
MEMORANDUM

To: Karl Drexel, City Administrator
From: Margaret Long, City Attorney
Date: May 9, 2019
Re: Notice of Violation Procedure for Fort Jones

Please accept this as a summary of the process to abate nuisances within the City:

- 1) Document/Photograph the conditions that renders the property a nuisance.
- 2) Post a Notice of Violation (NOV) to the Property or Personally serve the Property owner.
 - a. See attached *draft* Notice of Violation.
- 3) After the initial 15 days to cure, re-inspect the property and notify City Attorney if the condition remains.
 - a. City Attorney will then send Notice to Show Cause and set the date for a City Council hearing on abatement.
 - b. If the City Council passes a resolution of a nuisance, the Property Owner/tenant will be given 15-60 days to abate. If no abatement occurs, the City can personally abate or hire an approved contractor to abate.
- 4) After abatement by the City, City Attorney would provide notice and set a hearing for collection of abatement costs.
 - a. A lien would be placed on the property for costs of abatement if not paid.

The jobs designated to City Attorney can be done in house, and we are happy to draft forms to utilize, at the City's pleasure. Please let me know if you have any questions or concerns.

**NOTICE OF VIOLATION, ORDER TO CORRECT, AND
NOTICE OF ASSESSMENT OF CIVIL FINES AND
PENALTIES**

APN: _____

Citation Date: _____

Property Address: _____

☐ Owner: _____

☐ Tenant/Lessor/Occupant: _____

VIOLATION(S)

Violation(s) of the following Town of Fort Jones Public Nuisance Ordinance section(s) exist on the above-mentioned property:

☐ **Ord. 2017-3, § 8.24.020, B—Substantial Accumulation of Rubbish.**

☐ **Ord. 2017-3, § 8.24.020 E—Accumulations of weeds, etc.** Accumulations of...all weeds, grass, vines or other growth, when same endangers property or constitutes fire hazard.

☐ **Ord. 2017-3, § 8.24.020 K. Blighted Property.**

☐ _____

☐ _____

TIME TO CURE

You have fifteen (15) calendar days from the date you receive this Notice of Violation ("Notice") to cure the violation(s) herein. Date of receipt shall be evidenced by either return receipt or a signed affidavit of personal service by the appropriate County representative. If the violation(s) continue beyond the fifteen (15) calendar day cure period, the person notified of the violation(s) shall be subject to administrative fines and penalties as described herein. Town of Fort Jones Public Nuisance Ordinance 2017-3 § 8.24.050.

CONSEQUENCES FOR FAILING TO CURE

Additional consequences may occur if the violation(s) cited within this Notice continue after expiration of the fifteen (15) calendar day cure period specified in this Notice, including, but not limited to: criminal prosecution, civil injunction,

administrative abatement, judicial abatement, revocation of permits, recordation of Notice, and withholding of future County permits.

DETERMINATION OF FINES AND ADMINISTRATIVE FEES

Fort Jones Public Nuisance Ordinance § 8.24.060—Infractions. If this code designates the violation as an infraction, the Director may impose as the administrative fine, up to the maximum fine or penalty amounts for infractions set forth in subdivision (b) of Government Code § 25132. The Director may impose the fine if the violation is not abated by the date specified in this Notice.

For any violation of the City Ordinance, the Director may impose an administrative fine within the amounts set forth below:

A. A fine of up to one hundred dollars (\$100) from the date of transmittal of the Notice, and up to one hundred dollars (\$100) for each calendar day thereafter that the violation exists on the Property, through the effective date of the notice of violation.

B. Although this section authorizes fines to be imposed in amounts of up to one hundred dollars (\$100) per day of violation, the Director shall not automatically impose fines up to such amount for each day a violation exists. It is the intent of the Board of Supervisors in enacting this chapter, that fines for violations of this Code be set at amounts no higher than that which are sufficient to secure compliance with this code and to deter individuals and entities from violating this code.

Based on the above, the Director sets the fine at \$_____ per day, per violation, starting on _____.

I swear under penalty of perjury under the laws of the State of California the foregoing was:

☐ *Personally served* ☐ *Posted at the above property address*

Dated: _____

Director: _____

Chapter 17.44 NUISANCE ABATEMENT

Sections:

- 17.44.010 Nuisance designated.**
- 17.44.020 Abatement – Initiation proceedings.**
- 17.44.030 Nuisance declared by enforcement officer.**
- 17.44.040 Voluntary abatement of nuisances.**
- 17.44.050 Failure to voluntarily abate declared nuisance.**
- 17.44.060 Notice of public hearing.**
- 17.44.070 Hearing by city council.**
- 17.44.080 Decision by city council.**
- 17.44.090 Limitation of filing judicial action.**
- 17.44.100 Service of abatement order.**
- 17.44.110 Abatement by property owner.**
- 17.44.120 Abatement by the city.**
- 17.44.130 Record of cost for abatement.**
- 17.44.140 Report – Hearing and proceedings.**
- 17.44.150 Assessment of costs against property – Lien.**
- 17.44.160 Violation – Penalty.**
- 17.44.170 Recovery of attorney's fees in nuisance abatement actions.**

17.44.010 Nuisance designated.

Acts and conditions, when of such magnitude as to be injurious or potentially injurious to the public health, safety and welfare or which have tendency to degrade the appearance and property values of surrounding property, or which cause damage to public rights-of-way, are declared nuisances. The following are also declared public nuisances:

- A. Use or maintenance of property in violation of the zoning ordinance;
- B. Matters elsewhere described in this code as nuisances;
- C. The use or maintenance of any property in any manner as to constitute a public nuisance as defined in Civil Code Section 3480; and
- D. The use or maintenance of a building in violation of Chapter 10 of the Housing Code or Section 203(a) of the California Building Code. (Ord. 186, 2003)

