



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>April Special Programs & Events: 6th - "In the Moment:" Virtual gallery tour 10th - "Recall & Reminiscence" Group: Guided by LIU Post professors & student interns 16th - Butterfly Lecture: an interactive feast for the eyes with Steve Fratello 23rd - Making Memories at the Movies: Film reminiscing program led by Marcie Rhodes</p>	<p>April Special Programs & Events: 24th - Music Therapy Program: Facilitated by Sam 30th - Horticultural Therapy Program: Sensory & seasonal engagement w/ Lori 8th @ 10:15 am - Caregiver Support Brunch Facilitated by FCA (Please contact Amanda to inquire as dates are subject to change)</p>	<p>Passover 1 10a - Readings & Recitals: Freedom from Slavery - The sacred traditions, rituals, and preparations for Passover 11a - Exercise - Tai Chi w/ Maria 12p - Lunch, music, & an Afikomen word game 1-2p - End of Day: Fabric Craft- Afikomen bags, Passover bingo, & a seder memory game</p>	<p>Easter 2 10a - Tea & Trivia: Eggs, Jellybeans, & Bunnies - Demystifying Easter's ancient traditions & iconic representations 11a - Sign Language Class - w/ Mill Neck Manor 11:45a - Exercise: Aerobicize w/ Agatha 12:15p - Lunch, music, & an Easter round-robin 1:15-2p - End of Day: Bunny Bash - Cloth bunny, cupcakes, and a card game</p>	<p>Peeps 3 10a - Coffee & Conversations: Goody Goodness - The fascinating story behind the iconic Easter Peeps 10:30a - Kitchen Creations: Edible birds' nests 11:30a - Brain Game: Candy Crossword 12p- Lunch, music, & a sweet hangman 1-2p - End of Day: Exercise - Mind & Body Movement w/ Marvin</p>
<p>Carrots / In the Moment 6 10a - Sip & Share: What's Up Doc! - Uncovering the incredible health benefits of this versatile vegetable 10:30a - Brain Fitness: <i>In the Garden</i> Crossword 11a - "In the Moment:" LIM virtual gallery tour 12p - Lunch, music, & a plant category game 1-2p - End of Day: Exercise: Balance, Strength, & Fitness class w/ Kayla from Metro PT</p>	<p>Rainbows 7 10a - Coffee & Conversations: Kaleidoscopic Beauty - Discussing nature's eye-catching phenomena - the Rainbow 11a - Exercise: Zumba w/ Carol 11:45a - Brain Teaser: <i>Weather</i> picture find 12p - Lunch, music, & a prism scatergory 1-2p - End of Day: Over the Rainbow Social - Rainbow crafting & a <i>rainbow roll</i> dice game</p>	<p>Perfume / ADP Caregiver Support Group 8 10a - Show & Tell: Fragrant Psychology - Delving into the ancient origins, science and secrets behind perfume 11a - Exercise: Tai Chi w/ Maria 12p - Lunch, music, & a scent scatergory game 1-2p - End of Day: Upcycled Craft- Decoupage perfume bottle bud vases, scented sachets, and a balloon volleyball.</p>	<p>Herbs 9 10a - Sip & Share: Phytotherapy - Exploring the fascinating science behind "healing gardens" 11a - Sign Language Class - w/ Mill Neck Manor 11:45a - Exercise: Aerobicize w/ Agatha 12:15p - Lunch, music, & a herbal round-robin 1:15- 2p - End of Day: Garden Party - Herb potting, blooming teas, & a garden Jingo</p>	<p>Safety Pin/ Recall & Rem 10 10a -Tea & Trivia: Spring Clasp! - From a functional tool to a symbol of solidarity, celebrating this 1800s indispensable invention 11a - "Recall & Reminiscence" Group - Guided by LIU Post professors & student interns 12p- Lunch, music, & a game of name three 1-2p - End of Day: Exercise - Mind & Body Movement w/ Marvin</p>
<p>Silly Earrings 13 10a - Show & Tell: Treasured Trinkets! - Celebrating the diverse cultural and symbolic significance of earrings 10:30a - Brain Game: <i>Accessory</i> word find 11:30a - Exercise: Silver sneakers (streamed) 12:15p - Lunch, music, & an adornment hangman 1:15-2p - End of Day: Whimsical Knick-Knacks - upcycled earring crafting, and a game of Kickball</p>	<p>Fishing 14 10a -Show & Tell: Catch & Release - Commemorating a community sport and the preservation of aquatic ecosystems 11a - Exercise: Zumba w/ Carol 11:45a - Cognitive Challenge: Fishing I Spy 12p - Lunch, music, & a bait scatergory game 1-2p - End of Day: An Al lure ing Afternoon - Creative lure crafting, catch a fish challenge, and a Jingo for prizes</p>	<p>Titanic 15 10a - Reminiscing and Reflecting: And the band played on... The mesmerizing myths, events, and