

NEVER TOO LATE TO JOIN!

Register with Community Pass

<https://register.communitypass.net/>

Browse "2024 Winter Adult Programs" - REGISTER NOW FOR 2024

START THE NEW YEAR OFF RIGHT!

SHE'S BACK...YOGA WITH PIA

Saturdays - Jan. 6 - April 27 9:00 - 10:00 am

Lisa's Class Schedule

Dance Fitness with Light Toning

Mondays Jan. 15 - April 29 6 - 7 pm

Wed. Jan. 17 - April 24 9 - 10 am

Fridays Jan. 19 - April 26 9 - 10 am

Jill's Class Schedule

Zumba Gold

Tuesdays Jan. 9 to Mar. 12 10:15 - 11:15 am

*******NEW NEW NEW *******

BARRE STRETCH CLASS

FRIDAYS Jan. 5 to March 15 11:15 AM - Noon

Debbi's Class Schedule for 2023-2024

Sculpt classes using body bar, barre, weights, bands!

Tuesday and Thursday 12/5/23 to 1/30/24

9 - 10 am