZUMBA w/ Nilo            1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting &amp; Drawing w/ Chuck <b>7</b>            11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia            11:00 – Total Body Fitness w/ Marvin  <b>11:15– SPANISH ASSISTANCE GROUP w/ Ivonne</b>  <b>1:00 – CONTROL HIGH BLOOD PRESSURE Talk</b>            1:00 – Yoga &amp; Pilates w/ Karen            1:00 – Canasta, Mahjong, &amp; Bridge            2:00 – Bingo 2:15 – Ping Pong</p>	<p>9:05 – Seniorobics w/ Fran <b>8</b>  <b>9:05 – LEARN TO KNIT/CROCHET w/ Kate</b>            10:15 – Stretching &amp; Strength Training w/ Nick            11:00 – Rummikub 1:00 – Canasta &amp; Mahjong  <b>1:15 – AMAZING ANIMAL SHOW Sponsored By: FAMILY FIRST HOME COMPANIONS</b>            2:00 – Chair Yoga, Toning, &amp; Balance w/ Nilo            2:15 – Bingo</p>	<p>9:05 – Brain Booster Club <b>9</b>            10:15 – Card &amp; Board Games            11:00 – Exercise w/ YMCA            11:00-2:00 – Manicures w/ Ursula  <b>11:00 – American Legion Meeting</b>  <b>11:15 – GOLF PUTT CHALLENGE</b>  <b>1:00 – MOVIE</b> 1:00 – Canasta &amp; Mahjong            1:15 – Food Shopping 2:00 – Billiards Club</p>	<p>9:05 – Seniorobics w/ Fran <b>10</b>            9:05 – Crocheting w/ Friends  <b>10:00-11:30 – SEWING CLUB w/ Stephanie</b>            11:00 – Trivia 11:00 – Rummikub Club            11:00 – Stretching &amp; Meditation w/ Nick  <b>1:00 – COVE ANIMAL RESCUE VISIT</b>            1:00 – Canasta &amp; Bridge 1:15 – Line Dancing            2:00 – Bingo 2:30 – Tai Chi w/ Spencer</p>
<p>9:05 – Brain Booster Club <b>13</b>            9:05 – Crocheting w/ Friends            10:30 – Exercise w/ YMCA            11:00 – Rummikub Club  <b>11:15 – GARDEN CLUB MEETING</b>  <b>11:00 – MUSIC JAM w/ Jeff</b>  <b>1:00 – COOKING w/ KEITH RSVP REQUIRED</b>            1:00 – Bingo, Canasta, Mahjong, &amp; Bridge            1:15 – ZUMBA w/ Nilo            1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting &amp; Drawing w/ Chuck <b>14</b>            11:00 – Total Body Fitness w/ Marvin 11:00 – Trivia  <b>11:00 – Bereavement Group with COMHPS</b>            11:00-2:00 – Manicures w/ Ursula  <b>11:15– SPANISH ASSISTANCE GROUP w/ Ivonne</b>  <b>12:00 – HOLOCAUST REMEMBRANCE DAY</b>  <b>1:00 – THE LEADUP TO THE HOLOCAUST Lecture</b>            1:00 – Yoga &amp; Pilates w/ Karen            1:00 – Canasta, Mahjong, &amp; Bridge            2:00 – Bingo 2:15 – Ping Pong</p>	<p><b>LIFE ON OUR PLANET TILLES CENTER 15</b>            9:05 – Seniorobics w/ Fran  <b>9:05 – LEARN TO KNIT/CROCHET w/ Kate</b>  <b>9:45-10:45 – FA INTERGENERATIONAL TALKS</b>            10:15 – Stretching &amp; Strength Training w/ Nick            11:00 – Rummikub Club  <b>11:00 – INTERACTIVE LIVE TOUR: ITALY</b>  <b>1:00 – MATH IS FUN Part 11</b>            1:00 – Canasta, Mahjong, &amp; Bridge 2:00 – Bingo            2:00 – Chair Yoga, Toning, &amp; Balance w/ Nilo</p>	<p><b>9:00 – WALK WITH A DOC – B&amp;G Club 16</b>  <b>9:30 – 12:00 – SNAP By Appointment</b>            10:15 – Card &amp; Board Games  <b>10:30 – CC Board Meeting</b>            11:00 – Exercise w/ YMCA            11:00-2:00 – Manicures w/ Ursula  <b>11:15 – CORNHOLE</b>            1:00 – Canasta &amp; Mahjong  <b>1:30 – Centre Club</b>            1:15 – Food Shopping 2:00 – Billiards Club</p>	<p><b>9:05 – 12:00 HEALTH ASSESSMENTS 17</b>            9:05 – Seniorobics w/ Fran            9:05 – Crocheting w/ Friends            11:00 – Trivia            11:00 – Rummikub Club  <b>11:00 – BINGOCIZE</b>            11:00 – Stretching &amp; Meditation w/ Nick  <b>12:45 – APRIL BIRTHDAY'S CELEBRATION</b>  <b>1:15 – EXPLORING ETHICS</b>            1:15 – Bingo 1:15 – Canasta &amp; Bridge</p>