stories of the unsinkable ship 11a - Exercise: Tai Chi w/ Maria 12p - Lunch, music, & an ocean category game 1-2p - End of Day: Sip & Socialize Soiree - Trivia, games, and crafts with Pam and Judith from Sunrise & CareFirst</p>	<p>Butterflies 16 10a - Tea & Trivia: "Kaleidoscope of Wings" - Exploring the wonderful world of these flying jewels 11a - Sign Language Class - w/ Mill Neck Manor 11:45a - Exercise: Aerobicize w/ Agatha 12:15p -Lunch, music, & a Lepidoptera wordplay 1:15-2p - End of Day: Butterfly Show - An up-close look at a breathtaking collection of butterflies and moths with our Lepidopterist, Steve Fratello</p>	<p>P.Js 17 10a - Sip & Share: Flapjacks, PJ's & Nighties - Celebrating the exotic beginnings of a sleepwear revolution 10:30a - Tactile Craft - <i>Nighttime</i> Sensory bottle crafting 11:30a - Brain Boost: <i>Clothing I Spy</i> 12p - Lunch, music, & a nighttime wordplay 1-2p - End of Day: Exercise: Mind & Body Movement w/ Marvin</p>
<p>Pinhole Camera 20 10a - Show & Tell: Kodak Moments - Discussing the fascinating evolution of photography 10:30a - Cerebral Boost: <i>Travelling</i> Crossword 11:30a - Exercise: Chair Yoga (streamed) 12:15p - Lunch, music, & a pinhole wordplay 1:15-2p - End of Day: Heliographic Art - Botanical sun printing, and an expressions bingo</p>	<p>Mushrooms 21 10a - Tea & Trivia: Longevity & Immortality - Shining a light on the mysterious, magical, and medicinal marvel 11a - Exercise: Zumba w/ Carol 11:45a - Brain Fitness: <i>In the Garden</i> crossword 12p - Lunch, music, & a game of outburst 1-2p - End of Day: Fungi Festivities - Toadstool terrarium crafting, 'mushroom' cupcakes, and a game of cornhole</p>	<p>Arbor Day 22 10a - Sip & Share: The Evanescence of Life - Discussing the symbolism and cultural significance of the cherry blossom tree 11a - Exercise: Tai Chi w/ Maria 12p - Lunch, music, & a woodland round-robin 1-2p - End of Day: Forest Fiesta - woodland watercolors, bark chocolate & a 'tree' ring toss</p>	<p>Fitness / Making Memories 23 10a - Coffee & Conversations: Manpo-kei - The birth of the pedometer, a 10,000-step revolution, and the rise of fitness trackers 11a - Sign Language Class - w/ Mill Neck Manor 11:45a - Exercise: Aerobicize w/ Agatha 12:15p - Lunch, music, & a moving wordplay 1:15- 2p - End of Day: "Making Memories at the Movies" - Cinematic reminiscing w/ Marcy Rhodes</p>	<p>Records / Music Therapy Program 24 10a - A.M. Sing-along: Captured Sound - From paper discs to digital, the intriguing evolution of recording music 10:30 - Music Therapy - Facilitated by Sam 11:30a - Brain Teaser: <i>Music</i> word-find 12p - Lunch, music, & Name that Tune game 1-2p - End of Day: Exercise - Mind & Body Movement w/ Marvin</p>
<p>Mr. Potato Head 27 10a - Tea & Trivia: Tater Talk! - The starchy history behind Hasbro's first commercial success 10:30a - Feltd Creations: Potato Head characters 11:30a - Brain Fitness: <i>Leisure time</i> crossword 12p - Lunch, music, & a Toy hangman 1-2p - End of Day: Exercise: Balance, Strength, & Fitness class w/ Kayla from Metro PT</p>	<p>Audubon 28 10a - Sip & Share: Birds of a Feather - Identifying the sweet voices of spring and celebrating the life of JJ Audubon 11a - Exercise: Zumba w/ Carol 11:45a - Brain Teaser: <i>Avian</i> word search 12p-Lunch, music, & an Ornithology wordplay 1-2p - End of Day: Songbird Social - Crafting clay birds, seed cakes, and a game of <i>name</i> bingo</p>	<p>Haikus & Kites 29 10a - Readings & Recitals: Poetry in Motion - Celebrating the wonderful and creative world of Kite flying and haiku writing 11a - Exercise: Tai Chi w/ Maria 12p - Lunch, music, & a game of who am I 1-2p - End of Day: Words & Wind Gathering - Kite poetry craft, Spring singing, and a JINGO for prizes</p>	<p>Astronomy 30 10a - Tea & Trivia: Moonlight & Magic - The captivating world of astronomy, & the symbolism of our April moon 11a - Sign Language Class - w/ Mill Neck Manor 11:45a - Exercise: Aerobicize w/ Agatha 12:15p - Lunch, music, & a planetary wordplay 1:15-2p - End of Day: Horticultural Therapy - Sensory & seasonal engagement w/ Lori</p>	<p>"Sweet April's tears breathe life into the waiting earth, nurturing tender hopes with each gentle drop."</p>