17.44.020 Abatement – Initiation proceedings.

The city council on its own motion or an enforcing officer may invoke the provisions of this chapter in lieu or in addition to instituting civil enforcement proceedings or a criminal prosecution as to any violation of this or any ordinance or code of the city or as to any other public nuisance. (Ord. 186, 2003)

17.44.030 Nuisance declared by enforcement officer.

If an enforcement official finds that nuisance exists of any premises located within the city, he or she shall advise the occupant and the owner to abate the nuisance. The occupant and property owner shall be notified of the existence of the nuisance in writing and served personally or by certified mail. The notification shall detail the violations, specify corrective methods and establish a reasonable abatement period. (Ord. 186, 2003)

17.44.040 Voluntary abatement of nuisances.

The owner or tenant of any building, structure or property found to be a nuisance under the provisions of this chapter may abate the nuisance at any time within the abatement period. The enforcement officer shall be advised of the abatement and shall inspect the premises to ensure that the nuisance has in fact been abated. (Ord. 186, 2003)

17.44.050 Failure to voluntarily abate declared nuisance.

If a nuisance is not properly abated within the abatement period, the city council shall hold a public **hearing** to determine if the declared nuisance should be abated under the police powers of the city. (Ord. 186, 2003)

17.44.060 Notice of public hearing.

A written notice of public **hearing** shall be served on the owner of the property containing the alleged public nuisance at least 10 days prior to the date set for the city council public **hearing**. The written notice of public **hearing** will state time and place of **hearing**, location and assessor's parcel number of property involved, and a list of violations. The notice will advise the owner has a right to appear and present evidence. Service shall be made by personal service upon the owner or by certified or registered mail. If there is no known address for the owner, the notice shall be sent in care of the property address. "Owner" as used herein shall mean any person(s) shown as the property owner on the latest equalized property tax assessment rolls. If the owner of record, after diligent search, cannot be found, the notice shall be served by posting a copy of the notice in a conspicuous place upon the property at least 10 days before the **hearing** and by publication in a newspaper of general circulation in the city at least 10 calendar days before the **hearing**. The failure of any person to receive notice shall not affect the validity of the proceedings. (Ord. 186, 2003)

17.44.070 Hearing by city council.

At the time and place stated in the notice of public **hearing**, the city council shall hear and consider all relevant evidence, objections, or protests, and shall receive testimony from owners, witnesses, city personnel and interested persons relative to the alleged public nuisance and to the proposed abatement methods. The **hearing** may be continued from time to time. (Ord. 186, 2003)

17.44.080 Decision by city council.

Following the public **hearing**, the city council shall consider all evidence and determine whether the premises, or any part of the premises, constitute a public nuisance. If the city council finds that a public nuisance does exist and that there is sufficient cause to abate the nuisance, the city council shall make written findings, and direct the enforcement officer to sign an order ordering the owner to abate the nuisance. The order shall set forth the times within which the work shall be commenced and completed and shall be mailed to the owner. (Ord. 186, 2003)

17.44.090 Limitation of filing judicial action.

Any person wishing to challenge the order of abatement must bring a court action to contest such decision within 30 days after the date of such decision of the city council. Otherwise, all objections to such decision shall be deemed waived. (Ord. 186, 2003)

17.44.100 Service of abatement order.

Within five working days following the city council decision, the property owner and/or the person having charge or control of the premises shall be served with a copy of the written order of the city council in the manner provided in EMC 17.44.060. (Ord. 186, 2003)

17.44.110 Abatement by property owner.

The property owner shall, at his or her own expense, abate the nuisance as prescribed by the order of the city council, and prior to the expiration of the abatement period set forth in the order. If the nuisance has been inspected by the enforcement officer and is found to be abated in accordance with the order, proceedings shall be terminated. (Ord. 186, 2003)

17.44.120 Abatement by the city.

If a declared nuisance is not completely abated within the time prescribed by the city council order, the city council is authorized at its discretion to cause the nuisance to be abated by city forces or private contract. In furtherance of this section, the enforcement officer or his or her designated agent(s) is expressly authorized to enter upon the premises for the purpose of abating the nuisance. (Ord. 186, 2003)

17.44.130 Record of cost for abatement.

A. The enforcement officer, or such city official as may be designated, shall keep an account of the costs (including incidental expenses) of abating such nuisance on each separate lot or parcel of land where the work is done. He or she must render an itemized report in writing to the city council showing the cost of abatement including the cost of nuisance abatement proceedings, rehabilitating, demolishing, repairing, or removal of the premises, buildings, or structures and including any salvage value relating thereto; provided, that before the report is submitted to the city council, a copy of the report shall be served in accordance with the provision of EMC 17.44.060 together with a notice of the time when the report shall be heard by the city council for confirmation.

B. The term "incidental expenses" includes, but is not limited to, the actual expenses and costs of the city, including attorney's fees incurred in the conduct of hearing, in the preparation of notices, specifications and contracts, and in inspecting the work, and the costs of printing and mailing required hereunder. (Ord. 186, 2003)

17.44.140 Report – Hearing and proceedings.

At the time and place fixed for receiving and considering the report, the city council shall hear and pass upon the reports of such costs of abatement, together with any objections or protests. Thereupon, the city council may make such revision, correction or modification in the report, as it may deem just, after which, by motion, the report, as submitted or as revised, corrected or modified, shall be confirmed. The decision of the city council on all protests and objections which may be made shall be final and conclusive. (Ord. 186, 2003)

17.44.150 Assessment of costs against property – Lien.

A. The total cost for abating the nuisance, as confirmed by the city council, shall constitute a special assessment against the respective lot or parcel of land to which it relates. Recordation in the office of the county recorder of a notice of lien, as so made and confirmed, shall constitute a lien on the property for the amount of the assessment.