<p>9:05 – Brain Booster/Crocheting w/ Friends <b>20</b>  <b>10:00 – 12:00 – HAIRCUTS w/ Rose (Appt. Only)</b>            10:30 – Exercise w/ YMCA  <b>10:00 – 12:00 TECH ASSISTANCE w/ Keith</b>  <b>11:00 – BINGOCIZE</b> 11:00 – Rummikub Club  <b>1:00 – ENHANCE WORKSHOP w/ Northwell</b>            1:00 – Canasta, Mahjong, &amp; Bridge            1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping            2:00 – Bingo 2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting &amp; Drawing w/ Chuck <b>21</b>            11:00 – Trivia  <b>11:15– SPANISH ASSISTANCE GROUP w/ Ivonne</b>            11:00-2:00 – Manicures w/ Ursula            11:00 – Total Body Fitness w/ Marvin            1:00 – Yoga &amp; Pilates w/ Karen            1:00 – Canasta, Mahjong, &amp; Bridge  <b>1:00 – AGING TO PERFECTION Lecture</b>            2:00 – Bingo 2:15 – Ping Pong</p>	<p>9:05 – Seniorobics w/ Fran <b>22</b>  <b>9:05 – LEARN TO KNIT/CROCHET w/ Kate</b>            10:15 – Stretching &amp; Strength Training w/ Nick  <b>11:00 – KARAOKE</b>  <b>12:00 – EARTH DAY CELEBRATION</b>  <b>1:00 – INTERACTIVE TOUCH TANK</b>            2:00 – Chair Yoga, Toning, &amp; Balance w/ Nilo  <b>2:15 – FREE BINGO w/ PRIZES</b>  <b>Sponsored By: EMERGE &amp; GC NURSING + REHAB</b></p>	<p><b>NATIONAL BOOK DAY 23</b>            10:15 – Card &amp; Board Games            11:00 – Exercise w/ YMCA  <b>11:00 – INTERACTIVE LIVE TOUR: GREECE</b>            11:00-2:00 – Manicures w/ Ursula  <b>1:00 – URBAN ZEN MEDITATION WORKSHOP</b>  <b>Sponsored By: GLENGARIFF REHAB HEALTHCARE</b>            1:00 – Canasta &amp; Mahjong            1:15 – Food Shopping 2:00 – Billiards Club</p>	<p>9:05 – Seniorobics w/ Fran <b>24</b>            9:05 – Crocheting w/ Friends  <b>10:00-11:30 – SEWING CLUB w/ Stephanie</b>            11:00 – Trivia 11:00 – Rummikub Club            11:00 – Stretching &amp; Meditation w/ Nick            1:00 – Bingo            1:00 – Canasta &amp; Bridge  <b>1:15 – PAINT PARTY w/ Alicia</b>            1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer</p>
<p>9:05 – Crocheting w/ Friends <b>27</b>            10:30 – Exercise w/ YMCA            11:00 – Rummikub Club  <b>1:00 – NUTRITION LECTURE</b>            1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping            1:15 – Canasta, Mahjong, &amp; Bridge  <b>2:00 – FREE BINGO w/ PRIZES Sponsored By: GLENGARIFF REHAB &amp; HEALTHCARE</b>            2:30 – Tai Chi w/ Spencer</p>	<p>10:00 – Painting &amp; Drawing w/ Chuck <b>28</b>  <b>10:15 – 9th ANNUAL SPELLING BEE COMPETITION</b>            11:00 – Total Body Fitness w/ Marvin  <b>11:00 – Bereavement Group with COMHPS</b>            11:00 – Trivia 11:00-2:00 – Manicures w/ Ursula  <b>11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne</b>            1:00 – Yoga &amp; Pilates w/ Karen            1:00 – Ping Pong            1:00 – Bingo, Canasta, Mahjong, &amp; Bridge  <b>1:30 – INTERACTIVE LIVE TOUR: ARGENTINA</b></p>	<p>9:05 – Seniorobics w/ Fran <b>29</b>  <b>9:05 – LEARN TO KNIT/CROCHET w/ Kate</b>            10:15 – Stretching &amp; Strength Training w/ Nick            11:00 – Rummikub Club <b>11:00 – BINGOCIZE</b>  <b>1:00 – SOCIAL CLUB MOCKTAIL &amp; MINGLE</b>  <b>Sponsored By: Sunrise of Glen Cove</b>            1:00 – Canasta, Mahjong, &amp; Bridge 2:00 – Bingo            2:00 – Chair Yoga, Toning, &amp; Balance w/ Nilo  <b>6:00 – 8:00 – OUR GENERATION BAND \$10 DINNER INCLUDED RESERVATIONS REQUIRED</b></p>	<p>9:05 – Brain Booster Club <b>30</b>            10:15 – Card &amp; Board Games  <b>10:30 – ARTS &amp; CRAFTS CLUB w/ Marjorie</b>            11:00 – Exercise w/ YMCA            11:00-2:00 – Manicures w/ Ursula  <b>1:00 – TONY BENNETT TRIBUTE SHOW</b>            1:00 – Canasta            1:00 – Mahjong            1:15 – Food Shopping            2:00 – Billiards Club</p>	<p><b>MARK YOUR CALENDARS:</b>            4/1 – SINGING THROUGH THE DECADES            4/2 – PASSOVER LUNCHEON            4/6 – EASTER LUNCHEON            4/8 – AMAZING ANIMAL SHOW            4/13 – COOKING WITH KEITH            4/14 – THE LEADUP TO THE HOLOCAUST            4/22 – INTERACTIVE TOUCH TANK            4/29 – CIRCLE OF FRIENDS PERFORMANCE            4/30 – TONY BENNETT TRIBUTE SHOW</p>