



The following information is provided as guidance to Clean Community participants and is not all inclusive.

- The leader must have a first aid kit on site.
- Carpool to the clean-up site.
- Wear recommended attire: long-sleeved shirts, jeans or long pants and socks to protect ticks, sturdy leather or heavy-soled shoes or boots and gloves (**gloves are provided.**)
- Class 2 Safety Vests must be worn by all participants. (**Vests are provided.**)
- Headphones or ear buds may not be worn during clean-up.
- Avoid over-exertion and heat by drinking water.
- Volunteers should avoid poisonous plants such as poison ivy and poison oak.
- Check for ticks on your body when you return home.
- Tie hair back for safety.
- Pay attention to the handling of broken glass and sharp pieces of metal.
- Avoid hazardous materials or any unidentified questionable items.
- Be prepared for unexpected behavior of motorists.
- Pick up litter on one side of the road at a time.
- Must provide adequate adult supervision when groups are involved in litter pick-ups.
- Avoid unsafe behavior and horseplay.