B. After such confirmation and recordation, a copy may be turned over to the tax collector for the city, whereupon it shall be the duty of the tax collector to add the amounts of the respective assessment to the next regular tax bills levied against the respective lots and parcels of land for municipal purposes. Thereafter, the amounts shall be collected at the same time and in the same manner ordinary municipal taxes are collected, and shall be subject to the same penalties and the same procedure under foreclosure and sale in case of delinquency as provided for ordinary municipal taxes.

C. After recordation, the lien may be foreclosed by an action brought by the city for a money judgment. (Ord. 186, 2003)

17.44.160 Violation – Penalty.

A. Any person who removes any notice or order posted as required in this chapter, for the purpose of interfering with the enforcement of the provisions of this chapter, is guilty of an infraction.

B. Any person who obstructs, impedes or interferes with any representative of the city council or with any representative of a city department or with any person who owns or holds any estate or interest in a building which has been ordered to be vacated, repaired, rehabilitated or demolished or with any person to whom any such building has been lawfully sold pursuant to the provisions of this chapter when any of the aforementioned individuals are lawfully engaged in proceedings involving the abatement of a nuisance is guilty of a misdemeanor. (Ord. 186, 2003)

17.44.170 Recovery of attorney's fees in nuisance abatement actions.

In any action, administrative proceeding or special proceeding to abate a nuisance in which the city elects, at the initiation of the action or proceeding, to seek recovery of its attorney's fees, the prevailing party in the action or proceeding shall recover its attorney's fees incurred in the action or proceeding. In no action, administrative proceeding or special proceeding shall an award of attorney's fees to a prevailing party exceed the amount of reasonable attorney's fees incurred by the city in the action or proceeding. "Prevailing party" shall not include a party who complies with a notice of violation issued by the city or an order in any action, administrative proceeding or special proceeding. Attorney fees shall include fees for the services of the city attorney or his or her assistant and deputies, calculated based on the effective hourly rate of such attorney. (Government Code Section 38773.5.) (Ord. 186, 2003)

Mobile Version

Dear Friends,

When he passed away, my Daddy told me the Imagination Library was probably the most important thing I had ever done. I can't tell you how much that meant to me because I created the Imagination Library as a tribute to my Daddy. He was the funniest man I have ever known but I know in my heart that his inability to read probably kept him from fulfilling all of his dreams.

Teaching kids to love to read became my mission. In the beginning, my hope was simply to inspire the children in my county but here we are today with a worldwide program that gives a book a month to well over 1 million children.

Of course, I have not done this alone. The heroes of our story are the thousands of local organizations like **First 5 Siskiyou Children and Families Commission** who have embraced my dream and made it their own. They raise millions of dollars each year and show up every day with a passion to make sure every kid has every opportunity to succeed.

These books inspire you to read with your child. There is nothing quite like snuggling up with a good book - just like when my Momma read to me on her lap in our tiny one-bedroom home many years ago.

The first step is always the hardest, but you'll never know unless you try...

Dolly

TALK, READ, SING, PLAY, EVERYDAY!

FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION



ENROLL YOUR
CHILD TODAY!



www.imaginationlibrary.com



Inspire a Love
of Reading



TALK, READ, SING, PLAY, EVERYDAY!

FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION

How It Works?

It sounds almost too simple to be true, but by reading regularly with your children during their preschool years, you are giving them the biggest boost toward a successful education they will ever get.

Dolly Parton's Imagination Library can help your child love to read just by having print books at home, reading yourself, and setting aside time daily for your children to read. Every child will have books of their very own, at no cost to you, thanks to **First 5 Siskiyou Children and Families Commission**, and Dolly Parton. Each month a new, carefully selected book will be mailed in your child's name directly to your home.

Your child can look forward to new and exciting reading adventures from Dolly Parton's Imagination Library until they turn five years old as long as you live within a covered geographic area.

Dolly Parton's Imagination Library is a free gift to your child! All you have to do is read often to inspire a lifelong love of reading!

Who Is Eligible?

Children under the age of five in **Siskiyou County**.



www.imaginationlibrary.com

What Are My Responsibilities?

1. Be a resident of **Siskiyou County**.
2. Submit an official registration form, completely filled out by the authorized adult.
3. Notify **Siskiyou Community Resource Collaborative** any time your address changes. Books are mailed to the address listed on the account. Note: If the child's address changes, you must contact your friends at the address on this brochure in order to continue receiving books.
4. Read with your child and have fun!

When Will I Receive Books?

Eight to ten weeks after your registration form has been received, books will begin arriving at your home and will continue until your child turns five or you move out of the covered area.

How Can I Help?

Do you know a preschool child in **Siskiyou County** who is not receiving Dolly Parton's Imagination Library? Give their caregiver a registration form and encourage them to fill it out or go online to enroll or check for online registration. Telling them about this *free-to-the-family program* can make a huge difference for their future. If you know of a business, organization or individual who would like to donate funds to support this program in your local area, donations can be sent to:

Siskiyou Community Resource Collaborative

P.O. Box 206
Yreka, CA 96097
(530) 842-1313

FOR OFFICE USE ONLY: Date Received: _____

Group Code: _____

"This child is a resident of **Siskiyou County, CA.**"
SIGNATURE OF AUTHORIZED ADULT _____

I hereby explicitly consent to allow the Dollywood Foundation, Inc. to use the information provided herein for the purposes of participating in Dolly Parton's Imagination Library book gifting program. To measure the benefits of this program we may create datasets with the information provided herein and share them with research and educational advancement partners. You agree to review our full Terms & Conditions and Privacy Policy by visiting imaginationlibrary.com. By signing and submitting this form you expressly consent to the terms set forth herein.

Email Address _____

CITY _____ STATE _____ ZIP CODE _____

Child's Date of Birth _____ / _____ / _____ Sex: M F Phone _____

2nd Preschool Child's FULL Name _____

Child's Date of Birth _____ / _____ / _____ Sex: M F Phone _____

Authorized Adult Name _____

Child's Mailing Address _____

ADDRESS

CITY

STATE

ZIP CODE

ENROLL YOUR CHILD TODAY

Simply fill out the above form and mail

**Siskiyou Community
Resource Collaborative**

P.O. Box 845
Mt. Shasta, CA 96067
(530) 918-7222



"The real heroes of our story are the local organizations who have embraced my dream and made it their own."

The Dollywood Foundation is a 501(c)(3) public nonprofit organization.
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First 5 Siskiyou, Siskiyou's Child Abuse Prevention Council, is dedicated to strong partnerships and collaboration to diversify funds and resources to prevent child abuse and neglect and improve health and well-being of all children in Siskiyou County.

Our vision is to work with partners to support parents of children and youth, birth to 18 years of age, in nurturing healthy development, love of learning, and to be able to enter school as active learners.

First 5 Siskiyou values collaboration, innovation, excellence, accountability, respect, and local investments through inclusive long-term partnerships, servant leadership, and ethical practices.

For more information and partnership Opportunities contact Karen Pautz, Executive Director at (530) 918-7222 or karenpautz@first5siskiyou.org

COMMISSION

Michael Perry, Commission Chair
Siskiyou County Librarian

Allan Carver, Commission Vice Chair
Siskiyou County Office of Education
Superintendent

Sarah Collard, PhD, Siskiyou County
Siskiyou County Behavioral Health

Shelly Davis, MN. PHN, CCHP
Deputy Director of Human Services

Michael Kobseff
Siskiyou County Board of Supervisors

Judithe Washington
Retired Teacher/Vice Principal

FIRST 5 SISKIYOU

CHILDREN & FAMILIES COMMISSION

Siskiyou's Child Abuse Prevention Council



Photo by Krista Weagraff

Our focus is outlined in these areas:

IMPROVE FAMILY WELL-BEING

Increase resources for families to optimize the critical role they play in the emotional, physical, and social development of their children.

ENHANCE EARLY LEARNING AND DEVELOPMENT

Promote and optimize children's development and learning both inside and outside the home by improving access to high quality early care and education programs.

IMPROVE CHILD HEALTH

Provides screenings, resources, and education so that each child is healthy, well-nourished, and is in a nurturing, safe, and stable environment.

STRENGTHEN FAMILY, COMMUNITY SUPPORT, AND PARTNERSHIP

Create and enhance collaborations for effective and efficient collective impact.



FIRST 5 SISKIYOU PROGRAMS

- 1. Family/Community Resource Centers and Community-Based Investments** ... 9 co-funded Centers are designed based on the Strengthening Families™ framework, a research-based approach to increase family strengths, enhance child development, and reduce the likelihood of child abuse and neglect. The core programs are based on engaging families, partner organizations, and communities in building five protective factors: Parental Resilience; Social Connections; Knowledge of Parenting and Child Development; Concrete Support in Times of Need; and Social and Emotional Development in Children. First 5 Siskiyou, in partnership with FRCs, works with local schools, libraries, and community members to provide programs that enhance child development and parenting support.
- 2. Help Me Grow Siskiyou** ... provides free parent administered developmental screenings for children ages 2 months to age 6, connecting children and their families to services and resources to enhance the development, behavior, and learning of children and increase support for parents. Through education and training of providers First 5 Siskiyou strives to assure that all children are screened early to catch potential delays and intervene before the need for more intense services. Interested organizations and individuals can be trained on the Ages and Stages Developmental Screening Tool. The success of this effort is based on strong partnerships between multiple organizations including medical providers, early childhood and family support programs, county departments, and First 5 Siskiyou.
- 3. Quality Counts Siskiyou** ... is a locally-implemented quality rating and improvement system (QRIS) administered by First 5 Siskiyou and co-funded by First 5 CA and CA Department of Education. It supports early childhood centers, preschools, family child care homes and FRC play groups that voluntarily commit to continuous quality improvement based upon state and nationally recognized quality standards. QCS additionally coordinates with the early care and education community to help ensure high quality programs and increase knowledge for parents, educators, and caregivers about the importance of quality environments and interactions for healthy child development. This provides families the information and support they need to promote and optimize their children's development inside and outside the home.
- 4. Family Literacy Promotion** ... a partnership with Siskiyou County libraries, Family and Community Resource Centers, Delta Kappa Gamma, preschools, and childcare centers to provide early literacy resources, quality children's books, story time and parent education trainings about the importance of daily reading with children. Now in the 15th year, First 5 Siskiyou's annual Read Across Siskiyou event is the gateway to the promotion of daily reading and adding a book to each child's home library. Over 25,000 quality children's books are distributed annually. These programs support deeper reach to promote this priority:
 - Dolly Parton's Imagination Library** ... partnership between Dolly Parton's Foundation and locally Delta Kappa Gamma, Yreka Community Resource Center and First 5 Siskiyou will provide monthly books to children mailed directly to their home.
 - Reach Out and Read** ... A partnership with local medical clinics to prescribe books and encourage families to read together daily. ROR is proven to be an effective tool to champion reading out loud and aid child development and is advocated by 15 independent published research studies.
 - Read Across Siskiyou Starts at Birth** ... the partnership with Delta Kappa Gamma and Fairchild Medical Center Auxiliary expands outreach at local hospitals to promote daily reading by providing books and resources to new parents to start/enhance the home library.
 - Dial-A-Story** ... in partnership with the Siskiyou County Library to bring families and children an ANYTIME call-in story time read by local story tellers, available in English and Spanish.
- 5. Kit for New Parents** ... a free, comprehensive resource for new and expectant parents emphasizing the importance of a child's early years. The Kits are available in multiple languages and are distributed countywide through FRCs, clinics, home visitation programs and hospitals.
- 6. Smoking & Kids Don't Mix** ... a partnership with Siskiyou Tobacco Education Council to increase knowledge and resources about the impact and effects of the use of tobacco products, including around children and while pregnant .
- 7. Siskiyou Parenting Education Collaborative** ... to ensure positive child development and prevention of child abuse and neglect high quality, fun, community building, and evidence-based parenting education classes/workshops are delivered in our communities and through text-based messages (Ready4k). Bring the children for free childcare and a family meal.
- 8. Playgroups** ... provide an opportunity to enhance early learning skills, promote social development, increase school readiness, increase parents' knowledge about the importance of play, and help parents find easy activities to do at home that support early learning.
- 9. Healthy Nutrition, Education & Fitness** ... in coordination with Siskiyou County Public Health, to increase parent knowledge about the importance of nutrition and physical activities for healthy child development. Families in need are assisted with access to resources such as CalFresh.
- 10. Welcome Home, BABY! ... Universal Home Visitation** ... when parents get early support in the comfort of their own home, they have less stress and more resources to be the best parent they can be. This program provides new parents with a trusted partner to help through the journey of early parenthood.
- 11. Siskiyou Professional Development Partnership** ... work together with organizations to coordinate free high-quality trainings for service providers and community. Trainings such as education about the impact of trauma are provided to elevate trauma informed practices. When we know better we do better.
- 12. Siskiyou Home Visitation Systems Coordination** ... a partnership between The Ford Family Foundation, Shasta Head Start, Siskiyou and Modoc Early Head Start, and Siskiyou County Public Health and other programs to coordinate efforts, reduce duplication, and enhance services and support for the best outcome for children and families.
- 13. Do you know about ACEs (Adverse Childhood Experiences Study)** ... To help babies, toddlers and preschoolers have a strong start in life, First 5 Siskiyou in partnership with the Siskiyou Strengthening Families Collaborative (Siskiyou Child Abuse Prevention Council) including Human Services and Siskiyou Domestic Violence and Crisis Center, elevate community awareness about ACEs and 5 protective factors to nurture resilience. Public education campaigns include *Movies with a Purpose*.
- 14. Strengthening Families as a Framework for Collaboration** ... Strengthening Families 5 Protective Factors Framework from the Center for Social Policy is the foundation for First 5 Siskiyou collaboration with multiple service systems. First 5 Siskiyou works with more than 25 agencies, health service organizations, schools, community partners and leaders representing a unique part of systems of support families need.



CHILD ABUSE
PREVENTION
COUNCIL
OF SISKIYOU COUNTY

TALK, READ, SING, PLAY, EVERYDAY!

FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION

Scan the QR code to view
***Upcoming Trainings,
Parenting Classes,
Workshops, and Events***



CHILD ABUSE
PREVENTION
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TALK, READ, SING, PLAY, EVERYDAY!
FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION



Be a Guest Reader for Dial-a-Story

It's as Easy as ABC...



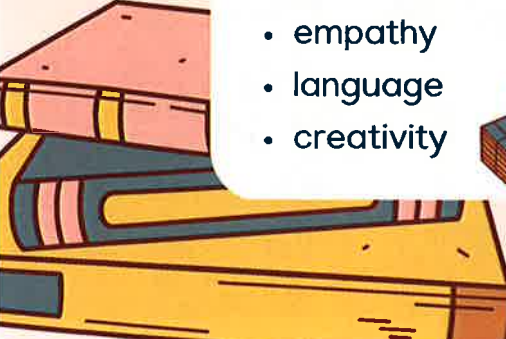
What is Dial-a-Story?



Dial-a-Story is a phone number where members of our community have narrated stories in both English and Spanish for young children to listen to.

Why is it important?

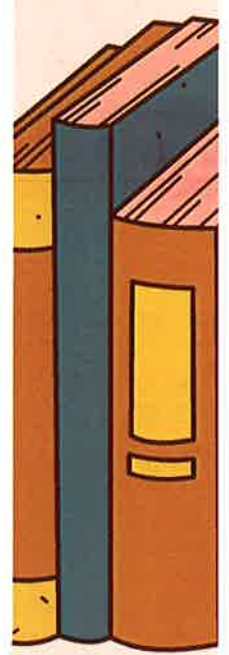
It has been shown that when children listen to stories it can improve:

- memory
 - critical thinking
 - connection
 - empathy
 - language
 - creativity
- 

Where you come in:

As a member of our community, we appreciate you lending your voice and recording yourself narrating your or your child's favorite children's book and then sending in a submission.

Please begin the narration with:

- your name
 - your role in our community
 - why you believe reading to young children is important
 - why you selected the book you did
 - the title and author of the book
 - start your story
- 

Questions? Submissions?

Please feel free to reach out with any questions that may arise, or to coordinate a recording.

(530) 918-7222

For help or submission, please email to:
f5programs@first5siskiyou.org

Dial-A-Story

PRE-RECORDED STORIES FOR CHILDREN

First 5 Siskiyou and Siskiyou County Library
brings you a special **ANYTIME** story service
for children in English and Spanish
– and it's just a phone call away!

To hear a story, call anytime:

1-844-643-1234

New recordings released monthly!

Bridging the Digital Divide

TALK, READ, SING, PLAY, EVERYDAY!

FIRST 5
Siskiyou
CHILDREN & FAMILY COMMISSION

Siskiyou County
Library 

Service provided by

LibraryCall

This project is supported by the Arizona State Library,
Archives & Public Records, a division of the Secretary
of State, with federal CARES Act funds from the
Institute of Museum and Library Services.

Ready4K

Text messages to boost your child's learning

What is Ready4K?

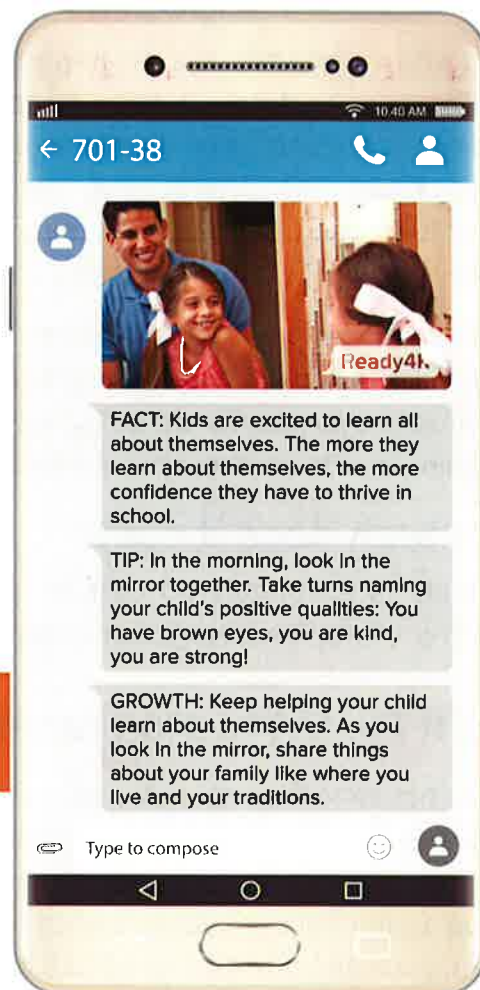
Ready4K is a research-based text messaging program for families with kids from **birth to 14**. Each week, you'll receive 3 texts with fun facts and tips on ways to help your child learn and grow.

Ready4K tips build on your daily routines, like getting dressed, bath time, or preparing a meal. And you'll always get messages that match your child's age.

Signing up is easy!

Text **SISKIYOU** to 70138

While there is **absolutely no cost** for enrolling in Ready4K, data & message rates may apply.



By signing up for Ready4K (the "Program") you hereby agree to (i) enroll in the Program, (ii) the ParentPowered PBC Terms of Use available at parentpowered.com/terms.html and Privacy Policy available at parentpowered.com/privacy.html, and (iii) receive approximately three Ready4K text messages per week from 70138. By signing up, you confirm that you want ParentPowered to send you information we think may be of interest to you, which involves ParentPowered using automated dialing technology to text you at the cell phone number you provided. While there is absolutely no cost for enrolling, data & message rates may apply. You can cancel your receipt of Ready4K text messages any time by texting **STOP** to 70138. For help with Ready4K text HELP to 70138 or email us at support@parentpowered.com.



Text messages that boost your children's learning

What should I expect as a parent or caregiver?

Parents and caregivers are an important part of the learning team. To make that role a little easier, we've partnered with ParentPowered. Each week they'll send you three text messages with fun facts and easy-to-use tips on ways to help your children learn and grow. You'll also receive information on community resources to support you and your family.

Every message is aligned to your children's stage of development, based on their age or grade. And each tip is built around everyday routines, like walking to the bus or car, doing laundry, or preparing a meal.

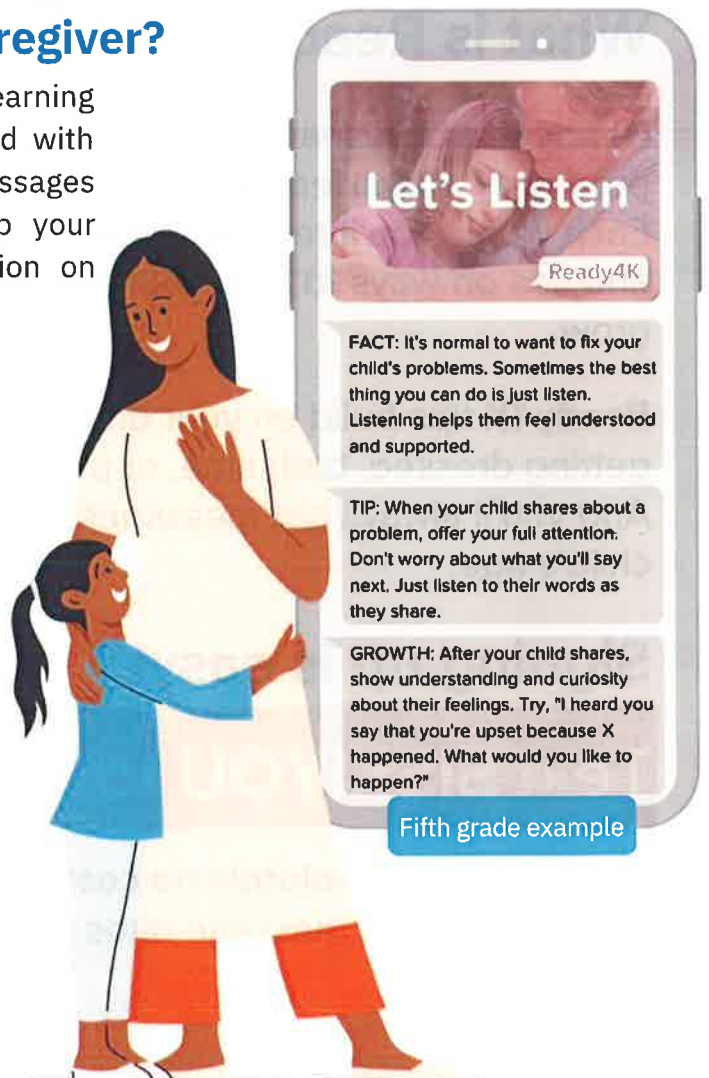
How much does it cost?

While there is absolutely no cost for participating in this program, data & message rates may apply.

What if I want to stop receiving texts?

You can choose to stop receiving the texts at any time by texting STOP to 70138. To stop receiving texts about community resources, text STOP to 28922. If you have additional questions or need help with the program, you can text HELP to 70138 or email the ParentPowered team at: support@parentpowered.com

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Social and Emotional Competence

Children's early experiences of being nurtured and developing a *positive relationship* with caring adult *affects all aspects* of behavior and development.



Knowledge of Parenting & Child Development

Children *thrive* when parents provide *not only affection*, but *also* respectful communication and listening, consistent rules and expectations, and safe opportunities that promote independence.



5

Protective Factors

Social Connections

Parents with a social network of *emotionally supportive friends, family, and neighbors* often find that it is *easier to care* for their children and themselves.



Resilience

Parents who can cope with the *stresses of everyday life*, as well an occasional crisis, have resilience; they have the flexibility and inner strength necessary to *bounce back* when things are not going well.



Concrete Support

Families who can meet their *own basic needs* for food, clothing, housing, and transportation—and who know how to access essential services such as childcare, health care, and mental health services to address family-specific needs—are *better able to ensure the safety and well-being of their children*.



The Siskiyou Strengthening Families Collaborative is an inclusive, voluntary association of agencies and individuals from Siskiyou County communities who share a common mission:

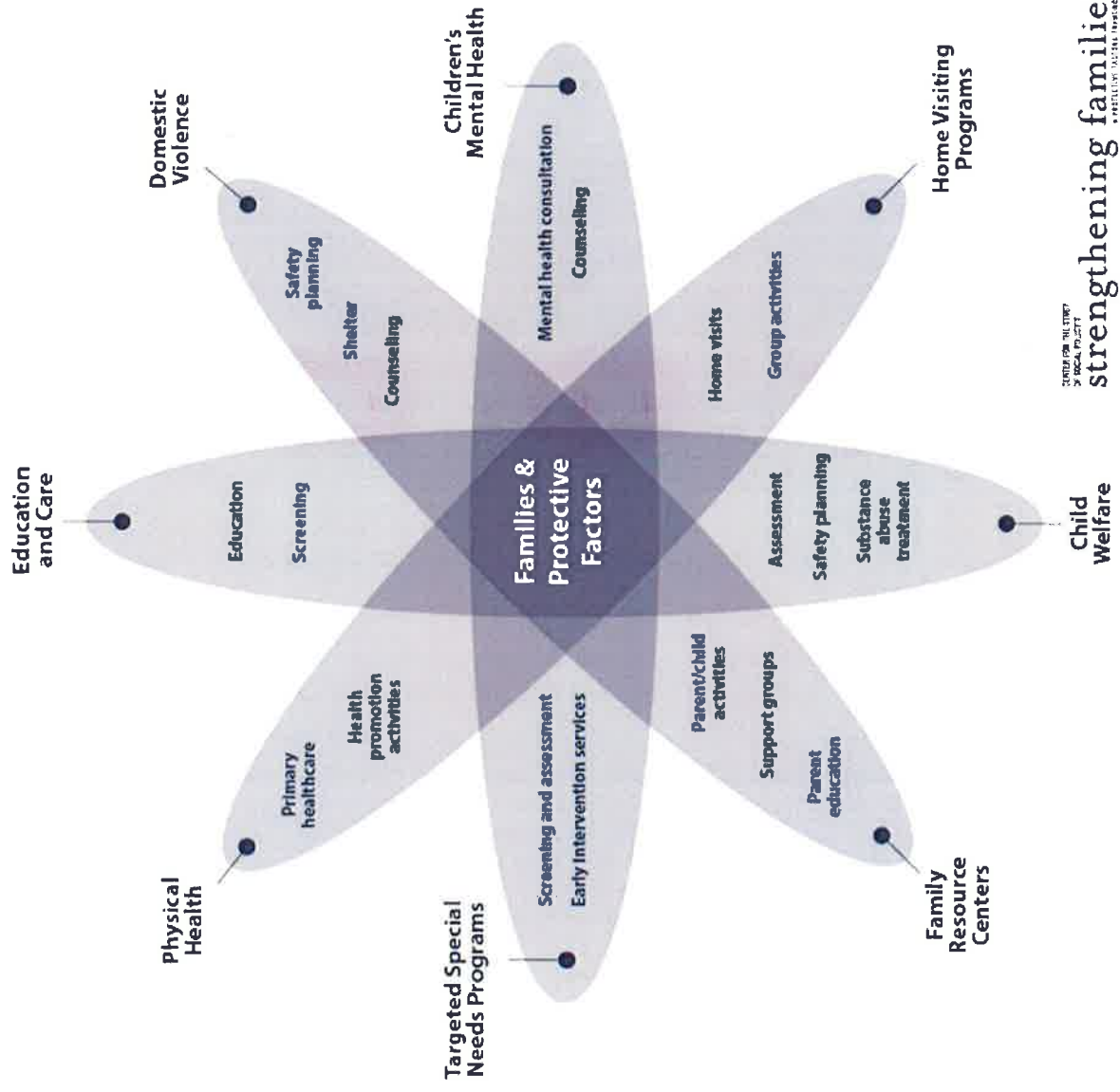
All families in Siskiyou County have ready access to a well-integrated and coordinated support network that is easily available.

Join the Siskiyou Strengthening Families Collaborative!

www.facebook.com/First5Siskiyou

www.first5siskiyou.org

First 5 Siskiyou ~ (530) 918-7222



CENTER FOR THE STUDY
OF SOCIAL POLICY
strengthening families
a national public initiative

STRESS & EARLY BRAIN GROWTH

Understanding Adverse Childhood Experiences (ACEs)

What are ACEs?

ACEs are serious childhood traumas -- a list is shown below -- that result in toxic stress that can harm a child's brain. This toxic stress may prevent child from learning, from playing in a healthy way with other children, and can result in long-term health problems.

Adverse Childhood Experiences can include:

1. Emotional abuse
2. Physical abuse
3. Sexual abuse
4. Emotional neglect
5. Physical neglect
6. Mother treated violently
7. Household substance abuse
8. Household mental illness
9. Parental separation or divorce
10. Incarcerated household member
11. Bullying (by another child or adult)
12. Witnessing violence outside the home
13. Witness a brother or sister being abused
14. Racism, sexism, or any other form of discrimination
15. Being homeless
16. Natural disasters and war

Exposure to childhood ACEs can increase the risk of:

- Adolescent pregnancy
- Alcoholism and alcohol abuse
- Depression
- Illicit drug use
- Heart disease
- Liver disease
- Multiple sexual partners
- Intimate partner violence
- Sexually transmitted diseases (STDs)
- Smoking
- Suicide attempts
- Unintended pregnancies

How do ACEs affect health?

Through stress. Frequent or prolonged exposure to ACEs can create toxic stress which can damage the developing brain of a child and affect overall health.

Reduces the ability to respond, learn, or figure things out, which can result in problems in school.

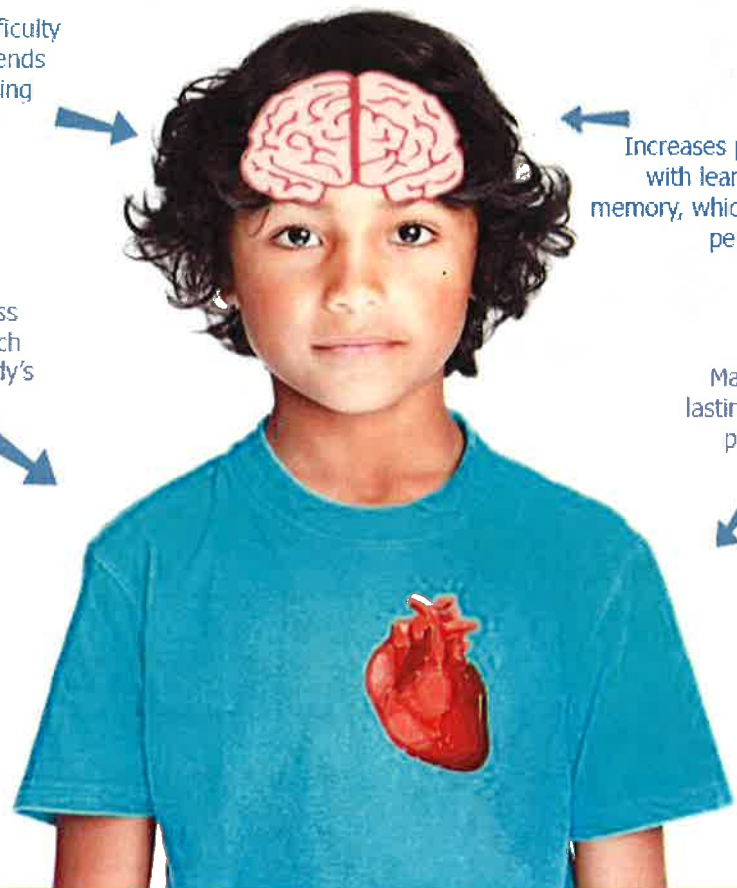
Lowers tolerance for stress, which can result in behaviors such as fighting, checking out or defiance.

Increases difficulty in making friends and maintaining relationships.

Increases problems with learning and memory, which can be permanent.

Increases stress hormones which affects the body's ability to fight infection.

May cause lasting health problems.



A Survival Mode Response to toxic stress increases a child's heart rate, blood pressure, breathing and muscle tension. Their thinking brain is knocked off-line. Self-protection is their priority. In other words:
"I can't hear you! I can't respond to you! I am just trying to be safe!"

The good news is resilience can bring back health and hope!



What is Resilience?

Resilience is the ability to return to being healthy and hopeful after bad things happen. Research shows that if parents provide a safe environment for their children and teach them how to be resilient, that helps reduce the effects of ACEs.

Resilience trumps ACEs!

Parents, teachers and caregivers can help children by:

- Gaining an understanding of ACEs
- Helping children identify feelings and manage emotions
- Creating safe physical and emotional environments at home, in school, and in neighborhoods

What does resilience look like?

1. Having resilient parents

Parents who know how to solve problems, who have healthy relationships with other adults, and who build healthy relationships with their children.

2. Building attachment and nurturing relationships

Adults who listen and respond patiently to a child in a supportive way, and pay attention to a child's physical and emotional needs.

3. Building social connections

Having family, friends and/or neighbors who support, help and listen to children.

4. Meeting basic needs

Providing children with safe housing, nutritious food, appropriate clothing, and access to health care and good education.

5. Learning about parenting and how children grow

Understanding how parents can help their children grow in a healthy way, and what to expect from children as they grow.

6. Building social and emotional skills

Helping children interact in a healthy way with others, manage their emotions and communicate their feelings and needs.

Resources:

ACES 101

<http://acestoohigh.com/aces-101/>

Triple-P Parenting

www.triplep-parenting.net/glo-en/home/

Resilience Trumps ACEs

www.resiliencetrumpsACEs.com

CDC-Kaiser Adverse Childhood Experiences Study

www.cdc.gov/violenceprevention/acestudy/

Zero to Three Guides for Parents

<http://www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/>



TALK, READ, SING, PLAY, EVERYDAY!

FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION